Endocrine Update 2021 - Livestream

March 1-5, 2021

Course Directors:
Maria L. Collazo-Clavell, M.D.
Travis J. McKenzie, M.D.
Mabel Ryder, M.D.

MONDAY, March 1, 2021

7:45 a.m. Welcome and Course Overview
Course Dedication: F. John Service, MD
Maria L. Collazo-Clavell, MD

Topic: Bone
Moderator: Bart L. Clarke, M.D.  Co Moderator: Kurt A. Kennel, M.D.

8:00 a.m. CKD and Bone Disease
Bart L. Clarke, M.D.
8:25 a.m. Speaker Q&A

8:30 a.m. The Year In Bone
Robert A. Wermers, M.D.
8:55 a.m. Speaker Q&A

9:00 a.m. Bariatric Surgery and Bone Health
Krupa B. Doshi, M.D.
9:25 a.m. Speaker Q&A

9:30 a.m. Bone Case Discussions
Presenter: Bart L. Clarke, M.D.
Panelists: Robert A. Wermers, M.D., Kurt A. Kennel, M.D., Krupa B. Doshi, M.D.

10:15 a.m. BREAK

Topic: Endocrine System Under Attack!
Moderator: Mabel Ryder, M.D.

10:30 a.m. Endocrine Complications of Childhood Malignancies
Aida N. Lteif, M.D.
10:55 a.m. Speaker Q&A

11:00 a.m. Immunotherapy and Endocrinopathies
Sarika N. Rao, D.O.
11:25 a.m. Speaker Q&A

11:30 a.m. Medications and Bone Health
Kurt A. Kennel, M.D.
11:55 a.m. Speaker Q&A

12:00 p.m. Covid-19 and Obesity: A Deadly Combination
Manpreet S. Mundi, M.D.
12:25 p.m. Speaker Q&A

12:30 p.m. ADJOURN
TUESDAY, March 2, 2021

**Topic: Obesity**  
**Moderator:** Manpreet S. Mundi, M.D.  
**Co Moderator:** Kurt A. Kennel, M.D.

8:00 a.m.  
**Endoscopic Approaches for Weight Loss and Metabolic Disease**  
Barham K. Abu Dayyeh, M.D., M.P.H.

8:25 a.m.  
**Speaker Q&A**

8:30 a.m.  
**Medications for weight loss: What to expect**  
Maria L. Collazo-Clavell, M.D.

8:55 a.m.  
**Speaker Q&A**

9:00 a.m.  
**Pediatric Obesity**  
Seema Kumar, M.D.

9:25 a.m.  
**Speaker Q&A**

9:30 a.m.  
**Obesity Case Discussions**  
Presenter: Manpreet S. Mundi, M.D.  
Panelists: Barham K. Abu Dayyeh, M.D., M.P.H., Maria L. Collazo-Clavell, M.D., Seema Kumar, M.D.

10:15 a.m.  
**BREAK**

**Topic: Gonadal Hormones and Infertility**  
**Moderator:** Alice Y. Chang, M.D.

10:30 a.m.  
**Infertility in Men**  
Sevann Helo, M.D.

10:55 a.m.  
**Speaker Q&A**

11:00 a.m.  
**Infertility in Women**  
Zaraq Khan, M.B.B.S.

11:25 a.m.  
**Speaker Q&A**

11:30 a.m.  
**PCOS**  
Alice Y. Chang, M.D.

11:55 a.m.  
**Speaker Q&A**

12:00 p.m.  
**Low Testosterone: To Treat or Not To Treat**  
Sevann Helo, M.D.

12:25 p.m.  
**Speaker Q&A**

12:30 p.m.  
**ADJOURN**
Concurrent Small Group Sessions

### CONCURRENT SMALL GROUP SESSIONS – I
(Choose 2 topics below):

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>Challenging Adrenal Cases</td>
<td>William F. Young, Jr., M.D.</td>
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<tr>
<td>Thyroid Cancer: Applying ATA Guidelines</td>
<td>Mabel Ryder, M.D.</td>
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<tr>
<td>Spectrum of Transgender Medicine: Adolescence to Adulthood</td>
<td>Aida N. Lteif, M.D.</td>
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<td>Caroline J. Davidge Pitts, M.B., B.Ch.</td>
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8:00 a.m. Concurrent Small Group Session *(refer to above table)*

