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# Pain Medicine for the Non-Pain Specialist 2017

Pre-Course Sessions: Wednesday, February 15  
General Session: Thursday-Saturday, February 16-18

| Wednesday, February 15, 2017                                 |  |
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| Optional Workshops – Pre – Registration and Payment Required |  |
| 1:00 p.m.  | <b>ABFM - Knowledge Self-Assessment – Pain Management</b><br>Location: Springs Salon C-D<br><br>Session Moderators:<br>John M. Wilkinson, M.D., Elizabeth W. Cozine, M.D. and Andy Bock, M.D.  |
| 5:00 p.m.  | Adjourn ABFM – Self Assessment Module Workshop   |
| Wednesday, February 15, 2017                                 |  |
| 1:00 p.m.  | <b>Hands-On Physical Exam Workshop: Pearls and Hands-On Experience</b><br>Location: Springs Salons H-K<br><br>Workshop Director:<br>John A. Freeman, D.O.<br><br><b>Introduction:</b><br>John A. Freeman, D.O.<br><br><b>Station Topics:</b><br>Cervical (Thoracic) and Lumbar Spine: Michael D. Osborne, M.D.<br>Shoulder: Stephen J. Wisniewski, M.D.<br>Pelvis (Hip and SIJ): John A. Freeman, D.O.<br>Knee: Mark Friedrich B. Hurdle, M.D. |
| 4:00 p.m.  | Adjourn Hands-On Physical Exam Workshop  |

| Thursday, February 16, 2017           |   |
|---------------------------------------|---|
| 6:50 AM                               | Welcome and Course Introduction<br>Location: Springs Salon F<br>Jason S. Eldrige, M.D.                |
| 7:00 AM                               | General Session Begins<br>Location: Springs Salon F   |
| Chronic Pain – Patient Considerations |   |
| 7:00 AM                               | Behavioral Comorbidities in Pain Medicine<br>Christopher D. Sletten, Ph.D., L.P.                      |
| 7:45 AM                               | Pain Plus: Challenges in Pain Management with Psychiatrically Unwell Patients<br>Kristin Somers, M.D. |
| 8:15 AM                               | Difficult Patient<br>Christopher D. Sletten, Ph.D., L.P.  |
| 8:45 AM                               | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.                          |
| 9:00 AM                               | Break   |
| Headache                              |   |
| 9:15 AM                               | An Overview of Primary Headache Disorders<br>Christopher Boes, M.D.                                   |
| 9:45 AM                               | Interesting Cases in Headache<br>Ivan Garza, M.D.   |
| 10:15 AM                              | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.                          |
| Abdominal and Myofascial Syndromes    |   |
| 10:30 AM                              | Abdominal Pain<br>Conor G. Loftus, M.D.   |
| 11:00 AM                              | Fibromyalgia and Myofascial Pain Syndromes<br>Jeffrey M. Thompson, M.D.                               |
| 11:30 AM                              | Common Sports Medicine Injuries<br>Jake Sellon, M.D.  |
| 12:15 AM                              | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.                          |
| 12:30 PM                              | General Session Adjourns  |

**Optional Workshop – Pre – Registration and Payment Required**

|           |   |
|-----------|---|
| 1:30 p.m. | <p><b>Hands-On Injection Workshop</b><br/>Location: Springs Salons H-K</p> <p>Workshop Director:<br/>Karen Mauck, M.D.</p> <p><b>Station Topics:</b><br/>Thigh/Buttock – Markus Bendel, M.D.<br/>Knee – Laura S. Greenlund, M.D., Ph.D.<br/>Foot/Ankle – William Mundell, M.D.<br/>Shoulder – Karen Mauck, M.D.</p> |
| 4:30 p.m. | Adjourn Hands-On Injection Workshop   |

