Clinical Reviews 2016: 27th Annual Family Medicine and Internal Medicine Update

Westin Kierland Resort & Spa  
Scottsdale, Arizona  
Wednesday-Saturday  
March 16-19, 2016

Highlights
- General session – each morning
- Meet the Preceptor Luncheon
- Afternoon Breakout/Workshop
- ABIM and ABFM Maintenance of Certification (optional)

$75 DISCOUNT when you register at ce.mayo.edu/node/4985 by February 16, 2016
COURSE HIGHLIGHTS
This four-day live activity designed for Primary Care and Internal Medicine providers, features medical updates and management strategies on various diseases. Members of Mayo Clinic staff are the faculty for this comprehensive program made up of lectures, Q&A panel sessions, Meet the Preceptor luncheons, and in-depth afternoon workshops.

Course Highlights include General Sessions on:
• Cardiology
• Neurology
• Endocrinology
• Gastroenterology
• Urology

Plus Optional Sessions (Separate Registration Fee Is Required):
• ABIM Maintenance of Certification
• ABFM Self-Assessment Module

COURSE LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:
• Compare treatment options in patients with recurrent bleeding and Atrial Fibrillation.
• Appraise the benefits and risks of probiotics in gastrointestinal disorders.
• Review options to prevent disease in those travelling abroad.
• Review current treatment options for patients with diabetes.
• Identify treatment strategies and pitfalls of chronic opiate use.
• Learn and be able to utilize Dermoscopy in assessing skin lesions.
• Review the initial assessment of patients with probable Neuromuscular disease and identify appropriate diagnostic testing.
• Identify key clinical clues to diagnosing movement disorders.
• Review current evidence and treatment options for Pediatric Food Allergies.

DISCLAIMER
Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 23.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AOA
This program has been accredited by the American Osteopathic Association for 23.25 credits of AOA Category 2-A.

Other Health Care Professionals
A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

EXHIBITS
Exhibits will be available for viewing at all scheduled breaks.

AMERICANS WITH DISABILITIES ACT
Mayo Clinic College of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

Email address: mca.cme@mayo.edu

RECREATION/LEISURE ACTIVITIES
Visit www.visitphoenix.com or www.scottsdalecvb.com for additional recreation and leisure activities.

TRANSPORTATION
Ground Transportation: Hertz is offering a reduced daily rate for participants attending the course. Call (800) 654-2240 and refer to CV Number #03NR0011 when making reservations.

Supershuttle vans offer airport transportation to and from the hotel. To make reservations, call (800) 258-3826 or (602) 244-9000.
MEETING LOCATION & ACCOMMODATIONS
Westin Kierland Resort & Spa
6902 E. Greenway Parkway
Scottsdale, Arizona 85254
(480) 624-1000 • (800) 354-5892
www.kierlandresort.com

Hotel rooms near the Clinic are limited. You are urged to make reservations early. A limited block of guest rooms have been reserved for attendees with a special course rate of $319 single or double occupancy per night at Westin Kierland Resort & Spa. Group rates will be honored 3 days prior and 3 days following the course dates, based upon space availability. Make your reservation online at www.starwoodmeeting.com/Book/ClinicalReviews2016 or call (800) 354-5892.

To receive the special rate, you must make reservations before the room block is filled and by the expiration date of February 19, 2016. Reservations will be taken following this date based upon resort room availability, at the contracted meeting rate.

Attendees are responsible for their own reservations. A deposit equal to one night’s stay ($319.00 plus tax) is required to hold each individual’s reservation. Such deposit shall serve to confirm the reservation for the date(s) indicated, and, upon check-in, shall be applied to the final night of the reserved stay. These deposits paid by individuals are refundable if notice is received at least seven (7) days prior to arrival and a cancellation number is obtained. Otherwise all reservation cancellations thereafter are non-refundable.

All deposits shall be charged at the time the reservation is made. Preferred method of payment is a credit card (VISA, AMEX, MasterCard or Discover). Should the guest prefer to send a check (personal or company) or provide a check or cash at check-in, the hotel will still require a credit card and a driver’s license to guarantee payment and check identity. Reservations made without credit cards will be canceled within 24 hours without payment. Should the guest prefer to reserve a reservation via check, the guest should mail the reservation request with the check attached. (Traveler’s Checks are accepted with a minimum of $400 per day authorization on a credit card or in cash to guarantee payment.) Westin Kierland Resort & Spa will waive the deposit fee for participants who need to cancel due to emergencies. Early departures for non-emergency reasons will be subject to an early departure fee.