9:00 a.m. Transition to next Small Group Session

9:05 a.m. Concurrent Small Group Session *(refer to above table)*

10:05 a.m. BREAK

### CONCURRENT SMALL GROUP SESSIONS – II
(Choose 2 topics below):

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>Post Bariatric Surgery Follow Up</td>
<td>Lori R. Roust, M.D.</td>
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<tr>
<td>Surgical Approaches to Adrenal Pathology: When, Why, How?</td>
<td>Travis J. McKenzie, M.D.</td>
</tr>
<tr>
<td>Atypical Osteoporosis Cases</td>
<td>Kurt A. Kennel, M.D.</td>
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</tbody>
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10:25 a.m. Concurrent Small Group Sessions *(refer to above table)*

11:25 a.m. Transition to next Small Group Session

11:30 a.m. Concurrent Small Group Sessions *(refer to above table)*

12:30 p.m. ADJOURN
THURSDAY, March 4, 2021

Topic: Pituitary
Moderator: William F. Young, Jr., M.D.
Panelists: Alice Y. Chang, M.D., Aida N. Lteif, M.D., John L. Atkinson, M.D.

8:00 a.m. Pituitary Surgery: What the Endocrinologist Needs To Know
John L. Atkinson, M.D.
8:25 a.m. Speaker Q&A

8:30 a.m. Non-Functioning Pituitary Macroadenomas: Preoperative and Postoperative Management Pearls
Alice Y. Chang, M.D.
8:55 a.m. Speaker Q&A

9:00 a.m. Hyperprolactinemia Master Class
William F. Young, Jr., M.D.
9:25 a.m. Speaker Q&A

9:30 a.m. Pituitary Case Discussions

10:15 a.m. BREAK

Topic: Thyroid
Moderator: Mabel Ryder, M.D. Co Moderator: Sarika N. Rao, D.O.

10:30 a.m. Novel Therapeutics for Graves' Ophthalmopathy
Marius N. Stan, M.D.
10:55 a.m. Speaker Q&A

11:00 a.m. At last! Selective RET Targeted Therapies for Medullary Thyroid Cancer: Whom and When?
John C. Morris, III, M.D.
11:25 a.m. Speaker Q&A

11:30 a.m. PTC: Approach To Disease in the Lateral Neck
Melanie L. Lyden, M.D.
11:55 a.m. Speaker Q&A

12:00 p.m. Thyroid Case Discussions
Melanie L. Lyden, M.D., John C. Morris, III, M.D., Marius N. Stan, M.D.
12:45 p.m. ADJOURN
FRIDAY, March 5, 2021

**Topic: Diabetes**  
**Moderator:** Adrian Vella, M.D.

8:00 a.m.  In Remembrance: F. John Service  
Maria L. Collazo-Clavell, M.D.

8:10 a.m.  Introduction: FJ Service Memorial Lecture Speaker  
Adrian Vella, M.D.

8:25 a.m.  F. John Service Memorial Lecture  
David Nathan, M.D.  
Massachusetts General Hospital

8:55 a.m.  SGLT2 inhibitors- Heart Failure Drug vs. Diabetes Drug  
Endocrinology: Vinaya. Simha, M.B.B.S., M.D.  
Cardiology: Alfredo L. Clavell, M.D.

9:45 a.m.  Question and Answer Session

9:55 a.m.  Diabetes and Covid-19  
Yogish C. Kudva, M.B.B.S.
10:20 a.m.  Speaker Q&A

10:25 a.m.  BREAK

**Topic: Diabetes**  
**Moderator:** Vinaya Simha, M.B.B.S., M.D.  
**Co Moderator:** Maria L. Collazo-Clavell, M.D.

10:35 a.m.  Bariatric surgery and insulin resistance  
Adrian Vella, M.D.
11:00 a.m.  Speaker Q&A

11:05 a.m.  Bariatric surgery and Diabetes: Changing the Paradigm  
Maria L. Collazo-Clavell, M.D.
11:30 a.m.  Speaker Q&A

11:35 a.m.  Diabetes Case Discussions  
Presenter: Vinaya Simha, M.B.B.S., M.D.  
Panelists: David Nathan, M.D., Adrian Vella, M.D., Alfredo L. Clavell, M.D., Yogish C. Kudva, M.B.B.S.

12:20 p.m.  ADJOURN