

Division of Cardiovascular Diseases

21st Annual

2016 Cardiology at Cancún

Topics in Clinical Cardiology



NEW - SPECIAL MOC SESSION MOC General Cardiology Module Thursday, February 25 – 5:30-7:30 p.m.

LEARN. ADVANCE. CONNECT.

celinks.mayo.edu/cvtopics2016
REGISTER ONLINE TODAY!

Course Description

The purpose of the meeting is to present practical state-of-the-art knowledge in cardiovascular diagnosis and therapy. The scope of the program is comprehensive and will cover prevention, ischemic heart disease, heart failure, valvular heart disease, and heart rhythm disorders. A MOC session for ABIM Recertification will be offered. Expert faculty will present evidence-based and practical clinical approaches to diagnosis and treatment. A case-based format with audience response interaction and ample time for discussion is planned.

MOC Session

A special session has been added to Thursday, February 25 for the General Cardiology Knowledge module. The content will enhance the competence and clinical judgment in the area of cardiology. If you are certified in a specialty and enrolled in ABIM's MOC program, you are required to earn a combined 100 points in medical knowledge and practice improvement during your 10 year certificate period. This is designed to help you with this process by providing 10 points in medical knowledge.

Teaching Materials/Syllabus

Attendees will be provided a link to obtain course materials on the internet and are welcome to bring a laptop or iPad during the learning sessions.

Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Use clinical and laboratory parameters to assess CV risk
- Describe risk reduction strategies including lifestyle modifications and medications
- · Apply skills in lipid and hypertension management
- Describe the latest diagnostic and management strategies in heart failure
- Assess optimal patient selection for advanced therapies in severe heart failure
- · Discuss state-of-the-art practical approach to the management of complex coronary disease
- Outline best practices for the management of patients with atrial fibrillation and ventricular arrhythmias
- Discuss the newer concepts of management of heart failure, cardiomyopathies, and valvular disease

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

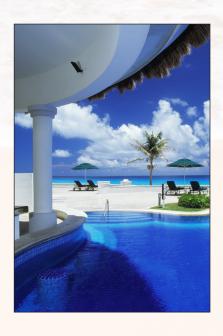
Credit

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 25.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Attendees should ensure in advance that their credentialing or licensing organization accepts AMA PRA Category 1 CreditsTM from the sponsor of this activity.



Intended Audience

This course is intended for cardiovascular specialists, cardiac surgeons, cardiovascular fellows, and internists with interest in clinical cardiology. In addition, the course will be of value for Nurse Practitioners, Physician Assistants, and Registered Nurses who practice in the field of Cardiology.

Educational Grants

At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting. Exhibits will be available for viewing at all scheduled breaks.

Date and Location

The Cardiology at Cancún course will be held February 22-26, 2016. The program will be held in the CasaMagna Ballroom on the lobby level of the Marriott CasaMagna Resort.

The Marriott CasaMagna Resort, a beautiful luxury beach resort in Cancún, Mexico, is only 15 minutes from the Cancún International Airport. Attendees and their families will enjoy both beach and pool swimming, scuba diving, snorkeling, wind-surfing, fishing, and twilight cruises along with tennis and golf. Trips can be arranged to nearby ancient Mayan pyramids. There are fashionable shops and gourmet restaurants serving Mexican and international cuisine in this lovely beach-side setting.

Travel

At the time of this printing, the following travel requirements were accurate. Please check with your travel agent or airline for up-to-date information.

Participants entering Mexico from the United States or Canada will need a valid passport. No visa is required. Travelers will be asked to complete a tourist card (FMT form) at their point of entry. Those coming from other countries will need valid passports. Minors traveling with one parent will need a notarized letter of permission from the other parent. For up-to-date travel information visit <code>www.travel.state.gov</code>.

MITT (cancun@mittmexico.com) is the recommended transportation from the airport to the hotel. A special group rate will be provided. This information is posted on the Mayo Clinic website celinks.mayo.edu/cvtopics2016

Travel arrangements are the sole responsibility of the individual registrant.

