Thursday, October 6, 2016

7:00 a.m. Continental Breakfast and Registration

8:00 – 8:15 Introduction, Schedule Review, Pre-test  
_Brian A. Palmer, MD, MPH_

8:15 – 8:35 The Construct of Depression: What Matters and Why?  
_William V. Bobo, MD, MPH_

8:35 – 9:15 Principles for the Treatment of Unipolar Depression  
_John M. Zajecka, MD_

9:15 – 9:40 Treatment of Bipolar Depression  
_Mark A. Frye, MD_

9:40 – 10:00 Questions and Answers  
_Drs. Bobo, Frye, and Zajecka (Moderator: Dr. Palmer)_

10:00 – 10:15 Coffee Break

10:15 – 10:45 Substance Use Disorder Treatment Updates  
_Bhanu Prakash Kolla, M.D._

10:45 – 11:15 Anxiety Disorder Updates  
_Katherine M. Moore, MD_

11:15 – 11:40 Borderline Personality Disorder  
_Brian A. Palmer, MD_

11:35 – 12:00 Questions and Answers  
_Drs. Kolla, Moore, and Palmer (Moderator: Dr. Frye)_

12:00 – 1:15 Lunch (on your own)

1:15 – 2:45 Breakout I

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cases from the Depression Center</td>
<td>Employing Third Wave Psychotherapy Principles in Practice</td>
<td>Mistakes (Opportunities) in the Treatment of Borderline Personality Disorder</td>
<td>Biological Treatment of Substance Use Disorders</td>
<td>High Yield Child Psychiatry for the Adult Psychiatrist and Primary Care Physician: Management of the Aggressive Child</td>
</tr>
</tbody>
</table>
2:45 – 3:00 Coffee Break
3:00 – 4:30 Breakout II

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cases from the Depression Center</td>
<td>Employing Third Wave Psychotherapy</td>
<td>Mistakes (Opportunities) in the</td>
<td>Biological Treatment of Substance Use</td>
<td>High Yield Child</td>
</tr>
<tr>
<td></td>
<td>Principles in Practice</td>
<td>Treatment of Borderline Personality</td>
<td>Disorders</td>
<td>Psychiatry for the Adult Psychiatrist</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Disorder</td>
<td></td>
<td>and Primary Care Physician:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Management of the Aggressive Child</td>
</tr>
<tr>
<td>John M. Zajecka, M.D.</td>
<td>Kristin Vickers Douglas, Ph.D., ABPP</td>
<td>Brian A. Palmer, M.D.</td>
<td>Bhanu Prakash Kolla, M.D.</td>
<td>Alastair J. S. McKean, M.D. and</td>
</tr>
<tr>
<td>&amp; Mark A. Frye, M.D.</td>
<td></td>
<td></td>
<td></td>
<td>Cosima Swintak, MD</td>
</tr>
</tbody>
</table>

4:30 – 5:30 Wine and Hors d’oeuvres Reception for Attendees and Faculty
Guests welcome for additional fee

Friday, October 7, 2016

7:00 a.m. Continental Breakfast and Registration
8:00 – 8:40 Acute and long-term psychotic disorder treatment
Rona J. Hu, MD

8:40 – 9:00 High Yield Pharmacokinetic and Pharmacodynamic Pearls
Jonathan Leung, Pharm.D.

9:00 – 9:15 Metabolic Effect Monitoring and Treatment
Chris Wittich, MD, Pharm.D.

