

Principles of Pain Management and Palliative Care: Essential Tools for the Clinician

Pre-Course Sessions: Sunday, March 4, 2018
General Session: Monday-Friday, March 5-9, 2018

Sunday, March 4, 2018	
Optional Workshops – Pre-Registration and Payment Required	
8:00 a.m.	<p>Caring for the Dying and All Things Hospice</p> <p>Halena M. Gazelka, M.D., Mark K. Edwin, M.D., and Kelly L. Wu, M.D.</p> <p>Location: Salon 1 & 2</p>
12:00 p.m.	Adjourn
Sunday, March 4, 2018	
Optional Workshops – Pre – Registration and Payment Required	
8:00 a.m.	<p>Hands-On Injection Workshop</p> <p>Workshop Director: Karen F. Mauck, M.D.</p> <p>Workshop Faculty: Laura S. Greenlund, M.D. William D. Mauck, M.D. William C. Mundell, M.D.</p> <p>Introduction: Plaza 1</p> <p>Shoulder: Plaza 1 Thigh & Buttock: Plaza 2 Knee: Plaza 3 Foot and Ankle: Orchid</p>
12:00 p.m.	Adjourn
Sunday, March 4, 2018	
Optional Workshops – Pre – Registration and Payment Required	
1:00 p.m.	<p>Addiction Medicine for Primary Care Providers</p> <p>Workshop Director: Marvin Seppala, M.D. Hazelden Betty Ford Foundation</p> <p>Marc Myer, M.D. and Steve Delisi, M.D.</p> <p>Location: Salon 1 & 2</p>
4:00 p.m.	Adjourn

Monday, March 5, 2018

Opioids and the Chronic Pain Palliative Continuum

6:00 AM	Registration and Continental Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
6:50 AM	Welcome and Course Introduction Location: Salon 1 & 2
7:00 AM	Pain Management from Chronic Pain to End-of-Life and Everything in Between Jacob J. Strand, M.D. and Susan M. Moeschler, M.D.
7:30 AM	Opioids: Basic Pharmacology, Indications and Appropriate Use Bryan C. Hoelzer, M.D.
8:30 AM	Q and A Moderator: John M. Wilkinson, M.D.
8:45 AM	Break Location: Ballroom Courtyard
9:00 AM	Urine Drug Screen Loralie J. Langman, Ph.D.
9:20 AM	Opioids in Everyday Practice: Agreements, Monitoring and Tapering...Oh My!!! Halena M. Gazelka, M.D.
9:50 AM	Everything a Primary Provider Needs to Know About Methadone Jason S. Eldrige, M.D.
10:15 AM	Opioids In Action: Case by Case Thomas P. Pittelkow, D.O., M.P.H.
11:00 AM	Q and A Moderator: John M. Wilkinson, M.D.
11:15 AM	Transition to Breakouts

Concurrent Breakout Sessions – Monday/Wednesday Option

11:30 AM – 12:30 PM - Choose One

OPTION 1	OPTION 2	OPTION 3	OPTION 4
Practical Approaches CBT Joan B. Cronin, APRN, CNS, MS Chelsey M. Hoffmann, P.A.-C., M.S. Location: Plaza 1	Interesting Cases in Radiology Jared T. Verdoorn, M.D. Markus A. Bendel, M.D. Location: Plaza 2	SYMPTOM PEARLS: Nausea, Dyspnea, Pruritus, Anxiety, Depression Claudia M. Anderson, APRN, M.S.N., C.N.P. Kelly J. Christensen, P.A.-C., M.S. Amanda K. Lorenz, M.D. Location: Plaza 3	Physical Exam <ul style="list-style-type: none"> • Shoulder • Hip • Knee John A. Freeman, D.O. Matthew A. Butters, M.D. Bryan K. Ganter, M.D. Max 45 attendees – sign-up on first-come, first-served basis at registration desk onsite. Location: Salon 1, 2 & 3

Tuesday, March 6, 2018
Spine and Headache

6:00 AM	Continental Breakfast Location: Ballroom Courtyard
7:00 AM	General Session Begins Location: Salon 1 & 2
7:00 AM	Spine: Practical Overview Richard H. Rho, M.D.
7:30 AM	Spine: Physical Examination Pearls Edward R. Laskowski, M.D.
8:15 AM	Clinical Application: Case Presentations Stephen J. Wisniewski, M.D.
8:45 AM	Q and A Moderator: John M. Wilkinson, M.D.
9:00 AM	Break Location: Ballroom Courtyard
9:15 AM	Diagnostic Approach to Painful Neuropathies Lyell K. Jones, Jr., M.D.
9:45 AM	Symptomatic Management of Neuropathic Pain James C. Watson, M.D.
10:15 AM	An Overview of Primary Headache Disorders Christopher J. Boes, M.D.
10:45 AM	Interesting Cases in Headache Ivan Garza, M.D.
11:15 AM	Q and A Moderator: John M. Wilkinson, M.D.
11:30 AM	Transition to Breakouts

