Commercial Driver Medical Examiner Training: 
Improving Transportation Safety through Education and Certification 

2015 Courses

7:30 a.m.  Registration and Refreshments

8:00 a.m.  Session 1: The Examiner’s Role in Enhancing Public Safety (includes 15-minute break)

10:00 a.m.  Session 2: Diagnostic Approaches in Assessing Medical Fitness of the Commercial Driver

12:00 p.m.  Lunch – Boxed Lunch Provided

1:00 p.m.  Session 3: Navigating Clinical Issues in Driver Medical Certification

2:30 p.m.  Refreshment Break

2:45 p.m.  Session 4: Making the Forensic Determination

4:00 p.m.  Session 5: National Registry Signup & Exam Preparation

5:00 p.m.  Adjourn

The Examiner’s Role in Enhancing Public Safety
- Overview of FMCSA Initiatives and Programmatic Structure
- Epidemiologic Data on Commercial Motor Vehicle Highway Safety
- Form Completion and Documentation (including Laboratory and Office Based Diagnostic Testing
- Understanding Workplace Stressors in the Driving Environment
- Hands-on Primer on How a Truck Works (Parking Lot)

Diagnostic Approaches in Assessing Medical Fitness of the Commercial Driver
- Strategies for Targeted History Taking and Efficient Physical Examinations
- Overview of Non-Discretionary Disqualifying Conditions
- Organ System Based Review of Commonly Encountered Medical Conditions
  - Vision
  - Auditory Acuity
  - Diabetes Mellitus and Endocrine Disorders
  - Hypertension

Navigating Clinical Issues in Driver Medical Certification
- Organ System Based Review of Commonly Encountered Medical Conditions (Cont.)
  - Cardiovascular
  - Respiratory (Including Sleep-Related Disordered Breathing)
  - Neurological
  - Substance Abuse and Medication Use

Making the Forensic Determination
- The Role of Prevention and Counseling in Driver Cohorts
- Judging Recertification Intervals
- Interactive Review of Case Examples
- Review of Electronic Resources for Course

National Registry Signup & Exam Preparation
- Specific Directions on Registry Signup & Exam Preparation
- How to Register for the FMCSA Medical Examiner Test
- Review of Electronic Resources from Course to Use in Practice