2019 Humanities in Medicine Symposium
The Humanities(ities) Connection: meeting people where they are

October 24-26, 2019 │ Mayo Clinic │ Phoenix, AZ

THURSDAY, OCTOBER 24

6:00 pm  WELCOME RECEPTION
Franke Education Center

Featuring:
Notes From Neptune
Scott Worstell, guitar and vocals
Thomas Love, saxophone and vocals

6:30 pm  REMARKS
Welcome
Katherine Kough, MA
Program Director, Mayo Clinic Center for Humanities in Medicine
Renee Caswell, MD
Chair, Mayo Clinic Center for Humanities in Medicine

United Art of Arizona
Richard Retter, Founding President
Prescribing Nature and Connecting Patients through the Humanities
Nina Stoyan-Rosenzweig
Director, Medical Humanities, University of Florida College of Medicine

8:00 pm  RECESSION CONCLUDES

FRIDAY, OCTOBER 25

7:30 am  CHECK-IN, BREAKFAST
Franke Education Center Foyer

MOVEMENT: FLAMENCO
Waugh Auditorium

Olivia Rojas
Flamenco Por La Vida, Artist in Residence, Mayo Clinic

8:15 am  WELCOME
Waugh Auditorium

Katherine Kough, MA
Program Director, Mayo Clinic Center for Humanities in Medicine
Renee Caswell, MD
Chair, Mayo Clinic Center for Humanities in Medicine
KEYNOTE  
Why Day One of Medical School is Too Late to Make a Good Doctor  
Lauren Barron, MD  
Director, Medical Humanities, Baylor University

9:30 am POSTER INTRODUCTIONS  
Waugh Auditorium

A Sherlockian Diagnostician of the Early 20th Century: The Contributions of Emanuel Libman and his relationship with Sir William Osler  
Priya Dave, BA  
MD Candidate, Icahn School of Medicine at Mount Sinai

Bringing Joy and Belonging to Pediatric Patients Through Group Art  
Sarah Merrill  
MD Candidate, Mayo Clinic Alix School of Medicine

Uffizi on Wheels – Mayo Clinic Florida Virtual Art Tour Reaching Patients With Restricted Mobility  
Elizabeth Mattson, MT-BC  
Education Administration Coordinator, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine  
Chrys Yates  
Program Director, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine

A Person is a Person No Matter What  
David Beyda, MD  
Chair and Professor, Dept. Bioethics and Medical Humanism, The University of Arizona College of Medicine-Phoenix

Motivations, Expectations, and Ethical Perceptions of Medical Students on Global Health Trips  
Priya Dave, BA

Silencing Medical Activism  
Zainab Mabizari, BS, MSc  
MD candidate, Baylor College of Medicine

The Literature, Arts, and Medicine Database: A Worldwide Collaboration in Humanistic Study  
Shawn Thomas  
MD candidate, New York University School of Medicine

Implementation of a New Health Literacy Selective for Medical Students  
Cynthia Beeler, MLS, AHIP  
Academic Medical Librarian IV, Mayo Clinic Libraries  
Lisa Marks, MLS, AHIP  
Director and Assistant Professor of Medical Education, Mayo Clinic Libraries

9:55 am POSTER VIEWING/BREAK

10:05 am PLENARY SESSION – PECHA KUCHA PRESENTATIONS  
Waugh Auditorium

Close Contact for Couples with Parkinsons: Moving together for better verbal and physical communication  
Judith Sachs, Founder and Director, ANYONE CAN DANCE®

Mayo Medical Students’ Perception of the Value of a Humanities-Based Reading Selective  
Anthony Smith, MD  
Professor of Plastic Surgery, Director, Selectives, Mayo Clinic  
Robert Bernard, MD  
Adjunct Professor of Surgery, Mayo Clinic, Associate Professor of Surgery, University of Arizona College of Medicine
Victoria Edmonds  
MD Candidate, Mayo Clinic Alix School of Medicine  
*The Creative or Empathy Project as Part of an Introductory Course in Medical Humanities*  
Steven Gellman, MD, MFA, FAAFP  
Senior Lecturer in Medical Humanities and Pre-Med Consultant, University of Texas at Arlington  
*Transformational Seeing*  
Jennifer Ewing  
Teaching Artist, Museum Educator - Contemporary Jewish Museum and Fine Arts Museums of San Francisco, CA

