Psychiatry Board Review - Online

**Activity Description**
The Psychiatry Board Review course is unlike any other psychiatry board review course. It is aimed at graduating residents and psychiatrists who are certifying or re-certifying for their American Board of Psychiatry and Neurology (ABPN) boards – as well as psychiatrists looking to increase their overall fund of knowledge. Unlike question banks and online topic reviews, this course intentionally integrates self-assessments, focused lectures, and repeated quizzes.

**Target Audience**
This course is designed for physicians, psychologists, residents, and fellows who are preparing for the psychiatry board examination.

**Learning Objectives***
Upon conclusion of this activity, participants should be able to:

- Articulate evidence-based treatment strategies for common and rare psychiatric illnesses.
- Identify areas of relative knowledge deficit relative to a peer group of psychiatrists.
- Use clinical reasoning and judgment to safety and effectively make clinical decisions based on best medical evidence.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

**Accreditation Statement***
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Statement(s)***

**AMA**
Mayo Clinic College of Medicine and Science designates this online activity for a maximum of 25.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ABPN**
The American Board of Psychiatry and Neurology has reviewed the Mayo Clinic Psychiatry Board Review course and has approved this program as part of the Maintenance of Certification Self-Assessment (SA) Program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

This activity awards up to 25.50 Category 1 CME and 72 Self-assessment credits (consisting of three exams; each exam awarding 24 SA credits). The approval period is June 1, 2020 – May 31, 2023.

**Disclosure Summary***
As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.
**Financial relationship(s):**

<table>
<thead>
<tr>
<th>Name</th>
<th>Nature of Relationship</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>William V. Bobo, M.D., M.P.H.</td>
<td>Other</td>
<td>Royalties from contributed chapters for UpToDate; research sponsored by NIMH, AHRQ, Mayo Foundation</td>
</tr>
<tr>
<td>Paul E. Croarkin, D.O., M.S.</td>
<td>Consultant, Grant/Research Support</td>
<td>Proctor and Gamble and Company NeuroStar Advanced Therapy, NeoSync, Inc. AssureRx Clinical TMS Society (Current President and Board of Directors)</td>
</tr>
</tbody>
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**No Financial relationship(s):**

<table>
<thead>
<tr>
<th>Name</th>
<th>Manhgaer/Provider</th>
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<tbody>
<tr>
<td>Catherine E. Arnold Fiebelkorn, M.D.</td>
<td>Brian A. Palmer, M.D., M.P.H.</td>
</tr>
<tr>
<td>Mohit Chauhan, M.B.B.S.</td>
<td>Julia Shekunov, M.D.</td>
</tr>
<tr>
<td>Melanie T. Gentry, M.D.</td>
<td>Derek W. Stitt, M.D.</td>
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<tr>
<td>Shannon M. Halvorson</td>
<td>Cosima C. Swintak, M.D.</td>
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<tr>
<td>Dorinda L. Johnson</td>
<td>Paul E. Youssef, D.O.</td>
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<tr>
<td>Bhanuprakash (Bhanu) Kolla, M.D.</td>
<td>Nicholas (Nick) L. Zalewski, M.D.</td>
</tr>
<tr>
<td>Robert (Rob) J. Morgan, III, M.D., Ph.D.</td>
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**Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Manufacturer/Provider</th>
<th>Product/Device</th>
</tr>
</thead>
<tbody>
<tr>
<td>William V. Bobo, M.D., M.P.H.</td>
<td>Multiple</td>
<td>Antidepressants and ketamine for bipolar depression; cariprazine for bipolar depression; carbamazepine for bipolar depression; lithium, quetiapine, and lamotrigine for bipolar II depression</td>
</tr>
<tr>
<td>Mohit Chauhan, M.B.B.S.</td>
<td>Various</td>
<td>SSRI, SNRI, Prazosin</td>
</tr>
<tr>
<td>Melanie T. Gentry, M.D.</td>
<td>Multiple</td>
<td>Off label medications in anxiety disorders including;, aripiprazole, risperidone, memantine, quetiapine, topiramate, amisulpride, celecoxib, granisetron, haloperidol, IV ketamine, mirtazapine, N-acetylcysteine, olanzapine, ondansetron, pindolol, pregabalin, riluzole, ziprasidone, gabapentin, reboxetine, lamotrigine, milnacipran, phenelzine, trancylepromine, buproprion, divalprox</td>
</tr>
<tr>
<td>Robert (Rob) J. Morgan, III, M.D., Ph.D.</td>
<td>Various</td>
<td>Medications for delirium management</td>
</tr>
</tbody>
</table>

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) and staff, please go here to [review disclosures](#).

**Mayo Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.
Prerequisites for Participation
There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit
To obtain credit, complete the post-test, evaluation and submit.

Method of Participation
Participation in this activity consists of reviewing the webcast and completing the post-test and evaluation.

Release and Expiration Dates*
Release Date: June 1, 2020
Expiration Date: May 31, 2023

Acknowledgement of Commercial Support (required when applicable*)
No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials
Course Director(s)
William V. Bobo, M.D., M.P.H.
Paul E. Croarkin, D.O., M.S.

Faculty(s)
Catherine E. Arnold Fiebelkorn, M.D.
Mohit Chauhan, M.B.B.S.
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