Program

**Tuesday, March 15, 2016**

4-6 p.m.  Early Registration

**Wednesday, March 16, 2016**

7:00 a.m.  Registration/Continental Breakfast
7:50  Welcome Announcements

**CARDIOLOGY**

8:00  Transcatheter Aortic Valve Replacement (TAVR)  . . . . . . . . . . . John P. Sweeney, M.D.
8:30  Heart Failure / CHF (Gap Analysis)  . . . . . . . . . . . . . . . . Robert L. Scott, M.D.
9:00  Imaging for Risk Prediction  
      Steven J. Lester, M.D.
9:30  Atrial Fibrillation with Recurrent Bleeding:  
      Control Bleeding Source or Close Appendage?  . . . . . . . . . . . Luis R. Scott, M.D.
10:00  Panel Q & A
10:20  Refreshment Break and Exhibits

**GASTROENTEROLOGY**

10:40  Non-Invasive Colon Cancer Screening  . . . . . . . . . . . . . Mark V. Larson, M.D.
11:10  Primary Care Management of Hepatitis C Patients  . . . . Hugo E. Vargas, M.D.
11:40  Gut Flora – Probiotics  . . . . . . . . . . . . . . . . . . . . Amy E. Foxx-Orenstein, M.D.
12:10  Panel Q & A
**Program**

**MEET THE PRECEPTOR LUNCHEONS**
12:40 p.m. Lunch
1:00 LUNCH CONCURRENT SESSIONS

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>1:00</td>
<td>Travel Medicine. Steven S. Krotzer, M.D.</td>
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<td>Diabetes Management. Sydney A Westphal, M.D.</td>
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2:00 Refreshment Break and Exhibits

2:15 **AFTERNOON BREAKOUT SESSIONS**

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<td>Genetic Testing – Diagnostic Odyssey. Matthew J. Ferber, Ph.D.</td>
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<td>Dermoscopy. David L. Swanson M.D.</td>
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<td>Why Your Chair is Killing You and What You Can Do About It ... The Science of NEAT. James A. Levine, M.D., Ph.D.</td>
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4:15 Adjourn

**Thursday, March 17, 2016**

7:00 a.m. Continental Breakfast

7:25 Welcome Announcements

**NEUROLOGY**

7:30 Stroke and Update on Cryptogenic Stroke. Bart M. Demaerschalk, M.D.
8:30 Overview of Neuromuscular Disease. Benn E. Smith, M.D.
9:00 Movement Disorders. Charles H. Adler, M.D., Ph.D.
9:30 Q & A Panel
10:00 Refreshment Break and Exhibits

**PULMONARY**

10:20 Treatment Update on Pulmonary Fibrosis. Lewis J. Wesselius, M.D.
10:50 COPD. Lewis J. Wesselius, M.D.
11:20 Update on Food Allergy for 2016. Cindy S. Bauer, M.D.
11:50 Q & A Panel
12:20 Break

**MEET THE PRECEPTOR LUNCHEONS**
12:30 p.m. Lunch
1:00 LUNCH CONCURRENT SESSIONS

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2:00 Refreshment Break and Exhibits

2:15 **AFTERNOON WORKSHOPS – (OPTIONAL SESSION)**

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<td>Psychiatry – Depression and Anxiety. Thomas K. Nelson, M.D.</td>
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<td>Urinary Incontinence. Aqsa A. Khan, M.D.</td>
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<td>Palliative Care. Mark K. Edwin, M.D.</td>
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4:15 Adjourn

*Program schedule is subject to change without notice.*
Friday, March 18, 2016

7:00 a.m.  Continental Breakfast
7:25    Welcome Announcements

POTPOURRI
8:10    Abnormal Uterine Bleeding .                     Johnny Yi, M.D.
8:50    Sexually Transmitted Infections in Adolescents: A Clinical Update .     Veenod L. Chulani, M.D., MSED
9:30    Q & A Panel
10:00   Refreshment Break and Exhibits

ENDOCRINOLOGY
10:20   Hyperparathyroidism .                               Michael D. Whitaker, M.D.
11:00   Osteoporosis Update .                             Michael D. Whitaker, M.D.
11:40   Update on Thyroid Disease .                      Rodolfo Argueta, M.D.
12:20   Q & A Panel
12:35 p.m. Adjourn

Saturday, March 19, 2016

7:30 a.m. Continental Breakfast
7:55    Welcome Announcements

POTPOURRI
8:00    Best Practices in Palliative Alzheimer’s/ Dementia Care .     Elizabeth H. Gallagher, CNP, MSN, RN
9:00    Male Lower Urinary Track Symptoms, Assessment, and Treatment .     Eric J. Zeidman, M.D.
9:30    Q & A Panel
10:00   Refreshment Break and Exhibits
10:15   Deep Vein Thrombosis (DVT) / Pulmonary Embolism (PE) .     Fadi E. Shamoun, M.D.
10:45   The Down Low on Low Platelets .                   Joseph R. Mikhael, M.D.
11:45   Q & A Panel
12:15 p.m. Adjourn

Optional Sessions

Pre-registration is required for all sessions noted below; some sessions require separate registration fee. Space is limited. Pre-register on-line in Registration window. You must enroll in course before registering for any options listed below:

MEET THE PRECEPTOR LUNCHEONS (MTP)
Included in registration fee: 30 minute lunch (provided) and 60 minute presentation; same sessions will be offered on Wednesday and Thursday, (Select only one session for each day).

