

35th Annual Mayo Clinic Symposium on Sports Medicine

Mayo Clinic Siebens Building

Registration, Refreshments and Exhibit Hall: Phillips Hall
Educational Sessions: Leighton Auditorium

Friday, November 6, 2026	
7:00 AM	Registration, Breakfast & Exhibits
8:00AM	Welcome and Introduction Brennan Boettcher, D.O., Mario Hevesi, M.D., Ph.D. and Shelby Johnson, M.D.
8:10 AM	Diagnosis and Treatment of Thigh Muscle Injuries Joshua M. Romero, M.D.
8:30 AM	Return to Sprint in the Basketball Athlete Kathryn A. Medinger, P.T., D.P.T., OCS
8:50 AM	Questions and Discussion
9:00 AM	Relative Energy Deficiency in Sport- An Update on Terminology, Understanding, Evaluation and Management Audrey A. Potts, M.B., B.Ch., B.A.O.
9:25 AM	Questions and Discussion
9:35 AM	Refreshment Break
9:55 AM	Facial Trauma Kristi M. Colbenson, M.D.
10:15 AM	Questions and Discussion
10:25 AM	Running Biomechanics Bryan Heiderscheit, P.T., Ph.D., FAPTA
11:20 AM	Questions and Discussion
11:35 AM	Announcements and Adjourn
11:40 AM	Lunch
Ankle Mini-Symposium	
12:40 PM	Ankle Mini-Symposium Introduction Mario Hevesi, M.D., Ph.D.
12:45PM	Clinical Anatomy of the Foot and Ankle (Live Demonstration) Nirusha Lachman, Ph.D. & Antonio Rivera-Perez, M.D., Norman S. Turner, M.D.
1:05 PM	Physical Examination of the Foot and Ankle Daniel B. Ryssman, M.D., Alex L. Vlasak, M.D.
1:25 PM	Questions and Discussion
1:30 PM	Nonsurgical v. Surgical Treatment of Acute Achilles Tendon Ruptures Alex L. Vlasak, M.D.
1:45 PM	Rehab for Achilles Tendon Ruptures TBD
1:55 PM	Questions and Discussion
2:05 PM	Refreshment Break
2:25 PM	Exertional Leg Pain- Updates from a Multi-Specialty Work Group PAES TBD

2:40 PM	<i>MRI Imaging of Exertional Leg Pain Conditions (Stress Fractures, MTSS, PAES, CECS)</i> <i>Nicholas G. Rhodes, M.D.</i>
2:55 PM	<i>Nonsurgical Treatment of CECS USG Fasciotomy</i> <i>Brennan Boettcher, D.O.</i>
3:10 PM	<i>Surgical Management of CECS</i> <i>Daniel B. Ryssman, M.D.</i>
3:25 PM	<i>Questions and Discussion</i>
3:30 PM	<i>Deltoid Ligament Injuries</i> <i>Kyle Duchman, M.D.</i>
3:50 PM	<i>Questions and Discussion</i>
3:55 PM	<i>Break</i>
4:15 PM	<i>Ankle Arthroscopy (Live Demonstration)</i> <i>Kyle Duchman, M.D.</i>
4:45 PM	<i>Ultrasound-Guided Ankle Procedures (Live Demonstration)</i> <i>Jacob L. Sellon, M.D.</i>
5:30 PM	<i>Announcements and Adjourn</i>
5:30 PM	<i>Attendee Reception (Pre-Registration is Required)</i>
Saturday, November 7, 2026	
7:30 AM	<i>Breakfast & Exhibits</i>
8:00 AM	<i>Announcements and Introduction</i> <i>Brennan Boettcher, D.O., Mario Hevesi, M.D., Ph.D. and Shelby Johnson, M.D.</i>
8:05 AM	<i>Medical Considerations in the Para Athlete</i> <i>Shanterian J. King, D.O.</i>
8:25 AM	<i>Rehab Considerations in the Para Athlete</i> <i>Stephanie J. Lopez, M.S., P.T., D.P.T., SCS-ABPTS</i>
8:45 AM	<i>Questions and Discussion</i>
8:55 AM	<i>Proximal Hamstring Injuries Across the Spectrum</i> <i>Shelby Johnson, M.D.</i>
9:10 AM	<i>Non-Op Tendinopathy and Partial Tears</i> <i>Jason Banks, P.T., D.P.T.</i>
9:35 AM	<i>Operative Hamstring Rupture Indications and Treatment</i> <i>Craig H. Bennett, M.D.</i>
9:40 AM	<i>PT -Rehab Following Surgery</i> <i>Joe Wittmann, P.T., D.P.T.</i>
10:00 AM	<i>Questions and Discussion</i>
10:10 AM	<i>Refreshment Break</i>
10:30 AM	<i>Wearables in Sport- What Can We Use?</i> <i>John G. Loepfe, P.T., D.P.T., SCS-ABPTS</i>
10:50 AM	<i>Questions and Discussion</i>
11:00 AM	<i>Sports Medicine at the Olympic & Paralympic Games: The Team USA Experience</i> <i>Jonathan Finnoff, D.O.</i>
11:45 AM	<i>Questions and Discussion</i>
11:55 AM	<i>Closing Remarks and Adjourn</i>

Mayo Clinic Hands-On Rehabilitation and Performance Clinic

Additional Registration Fee Required

Location: Dan Abraham Healthy Living Center, 3rd Floor Turf

12:30 PM	<i>Registration and Lunch (Registrants Only)</i>
12:55PM	<i>Welcome and Introduction</i>
1:00 PM	<i>Nutrition Considerations for Injury Prevention and Recovery Luke Corey, R.D.</i>
1:50 PM	<i>Mastering the Early Phase of Post-Operative Knee Rehabilitation Jon B. Salzman, P.T., D.P.T., SCS-ABPTS</i>
2:40 PM	<i>Questions and Discussion</i>
2:50 PM	<i>Refreshment Break</i>
3:00 PM	<i>Mid Stage Rehab Progression following Knee Surgery Elizabeth Frick, P.T., D.P.T., Joe Wittmann P.T., D.P.T., L.A.T., A.T.C.</i>
4:00 PM	<i>Late-Stage Rehab Progression following Knee Surgery Elizabeth Frick, P.T., D.P.T., Joe Wittmann P.T., D.P.T., L.A.T., A.T.C.</i>
4:40 PM	<i>Questions and Discussion</i>
4:55 PM	<i>Closing Remarks Andrew J. Johnson, P.T., D.P.T., SCS-ABPTS</i>