

Endocrine Update 2019  
February 11-15, 2019

**Course Directors:**  
Maria L. Collazo-Clavell, M.D.  
Melanie L. Lyden, M.D.  
Mabel Ryder, M.D.

**SUNDAY, February 10, 2019**

5:30-7:00 p.m. **Attendee Reception**  
*Turtle Pointe*

**MONDAY, February 11, 2019**

6:30 a.m. **Registration & Continental Breakfast**

7:15 a.m. **Welcome and Course Overview**  
*Maria L. Collazo-Clavell, M.D.*

**Thyroid**

*Moderator: Mabel Ryder, M.D.*

7:30 a.m. **What is New in the Treatment of Hyperthyroidism?**  
*M. Regina Castro, M.D.*

7:55 a.m. **Treatment of Hypothyroidism: When Thyroxine is Not Enough**  
*Victor Bernet, M.D.*

8:20 a.m. **Thyroid Pathology Reports: Pearls for Interpretation**  
*Michael Rivera, M.D.*

8:45 a.m. **Advanced Thyroid Cancer: When to Reach Out to Your Oncologist**  
*Keith C. Bible, M.D., Ph.D.*

9:10 a.m. **Question & Answer Session**  
*M. Regina Castro, M.D.; Victor Bernet, M.D.; Michael Rivera, M.D.; Keith C. Bible, M.D., Ph.D.*

9:40 a.m. **Refreshment Break & Exhibits**

**Oncology Board: Thyroid**

*Moderator: Mabel Ryder, M.D.*

10:10 a.m. **Audience Response Case Presentations and Panel Discussions in Endocrinology, Oncology, Pathology, and Surgery**  
*John C. Morris, III M.D.; Keith C. Bible, M.D.; Ph.D., Melanie L. Lyden, M.D.; Michael Rivera, M.D.*

11:10 a.m. **Endocrine Consults: Participant Case Submission**  
*John C. Morris, III M.D.; Keith C. Bible, M.D.; Ph.D., Melanie L. Lyden, M.D.; Michael Rivera, M.D.*

11:50 a.m. **Question & Answer Session**  
*John C. Morris, III M.D.; Keith C. Bible, M.D.; Ph.D., Melanie L. Lyden, M.D.; Michael Rivera, M.D.*

12:20 p.m. **Adjourn**

**6:45 a.m. Continental Breakfast & Exhibits**

**6:45 a.m. Breakfast Roundtable Discussions (Optional Session)**

*John C. Morris, III M.D.* ..... *Thyroid*  
*Keith C. Bible, M.D., Ph.D.* ..... *Endocrine Oncology*  
*Michael Rivera, M.D.* ..... *Thyroid Pathology*  
*Melanie L. Lyden, M.D.* ..... *Endocrine Surgery*  
*Alice Y. Chang, M.D.* ..... *Pituitary*  
*Yogish C. Kudva, M.B.B.S.* ..... *Diabetes*  
*Ann E. Kearns, M.D., Ph.D.* ..... *Bone*

**Calcium / Bone**

*Moderator: Bart L. Clarke, M.D.*

**7:30 a.m. Hypoparathyroidism**

*Bart L. Clarke, M.D.*

**7:55 a.m. Challenging Cases in Primary Hyperparathyroidism**

*Melanie L. Lyden, M.D.*

**8:20 a.m. Glucocorticoid-Induced Osteoporosis**

*Ann E. Kearns, M.D., Ph.D.*

**8:45 a.m. Renal Stone Disease**

*John C. Lieske, M.D.*

**9:10 a.m. Question and Answer Session**

*Bart L. Clarke, M.D.; Ann E. Kearns, M.D., Ph.D.; Melanie L. Lyden, M.D.*

**9:40 a.m. Refreshment Break & Exhibits**

**10:10 a.m. Concurrent Small Group Sessions (see options below)**

**11:10 a.m. Travel to next Concurrent Small Group Sessions**

**11:15 a.m. Concurrent Small Group Sessions (see options below)**

Option #1 **NASH: Managing the Spectrum of Disease**  
*Kymerly D. Watt, M.D.*

Option #2 **Medical Obesity Management: Innovated Practice Models**  
*Manpreet S. Mundi, M.D.*

Option #3 **Implementing Principles of Behavior Therapy for Obesity in Clinical Practice**  
*Karen Grothe, Ph.D., L.P.*

Option #4 **Surgery for Papillary Thyroid Cancer: Case-Based Approach to Current American Thyroid Association Guidelines**  
*M. Regina Castro, M.D.; Geoffrey B. Thompson, M.D.*

Option #5 **Osteoporosis: Common Questions, Clinical Conundrums**  
*Ann E. Kearns, M.D., Ph.D.*

Option #6 **Management of Adrenal Tumors: Endocrinologist & Surgeon's Perspectives**  
*Dana Erickson, M.D.; Travis J. McKenzie, M.D.*

Option #7 **Is My Patient a Pancreas Transplant Candidate?**  
*Mikel Prieto, M.D.; Yogish C. Kudva, M.B.B.S.*

**12:15 p.m. Adjourn**

6:45 a.m. Continental Breakfast & Exhibits

6:45 a.m. Breakfast Roundtable Discussions (Optional Session)

Mabel Ryder, M.D. .... Thyroid  
John C. Lieske, M.D. .... Renal  
Mikel Prieto, M.D. .... Renal/Pancreas Transplant  
Adrian Vella, M.D. .... Hypoglycemia  
Manpreet S. Mundi, M.D. .... Obesity  
Geoffrey B. Thompson, M.D. .... Endocrine Surgery  
Bart L. Clarke, M.D. .... Bone

**Endocrine Testing**

Moderator: Melanie Lyden, M.D.

