

Mayo Clinic Humanities in Medicine Symposium 2018
NOVEMBER 10-11, 2018

DAY ONE AGENDA – SATURDAY, NOVEMBER 10

*All sessions at Mayo Clinic, Cannaday Building, Kinne Auditorium
4500 San Pablo Road South, Jacksonville, Florida 32224*

Keynote Speakers – Morning Plenary Sessions – 8:30 am and 11:30 am each day
Pecha Kucha Presentations – Morning Plenary Sessions – 10:15 am each day – 5 to 6 per one hour session grouped around common themes
Presentations – Afternoon Concurrent Sessions – 3 per one hour session grouped around common themes
Workshops – Afternoon Concurrent Sessions – 1 per one hour session
Art Tour and Simulation Center Tour – Afternoon Concurrent Sessions – 1 per one hour session
Learning Lab – Ongoing – Audio/Visual Slides or E-poster presentations on mobile media viewing stations

Schedule subject to change without notice

7:30 – 8:00 am

Restorative Chair Yoga

7:30 – 8:30 am

Registration / Breakfast

Kinne Auditorium Lobby

8:00 – 8:30 am

Welcome and Introductions

Kinne Auditorium

Stephen D. Trigg, MD

Chrys Yates

8:30 – 10:00 am

Keynote Speakers and Plenary Conversation

Kinne Auditorium

- **Medical Humanities: A Case for Arts and Creativity in Medicine**
Shehzad K. Niazi, MD, FRCPC
Assistant Professor of Psychiatry, Mayo Clinic College of Medicine, Jacksonville, FL
- **The Arts and Community Health**
Jill Sonke
Director, University of Florida, Center for Arts in Medicine
Assistant Director, UF Health Shands Arts in Medicine, Gainesville, FL

10:00 – 10:15 am

Break

10:15 – 11:15 am

Pecha Kucha Presentations and Plenary Conversation

Kinne Auditorium

- **Medicine in the Movies: Visualizing the Illness Experience**
Bronwyn Scott, BS/BSA, Medical Student, Stanford University School of Medicine

- **Inside OCD: The Benefits of Community Storytelling for Individuals With OCD**
Jeffrey Pufahl, MFA, BMus, Lecturer, Center for Arts in Medicine, University of Florida, Gainesville, FL
- **Journey Through Health: Creating a Community of Care Through Art**
Kacper Niburski, MA, McGill Medicine, Montreal, Quebec, Canada
- **Medical Education and the Art of Seeing Humanity**
Diana Shao, Medical Student, The Ohio State University School of Medicine
- **Art in My Medical Practice**
Steven Gellman, MD, FAAFP, MFA, Adjunct Faculty, Texas Southwestern Medical School
Dallas, TX

11:15 – 11:30 am

Break

11:30 am – 12:30 pm

Keynote Speaker and Plenary Conversation

Kinne Auditorium

- **Storytelling in Medicine: The Passion and the Peril**
Danielle Ofri, MD, PhD, is an internist at Bellevue Hospital and NYU School of Medicine, as well as editor-in-chief of the *Bellevue Literary Review*. She writes regularly for the *New York Times*, *Slate Magazine* and other publications about medicine and the doctor-patient relationship. Dr. Ofri is the author of five books, including, most recently, “What Patients Say; What Doctors Hear.”

Why do doctors need stories? Why do so many of our medical journals publish stories in their otherwise statistically significant pages? To be skilled clinicians, we must be able to interpret our patient’s metaphors. If we insist on thinking concretely, we’ll miss out on the many layers of meaning, not to mention the diagnosis. This presentation probes the most fundamental aspect of medical care—how doctors and patients connect through listening, story, and metaphor.

12:30 – 1:30 pm

Lunch / Performance / Book Signing

Kinne Auditorium and Lobby

1:30 – 1:45 pm

Break

1:45 – 2:45 pm

Presentations -or- Workshop -or- Art Tour

Presentations

- **Digital Health, Health Humanities and Barriers to Care: Integrating Arts, Humanities and Technology to Understand Health Disparities**
Courtney Donovan, PhD, Associate Professor, San Francisco State University, San Francisco, CA
- **Improving African American Health Outcomes Through African American Literature**
Aaron Oforlea, PhD, Washington State University, Department of English, Pullman WA

- **Health, Healing and Humanities: Exploring the Role of a Human Curriculum in Primary Care Residency Program**
Rahul Kashyap, MBBS, Research Scientist, Assistant Professor of Anesthesiology, Mayo Clinic College of Medicine, Rochester, MN
Johanna Rian, PhD, Program Director, Mayo Clinic Dolores Jean Lavins Center for Humanities in Medicine, Rochester, MN
Chrysanthe Yates, Program Director, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine, Jacksonville, FL

