Mayo School of Continuous Professional Development

27th Annual

Selected Topics in Internal Medicine

January 26-30, 2015

The Ritz-Carlton
Kapalua, Maui, Hawaii

ABIM MOC, AAFP SAM, & Pain Medicine
Pre-Course Sessions available: Sunday, January 25, 2015

REGISTER ONLINE NOW!
www.mayo.edu/cme/STIM2015
Course Description
Selected Topics in Internal Medicine is a postgraduate course designed to update general internists, internist-subspecialists, family medicine specialists, and other primary health care providers on selected internal medicine topics. Some of the most common problems encountered in clinical practice will be represented. The focus will be on clinical pearls and practice updates. Presentations will be made by experts from various disciplines in internal medicine. Faculty members will be available during breaks to answer questions and to discuss cases with course participants.

Course Learning Objectives
Upon conclusion of this program, participants should be able to:

• Summarize recent updates, clinical studies, and new guidelines that impact practice in general medicine.
• Describe the indications and major adverse effects of newly FDA approved medications that are applicable to a general medicine practice.
• List the indications, complications, and technique for intra-articular steroid injections.
• Review common clinical pearls in the areas of general internal medicine, gastroenterology, infectious diseases, endocrinology, rheumatology, dermatology, cardiology, pulmonology.
• Employ the skills necessary to perform minor dermatologic procedures, injections, point of care ultrasound, read pulmonary function tests, sleep studies, and ecgs.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Intended Audience
The target audience includes general internists, internal medicine subspecialists, family medicine physicians, and other primary healthcare providers.

Credit
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 24.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other Health Care Professionals
A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Date and Location
The 27th Annual Selected Topics in Internal Medicine course will be held January 26-30, 2015. Course headquarters will be located at The Ritz-Carlton, 1 Ritz-Carlton Drive, Kapalua, Maui, Hawaii. Registration will begin Monday, January 26, 2015, at 6:00 a.m.

Separate registration for the pre-course sessions will be on Sunday, January 25, 2015.

Registration
To register online, visit our www.mayo.edu/cme/STIM2015, or complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments.

Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.
For additional information, contact:
Mayo School of Continuous Professional Development
Plummer 2-60
200 First Street SW
Rochester, MN  55905
Website: www.mayo.edu/cme
E-mail:  cme@mayo.edu
Phone: 800-323-2688 or 507-284-2509
Fax: 507-284-0532

Travel
The Ritz-Carlton, Kapalua is situated in Kapalua Resort on the northwestern tip of the island of Maui, on 50 acres amidst a 23,000 acre pineapple plantation. The resort is 45 minutes from the Kahului Airport (OGG) and five minutes from the Kapalua Airport, which services interisland flights only.

Travel arrangements are the sole responsibility of the individual registrant.

Lodging Accommodations
Explore beautiful white-sand beaches, mountain springs and captivating surroundings that make up this island paradise. This legendary hotel is located on the western edge of the island, a paradise Hawaiians call the “Island of the Sun.” Kapalua can be loosely translated as “arms embracing the sea,” which refers to the Maui resort’s dramatic lava peninsulas.

For additional Maui, Lahaina, or Kapalua destination information, please contact the luxury Maui resort’s concierge upon arrival.

The Hawaii Visitors & Convention Bureau web site, www.gohawaii.com, offers more information on all of the Hawaiian Islands or call 800-Go Hawaii (toll-free).

The Ritz-Carlton, Kapalua extends the following group rates per room per night to course participants and their families:

Terrace Room: $229
Deluxe Room: $279
Deluxe Ocean View: $319
Residential Garden View Suite: $359

Group rates will apply three days prior and post the course dates upon availability. A daily resort fee of $15 (including tax), per room, per night, provides the following:

• High-speed wireless internet access
• Local telephone calls, toll-free telephone access
• Preferred and discounted tee times and green fees
• Aloha Friday’s festivities, cultural history tours, arts & crafts
• Resort charging privileges at select shops and restaurants
• Resort shuttle services (Kapalua Resort & Kapalua Airport only)
• Access to tennis courts
• Coffee In-Room

All room rates are per room, per night, based upon single or double occupancy. Rates are subject to the Hawaii state taxes of 13.416%, which includes the Hawaii state general excise tax of 4.166%. All rates are subject to availability and may change without notice. Connecting bedrooms may be available for certain suites at the published rate, depending upon room category.

To make your reservation, call the hotel at 800-241-3333 or 800-262-8440 (toll-free) or book online at: https://resweb.passkey.com/go/Mayoselectedtopics

To ensure accommodations and the discounted rate, please make your reservation by January 2, 2015, and identify yourself as a participant of the Mayo Clinic Selected Topics in Internal Medicine course. Due to the popularity of this course, early reservations are encouraged.

Lodging arrangements are the sole responsibility of the individual registrant.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Parking
Valet parking is $30/per day. Self-parking is $18/per day.
Save the Date:
Next year’s course will be held January 25-29, 2016, at the Hilton Waikoloa Village on the Big Island of Hawaii.

