

**Integrated Behavioral Health in Primary Care  
August 17-18, 2018**

**Program Schedule**

<b>Friday, August 17</b>	
7:00 a.m.	Registration and Continental Breakfast <b>Avenue/Streeterville Ballroom Foyer</b>
8:00 a.m.	Welcome and Introduction to Course <i>David J. Katzelnick, M.D., Kristin S. Vickers, Ph.D., L.P., Mark D. Williams, M.D.</i> <b>Avenue Ballroom</b>
8:15 a.m.	A Brief History of Integrated Behavioral Health at Mayo Clinic <i>Mark D. Williams, M.D.</i>
8:45 a.m.	Does Integrated Behavioral Care Enhance Primary Care: The core elements, measures, and metrics of integration <i>Rodger S. Kessler Ph.D., ABPP</i>
9:45 a.m.	Refreshment Break
10:00 a.m.	Overview of Collaborative Care (APA training) <ul style="list-style-type: none"> <li>• Introductions</li> <li>• APA and Collaborative Care</li> <li>• Collaborative Care 101</li> </ul> <i>Emma C. Jellen, John S. Kern, M.D., and Anna D. H. Ratzliff, M.D., Ph.D.</i>
12:00 p.m.	Buffet Lunch <b>King Arthur Court (3<sup>rd</sup> Floor)</b>
1:15 p.m.	Breakout Sessions (Choose 1) <i>Please note, these sessions are on a first come, first serve basis. No registration is required.</i>  Option 1: Collaborative Care Model (APA training) Collaborative Care Training <b>for Primary Care Providers</b> <i>John S. Kern, M.D.</i> <b>Streeterville Room</b>  Option 2: Collaborative Care Model (APA training) Collaborative Care Training <b>for Psychiatric Consultants</b> Advanced Collaborative Care Skills: Assessment & Treatment <i>Anna D. H. Ratzliff, M.D., Ph.D.</i> <b>Avenue Ballroom</b>
3:00 p.m.	Refreshment Break

3:15 p.m.	<p>Breakout Sessions (choose 1)  <i>Please note, these sessions are on a first come, first serve basis. No registration is required. All rooms located on Lobby level unless indicated otherwise.</i></p> <p>Option 1  Data! Registries in Support of Clinical Management and Research  <i>Ramona S. DeJesus, M.D., Craig N. Sawchuk, Ph.D., L.P., and Mark D. Williams, M.D.</i>  <b>Avenue Ballroom</b></p> <p>Option 2  Accessible Resources for Psychotherapy and Patient Education  <i>Summer L. Berg, L.I.C.S.W., M.S.W. and Kristin S. Vickers, Ph.D., L.P.</i>  <b>Prime 1 (2<sup>nd</sup> Floor)</b></p> <p>Option 3  Integrated Behavioral Health for Kids and Teens  <i>RoxAnne (Roxie) M. Brennan, M.A.N., R.N. and Sarah Trane, Ph.D.</i>  <b>Streeterville East</b></p> <p>Option 4  Psychiatric Emergencies  <i>Gabrielle J. Melin, M.D., M.S. and Jay D. Mitchell, M.D.</i>  <b>Streeterville West</b></p>
4:00 p.m.	<b>Travel time to next session</b>
4:05 p.m.	<p>Breakout Sessions (choose 1)  <i>Please note, these sessions are on a first come, first serve basis. No registration is required. All rooms located on Lobby level unless indicated otherwise.</i></p> <p>Option 1  Data! Registries in Support of Clinical Management and Research  <i>Ramona S. DeJesus, M.D., Craig N. Sawchuk, Ph.D., L.P., and Mark D. Williams, M.D.</i>  <b>Avenue Ballroom</b></p> <p>Option 2  Accessible Resources for Psychotherapy and Patient Education  <i>Summer L. Berg, L.I.C.S.W., M.S.W. and Kristin S. Vickers, Ph.D., L.P.</i>  <b>Prime 1 (2<sup>nd</sup> Floor)</b></p> <p>Option 3  Integrated Behavioral Health for Kids and Teens  <i>RoxAnne (Roxie) M. Brennan, M.A.N., R.N. and Sarah Trane, Ph.D.</i>  <b>Streeterville East</b></p> <p>Option 4  Psychiatric Emergencies  <i>Gabrielle Melin, M.D. M.S. and Jay D. Mitchell, M.D.</i>  <b>Streeterville West</b></p>
4:50 p.m.	Second Day Preview and Adjourn <b>Avenue Ballroom</b>