Workshop

- **Reconnecting Medical Students (and Western Medicine) to an Understanding of Healing Contact with Nature**
Nina Stoyan-Rosenzweig, PhD, Senior Associate in Libraries, Health Science Center Libraries, Director, Medical Humanities, University of Florida College of Medicine, Gainesville, FL

Art Tour

Kinne Auditorium Lobby

- Docent led walking art tour of Mayo Clinic art collection and sculpture garden (5 art stops)

2:45 – 3:00 pm

Break

3:00 – 4:00 pm

Presentations -or- Workshops

Presentations

- **Wrestling with Mental Health Disorders: Martial Arts as an Active and Therapeutic Psychosocial Intervention in Inner Cities**
Konstantinos Koutsoumpas, PhD Candidate, School for Global Inclusion and Social Development, University of Massachusetts, Boston, MA
- **Individualized Piano Instruction for Improving Cognition in Breast Cancer Survivors**
Debbie Anglade, PhD, RN, MSN, LHRM, CPHQ, CCM
Assistant Professor of Clinical, University of Miami School of Nursing and Health Studies, Coral Gables, FL
Marlen Rodriguez-Wolfe, MM, MT-BC, Director, Latin American Music Therapy Network, Sylvester Comprehensive Cancer Center, Querétaro, Mexico
- **Live Music as a Patient Satisfier**
William Dawson, Bachelor of Education, Musician in Residence & Semans/Byrd Performing Arts Coordinator, Arts & Health at Duke, Duke University Hospital, Durham, NC

Workshop 1

- **Standing in My Shoes**
Valeri Lantz-Gefroh, MFA, Associate Professor of Practice, Improvisation Program Leader Alan Alda Center for Communicating Science, Stony Brook University, Consulting Artistic Director, TCU and UNTHSC School of Medicine, Fort Worth, TX

Workshop 2

- **Horticultural Therapy (HT) and Capacity Training: A Humanistic Approach to Minimally Disruptive Care**

Abd Moain (Moain) Abu Dabrh, MB, BCh, MS, Assistant Professor of Family Medicine, Mayo Clinic College of Medicine, Jacksonville, FL

Edward (Trey) Wilson, DDS, private practice of dentistry, horticulturalist, New York, NY

4:00 – 4:15 pm

Break

4:15 – 5:15 pm

Presentations -or- Workshop

Presentations

- **The Art of Attending: An Arts Based Inter-Professional Training Series for Health Science Graduate Students and Practitioners**
Dolores Coe, MFA, MA, LMHC, Artist/Educator, Curator, USF Art in Health Programs Institute for Research in Art & Contemporary Art Museum, University of South Florida, Tampa, FL
- **The Human Element: An Introduction to Medical Humanities for First Year Medical Students, or “This selective saved me in ways I didn’t think I needed saving”**
Johanna Rian, PhD, Program Director, Mayo Clinic Dolores Jean Lavins Center for Humanities in Medicine, Rochester, MN
Paul Scanlon, MD, Medical Director, Mayo Clinic Dolores Jean Lavins Center for Humanities in Medicine, Rochester, MN
Ali Zuckerman, Intern, Mayo Clinic Dolores Jean Lavins Center for Humanities in Medicine, Rochester, MN
- **Skilled Observation and Creative Reasoning in Art and Science**
Paul Solomon, BFA, Rhode Island School of Design, MFA, The Ohio State University, Associate Professor, Gwen Frostic School of Art, Adjunct Community Associate Professor, Program in Medical Ethics, Humanities, and Law, Homer Stryker MD, School of Medicine, Western Michigan University, Kalamazoo, MI

Workshop

- **A Social Dance Intervention to Nourish Sustainable Quality of Life Outlook in Geriatric Oncology Patients**

Luis Alberto Aguilar Montalvan, MS2 at the Sidney Kimmel Medical College, Philadelphia, PA

5:30 – 7:00 pm

Dinner reception / Music / Presentation

Mangurian Building, Ground Floor Atrium

DAY TWO AGENDA – SUNDAY, NOVEMBER 11

*All sessions at Mayo Clinic, Cannaday Building, Kinne Auditorium
4500 San Pablo Road South, Jacksonville, Florida 32224*

