

***Program Schedule***  
***Internal Medicine Update 2018 (first session)***

**Thursday, October 11, 2018**

---

- 6:30 a.m.                    **Registration & Continental Breakfast**
- 7:20 a.m.                    **Welcome & Introductions**
- MODERATORS:**            Charles J. Manak, M.D., FACP and Paul D. Snyder, Jr., M.D., FACP
- 7:30 a.m.                    **Pulmonary Update**  
Richard A. Helmers, M.D.
- 8:00 a.m.                    **Regenerative Medicine (PRP, What the PCP  
Needs to Know, Case Presentation)**  
Bryan K. Ganter, M.D.
- 8:30 a.m.                    **Movement Disorders:  
Parkinson's and Parkinson's Plus**  
Shyamal H. Mehta, M.D., Ph.D.
- 9:00 a.m.                    **Questions and Answers**
- 9:45 a.m.                    **Break**
- 10:15 a.m.                   **Immunization Update**  
Tina H. Byun, M.D.
- 10:45 a.m.                   **Individualizing Pharmacotherapy in Type 2 Diabetes**  
Bithika M. Thompson, M.D.
- 11:15 a.m.                   **Weekend Warriors – Sports Medicine Update**  
Anikar Chhabra, M.D., M.S.
- 11:45 a.m.                   **Appropriate Use of Procalcitonin and  
C Diff Testing**  
Thomas E. Grys, Ph.D.
- 12:15 p.m.                   **Questions and Answers**
- 1:15 p.m.                    **Adjourn**
- 5:30 p.m.                    **Welcome Reception** (*attendee plus one guest included in registration fee*)

## **Friday, October 12, 2018**

---

- 7:00 a.m.                    **Continental Breakfast**
- 7:25 a.m.                    **Announcements**
- MODERATORS:**           Charles J. Manak, M.D., FACP and Paul D. Snyder, Jr., M.D., FACP
- 7:30 a.m.                    **Office Based Approach to Heart Failure**  
Lisa M. LeMond, M.D.
- 8:00 a.m.                    **Exercise is Medicine:  
Adding Years to Life and Life to Years**  
Robert Scales, M.S., Ph.D.
- 8:30 a.m.                    **Epilepsy: Transitions from Peds to  
Adolescents to Adults**  
Amy Z. Crepeau, M.D.
- 9:00 a.m.                    **Questions and Answers**
- 9:45 a.m.                    **Break**
- 10:15 a.m.                   **Pain Management, Opioids, and Current  
State of Government Regulation**  
David C. Patchett, D.O., FACP
- 10:45 a.m.                   **Ovarian Cancer Pearls for Primary Care**  
Nina J. Karlin, M.D.
- 11:15 a.m.                   **Coming Tsunami of NASH**  
Elizabeth J. Carey, M.D.
- 11:45 a.m.                   **Is All that We Label as Anxiety Truly Anxiety  
(ADHD and Beyond)?**  
Neeta Jain, M.D.
- 12:15 p.m.                   **Questions and Answers**
- 1:15 p.m.                    **Adjourn**

## Saturday, October 13, 2018

---

7:00 a.m.	<b>Continental Breakfast</b>
7:25 a.m.	<b>Announcements</b>
<b>MODERATORS:</b>	Charles J. Manak, M.D., FACP and Paul D. Snyder, Jr., M.D., FACP
7:30 a.m.	<b>Pharmacogenomics</b> Barbara E. Ruddy, M.D.
8:00 a.m.	<b>Work Up for Proteinuria</b> Musab S. Hommos, M.B.B.S.
8:30 a.m.	<b>Inpatient and Outpatient Management of Inflammatory Bowel Disease</b> Suryakanth R. Gurudu, M.D.
9:00 a.m.	<b>Questions and Answers</b>
9:45 a.m.	<b>Break</b>
10:15 a.m.	<b>Menopause Update</b> Juliana (Jewel) M. Kling, M.D., M.P.H., NCMP, FACP
10:45 a.m.	<b>Breast Cancer Screening Panel</b>
	<b>Primary Care Approach</b> Juliana (Jewel) M. Kling, M.D., M.P.H., NCMP, FACP
	<b>A Surgeon's Perspective</b> Barbara A. Pockaj, M.D.
	<b>A Medical Oncologist's Perspective</b> Karen S. Anderson, M.D.
12:15 p.m.	<b>Questions and Answers</b>
1:15 p.m.	<b>Adjourn</b>

## **Sunday, October 14, 2018**

---

- 6:15 a.m.            **Continental Breakfast**
- 6:45 a.m.            **Announcements and Photo Contest**
- MODERATORS:**      Charles J. Manak, M.D., FACP and Paul D. Snyder, Jr., M.D., FACP
- 7:00 a.m.            **Prostate Cancer Screening Panel**
- Primary Care Approach**  
                         Christopher T. Pullins, M.D.
- Oncology Perspective**  
                         Alan H. Bryce, M.D.
- Urology Perspective**  
                         Mark D. Tyson, II, M.D.
- 8:30 a.m.            **Questions and Answers**
- 9:05 a.m.            **Break**
- 9:25 a.m.            **Radiology Pearls for Internists**  
                         Clinton E. Jokerst, M.D.
- 10:25 a.m.           **Antibiotic Allergies**  
                         Kip G. Teaford, M.D.
- 10:55 a.m.           **Questions and Answers**
- 11:35 a.m.           **Adjourn**