<b>Saturday, August 18</b>	
7:00 a.m.	Continental Breakfast <b>Avenue Ballroom Foyer</b>
8:00 a.m.	Welcome & Day 2 Overview <i>David J. Katzelnick, M.D., Kristin S. Vickers, Ph.D., L.P., Mark D. Williams, M.D.</i> <b>Avenue Ballroom</b>
8:30 a.m.	Different Clinics, Different Cultures: Huddles, Hang-ups, and Heartache <i>Summer L. Berg, L.I.C.S.W., M.S.W., Kristin J. Somers, M.D., Kristin S. Vickers, Ph.D., L.P., and Mark D. Williams, M.D.</i>
9:15 a.m.	Panel Discussion: Integrated Behavioral Health and Special Populations: Care of Children, Elderly, Rural, Minority, and Disadvantaged Patients <i>Cesar A. Gonzalez, Ph.D., L.P., Thomas G. Salter, M.D., Craig N. Sawchuk, Ph.D., L.P., and Sarah Trane, Ph.D.</i>
10:00 a.m.	Refreshment Break
10:15 a.m.	Learning from Our Patients - How Does IBH Work for Them? Part I IBH Faculty- Moderator: <i>Mark D. Williams, M.D.</i> <ul style="list-style-type: none"> <li>a. Depression in Adolescence - <i>RoxAnne (Roxie) M. Brennan, M.A.N., R.N. and John E. Huxsahl, M.D.</i></li> <li>b. Anxiety in Adults - <i>Summer L. Berg, L.I.C.S.W., M.S.W. and Craig N. Sawchuk, Ph.D.</i></li> <li>c. Personality Disorders - <i>Kristin J. Somers, M.D.</i></li> </ul>
11:15 a.m.	Learning from Our Patients - How Does IBH Work for Them? Part II IBH Faculty – Moderator: <i>Craig N. Sawchuk, Ph.D., L.P.</i> <ul style="list-style-type: none"> <li>a. The Medically and Psychiatrically Complicated Patient - <i>Jay D. Mitchell, M.D.</i></li> <li>b. Bipolar Patients – <i>Thomas G. Salter, M.D.</i></li> <li>c. Handling Psychiatric Emergencies - <i>Gabrielle J. Melin, M.D, M.S.</i></li> </ul>
12:15 p.m.	Buffet Lunch <b>Camelot (3<sup>rd</sup> Floor)</b>
1:15 p.m.	Breakout Sessions (Choose 1) <i>Please note, these sessions are on a first come, first serve basis. No registration is required. All rooms located on Lobby level unless indicated otherwise.</i> <p>Option 1 Nurse Care Coordination: Success Stories and Implementation Lessons Learned <i>RoxAnne (Roxie) M. Brennan, M.A.N., R.N., Laura A. Sikkink, M.S.N., R.N., Malinda M. Wilcox, M.S.N., R.N.</i> <b>Avenue Ballroom</b></p> <p>Option 2 Caring for Ourselves – Practical Self-Care for Long Clinical Days <i>Cesar A. Gonzalez, Ph.D., L.P.</i> <b>Prime 1 (2<sup>nd</sup> Floor)</b></p>

	<p><i>Option 3</i>  Communication Strategies to Engage and Motivate Patients and Care Teams  <i>Kristin S. Vickers, Ph.D., L.P.</i>  <b>Streeterville East</b></p> <p><i>Option 4</i>  Questions and Discussion with Mayo Psychiatrists and the Primary Care Physicians  <i>Ramona S. DeJesus, M.D., Gabrielle J. Melin, M.D., M.S., Jay D. Mitchell, M.D., Thomas G. Salter, M.D., and Kristin J. Somers, M.D.</i>  <b>Streeterville West</b></p>
2:00 p.m.	Refreshment Break/Travel Time to Next Session
2:15 p.m.	<p>Breakout Sessions (Choose 1)  <i>Please note, these sessions are on a first come, first serve basis. No registration is required. All rooms located on Lobby level unless indicated otherwise.</i></p> <p><i>Option 1</i>  Social Service Needs and Social Worker Roles within Integrated Behavioral Health  <i>Summer L. Berg, L.I.C.S.W., M.S.W., Stephanie J. Miller, L.I.C.S.W.</i>  <i>Joining via videoconference: Lisa M. Burke, L.I.C.S.W., Sean M. Haggerty, L.I.C.S.W., M.S.W., Marcia W. Johnson, L.I.C.S.W., M.S.W., and John D. Mack, L.I.C.S.W., M.S.W.</i>  <b>Avenue Ballroom</b></p> <p><i>Option 2</i>  Caring for Ourselves – Practical Self-Care for Long Clinical Days  <i>Cesar A. Gonzalez, Ph.D., L.P.</i>  <b>Prime 1 (2<sup>nd</sup> Floor)</b></p> <p><i>Option 3</i>  Communication Strategies to Engage and Motivate Patients and Care Teams  <i>Kristin S. Vickers, Ph.D., L.P.</i>  <b>Streeterville East</b></p> <p><i>Option 4</i>  Questions and Discussion with Mayo Psychiatrists and the Primary Care Physicians  <i>Ramona S. DeJesus, M.D., Gabrielle J. Melin, M.D., M.S., Jay D. Mitchell, M.D., Thomas G. Salter, M.D., and Kristin J. Somers, M.D.</i>  <b>Streeterville West</b></p>
3:00 p.m.	Change Management in Program Implementation: How to Get Stakeholders from “No” to “Yes” or “Maybe”? <i>Shehzad K. Niazi, M.D.</i> <b>Avenue Ballroom</b>
3:30 p.m.	Future Directions in Integrated Behavioral Health <i>David J. Katzelnick, M.D. and Craig N. Sawchuk, Ph.D., L.P.</i>
4:00 p.m.	Thank You and Adjourn