| Friday, February 17, 2017 |  |
|---------------------------|--|
| 7:00 AM                   | General Session Begins<br>Location: Springs Salon F                                    |
| <b>Opioids</b>            |  |
| 7:00 AM                   | Opioids: Basic Pharmacology, Indications and Appropriate Use<br>Bryan C. Hoelzer, M.D. |
| 8:00 AM                   | Management of Opioid Induced Side Effects<br>Molly A. Feely, M.D.                      |
| 8:30 AM                   | Legal Issues in Opioid Prescribing<br>Sally A. Brown, J.D.                             |
| 9:00 AM                   | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.           |
| 9:15 AM                   | Break  |
| 9:30 AM                   | Opioid Monitoring and Tapering<br>Halena Gazelka, M.D.                                 |
| 10:00 AM                  | Addiction and Opioids<br>Marvin Seppala, M.D.  |
| 10:30 AM                  | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.           |
| <b>Neuropathic Pain</b>   |  |
| 10:40 AM                  | Introduction, Post-Herpetic Neuralgia<br>James C. Watson, M.D.                         |
| 11:00 AM                  | Diagnostic Approach to Painful Neuropathies<br>Lyell K. Jones, Jr., M.D.               |
| 11:30 AM                  | Symptomatic Management of Neuropathic Pain<br>James C. Watson, M.D.                    |
| 12:00 PM                  | CRPS<br>Halena Gazelka, M.D.   |
| 12:20 PM                  | Spinal Cord Stimulation, Pumps and Your Patients<br>Tim J. Lamer, M.D.                 |
| 12:50 PM                  | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.           |
| 1:00 PM                   | General Session Adjourns   |

**Friday, February 17, 2017 – Continued**

**Optional Workshop – Pre – Registration and Payment Required**

|         |  |
|---------|--|
| 1:30 PM | <p>Addiction Medicine for Primary Care Providers<br/>Location: Springs Salon A-B</p> <p>Workshop Director:<br/>Marvin Seppala, M.D.<br/>Hazelden Betty Ford Foundation</p> <p>Workshop Moderator:<br/>Steve Eickelberg, M.D.</p> <p>Workshop Faculty:<br/>Reham Attia, M.D.<br/>Keith Berge, M.D.<br/>Steve Delisi, M.D.<br/>Joe Lee, M.D.<br/>Val Slaymaker, Ph.D., L.P.<br/>Pamela Schultz, M.D.<br/>Marc Myer, M.D.</p> |
| 5:30 PM | Adjourn Addiction Medicine for Primary Care Providers Workshop   |

| Saturday, February 18, 2017          |   |
|--------------------------------------|---|
| 7:00 AM                              | General Session Begins<br>Location: Springs Salon F                           |
| <b>Lumbar Spine</b>                  |   |
| 7:00 AM                              | Lumbar Spine: Practical Overview<br>Richard H. Rho, M.D.                      |
|                                      | Physical Examination Pearls<br>Edward R. Laskowski, M.D.                      |
|                                      | Clinical Application: Case Presentations<br>James C. Watson, M.D.             |
| 8:30 AM                              | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.  |
| <b>Cervical Spine</b>                |   |
| 8:45 AM                              | Neck Pain: Practical Overview<br>Richard H. Rho, M.D.                         |
|                                      | Physical Examination Pearls<br>Edward R. Laskowski, M.D.                      |
|                                      | Clinical Application: Case Presentations<br>Matthew J. Pingree, M.D.          |
| 10:15 AM                             | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.  |
| 10:30 AM                             | Break   |
| <b>Imaging and Interesting Cases</b> |   |
| 10:45 AM                             | Basics of Spine Imaging for Low Back and Neck Pain<br>Jared T. Verdoorn, M.D. |
| 11:15 AM                             | Spondyloarthropathies<br>Wenchun Qu, M.D., M.S., Ph.D.                        |
| 11:45 AM                             | Marijuana: Medical and Other Considerations<br>Jacob Strand, M.D.             |
| 12:15 PM                             | Q and A<br>Moderators: John M. Wilkinson, M.D. and Elizabeth W. Cozine, M.D.  |
| 12:30 PM                             | General Session Adjourns  |