9:15 – 9:40 Mania Matters
Mark A. Frye, MD

9:40 – 10:00 Questions and Answers
Drs. Hu, Leung, Wittich, and Frye (moderator: Dr. Palmer)

10:00 – 10:15 Coffee Break
10:15 – 10:25 Case Presentation
Kristin Vickers Douglas, Ph.D., ABPP

10:25 – 10:50 Menopause and Depression
William V. Bobo, MD, MPH

10:50-11:05 What’s the Current Thinking on Hormone Replacement
Christopher M. Wittich, MD
10:50 – 11:15  Perinatal Depression
  *Katherine M. Moore, MD*

11:15 – 11:40  Adult ADHD
  *J. Michael Bostwick, MD*

11:40 – 12:00  Questions and Answers
  *Drs. Vickers-Douglas, Bobo, Wittich, Moore, and Bostwick (moderator: Dr. Frye)*

12:00 – 1:15  Lunch (on your own)

1:15 – 2:45  Breakout I

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perinatal Psychiatry: Beyond the Basics</td>
<td>Neurology Pearls for Psychiatrists</td>
<td>Psychosis: Cases in Acute Stabilization and Long-Term Management</td>
<td>Becoming a Better Medical Educator</td>
<td>Suicide: Role of Narrative and Brief Interventions</td>
</tr>
<tr>
<td>William V. Bobo, MD, MPH and Katherine M. Moore, MD</td>
<td>Scott D. Eggers, MD</td>
<td>Rona J. Hu, MD, and Jonathan G. Leung, PharmD</td>
<td>Joan M. Anzia, MD and Cosima Swintak, MD</td>
<td>J. Michael Bostwick, MD, and Brian A. Palmer, MD, MPH</td>
</tr>
</tbody>
</table>

2:45 – 3:00  Coffee Break

3:00 – 4:30  Breakout II

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perinatal Psychiatry: Beyond the Basics</td>
<td>Neurology Pearls for Psychiatrists</td>
<td>Psychosis: Cases in Acute Stabilization and Long-Term Management</td>
<td>Becoming a Better Medical Educator</td>
<td>Suicide: Role of Narrative and Brief Interventions</td>
</tr>
<tr>
<td>William V. Bobo, MD, MPH and Katherine M. Moore, MD</td>
<td>Scott D. Eggers, MD</td>
<td>Rona J. Hu, MD, and Jonathan G. Leung, PharmD</td>
<td>Joan M. Anzia, MD and Cosima Swintak, MD</td>
<td>J. Michael Bostwick, MD, and Brian A. Palmer, MD, MPH</td>
</tr>
</tbody>
</table>

4:30 p.m.  Adjourn

7:30 p.m.  Architecture River Cruise: Friday, October 7, 2016 (Optional)
  (additional registration required)

**Saturday, October 8, 2016**

7:00 a.m.  Continental Breakfast and Registration

8:00 – 8:35  The Most Important Psychiatry Papers in the Past Year
  *Robert J. Morgan, III, M.D., Ph.D.*

8:35 – 9:10  Cases in Psychosomatic Medicine
Robert Bright, MD

9:10 – 9:40  Population Approaches to Depression  
David J. Katzelnick M.D.

9:40 – 10:00  Questions and Answers  
Drs. Morgan, Bright, and Katzelnick (Moderator: Dr. Palmer)

10:00 – 10:15  Coffee Break

10:15 – 10:50  What Everyone Should Know about Sleep  
R. Robert Auger, MD

10:50 – 11:25  Treatment of Somatic Symptom Disorders  
Jeffrey P. Staab, MD

11:25 – 11:45  Questions and Answers  
Drs. Staab and Auger (Moderator: Dr. Vickers Douglas)

11:45 – 12:00  Course Post-Test and Evaluation  
Brian A. Palmer, MD

12:00-1:15  Lunch (on your own)

1:15-2:45  Breakout I

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>Somatic Symptom Disorders: Cases and Approaches</td>
<td>Psychiatry and Behavioral Health in Primary Care</td>
<td>Sleep Disorders: Beyond the Basics</td>
</tr>
<tr>
<td>Jeffrey P. Staab, MD</td>
<td>David J. Katzelnick, MD and Kristin Vickers Douglas, Ph.D., ABPP</td>
<td>R. Robert Auger, MD</td>
</tr>
</tbody>
</table>

2:45 p.m.  Adjourn