Keynote Speakers – Morning Plenary Sessions – 8:30 am and 11:30 am each day
Pecha Kucha Presentations – Morning Plenary Sessions – 10:15 am each day – 5 to 6 per one hour session grouped around common themes
Presentations – Afternoon Concurrent Sessions – 3 per one hour session grouped around common themes
Workshops – Afternoon Concurrent Sessions – 1 per one hour session
Art Tour and Simulation Center Tour – Afternoon Concurrent Sessions – 1 per one hour session
Learning Lab – Ongoing – Audio/Visual Slides or E-poster presentations on mobile media viewing stations

Schedule subject to change without notice

7:30 – 8:30 am

Registration / Breakfast

Kinne Auditorium Lobby

8:00 – 8:30 am

Welcome and Introductions

Kinne Auditorium

Stephen D. Trigg, M.D.

Chrys Yates

8:30 – 10:00 am

Keynote Speakers and Plenary Conversation

Kinne Auditorium

- **The Joy of Medicine**
Robert P. Shannon, M.D., FAAHPM
Assistant Professor of Family & Palliative Medicine, Mayo Clinic College of Medicine, Jacksonville, FL
- **Connecting to Self and Others Through the Humanities**
Hope McMath, BFA, MAT, Jacksonville University
Director, Yellow House, Jacksonville, FL. Yellow House is an organization with a mission of connecting art and community to build understanding, inspire empathy, and spark civic engagement. A place where art + action creates change.

10:00 – 10:15 am

Break

10:15 – 11:15 am

Pecha Kucha Presentations and Plenary Conversation

Kinne Auditorium

- **SUPERPOWERS: The Healing Power of Thermography**
Linda Alterwitz, MFA, Interdisciplinary Visual Artist, Las Vegas, NV

- **De-stigmatizing Mental Illness through Graphic Medicine**
A. Megumi Tsuda, Medical Student, Sidney Kimmel Medical College (Jefferson Medical College), Philadelphia, PA
- **Using art therapy in early education to cultivate resiliency and mental well-being with Latino Farmworker children**
Theresa Van Lith, Ph.D., PhD, ATR-BC, AThR, Assistant Professor in Art Therapy, Department of Art Education, Florida State University, Tallahassee, FL
Angela Quintero, MS, Graduate Research Assistant, Department of Art Education, Florida State University, Tallahassee, FL
- **You CAN Take it With You**
Rachel Balaban, Adjunct Lecturer, Brown University Department of Theatre Arts and Performance Studies, Co-Founder: Artists and Scientists as Partners (ASaP), Brown University, Providence, RI
- **Synaptic Sound: The Neurobiology of the Humanities**
Philip W. Tipton, MD, Neurology Resident, Mayo Clinic, Jacksonville, FL
Chrysanthe Yates, Program Director, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine, Jacksonville, FL
- **Investigating the Effects of Health Humanities Programming on Allied Health Learners**
Katherine Kough, MAdmin, Program Director, Mayo Clinic Center for Humanities in Medicine, Phoenix, Scottsdale, AZ
Lisa Marks, MLS, AHIP, Director, Library Services, Assistant Professor, Medical Education, Mayo Clinic, Phoenix, Scottsdale, AZ
Bella Panchmatia, MS, RN, Operations Manager, Mayo Clinic School of Health Sciences, Instructor Nursing, Mayo Clinic, Phoenix, Scottsdale, AZ

11:15 – 11:30 am

Break

11:30 am – 12:30 pm

Keynote Speaker and Plenary Conversation

Kinne Auditorium

- **Music and Medicine: George Gershwin**
Richard Kogan, MD, Clinical Professor of Psychiatry at Weill Cornell Medical College, Artistic Director of the Weill Cornell Music and Medicine Program, Co-Director of Weill Cornell's Human Sexuality Program. Dr. Kogan is a graduate of the Juilliard School of Music and Harvard Medical School. With a distinguished career both as a concert pianist and psychiatrist, he has a private practice of psychiatry in New York City.

In this performance and lecture, Dr. Kogan will explore the role of music in healing and the influence of psychological factors and psychiatric and medical illness on the creative output of composer George Gershwin.