Lodging Accommodations

Graced by beautiful gardens and turquoise waters of the Caribbean along with an extensive beach area, the CasaMagna Marriott offers spacious guest accommodations, each appointed with a 32" flatpanel LCD television, complimentary wireless Internet and Marriott's renowned Revive Bedding. The CasaMagna was voted Cancun's #1 Family Resort in Mexico by Travel & Leisure Magazine. The kids club keeps the young ones busy while giving parents time to relax.

To secure your room at the Marriott CasaMagna Resort, call and state that you will be attending the Cardiology at Cancún conference or code CGCCGCA. The hotel room block is scheduled to



Lodging Accommodations - continued

be held until Monday, January 25, 2016, but may be sold out before this date. It is recommended to arrange your reservation early. All reservation requests will require a one (1) night advance payment that will be refundable only if the reservation is canceled at least 14 days prior to the arrival date. Lodging arrangements are the sole responsibility of the individual registrant.

Marriott CasaMagna Resort

Blvd. Kukulcan, Retorno Chac L-41 Cancún, Quintana Roo 77500, Mexico **Rate:** \$180 Single/Double **Phone:** 800-223-6388 Option #3

011-52-998-881-2000 Option #3

IW Marriott Cancun

Blvd. Kukulcan, Km 14.5, Lote 40-A,

Zona Hotelera

Cancún, Quintana Roo 77500, Mexico

Rate: \$299 Single/Double **Phone:** 800-228-9290

or 011-52-998-8489600

There will be an additional room charge of \$25.00 per person (18 years and over) if there are more than 2 people staying in the hotel room. Porterage (bellmen) gratuities are \$5.00 per person; housekeeping gratuities are \$4.00 per room per day. These will be posted to individual rooms unless notified otherwise. Registrants are asked to guarantee two nights' room rental plus tax with a major credit card or check.

Health Club Facilities – Complimentary use of the CasaMagna Health Club facilities has been arranged for our group.



Early departure fees will be charged by the hotel if an attendee checks out of the hotel prior to the attendee's scheduled departure date, without having notified the hotel at check-in of the change in scheduled departure. When you make your reservation, please confirm additional resort fees, early departure fees, and/or cancellation penalties. Checkin time is 4:00 p.m. Check-out time is 12:00 p.m.

Lodging arrangements are the sole responsibility of the individual registrant.

Division of Cardiovascular Diseases is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Social Programs

Welcome Reception - Monday, February 22, 2016

6:00-7:00 p.m. - Poolside

Attendees and their guest(s) are cordially invited to join the course faculty for the Welcome Reception poolside on Monday, February 22, 2016. This Mexican Fiesta welcomes you to Cancún, Mexico, officially opens the course, and offers you the perfect opportunity to make connections with existing and new colleagues.

Farewell Reception - Thursday, February 25, 2016

7:30 p.m. – Complimentary Ticketed Event Special Evening Dinner and Dancing – La Isla Patio All Participants and Families Invited

Activities and Restaurant Reservations

MITT (cancun@mittmexico.com) will be at the Hospitality Desk outside the meeting room during the entire conference offering the following:

- Optional private tours after the meetings. Because these are private tours for the Cardiology participants and their guests, a minimum of 30 people will be required.
- All other tours available in Cancun and Riviera Maya on their regular schedules.
- Restaurant reservations. Below is a small sampling. Please check with MITT on-site for additional suggestions.
- Cenacolo Mare Italian Restaurant
- Fred's House Seafood Market and Grill
- Harry's Prime Steakhouse and Raw Bar
- La Destileria Mexican Food Bar and Restaurant
- Lorenzillo's The Live Lobster House and Seafood
- Puerto Madero Steak and Fish House
- Limoncello Italian Cuisine
- Hacienda El Mortero Mexican Cuisine
- Cambalache Argentinian Big Steak House
- Casa Rolandi Restaurant Gourmet and Yacht Club

Faculty

Course Directors

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Faculty Disclosure

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.



2016 Cardiology at Cancún™

All sessions will be held at the Marriott CasaMagna Resort, Blvd. Kukulcan, Retorno Chac L-41, Cancún, Quintana Roo 77500, Mexico. Meeting site telephone 011-52-998-881-2000/Fax: 011-52 998 881 2085.

Views expressed in this program are those of the individual speaker and do not necessarily reflect views of the Mayo Clinic.

