<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>7:15 a.m.</td>
<td>Registration and Breakfast</td>
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<tr>
<td>8:00 a.m.</td>
<td>Welcome and Introduction to a New Mayo Clinic Course (Pre-test)</td>
<td>Kristin S. Vickers Douglas, Ph.D., L.P.</td>
</tr>
<tr>
<td>8:15 a.m.</td>
<td>A Brief History of Integrated Behavioral Health at Mayo Clinic</td>
<td>Mark D. Williams, M.D.</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Integrated Care: Achieving the Triple Aim of Health Care Reform</td>
<td>Jürgen Unützer, M.D., M.P.H., M.A.</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Refreshment Break</td>
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<tr>
<td>10:00 a.m.</td>
<td>Learning from Our Patients—How Does IBH Work for Them? Part I</td>
<td>Mark D. Williams, M.D.</td>
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<tr>
<td></td>
<td>IBH Faculty- Moderator:</td>
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<tr>
<td></td>
<td>a. Depression in Adolescence – Roxie M. Brennan, R.N. and Sandra J. Rackley, M.D., MAEdHD</td>
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<td></td>
<td>b. Anxiety in Adults – Summer L. Berg, L.I.C.S.W., M.S.W.</td>
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<td></td>
<td>c. Personality Disorders – Kristin J. Somers, M.D.</td>
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<tr>
<td>11:00 a.m.</td>
<td>Learning from our patients Part II</td>
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<td>IBH Faculty – Moderator:</td>
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<tr>
<td></td>
<td>a. The Reluctant Patient – Angela B. Mattson, D.N.P., M.S., R.N., N.E.-B.C.</td>
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<td></td>
<td>b. The Medical and Psychiatrically Complicated Patient</td>
<td>Jay D. Mitchell, M.D.</td>
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<td></td>
<td>c. Bipolar Patients – William B. Leasure, M.D.</td>
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<tr>
<td>12:00 p.m.</td>
<td>Lunch (on your own)</td>
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<tr>
<td>1:15 p.m.</td>
<td>Breakout Sessions (choose 1)</td>
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<tr>
<td></td>
<td>Option 1: Lessons Learned at Mayo Clinic in the Spread of IBH Model</td>
<td>David J. Katzelnick, M.D. and Craig N. Sawchuk, Ph.D., L.P.</td>
</tr>
<tr>
<td></td>
<td>Option 2: Data! Using Registries in Support of Clinical Management and Research</td>
<td>Mark D. Williams, M.D. and Marie K. Reisdorfer, M.S.</td>
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<tr>
<td></td>
<td>Option 3: Nurse Care Coordination: Success Stories and Implementation Lessons Learned</td>
<td>Angela B. Mattson, D.N.P., M.S., R.N., N.E.-B.C.</td>
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<tr>
<td></td>
<td>Option 4: Compassion Fatigue and Burnout</td>
<td>Cesar A. Gonzalez, Ph.D., L.P.</td>
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<tr>
<td></td>
<td>Option 5: Accessible Resources for Psychotherapy and Patient Education</td>
<td>Summer L. Berg, L.I.C.S.W., M.S.W., Denise C. Morcomb, L.I.C.S.W.,</td>
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<td>2:15 p.m.</td>
<td>Break</td>
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<tr>
<td>2:30 p.m.</td>
<td>Breakout Sessions (choose 1)</td>
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<td></td>
<td>Option 1: Lessons Learned at Mayo Clinic in the Spread of IBH Model</td>
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<td><strong>David J. Katzelnick, M.D. and Craig N. Sawchuk, Ph.D., L.P.</strong></td>
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<td>Option 5: Accessible Resources for Psychotherapy and Patient Education</td>
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<td><strong>Summer L. Berg, L.I.C.S.W., M.S.W., Denise C. Morcomb, L.I.C.S.W., M.S.W., and Kristin S. Vickers Douglas, Ph.D., L.P.</strong></td>
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<tr>
<td>3:30 p.m.</td>
<td>Refreshment Break</td>
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<tr>
<td>3:45 p.m.</td>
<td>What Primary Care Providers Want From IBH and What they Don’t Want</td>
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<tr>
<td>4:15 p.m.</td>
<td>Primary Care Action Planning Session</td>
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<tr>
<td></td>
<td>(attendees interact with each other and faculty to plan action steps to</td>
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<td></td>
<td>take back to their own practice)</td>
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<td></td>
<td><strong>Kristin S. Vickers Douglas, Ph.D., L.P.</strong></td>
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<tr>
<td>5:00 p.m.</td>
<td>Review Schedule for Tomorrow and Adjourn</td>
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<tr>
<td>5:15 p.m.</td>
<td>Reception – Marriott Ballroom II</td>
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**Saturday, August 12**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Breakfast</td>
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<tr>
<td>8:30 a.m.</td>
<td>Different Clinics, Different Cultures: Huddles, Hang-ups, and Heartache</td>
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<tr>
<td>9:00 a.m.</td>
<td>Panel Discussion: Integrated Behavioral Health and Special Populations</td>
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<td>Care of Children, Elderly, Minority, and Disadvantaged Patients</td>
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<td></td>
<td><strong>Jocelyn R. Lebow, Ph.D., L.P., Thomas G. Salter, M.D., and Cesar A. Gonzalez, Ph.D., L.P.</strong></td>
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<tr>
<td>9:45 a.m.</td>
<td>Refreshment Break</td>
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<tr>
<td>10:00 a.m.</td>
<td>Collaborative Care Model (APA training)</td>
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<tr>
<td>11:00 a.m.</td>
<td>Collaborative Care Model (APA training) or Breakout (choose one)</td>
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<tr>
<td></td>
<td>Breakout Option 1: Communication Strategies to Engage and Motivate Patients and Care</td>
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<td>Time</td>
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<tr>
<td>12:00 p.m.</td>
<td>Lunch (provided)</td>
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<td>1:00 p.m.</td>
<td>Collaborative Care Model (APA training) or Breakout (choose one)</td>
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<td>Breakout Option 1:</td>
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<tr>
<td></td>
<td>Cognitive Behavioral Treatment of Anxiety and Depression</td>
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<td></td>
<td>Craig N. Sawchuk, Ph.D., L.P.</td>
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<td>Breakout Option 2:</td>
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<td>Caring for Ourselves – Practical Self-Care for Long Clinical Days</td>
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<tr>
<td>2:00 p.m.</td>
<td>Collaborative Care Model (APA training) or Breakout (choose one)</td>
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<td>Breakout Option 1:</td>
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<td></td>
<td>Integrated Behavioral Health for Kids and Teens</td>
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<td></td>
<td>Jocelyn R. Lebow, Ph.D., L.P. and Sarah Trane, Ph.D.</td>
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<td>Breakout Option 2:</td>
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<tr>
<td></td>
<td>Caring for Ourselves – Practical Self-Care for Long Clinical Days</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Expanding Integrated Behavioral Health in Medical Settings: Rationale, Progress, and Technology</td>
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<td>Shehzad K. Niazi, M.D.</td>
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<tr>
<td>3:35 p.m.</td>
<td>Future Directions in Integrated Behavioral Health (post-test)</td>
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<td>David J. Katzelnick, M.D.</td>
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<tr>
<td>4:05 p.m.</td>
<td>Thank You and Adjourn</td>
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</tbody>
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