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<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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<tr>
<td>10:55 am</td>
<td>POSTER VIEWING/BREAK</td>
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<tr>
<td>11:05 am</td>
<td>PLENARY SESSION – PAPER PRESENTATIONS</td>
<td>Waugh Auditorium</td>
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<td><em>Gimme Shelter: How Architecture Provides a Blueprint for Medicine</em></td>
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<td>Paul Solomon, MFA</td>
<td>Associate Professor, Gwen Frostic School of Art; Adjunct Community Associate Professor, Program in Medical Ethics, Humanities, and Law, Homer Stryker MD, School of Medicine, Western Michigan University</td>
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<td><em>Enhanced Interrogation the Hospital Way</em></td>
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<td>Ken Mishark, MD</td>
<td>Hospitalist, Assistant Professor of Medicine, College of Medicine, Mayo Clinic</td>
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<td><em>What makes a monster - and what makes a medical monster?</em></td>
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<td>Nina Stoyan-Rosenzweig</td>
<td>Director, Medical Humanities, University of Florida College of Medicine, Archivist and Senior Associate in Libraries, Health Science Center Library</td>
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<td><em>Improving Humanistic and Empathic Communication Skills: Video, Simulation, and Experiential Learning Opportunities</em></td>
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<td>Ellen Meltzer, MD, MSc, FACP</td>
<td>Senior Associate Consultant, General Internal Medicine, Mayo Clinic</td>
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<td>12:30 pm</td>
<td>LUNCH</td>
<td>Franke Educatio Center Foyer</td>
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<td><em>Senator Tom Harkin, (Ret.)</em></td>
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<td>Councilor, The Harkin Institute for Public Policy &amp; Citizen Engagement</td>
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<td>2:05 pm</td>
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<td>PLENARY SESSION – PANEL DISCUSSION</td>
<td>Waugh Auditorium</td>
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<td><em>Health, Wellness, Public, and Policy</em></td>
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<td>Joseph Jones, MPA</td>
<td>Executive Director, The Harkin Institute for Public Policy &amp; Citizen Engagement</td>
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<td>Kainoa Spenser</td>
<td>Ambassador, K2 Adventures Foundation; Mayo Clinic Simulation Center Standardized Patient</td>
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<td>Russell Heigh, MD, FACP, FACG, AGAF, FASGE</td>
<td>Associate Professor of Medicine, College of Medicine, Mayo Clinic</td>
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The Human(ities) Connection | 3
### 3:15 pm  ART TOUR, ARTMAKING, OR MUSIC-MAKING

**Art Tour**
- Betsy Aguirre
  Loaned Artwork Program, Mayo Clinic Center for Humanities in Medicine

**Artmaking**
- Richard Retter
  Artist in Residence, Mayo Clinic Center for Humanities in Medicine

**Music-Making**
- Elizabeth Mattson, MT-BC
  Education Administration Coordinator, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine

### 3:45 pm  POSTER VIEWING/BREAK

### 4:00 pm  INTERACTIVE SESSIONS

#### Gold Mining

**Designing an award-winning Arts in Health course**
- Ferol Carytisas, MM
  Lecturer and Undergraduate Advisor, University of Florida Center for Arts in Medicine

**Implementing Music Therapy within the VA Telehealth Model: Going the Distance for Our Veterans**
- Diane Garrison Langston, MM, MT-BC
  Music Therapist, Malcom Randall VA, Gainesville, Florida; Creative Arts Therapist, Creative Forces: NEA Military Healing Arts Network

**Building the Shakespeare in Health Network**
- Cora Fox, PhD
  Associate Professor of English, Arizona State University
- Christine Gottlieb, PhD
  Assistant Professor of English, California State University, East Bay

**Programming the Monkey Mind: Yoga for Individual Resiliency**
- Uma Anand, Ph.D.
  Assistant Professor of Psychology, Mental Health Clinician, Student Services, Mayo Clinic College of Medicine and Science

#### Workshop

**Learning How to Use Magic and Illusions to Enhance Clinical Interactions**
- Lalit Chawla, MD, CCFP, FCFP
  Adjunct Professor, Schulich School of Medicine, University of Western Ontario

### 5:45 pm  RECEPTION

### 7:00 pm  DAY ONE CONCLUDES
KEYNOTE
Elvis Francois, MD
Chief Resident, Orthopedic Surgery, Mayo Clinic

9:00 am POSTER VIEWING/BREAK

9:15 am BREAKOUT SESSIONS
Paper Presentations

Comics and Medicine: What Graphic Medicine Can Teach Us About the Experience of Illness
Brian Callender, MD
Assistant Professor of Medicine, University of Chicago; Core faculty, Stevanovich Institute on the Formation of Knowledge; Faculty, MacLean Center for Clinical Medical Ethics