SUNDAY, FEBRUARY 21, 2016

5:00- Pre-registration

6:00 p.m. Grand Ballroom Foyer

MONDAY, FEBRUARY 22, 2016

6:30 a.m. Registration and Continental Breakfast

7:15 a.m. Welcome and Opening Remarks, Program Objectives, and

Pre-Test

Drs. Guy S. Reeder and Steve R. Ommen

Preventive Cardiology Focus - I

Dr. Guy S. Reeder, presiding

7:30 a.m. Cardiovascular Risk Assessment: The Basics and Beyond

Thomas G. Allison, Ph.D.

7:50 a.m. Lipid Management: A Summary of the Guidelines

Vinaya Simha, MBBS, M.D.

8:10 a.m. Lipid Management II: What the Guidelines Did Not Say and

Controversies

Francisco Lopez-Jimenez, M.D.

8:30 a.m. Treatment of Hypertension: Can We All Agree on Something

Iftikhar Kullo, M.D.

8:50 a.m. Primary and Secondary Prevention of Stroke

Randal J. Thomas, M.D.

9:10 a.m. Panel Discussion

Drs. Allison, Simha, Lopez-Jimenez, Kullo, and Thomas; Dr. Reeder,

moderator

9:35 a.m. **Refreshment Break**

Preventive Cardiology Focus - II

Dr. Steve R. Ommen, presiding

10:00 a.m. Controversies in Preventive Cardiology: Aspirin, Saturated

Fats, Chelation and Others *Francisco Lopez-Jimenez, M.D.*

10:25 a.m. Medical Treatment of Obesity: When and How to Use

Medications

Michael D. Jensen, M.D.

10:40 a.m. **Prevention of Deep Vein Thrombosis and Pulmonary**

Embolism

Iftikhar Kullo, M.D.

11:00 a.m. Medical Treatment and Cardiovascular Risk Reduction in

Diabetes

Michael D. Jensen, M.D.

11:20 a.m. How To Do An Exercise Prescription: How Much?

What Type? How Often? *Thomas G. Allison, Ph.D.*

11:40 a.m. **Panel Discussion**

Drs. Lopez, Jensen, Kullo, and Allison; Dr. Ommen, moderator

12:05 p.m. Adjourn

6:00- Welcome Reception Mexican Style!

7:00 p.m. All faculty and participants (and their guests) are invited.

LOCATION: Poolside

TUESDAY, FEBRUARY 23, 2016

7:00 a.m. **Continental Breakfast**

Ischemic Heart Diease and Intervention I

Dr. Guy S. Reeder, presiding

7:30 a.m. Stress Testing in the 21st Century

Panithaya Chareonthaitawee, M.D.

7:50 a.m. MRI for Evaluation of Chest Pain

Nandan S. Anavekar, M.B., B.Ch.

8:10 a.m. **ACS in Women**

Amy W. Pollak, M.D.

8:30 a.m. **SCAD: Emerging From the Shadows**

Rajiv Gulati, M.D., Ph.D.

8:50 a.m. The Five Most Important Trials in Ischemic Heart Disease

in 2015

Malcolm R. Bell, M.B., B.S.

9:10 a.m. **Panel Discussion**

Drs. Chareonthaitawee, Anavekar, Pollak, Gulati, and Bell;

Dr. Reeder, moderator

9:35 a.m. **Refreshment Break**

Ischemic Heart Diease and Intervention II

Dr. Steve R. Ommen, presiding

10:00 a.m. Novel Applications of Radionuclide Cardiac Imaging

Panithaya Chareonthaitawee, M.D.

10:20 a.m. **Triple Rule Out CTA**

Nandan S. Anavekar, M.B., B.Ch.

10:40 a.m. **Noacs: Which One for Which Patient**

Amy W. Pollak, M.D.

11:00 a.m. **DAPT, TOAT, and Bleeding**

Malcolm R. Bell, M.B., B.S.

11:20 a.m. **Novel Treatment of Dyspnea**

Rajiv Gulati, M.D., Ph.D.