Concurrent Breakout Sessions – Tuesday/Thursday Option

11:30 AM – 12:30 PM - Choose One

OPTION 1	OPTION 2	OPTION 3	OPTION 4
Office Ultrasound in Your Practice William D. Mauck, M.D. Matthew J. Pingree, M.D. James C. Presley, M.D. Max 25 attendees – sign-up on first-come, first-served basis at registration desk onsite. Location: Plaza 1	From Stimulation to Stem Cells Jason S. Eldrige, M.D. Tim J. Lamer, M.D. Location: Plaza 2	Conflicts, Miracles and Requests for Hastened Death: A Survival Guide Sara E. Wordingham, M.D. Kelly L. Wu, M.D. Location: Plaza 3	I Can't Eat: Anorexia, Fatigue and Artificial Nutrition Andy Bock, D.O. Sara L. Bonnes, M.D. Rachel C. Gentes, APRN, M.S.N., C.N.P. Location: Salon 1 & 2

Wednesday, March 7, 2018
Challenging Patient/Communication

6:00 AM	Continental Breakfast Location: Ballroom Courtyard
7:00 AM	General Session Begins Location: Salon 1 & 2
7:00 AM	Behavioral Comorbidities Christopher D. Sletten, Ph.D., L.P.
7:30 AM	Treating the Pain Patient with Anxiety and/or Depression in Relative Health and Serious Illness Kristin Somers, M.D.
8:00 AM	Challenging Patients and Families Christopher D. Sletten, Ph.D., L.P.
8:30 AM	In Pain But Not Following the Rules: Managing Pain During Aberrant Use Mihir Kamdar, M.D.
9:00 AM	Q and A Moderator: John M. Wilkinson, M.D.
9:15 AM	Break Location: Ballroom Courtyard
9:30 AM	Help! My Patient is Crying! Addressing Emotion in Patient Interactions Elise C. Carey, M.D.
10:00 AM	Addressing Emotion Demonstration Elise C. Carey, M.D.
10:30 AM	Code Status Intensive Kevin Nguyen, M.D.
11:00 AM	Code Status Demonstration Kevin Nguyen, M.D.
11:30 AM	Transition to Breakouts

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Thursday, March 8, 2018
Special Populations/Serious Illness

6:00 AM	Continental Breakfast Location: Ballroom Courtyard
7:00 AM	General Session Begins Location: Salon 1 & 2
7:00 AM	Geriatric Considerations in Pain Brandon P. Verdoorn, M.D.
7:25 AM	The Six P's: Pediatric Pain and Palliative Pearls for Primary Providers Christopher A. Collura, M.D.
7:50 AM	Managing Cancer-Related Pain: The Needle Richard H. Rho, M.D.
8:20 AM	Managing Cancer-Related Pain: The Pill Mihir Kamdar, M.D.
8:45 AM	Q and A Moderator: John M. Wilkinson, M.D.
9:00 AM	Break Location: Ballroom Courtyard
9:15 AM	Updates in Delirium Brandon P. Verdoorn, M.D.
9:45 AM	Capacity Evaluations: A How-To Guide Maisha T. Robinson, M.D.
10:15 AM	Prognostication Predicaments and the Art of Prediction Rachelle Bernacki, M.D., M.P.H.
11:00 AM	Q and A Moderator: John M. Wilkinson, M.D.
11:15 AM	Transition to Breakouts

Concurrent Breakout Sessions – Tuesday/Thursday Option

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Friday, March 9, 2018
Putting It All Together

6:00 AM	Continental Breakfast Location: Ballroom Courtyard
7:00 AM	General Session Begins Location: Salon 1 & 2
7:00 AM	Rapid Fire: Opioid Side Effects Molly A. Feely, M.D.
7:30 AM	Fibromyalgia in a 20 Minute Office Visit Jeffrey M. Thompson, M.D.
8:00 AM	Integrative Medicine Principles and Pain Management Techniques Anjali Bhagra, M.D.
8:30 AM	Q and A Moderator: John M. Wilkinson, M.D.
8:50 AM	Break Location: Ballroom Courtyard
9:05 AM	Caring for the Caregiver Alisha A. Morgan, D.O.
9:35 AM	Medical Cannabis: Mary Jane or Are You Insane? Jacob J. Strand, M.D.
10:00 AM	When To Get a Surgical Opinion? Jamie Van Gompel, M.D.
10:30 AM	Navigating Cultural, Religious and Ethnic Differences and Difficult Conversations Maisha T. Robinson, M.D.
11:00 AM	Coaching and Individual Wellness – Physician Heal Thyself Kristin S. Vickers Douglas, Ph.D., L.P.
11:45 AM	Q and A Moderator: John M. Wilkinson, M.D.
12:00 PM	Adjourn