7:30 a.m. Pearls from the Endocrine Laboratory: What Every Endocrinologist Should Know

Alicia Algeciras-Schimmich, Ph.D.

7:55 a.m. When Thyroid Function Tests Don't Make Sense

Victor Bernet, M.D.

8:20 a.m. Challenges of Dynamic Endocrine Testing

Alice Y. Chang, M.D.

8:45 a.m. Interpretation of Adrenal CT—A Surgeon's Perspective

Travis J. McKenzie, M.D.

9:10 a.m. Question & Answer Session

Alicia Algeciras-Schimmich, Ph.D.; Victor Bernet, M.D.; Alice Y. Chang, M.D.

9:40 a.m. Refreshment Break & Exhibits

**Oncology Board: Endocrine Tumors**

Moderator: Mabel Ryder, M.D.

10:10 a.m. Multiple Endocrine Neoplasia 1

Geoffrey B. Thompson, M.D.

10:35 a.m. Updates in Therapy for Advanced Neuroendocrine Tumors

Timothy J. Hobday, M.D.

11:00 a.m. Audience Response Case Presentations and Panel Discussions

Timothy J. Hobday, M.D.; Geoffrey B. Thompson, M.D.; Michael Rivera, M.D., Keith Bible, M.D.

12:00 p.m. Question & Answer Session

Timothy J. Hobday, M.D.; Geoffrey B. Thompson, M.D.; Michael Rivera, M.D., Keith Bible, M.D.

12:30 p.m. Adjourn

6:45 a.m. **Continental Breakfast & Exhibits**

6:45 a.m. **Breakfast Roundtable Discussions (Optional Session)**

*Petra M. Casey, M.D.*.....*Women's Health*  
*Caroline J. Davidge-Pitts, M.B., Ch.B.*.....*Transgender Medicine*  
*M. Regina Castro, M.D.*.....*Lipids*  
*Todd A. Kellogg, M.D.*.....*Bariatric Surgery*  
*K Sreekumaran Nair, M.D., Ph.D.*.....*Endocrinology and Aging*  
*Bart L. Clarke, M.D.*.....*Bone*  
*Alicia Algeciras-Schimmich, Ph.D.*.....*Laboratory Medicine*

**Diabetes**

Moderator: *M. Regina Castro, M.D.*

7:30 a.m. **Continuous Glucose Monitoring (CGM): Inpatient Guidelines and Clinical Applications**

*Curtiss C. Cook, M.D.*

7:55 a.m. **Artificial Pancreas: Finally a Reality?**

*Yogish C. Kudva, M.B.B.S.*

8:20 a.m. **Progress in Pancreas / Islet Transplantation**

*Mikel Prieto, M.D.*

8:45 a.m. **Management of Type 2 Diabetes Mellitus: Which Path to Goal HgbA1c?**

*Adrian Vella, M.D.*

9:10 a.m. **Question & Answer Session**

*Curtiss C. Cook, M.D.; Yogish C. Kudva, M.B.B.S.; Mikel Prieto, M.D.; Adrian Vella, M.D.*

9:40 a.m. **Refreshment Break & Exhibits**

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Option #7 **Is My Patient a Pancreas Transplant Candidate?**

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12:05 p.m. **Adjourn**

**6:45 a.m. Continental Breakfast & Exhibits**

**Sex and Hormones**

*Moderator: Dana Erickson, M.D.*

**7:30 a.m. Hormone Therapy in Menopause**

*Petra M. Casey, M.D.*

**7:55 a.m. Challenges in Medical Management of Transgender Patients**

*Caroline J. Davidge-Pitts, M.B., Ch.B.*

**8:20 a.m. Hyperandrogenism**

*Alice Y. Chang, M.D.*

**8:45 a.m. Contraception: Choosing the ONE**

*Petra M. Casey, M.D.*

**9:10 a.m. Questions & Answer Session**

*Petra M. Casey, M.D.; Caroline J. Davidge-Pitts, M.B., Ch.B.; Alice Y. Chang, M.D.*

**9:40 a.m. Refreshment Break & Exhibits**

**Obesity and Nutrition**

*Moderator: Maria L. Collazo-Clavell, M.D.*

**10:10 a.m. Exercise, Benefits to Health**

*K Sreekumaran Nair, M.D., Ph.D.*

**10:35 a.m. Weight Gain after Bariatric Surgery: Contributors and Options**

*Manpreet S. Mundi, M.D.*

**11:00 a.m. Revision Bariatric Surgery**

*Todd A. Kellogg, M.D.*

**11:25 a.m. Bariatric Surgery and Risky Behaviors**

*Karen Grothe, Ph.D., L.P.*

**11:50a.m. Question and Answer Session**

*K Sreekumaran Nair, M.D., Ph.D.; Manpreet S. Mundi, M.D.; Todd A. Kellogg, M.D.; Karen Grothe, Ph.D., L.P.*

**12:20 p.m. Adjourn**