**Enhanced Recovery After Surgery**

*Avoiding Complications, Avoiding Opiates*

**Friday, February 2, 2018**

7:00 a.m.  
Registration/Continental Breakfast

7:50  
Welcome Announcements

**WHY SHOULD WE DO THIS?**  
Moderators: Dionisios Vrochides, M.D., Ph.D. and Tonia M. Young-Fadok, M.D., M.S.

8:00  
The Big Picture: What Happens When Dogma is Wrong?  
Tonia M. Young-Fadok, M.D., M.S.

8:15  
Improved Patient Outcomes  
Jamie Murphy, M.D., Ph.D.

8:30  
Improved Financial Outcomes  
Dionisios Vrochides, M.D., Ph.D.

8:45  
Q & A Panel Discussion  
Session Faculty

**WHAT DOGMA NEEDS CHANGING?**  
Moderators: David A. Etzioni, M.D. and Ryan C. Craner, M.D.

9:00  
Pre-op Medical Optimization  
John H. Demenkoff, M.D.

9:20  
Patient Education  
Megan N. Wasson, D.O.

9:40  
Break

10:00  
Bowel prep → no bowel prep → bowel prep: I’m confused  
David A. Etzioni, M.D.

10:20  
Pre-op Nutrition and Early Post-op Feeding are Safe  
Shreya Shetty, M.D.

10:40  
Surgeons and Anesthesiologists Don’t Talk  
Ryan C. Craner, M.D.

11:00  
Breaking Down Barriers in Nursing Communication  
Jacque A. Crosson, MSN, RN, CPAN

11:20  
Q & A Panel Discussion  
Session Faculty

11:40  
Lunch
ANESTHESIA – INTRA-OP CHOICES IMPACT POST-OP OUTCOMES
Moderators: Andrew W. Gorlin, M.D. and Chris J. Jankowski, M.D.

12:50 PONV – Prophylaxis Starts Pre-op .................................................................
David P. Seamans, M.D.

1:10 Fluid Management for ERAS – Rationale and Basics .................................
Andrew W. Gorlin, M.D.

1:30 Fluid Management for ERAS – Advanced Monitoring ............................
Michael J. Scott, M.D.

1:50 Anesthesia Medications – Cost Considerations ...........................................
Ryan C. Craner, M.D.

2:10 Physiology of Pneumoperitoneum – New Medications and Devices ..........
Michael J. Scott, M.D.

2:30 Q & A Panel Discussion
Session Faculty

2:55 Break

AVOIDING PAIN, AVOIDING OPIATES
Moderators: Tonia M. Young-Fadok, M.D., M.S. and Andrew W. Gorlin, M.D.

3:10 The Role Surgery Plays in the Opioid Epidemic ........................................
Holly L. Geyer, M.D.

3:30 Rationale and Mechanisms of Multi-Modal Pain Management ..................
David P. Seamans, M.D.

3:50 Multi-Modal Analgesia – What Are the Options? ......................................
Chris J. Jankowski, M.D.

4:10 TAP and QL blocks for the Anesthesiologist and the Surgeon ..................
Veerandra Koyyalamudi, M.B.B.S. and Tonia M. Young-Fadok, M.D., M.S.

4:30 Post-Operative Low-Dose Ketamine Infusion ...........................................
Melania K. Flores, MSN, RN

4:50 Q & A Panel Discussion
Materials for work-groups tomorrow

5:10 Adjourn
Saturday, February 3, 2018

7:00 a.m.  Registration/Continental Breakfast

7:50  Welcome Announcements

GETTING YOUR PROTOCOL TOGETHER AND IMPLEMENTING IT: WORK-GROUPS
Moderators: Course Faculty

8:00 – 10:00  ERAS Works for Simple and Complex Cases  
Dionisios Vrochides, M.D., Ph.D. and Megan N. Wasson, D.O.

8:00 – 10:00  Nursing – Communicating Across Multiple Areas  
Jacque A. Crosson, MSN, RN, CPAN and Melania K. Flores, MSN, RN

8:00 – 10:00  Surgery – Taking Charge of the Protocol  
Jamie Murphy, M.D., Ph.D. and Tonia M. Young-Fadok, M.D., M.S.

8:00 – 10:00  Anesthesia – Communicating Across the Blood-Brain Barrier  
Andrew W. Gorlin, M.D. and Chris J. Jankowski, M.D.

10:00  Q & A Panel Discussion  
Session Faculty

10:30  Break

ERAS IMPLEMENTATION PROGRAMS
Moderators: Andrew W. Gorlin, M.D. and Tonia M. Young-Fadok, M.D., M.S.

10:50  Experience with ERAS Implementation –  
Anesthesiologist Perspective  
Michael J. Scott, M.D.

11:10  Experience with ERAS Implementation –  
Surgeon Perspective and Business Plan  
Dionisios Vrochides, M.D., Ph.D.

QUICK SPECIALTY UPDATES
Moderators: Tonia M. Young-Fadok, M.D., M.S. and Michael J. Scott, M.D.

11:30  Anesthesia  
Chris J. Jankowski, M.D.

11:40  Colon and Rectal Surgery  
Jamie Murphy, M.D., Ph.D.

11:50  Pancreas Surgery  
TBD

12:00 p.m.  Nursing  
Jacque A. Crosson, MSN, RN, CPAN
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