11:40 a.m. **Panel Discussion**

Drs. Chareonthaitawee, Anavekar, Bell, and Gultai; Dr. Ommen,

moderator

12:05 p.m. Adjourn - Note Special Evening Session

Evening Session

5:45-7:15 p.m. Challenging Cases in Ischemic Heart Disease

Drs. Bell, Pollak, and Gulati

WEDNESDAY, FEBRUARY 24, 2016

7:00 a.m. **Continental Breakfast**

Heart Failure I

Dr. Steve R. Ommen, presiding

7:30 a.m. Novel Pharmacotherapy in Heart Failure: Focus on LCZ 696

and Ivabradine Grace Lin, M.D.

7:50 a.m. Remote Monitoring in Heart Failure: Hype or Hope, What's

the Benefit?

Daniel D. Borgeson, M.D.

8:10 a.m. Functional Mitral Regurgitation in Heart Failure:

What's the Best Approach? Garvan C. Kane, M.D., Ph.D.

8:30 a.m. Diuretic Resistance 101 – When Old Faithful Isn't

Robert C. Albright, D.O.

8:50 a.m. Biomarkers in Heart Failure: The Good and the Bad

Robert P. Frantz, M.D.

9:10 a.m. **Panel Discussion**

Drs. Lin, Borgeson, Kane, Albright, and Frantz; Dr. Ommen,

moderator

9:35 a.m. **Refreshment Break**

Heart Failure II

Dr. Guy S. Reeder, presiding

10:00 a.m. Right-Sided Heart Failure: The Forgotten Ventricle?

Garvan C. Kane, M.D., Ph.D.

10:20 a.m. Diuretic Resistance 201 – Achieving Success With Failure

Robert C. Albright, D.O.

10:40 a.m. **Heart Failure Zebras: Don't Miss Them!**

Daniel D. Borgeson, M.D.

11:00 a.m. Cardiac Amyloidosis: An Underrecognized Epidemic?

Grace Lin, M.D.

11:20 a.m. Advances in Mechanical Support for Heart Failure: LVADs,

RVADs, Total Artificial Heart

Robert P. Frantz, M.D.

11:40 a.m. **Panel Discussion**

Drs. Kane, Albright, Borgeson, Lin, and Frantz; Dr. Reeder, moderator

12:05 p.m. **Adjourn - Note Special Evening Session**

Evening Session

5:30-6:30 p.m. Cases in Heart Failure

Drs. Lin, Borgeson, and Albright

THURSDAY, FEBRUARY 25, 2016

7:00 a.m. **Continental Breakfast**

Valvular and Congenital Heart Disease

Dr. Steve R. Ommen, presiding

7:30 a.m. Low Gradient Severe Aortic Stenosis: Evaluation and

Treatment

Vuyisile T. Nkomo, M.D.

7:50 a.m. Surgical AVR: What's New?

Kevin L. Greason, M.D.

8:10 a.m. TAVR Status Report 2016

Peter M. Pollak, M.D.

8:30 a.m. Adult Congenital Heart Disease – The Simple Stuff

Crystal R. Bonnichsen, M.D.

8:50 a.m. Hypertrophic Cardiomyopathy – What You Need to Know

Steve R. Ommen, M.D.

9:10 a.m. Panel Discussion

Drs. Nkomo, Greason, Pollak, and Bonnichsen; Dr. Ommen, moderator

9:35 a.m. **Refreshment Break**

Valvular and Congenital Heart Disease

Dr. Guy S. Reeder, presiding

10:00 a.m. **MitraClip – Current Status**

Guy S. Reeder, M.D.

10:20 a.m. Surgical Mitral Repair

Kevin L. Greason, M.D.

10:40 a.m. Adult Congenital Heart Disease – The Complicated Stuff

Crystal R. Bonnichsen, M.D.

11:00 a.m. When to Fix the Tricuspid Valve

Vuyisile T. Nkomo, M.D.

11:20 a.m. Non-Surgical Treatment of Paravalvular Regurgitation

Peter M. Pollak, M.D.

11:40 a.m. **Panel Discussion**

Drs. Greason, Bonnichsen, Nkomo, and Pollak; Dr. Reeder, moderator

12:05 p.m. Adjourn - Note Special Evening Session

5:30-7:30 p.m. MOC General Cardiology Session

Drs. Brady, Reeder, Bonnichsen, and Ommen

The primary purpose of this learning session is to facilitate completion of the general cardiology medical knowledge module to receive Maintenance of Certification credit.