12:30 – 1:30 pm

Lunch / Performance

Kinne Auditorium and Lobby

1:30 – 1:45 pm

Break

1:45 – 2:45 pm

Presentations -or- Workshop -or- Tours

Presentations

- **Creative Arts for Patients with Epilepsy and Migraine**
Lara K. Ronan, MD, Associate Professor of Neurology and Medicine, Geisel School of Medicine Dartmouth College, Department of Neurology, Dartmouth-Hitchcock Medical Center, Lebanon, NH
- **Communities on Call: A Call to Action for Florida Museums to Embrace Military and Veteran Focused Arts Programs**
Heather Spooner, MA, ATR-BC, Assistant Scholar, University of Florida Center for Arts in Medicine, Board Certified Arts Therapist, Malcom Randall VA Medical Center
- **Exhibiting Art and Engaging Medical Understanding**
Eric J. Segal, PhD (Art History), Director of Education and Curator of Academic Programs, Harn Museum of Art at the University of Florida, Gainesville, FL
Sandra Murphy-Pak, BFA, MA, Artist, Art Educator, ALS Patient, Gainesville, FL

Workshop

- **The Compassionate Practice**
Evonne Kaplan-Liss, MD, MPH, Assistant Dean of Narrative Reflection & Patient Communication, Professor of Medical Education, TCU and UNTHSC School of Medicine, Fort Worth, TX
Valeri Lantz-Gefroh, MFA, Associate Professor of Practice, Improvisation Program Leader Alan Alda Center for Communicating Science, Stony Brook University, Consulting Artistic Director, TCU and UNTHSC School of Medicine, Fort Worth, TX
Chase Crossno, Assistant Artistic Director, Assistant Professor of Medical Education, TCU and UNTHSC School of Medicine, Fort Worth, TX

Simulation Center Tour

Kinne Auditorium Lobby

- Guided tour of Simulation Center

2:45 – 3:00 pm

Break

3:00 – 4:00 pm

Presentations -or- Workshop

Presentations

- **Geriatric Inclusive Art as a Promoter of Wellbeing: A Pilot Program**
Kacper Niburski, MA, McGill Medicine, Montreal, Quebec, Canada
- **Art of Aging Curriculum Impact of Oral History in Geriatric Medical Education**
Mallory Otto, MD, Assistant Professor, Program Director of Geriatric Medicine Education Section, Geriatric Medicine Clerkship Director, Division of Geriatric Medicine, Department of Aging and Geriatric Research, University of Florida College of Medicine, Gainesville, FL
Nina Stoyan-Rosenzweig, PhD, Senior Associate in Libraries, Health Science Center Libraries, Director, Medical Humanities, University of Florida College of Medicine, Gainesville, FL

Workshop

- **An Art Therapy Pilot: Treating Adolescent Pain in the Pediatric ED**
Suzanne Bifano, MPS, ATR-BC, LCAT, MS Ed, Licensed Creative Arts Therapist,
New York-Presbyterian/Morgan Stanley Children's Hospital at Columbia Medical Center,
New York, NY

Art Tour

Kinne Auditorium Lobby

- Docent led walking tour of Art Collection and Sculpture Garden (5 art stops)

4:00 – 4:15 pm

Break

4:15 – 5:15 pm

Presentations -or- Workshop

Presentations

- **The PPE Portrait Project Inside the (other) White Cake: A Care for "Social Practice" Art in Medicine**
Mary Beth Hefferman, MFA, Professor, Sculpture, Photography, and Interdisciplinary Arts,
Art and Art History Department, Occidental College, Los Angeles, CA
- **How Care is Related to Life Itself: The Role of Vigilance in Mother and Son from Alexander Sokurov**
Gloria da Alinho dos Santos, PhD, Researcher, member of the Research Group AMERIBER
(EA 3656 Amérique Latine, Pays Ibériques) Iberian, Latin American, Mediterranean
Studies, University Bordeaux Montaigne, Bordeaux, France
- **The Arts in Healthcare- An International Perspective**
Caitlin Doherty, MA (Art History), MLitt (Museum and Gallery Studies), University of St.
Andrews, Scotland, Executive Director, Museum of Contemporary Art, Jacksonville, FL

Workshop 1

- **Anatomy of Fear: A Workshop for Medicine Interns Addressing Fear in the Clinical Encounter**
Susanne Bifano, MPS, ATR-BC, LCAT, MS Ed, Licensed Creative Arts Therapist,
New York-Presbyterian/Morgan Stanley Children's Hospital at Columbia Medical Center,
New York, NY
Thomas Dooley, MFA, Poet-in-Residence, New York-Presbyterian/Morgan Stanley
Children's Hospital at Columbia Medical Center, New York, NY

Workshop 2

- **Healing Ourselves: Writing to Care for the Person Within**
Jennifer Wolfe, MS, Journalism, Columbia University Graduate School of Journalism,
Owner, Women Writing for (a) Change, Jacksonville, FL

5:30 – 6:30 pm

Closing reception / Music / Dinner on your own

Cannaday Building, Coggin Atrium