



PRINCIPLES IN THE CARE OF
**TRANSGENDER
& INTERSEX**
PATIENTS



Mayo Clinic School of Continuous Professional Development

16
AMA PRA
CATEGORY 1
CREDITS™

**LA FONDA ON THE PLAZA
SANTA FE, NEW MEXICO
SEPTEMBER 7–9, 2017**

COURSE HIGHLIGHTS

- Pioneering course will offer cutting-edge perspectives and practical evidence-based principles for working with transgender and intersex patients before, during and after transition.
- Both national and international experts as well as clinicians from the Mayo Clinic Transgender and Intersex Specialty Care Clinic will instruct attendees in medical, surgical, psychosocial and legal/ethical issues in transgender and intersex care.
- Participants will leave with the skills to provide progressive and informed care to this emerging and increasingly visible patient population.

TARGET AUDIENCE

This course is intended for physicians as well as advanced care providers in areas of psychiatry, psychology, endocrinology, family medicine, internal medicine, plastic surgery and pediatrics.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Describe how to safely and effectively utilize masculinizing and feminizing hormonal treatments for appropriate patients.
- Identify principles to consider in the determination of pubertal delaying therapies.
- Describe general approaches to common surgical interventions in gender confirmation surgery.
- Articulate three key psychosocial treatment principles to guide a comprehensive approach to transgender and intersex patients.

COURSE DIRECTOR

J. Michael Bostwick, M.D.

ONLINE REGISTRATION

[CE.MAYO.EDU/TRANSGENDER2017](https://ce.mayo.edu/transgender2017)

\$525 USD

M.D., DO, Ph.D., Psy.D.

\$425 USD

R.N., NP, PA, Allied Health Professional, Residents, Social Workers, Retiree

CANCELLATION POLICY

Visit ce.mayo.edu/cancellation for more information.

LODGING ACCOMMODATIONS

La Fonda on the Plaza

100 E. San Francisco Street
Santa Fe, NM 87501
800-523-5002

Special room rates are available until the block is sold out or until August 17, 2017, whichever comes first. The discounted rate is \$189 plus tax. To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-523-5002 (toll-free) by August 17, 2017. Please indicate that you are a participant of the Mayo Clinic Psychiatry Transgender Course when making your reservation. The standard hotel reservations cancellation policy will apply to all reservations. Attendees are responsible for their own reservations.

PROGRAM SCHEDULE

Thursday, September 7

Care of Transgender and Intersex Adults

- 6:45 a.m. Registration and Breakfast
- 7:45 a.m. Welcome and Introduction
J. Michael Bostwick, M.D.
- 8:00 a.m. Transgender 101 – Who Are We Treating and Why Are We Treating Them?
Todd B. Nippoldt, M.D.
- 8:15 a.m. The Do's and Don't's of Providing Trans-Friendly Health Care
Cesar A. Gonzalez, Ph.D., L.P. and Kristin S. Vickers Douglas, Ph.D., L.P.
- 9:15 a.m. Hidden in Plain Sight: The Many Ways TGI Patients Present in Medical Settings
J. Michael Bostwick, M.D.
- 9:55 a.m. Break
- 10:15 a.m. Masculinizing Hormonal Therapy - Including Pretreatment Evaluation, Details of Therapy, and Follow Up
Todd B. Nippoldt, M.D.
- 10:35 a.m. Feminizing Hormonal Therapy - Including Pretreatment Evaluation, Details of Therapy, and Follow Up
Caroline J. Davidge-Pitts, M.B., Ch.B.
- 11:00 a.m. **Keynote Talk #1:**
Health and Mental Health Disparities in a Large Cohort of Transgender Veterans: A Controlled Study
George R. Brown, M.D., Mountain Home VA Medical Center, Tennessee
- 11:40 a.m. Panel Discussion/Q&A
- 12:00 p.m. Lunch on Your Own
- 1:30 p.m. Small Group Case Discussions (4)
Session #1
Multidisciplinary Faculty
- 2:30 p.m. Break
- 2:45 p.m. Small Group Case Discussions (4)
Session #2
Multidisciplinary Faculty
- 3:45 p.m. Adjourn

Friday, September 8

Psychosocial and Medical Issues in Select Adults and Adolescents

- 7:00 a.m. Registration and Breakfast
- 7:50 a.m. Welcome and Course Overview
- 8:00 a.m. **Keynote Talk #2:**
Behind Bars: Mental Health Issues in Incarcerated Transgender People
George R. Brown, M.D., Mountain Home VA Medical Center, Tennessee
- 8:30 a.m. Preventative Health and Non-Medical Transition Aides for Transgender Adults
Lauren E. Radziejewski, MSN, ANP-BC, University of Minnesota
- 8:55 a.m. **Keynote Talk #3:**
Understanding Gender Dysphoria in Children and Adolescents
Dianne Berg, Ph.D., L.P., University of Minnesota
- 9:35 a.m. Medical Therapy in Transgender Adolescents - Including Puberty Delay and Cross Hormone Therapy
Aida N. Lteif, M.D.
- 10:00 a.m. Break
- 10:20 a.m. Voice Therapy for Transgender Adults
Diana M. Orbelo, Ph.D.
- 10:45 a.m. **Keynote Talk #4:**
Transgender Sexuality Before and After Transition
Katie Spencer, Ph.D., University of Minnesota
- 11:25 a.m. Gynecologic Care for Trans Men
Lois J. Mc Guire, APRN, C.N.P.
- 11:50 a.m. Panel Discussion/Q&A
- 12:10 p.m. Lunch on Your Own
- 1:40 p.m. Small Group Case Discussions
Session #3
Multidisciplinary Faculty
- 2:40 p.m. Break
- 2:55 p.m. Small Group Case Discussions
Session #4
Multidisciplinary Faculty
- 3:55 p.m. Adjourn



Saturday, September 9

Surgical Care of Transgender and Intersex Patients

- 7:00 a.m. Registration and Breakfast
- 7:50 a.m. Welcome and Course Overview
- 8:00 a.m. WPATH Standards of Care for Surgery
Alexis (Alex) T. Laungani, M.D.
- 8:10 a.m. **Keynote Talk #5:**
Gender Confirmation Surgery: MTF (Trans Female)
Pierre Brassard, CMC, Montreal, QC, Canada
- 8:40 a.m. Facial Feminization Surgery
Jorys Martinez-Jorge, M.D.
- 9:05 a.m. Vaginoplasty: The Mayo Clinic Experience
Oscar J. Manrique, M.D.
- 9:30 a.m. Break
- 9:50 a.m. **Keynote Talk #6:**
Gender Confirmation Surgery: FTM (Trans Male)
Pierre Brassard, CMC, Montreal, QC, Canada
- 10:20 a.m. Phalloplasty or Phalloplasties? Overview of Current Techniques
Alexis (Alex) T. Laungani, M.D.
- 10:40 a.m. Chest Surgery
Valerie Lemaine, M.D., M.P.H.
- 11:05 a.m. Postoperative Course: What to Know and What to Look For
Alexis (Alex) T. Laungani, M.D.
- 11:25 a.m. Panel Discussion/Q&A
- 11:55 a.m. Closing Remarks
J. Michael Bostwick, M.D.
- 12:10 p.m. Adjourn

CREDIT

Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APA The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

Other Health Care Professionals A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.



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Rochester, MN 55905

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