Faculty
Course Director(s)
John B. Bundrick, M.D.
Division of General Internal Medicine, Section of Medical Education
Mayo Clinic College of Medicine

Karen F. Mauck, M.D., M.Sc.
Division of General Internal Medicine, Section of Medical Education
Mayo Clinic College of Medicine

Distinguished Mayo Clinic faculty from multiple specialties including gastroenterology, cardiology, neurology, endocrinology, internal medicine, family practice and in-patient internal medicine will participate in this program.

National Physician Payment Transparency Program
Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

Cancellation Policy
If you cancel your participation in this course, your registration fee, less a $75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before January 12, 2015 (www.mayo.edu/cme or fax#: 507-284-0532). No refunds will be made on or after January 12, 2015. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Pre-Course Sessions
Pre-course sessions available Sunday, January 25, 2015

Choose from:
• ABFM SAMs Module: Mental Health in the Community
• Opioid Management for the Non-Pain Physician
• ABIM SEP Module: 2014 Update in Internal Medicine
• ABIM SEP Module: 2014 Update in Hospital Medicine

PROGRAM
SUNDAY, January 25, 2015
PRE COURSE SESSIONS

Option 1
ABFM SAMs Module: Mental Health in the Community
7:00 a.m.  Module
9:30 a.m.  Break
9:45 a.m.  Continue Module
12:15 p.m.  Adjourn

Option 2
ABIM SEP Modules
2014 Update in Internal Medicine
7:00 a.m.  Module Begins
9:30 a.m.  Adjourn

2014 Update in Hospital Medicine
9:45 a.m.  Module Begins
12:15 p.m.  Adjourn

Option 3
Opioid Management for the Non-Pain Physician
1:30 p.m.  Session Begins
3:30 p.m.  Break
3:45 p.m.  Session Continues
5:30 p.m.  Adjourn
REGULAR PROGRAM SESSIONS

MONDAY, January 26, 2015

6:00 a.m.   Registration and Continental Breakfast
7:00 a.m.   Welcome and Course Overview
7:15 a.m.    Cases in Lipid Management
7:45 a.m.   Drug Update: 2015
8:15 a.m.   Valvular Heart Disease Update
8:45 a.m.   Anxiety Disorders: Diagnosis and Effective Treatment
9:15 a.m.   Question & Answer Session
9:30 a.m.   Refreshment Break
9:45 a.m.   Navigating Nutrition Issues in Your Practice
10:15 a.m.  Update in General Internal Medicine: Practice Changing Articles from 2015
10:45 a.m.  Tips and Tricks from the Expert: Chronic Abdominal Pain and Irritable Bowel Syndrome
11:15 a.m.  Cases in Chronic Migraine Headache
11:45 a.m.  Question & Answer Session
12:00 p.m. Complete Evaluations/Adjourn

TUESDAY, January 27, 2015

6:00 a.m.   Continental Breakfast
6:30 a.m.   Breakfast Curbside with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (Optional session)
7:00 a.m.   Management of the Menopausal Woman: Cases from the Women’s Health Clinic
7:30 a.m.   What’s new in Colon Cancer Screening?
8:00 a.m.   Restless Legs Syndrome
8:30 a.m.   Nicotine Dependence Update
9:00 a.m.   Question & Answer Session
9:15 a.m.   Refreshment Break
9:30 a.m.   Low Back Pain: Determining the Cause and When to Image
10:15 a.m.  Question and Answer Session
10:30 a.m.  Move to Concurrent Sessions

10:45 a.m. Concurrent Sessions/Workshops
          Option #1 Lumbar Spine Exam: Hands on Workshop (Limited Attendance)
          Option #2 Cases in Hospital Medicine
          Option #3 Cases in Gastroenterology
          Option #4 The Abnormal CBC
          Option #5 Office Dermatology Procedures: Hands on Workshop (Limited Attendance)
          Option #6 Cases in Anticoagulation
          Option #7 Fibromyalgia: Successfully Manage your Patients
          Option #8 Hospice Medicine for the Generalist
          Option #9 Commonly Encountered Psychiatric Cases
          Option #10 Cases from the Infectious Disease and Travel Clinic

12:15 p.m. Complete Evaluations/Adjourn

WEDNESDAY, January 28, 2015

6:00 a.m.   Continental Breakfast
6:30 a.m.   Breakfast Curbside with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (Optional session)
7:00 a.m.   Heart Failure for the Non-Cardiologist
7:30 a.m.   Hooked: Cases in Addiction
8:00 a.m.   Approach to the Patient with Dyspnea
8:30 a.m.   Geriatric Pearls
9:00 a.m.   Question & Answer Session
9:15 a.m.   Refreshment Break
9:30 a.m.   Palliative Care: Managing Common Symptoms at the End of Life
12:15 p.m. Complete Evaluations/Adjourn
10:30 a.m.  Question and Answer Session
10:45 a.m.  Medical Quiz Show
11:30 a.m.  Complete Evaluations/Adjourn

