

Mayo Clinic Physical Medicine and Rehabilitation Board Review - Online

Activity Description

The Mayo Clinic Physical Medicine and Rehabilitation Board Review – Online is designed for candidates preparing for certifying and maintenance of certification examinations in physical medicine and rehabilitation. This full course includes a comprehensive review of all 16 topic areas and is intended to facilitate additional study, as needed.

Target Audience

This course is designed for physicians, residents, and fellows preparing for certifying and maintenance of certification examinations in physical medicine and rehabilitation.

Learning Objectives

Upon completion of this course, participants should be able to:

- Facilitate topic specific review of common conditions treated by Physical Medicine and Rehabilitation
- Recall skills in patient care that are appropriate and effective for the treatment of commonly seen patients in a psychiatric practice.

Participation in this online Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement

AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 12.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Financial relationship(s):

| <u>Name</u> | <u>Nature of Relationship</u> | <u>Company</u> |
|----------------------|-------------------------------|------------------|
| Ralph E. Gay, MD, MS | Advisory Board Member | Palladian Health |

No Financial relationship(s):

| | |
|------------------------|--------------------|
| Allen W. Brown, MD | Julie Reed |
| Andrea L. Cheville, MD | Billie Schultz, MD |
| Russell Gelfman, MD | Jacob Sellon, MD |

Brian E. Grogg, MD
John H. Hollman, PhD
Margaret A. Moutvic, MD
Thomas P. Pittelkow, DO
Cara C. Prideaux, MD
Anna Sophia Del Fabro, M.D.
Andrea J. Boon, M.D.

Carmen Terzic, MD, PhD
Jeffrey M. Thompson, MD
David C. Weber, MD
Mark H. Winemiller, MD
Theresa Malin
Amy E. Rabatin, M.D.
David C. Weber, M.D.

Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:

| Name | Manufacturer/Provider | Product/Device |
|----------------------|--|--|
| Amy E. Rabatin, M.D. | Baclofen Dantrolene Diazepam Clonidine Tizanidine Gabapentin Botulinum Toxin Phenol | Medications for spasticity management |
| Billie Schultz, M.D. | Amantadine Medical Cannabis | Brain recovery; Spasticity management |

Mayo Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit

To obtain credit, complete the post-test, evaluation and submit.

Method of Participation

Participation in this activity consists of reviewing the online modules and completing the post-test and evaluation.

Release and Expiration Dates*

Release Date: March 1, 2019

Expiration Date: February 28, 2022

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Course Directors:

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 Carmen M. Terzic, M.D., Ph.D.
 Jeff Thompson, M.D.
 Mark Winemiller, M.D.

Program Schedule

| Module | Speaker(s) | Length |
|---|----------------------------------|---------------|
| Cancer Rehabilitation | Andrea L. Cheville, M.D | 29 |
| Cardiovascular Rehabilitation | Carmen M. Terzic, M.D., Ph.D. | 34 |
| Electromyography | Andrea J. Boon, M.D. | 58 |
| Geriatric Rehabilitation | David C. Weber, M.D. | 33 |
| Joint and Connective Tissue Disorders | Margaret Moutvic, M.D. | 65 |
| Muscle and Nerve Disorders | Ralph E. Gay, M.D. | 44 |
| Musculoskeletal and Soft Tissue Disorders | Brian Grogg, M.D. | 57 |
| Occupational and Industrial Rehabilitation | Russell Gelfman, M.D. | 62 |
| Pain Medicine | Thomas P. Pittelkow, D.O. | 43 |
| Pediatric Rehabilitation | Amy E. Rabatin, M.D. | 40 |
| Physical Therapeutics | John H. Hollman, P.T., Ph.D. | 52 |
| Practice Environment | Mark Winemiller, M.D. | 47 |
| Prosthetic, Orthotics and Assistive Devices | Jeff Thompson, M.D. | 44 |
| Spinal Cord Injury | Sophia Del Fabro, M.D. | 28 |
| Sports Medicine – Upper Body | Cara Prideaux, M.D. | 25 |

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|--|-------------------------|----|
| Sports Medicine – Lower Body | Jake Sellon, M.D. | 40 |
| Stroke Rehabilitation | Allen W. Brown, M.D. | 33 |
| Traumatic Brain Injury and Other Brain Disorders | Billie A. Schultz, M.D. | 43 |

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