7:30 p.m. Special Evening Dinner and Dancing

La Isla Patio

All Participants and Families Invited – Complimentary Ticketed Event

FRIDAY, FEBRUARY 26, 2016

7:00 a.m. **Continental Breakfast**

Heart Rhythm I – Atrial Fibrillation in 2016

Dr. Steve R. Ommen, presiding

7:30 a.m. The Epidemic of Atrial Fibrillation: More Than One Disease?

Bernard J. Gersh, M.B., Ch.B., D.Phil.

7:55 a.m. Atrial Fibrillation Screening: How, What Benefit, and In

Which Patients? Win-Kuang Shen, M.D.

8:15 a.m. Optimizing Heart Rate and Symptom Control

K. L. Venkatachalam, M.D.

8:35 a.m. Non-Pharmacological Approaches to Stroke Prevention in

Atrial Fibrillation

Thomas M. Munger, M.D.

8:55 a.m. Arrhythmia Recurrence and Complications After Catheter

Ablation for Atrial Fibrillation: Recognition and Management

Peter A. Brady, M.B., Ch.B., M.D.

9:15 a.m. Panel Discussion

Drs. Gersh, Shen, Venkatachalam, Munger, and Brady; Dr. Ommen,

moderator

9:35 a.m. **Refreshment Break**

Heart Rhythm II – Syncope and Spells

Dr. Guy S. Reeder, presiding

10:00 a.m. **Syncope: Identifying the High Risk Patient**

Win-Kuang Shen, M.D.

10:25 a.m. Life Vest, Leadless Pacemakers and SQ ICD: Indications and

Patient Selection

K. L. Venkatachalam, M.D.

10:45 a.m. ICD Shocks: Approach and Management

Thomas M. Munger, M.D.

11:05 a.m. Sports Participation: What Can We Tell Our Patients?

Michael J. Ackerman, M.D., Ph.D.

11:25 a.m. ECGs Quiz

Peter A. Brady, M.B., Ch.B., M.D.

11:45 a.m. **Post-Test**

12:00 p.m. Closing Remarks

Drs. Guy S. Reeder and Steve R. Ommen

Future Programs in Cancún

February 20-24, 2017 February 19-23, 2018 February 25-March 1, 2019 February 24-28, 2020





REGISTRATION

Register online:

celinks.mayo.edu/cvtopics2016

Registration Fee:

Course Registration (MD, PhD, DO, PharmD) \$780.00 Course Registration (Residents, PA, NP, RN) \$585.00

Mayo Clinic Division of Cardiology has recently implemented an online conference registration system. If this is your first time using the online system, you will need to create a profile and login account.

Register online at: *celinks.mayo.edu/cvtopics2016* and click on Register Now. The system will guide you through the profile and login process. An e-mail address is required upon registration.

A letter of confirmation will be forwarded to this address upon receipt of payment and submitted registration. Present this letter of confirmation when checking in at the meeting registration desk.

The registration fee includes tuition, on-line course syllabus, continental breakfasts, break refreshments, and reception. Although it is not Division of Cardiovascular Diseases policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. Enrollment for this program is limited.

For additional information, contact: Cardiovascular Continuing Education 200 First Street SW – Gonda 6-138 Rochester, MN 55905

E-mail: cvcme@mayo.edu

Phone: 800-283-6296 or 507-266-6703 **Website:** *celinks.mayo.edu/cvtopics2016*

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo Clinic Division of Cardiovascular Diseases before Monday, February 8, 2016, (cvcme@mayo.edu or fax#: 507-266-7403). No refunds will be made on or after Monday, February 8, 2016. Canceled registrations are non-transferable.

Division of Cardiovascular Diseases reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Division of Cardiovascular Diseases must cancel or postpone this course, Division of Cardiovascular Diseases will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

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2016 Cardiology at Cancún

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21st Annual

Topics in Clinical Cardiology

February 22-26, 2016 Marriott CasaMagna Resort

Cancún, Mexico



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