THURSDAY, January 29, 2015
6:00 a.m.  Continental Breakfast
6:30 a.m.  Breakfast Curbside with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (Optional session)
7:00 a.m.  Diabetes 2015
7:30 a.m.  An Approach to a Patient with Tremor
8:00 a.m.  The Cost of Cure: Long-term Cancer Treatment Complications for Generalists
8:30 a.m.  Perioperative Medicine: 2015 Update
9:00 a.m.  Question and Answer Session
9:15 a.m.  Refreshment Break
9:30 a.m.  Tickborne Illness: Who should be tested; who should be treated?
10:00 a.m.  Medical Marijuana: What Do I Need to Know?
10:30 a.m.  Question and Answer Session
10:45 a.m.  Move to Concurrent Sessions
11:00 a.m.  Concurrent Sessions/Workshops
   Option #1  Lumbar Spine Exam: Hands on Workshop (Limited Attendance)
   Option #2  Cases in Hospital Medicine
   Option #3  Cases in Gastroenterology
   Option #4  The Abnormal CBC
   Option #5  Office Dermatology Procedures: Hands on Workshop (Limited Attendance)
   Option #6  Cases in Anticoagulation
   Option #7  Fibromyalgia: Successfully Manage your Patients
12:30 p.m.  Complete Evaluations/Adjourn

FRIDAY, January 30, 2015
6:00 a.m.  Continental Breakfast
6:30 a.m.  Breakfast Curbside with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (Optional session)
7:00 a.m.  Gyn-Oncology Update for the Generalist
7:30 a.m.  Vulvar Dermatoses – What’s Going on Down There?
8:00 a.m.  Cases in Resistant Hypertension
8:30 a.m.  Update in Men’s Health
9:00 a.m.  Questions & Answer Session
9:15 a.m.  Refreshment Break
9:30 a.m.  Just in Time Learning: Effective Use of Electronic Resources in Your Practice
10:00 a.m.  Cases from the Pulmonary Clinic
10:30 a.m.  Questions & Answer Session
10:45 a.m.  Complete Evaluations/Adjourn
# Registration Form

## 27th Annual Selected Topics in Internal Medicine

**January 26-30, 2015**  
The Ritz-Carlton • Kapalua, Maui, Hawaii

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### Mail form and payment to:

Mayo School of Continuous Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905  

**Phone**  800-323-2688 or 507-284-2509  
**FAX**  507-284-0532  
**E-mail**  cme@mayo.edu  
**Web site**  www.mayo.edu/cme

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### Contact Information

**Name of Registrant** – first name, middle name or initial, and last name  
**Degree** – select all that apply  
- [ ] MD  
- [ ] PhD  
- [ ] DO  
- [ ] PA  
- [ ] NP  
- [X] Other – specify

**Name of Institution**  
**Preferred Mailing Address** – select one  
- [ ] Work/Business  
- [ ] Home

**Work/Business Address** – street address  
**City**  
**State or Province**  
**ZIP or Postal Code**  
**Country**

**Home Address** – street address  
**City**  
**State or Province**  
**ZIP or Postal Code**  
**Country**

**E-mail Address**  
**FAX** – include all country and city/area codes as needed along with complete phone number  
**FAX Location** – select one  
- [ ] Work/Business  
- [ ] Home

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### Registration

**Type of credit that you are interested in receiving:**  
- [ ] AMA/Category 1  
- [ ] AAFP  
- [ ] MOC

**Sunday, January 25, 2015 Pre-Course Registration Fees:**

- ABFM SAMs Module: Mental Health in the Community (7:00 a.m.-12:15 p.m.)  
  $250  
- ABIM SEP Module: 2014 Update in Internal Medicine (7:00-9:30 a.m.)  
  $200  
- ABIM SEP Module: 2014 Update in Hospital Medicine (9:45 a.m.–12:15 p.m.)  
  $200  
- Opioid Management for the Non-Pain Physician (1:30-5:30 p.m.)  
  $250

**January 26-30, 2015 Course Registration Fees:**

- Physicians/Scientists  
  $1050  
- Residents, Fellows, Nurses, Physician Assistants, Nurse Practitioners, and Retirees  
  $950

Electronic syllabus is included with course registration

**Total Payment Enclosed**  
$_________

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### Payment Information

- *US funds only*  
- Wire transfers will be assessed a $25 USD fee.

**Check is enclosed in the amount shown at right – make checks payable to Mayo Clinic**  
**Account Number**

**Credit Card** – select one  
- [ ] Discover  
- [ ] MasterCard  
- [ ] Visa

**Credit Card** – select one  
- [ ] Visa

**Account Number**

**Name of Cardholder** – as it appears on the card  
**Signature of Cardholder** – required

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Register online at: [www.mayo.edu/cme/STIM2015](http://www.mayo.edu/cme/STIM2015)
27th Annual
Selected Topics in Internal Medicine

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Course Highlights:
• Course app with presentations and note-taking functionality
• Clinically focused with updates in multiple specialties
• Multiple opportunities for interaction with course faculty
• Breakout sessions with tailored course experience
• Pre-course sessions (MOC, SAM, Pain)

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MC8010-08rev0914