Graphic Medicine and the Art of Self-Reflection: Using Comics to Tell Our Stories
Kathryn West, MA, LSW
Project Coordinator, ECHO-Chicago, University of Chicago Medicine
Brian Callender, MD
Assistant Professor of Medicine, University of Chicago; Core faculty, Stevanovich Institute on the Formation of Knowledge; Faculty, MacLean Center for Clinical Medical Ethics

Pushing the Envelope: Featuring Graphic Medicine and Storytelling in the Traditional Medical Publishing World
Darren Taichman, MD, PhD
Executive Editor, Annals of Internal Medicine, Vice President, American College of Physicians, Adjunct Associate Professor of Medicine, University of Pennsylvania

Panel Discussion
MH-212
Humanizing Cancer
Elizabeth Langland, PhD
Director, Institute for Humanities Research, Arizona State University
Pamela Winfrey, MA, MFA
Scientific Research Curator for the Aktipis Cooperation and Conflict Lab and the Maley Cancer Lab, Biodesign and Psychology, ASU
Cristina Baciu, MA
Research Specialist, Psychology, Interdisciplinary Cooperation Institute, Biodesign Center for Biocomputing, Security, and Society, ASU
Pauline Davies, BSc
Professor, Hugh Downs School of Human Communication, Institute for Social Science Research, and The Beyond Center, ASU

Paper/Interactive Discussion
MH-115
My way, your way, or our way: choosing the best physician-patient relationship
David Beyda, MD
Chair and Professor, Dept. Bioethics and Medical Humanism, The University of Arizona College of Medicine-Phoenix

Creative Health Collaborations at Arizona State University
Cora Fox, PhD
Associate Professor of English, Arizona State University
Tamara Underiner, PhD
Associate Dean for Academic Affairs, Graduate College; Associate Professor, School of Film, Dance and Theatre, Arizona State University

10:20 am POSTER VIEWING/BREAK
10:30 am  BREAKOUT SESSIONS

Paper Presentations  Waugh Auditorium

Creative Arts Therapies: Bridging Consumer to Community
Deirdre Cogan, ATR-BC, ATCS, LPC, CTP
Director of Creative Arts Therapies Program, DC Department of Behavioral Health
Laryssa Creswell, Ed.D, MT-BC, LPC

Humanities and Artificial Intelligence in Healthcare
Rahul Kashyap, MBBS, MBA
Assistant Professor of Anesthesiology, College of Medicine, Mayo Clinic
Daniel Hall-Flavin, MD, MS
Associate Professor of Psychiatry, College of Medicine; Chair, Dolores Jean Lavins Center for Humanities in Medicine, Mayo Clinic

The Vital Transformation: From Homo scientificans to Homo humanitas
John Demenkoff, MD, PhD
Instructor in Medicine, College of Medicine; Consultant, Medallion Program, Mayo Clinic

Paper Presentations  MH-212

The Importance of Effective Perioperative Communication
Lopa Misra, DO
Assistant Professor, Department of Anesthesiology and Perioperative Medicine, Mayo Clinic

Styron’s Clarity: How Darkness Visible Critically Reframed Suicide and Depression
Jon Sussman, BA
MD Candidate, Mayo Clinic Alix School of Medicine

Storytelling in health professions education: A professional development program for Health Professions faculty
Eve Krahe Billings, PhD, EDAC
Associate Dean, College of Doctoral Studies and College of Health Professions, University of Phoenix
Liz Warren
Director, Storytelling Institute, South Mountain Community College

Cultivating Resilience through Verse: Poetry as a Vehicle for Mental Stability
Mark Lussier, PhD
Professor, Department of English & Senior Sustainability Scholar, Global Institute of Sustainability, Arizona State University
Paula Byrne, PhD
Founder and Lead Practitioner, ReLit: The Bibliotherapy Foundation

Paper Presentation/Performances  MH-115

Paying Tribute to Willed Body Donors: Artworks and Narratives
Rebecca Fisher, PhD
Associate Professor, Department of Basic Medicine Sciences, University of Arizona College of Medicine-Phoenix
Jennifer Rebekah Hartmark-Hill, MD, FAAFP
Director, The Program for Narrative Medicine & Health Humanities; Associate Professor, Dept. of Bioethics & Medical Humanism and Dept. of Family, Community & Preventative Medicine, University of Arizona College of Medicine-Phoenix

The Human(ities) Connection  │  6
**Journeys End, Journeys Begin**
Shapir Rosenberg, MD  
Psychiatry Resident, University of Maryland  
Alison Hartman, MFA  
Acupuncturist, Private Practice

**From the Bedside**
Zainab Mabizari, BS, MSc  
MD Candidate, Baylor College of Medicine

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| 12:30 pm | KEYNOTE  
Tionne Watkins  
Singer, Songwriter, Actress, Author, Patient Advocate | Waugh Auditorium |
| 1:35 pm | POSTER VIEWING/BREAK                           |                     |
| 1:50 PM  | BREAKOUT SESSIONS  
Workshop  
Yes, And... Be Here Now: Improvisation to Facilitate Mindfulness  
Robyn Cassel, PhD  
Licensed Clinical Psychologist, Whole Health Psychology Center  
Julie Cotton  
Founder, Next Level Improv | Waugh Auditorium |
| 2:50 pm | POSTER VIEWING/BREAK                           |                     |
| 1:50 PM  | Panel Discussion  
At the peripheries of care: centering the humanities and community engagement through participatory programming in health science curricula  
Mary Catherine Lockmiller, MLIS, AHIP  
Health Science Librarian, Northern Arizona University - Phoenix Biomedical Campus  
Meher Rakkar  
Program for Narrative Medicine & Health Humanities, University of Arizona College of Medicine-Phoenix  
Jennifer Rebekah Hartmark-Hill, MD, FAAFP  
Director, The Program for Narrative Medicine & Health Humanities; Associate Professor, Dept. of Bioethics & Medical Humanism and Dept. of Family, Community & Preventative Medicine, University of Arizona College of Medicine-Phoenix | MH-212 |
| 2:50 pm | POSTER VIEWING/BREAK                           |                     |
| 1:50 PM  | Workshop  
What’s Art Got to Do With It: Using art and art interpretation with health care professionals  
Hope Torrents  
School Programs Coordinator, Lowe Art Museum, University of Miami  
Gauri Agarwal, M.D., F.A.C.P.  
Associate Regional Dean for Medical Curriculum, University of Miami Miller School of Medicine | MH-115 |

The Human(ities) Connection | 7
3:05 pm  BREAKOUT SESSIONS
Panel Discussion
Creativity Throughout Medical Careers
Waugh Auditorium
Kate Hagen
MD Candidate, Mayo Clinic Alix School of Medicine
Lopa Misra, D.O.
Assistant Professor, Department of Anesthesiology and Perioperative Medicine, Mayo Clinic
Jacques Heppell, MD
Professor of Surgery, College of Medicine, Mayo Clinic

Paper Presentations  MH-212
Authentic stories as curricular tools promoting wellness: preliminary results from a pilot study
Jon Sussman, BA
MD Candidate, Mayo Clinic Alix School of Medicine
Christian Rosenow, BS
MD Candidate, Mayo Clinic Alix School of Medicine
Cynthia Stonnington, MD
Associate Professor of Psychiatry, College of Medicine, Mayo Clinic

Utilization of Poetry in a Physical Therapy Education Program to Explore Pain and Develop Empathy
Stacia Troshynski Brown, PT, DPT
Clinical Assistant Professor, Physical Therapy and Rehabilitation Science, University of Kansas Medical Center

Integration of actor training methods and improvisation into an appreciation of patient centered communication for Physical Therapy students
Salome Brooks, PT, EdD, MBA, MA
Associate Professor, Physical Therapy Department, Springfield College
Martin Shell, MFA
Chair and Professor of Theatre Arts, Department of Visual and Performing Arts, Springfield College

Paper/Workshop  MH-115
Navigating Uncertainty: Tools creative engagement can offer patients, caregivers and healthcare providers
Tessa Windt, MFA
Teaching Artist

The Healer's Journey: Re-envisioning Why We Became Healers
David Kopacz, MD
Staff Psychiatrist, Whole Health Education Champion, National VA Office of Patient Centered Care & Cultural Transformation; Clinical Assistant Professor, University of Washington

4:15 pm  POSTER VIEWING/BREAK

4:30 pm  CLOSING
Featuring:
Lyra
Allen Ames, violin, violyra
Maryanne Kremer-Ames, guitar

5:00 pm  ADJOURN