• Travel Medicine
• Diabetes Management
• Integrative Medicine
• Management of Insomnia
• AeroSpace
• Opioid Medicine

AFTERNOON PM WORKSHOPS

WEDNESDAY
• Dermoscopy
• Why Your Chair is Killing You and What You Can Do About It ...
The Science of NEAT (Non-Exercise Activity Thermogenesis)
• Exome of Genome Sequencing for Diagnostic Odyssey

THURSDAY
• Psychiatry (Depression, Anxiety)
• Urinary Incontinence
• Palliative Care
MONDAY, AUGUST 1, 2016 – Registration Fee: $150

COURSE DESCRIPTION

The optional post-course ABIM Self Evaluation Process (SEP) Medical Knowledge modules are chaired by expert faculty who will analyze each module question, review current evidence and key points and summarize clinical pearls. Session attendees actively participate using an audience response system and verbalize their understanding of current evidence and a common consensus would be achieved in answering these questions. The collective information gathered in these interactive sessions enhances individual knowledge and longer retention of current medical information. After the completion of these interactive modules, the attendee can go online to obtain MOC credit from ABIM. An additional fee applies.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™ (2 credits per module). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note: You may claim AMA PRA Category 1 Credits™, or ABIM points. You may not claim credit with both organizations.
Registration Information

Registration is available on our NEW website at ce.mayo.edu/node/4985

Effective for 2016 courses: If you are registering for a 2016 course for the first time, you must build your profile. At website, click on Login; select Create Your Account.
The course registration fee includes tuition, access to an online course syllabus, daily continental breakfast and break refreshments.
A link to the online syllabus will be sent via email one week prior to the course. This allows you to view, save or print the syllabus before attending the course. No printed syllabus will be available.
An email confirmation will be sent upon receipt of payment and completed registration. If you do not receive your confirmation, or if you have any questions, please email us at mca.cme@mayo.edu or call (480) 301-4580.
No refund will be granted unless a written notice of cancellation is received. If registration must be canceled, tuition less a $75 administrative fee will be refunded when notification is received on or before Monday, February 29. No refunds will be made after this date. Although it is not Mayo Clinic’s policy to limit the number of registrants for a course, conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended. Walk-in registrations cannot be guaranteed.

Mayo School of Continuous Professional Development (MSCPD) reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event that MSCPD must cancel or postpone this course, MSCPD will fully refund the registration fee, but are not responsible for any related costs, charges or expenses to participants, including fees assessed by airline, travel or lodging agencies. Mayo Clinic will not be responsible for expenses incurred by individuals who are not confirmed for courses with a closed registration status. Costs incurred by the registrant such as airline/hotel fees or penalties are the responsibility of the registrant.

ONLINE SYLLABUS: Your registration fee includes access to an electronic syllabus that will be emailed prior to the course. This allows you to view, save, or print the syllabus before attending the course.

Registration Fees

<table>
<thead>
<tr>
<th>Physician Type</th>
<th>On or Before 2/16/16</th>
<th>After 2/16/16</th>
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<tbody>
<tr>
<td>Physicians Active in Practice</td>
<td>$775</td>
<td>$850</td>
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<tr>
<td>Other (Resident, Retired and Allied Health)</td>
<td>$660</td>
<td>$735</td>
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<tr>
<td>Paper syllabus (optional)</td>
<td>$50</td>
<td>$50</td>
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Optional Educational Opportunities

- **ABIM MOC**: $100
- **ABFM SAM**: $100

WELCOME RECEPTION (Wednesday, March 16, 2016)
(Attendee + One Guest Included in Registration Fee)

Additional tickets are available:
- Adult – $60 each
- Child (5-12 years) – $20 each
- Toddler (0-4 years) – N/C

Note: Please refer to course agenda for included meals and refreshment breaks.

Faculty

**MAYO FACULTY**

- Charles H. Adler, M.D., Ph.D.
- Rodolfo Argueta, M.D.
- Bart M. Demaerschalk, M.D.
- Mark K. Edwin, M.D.
- Matthew J. Ferber, Ph.D.
- Amy E. Fozz-Orenstein, M.D.
- Elizabeth H. Gallagher, CNP, MSN, RN
- Amit K. Ghosh, M.D.
- Aqsa A. Khan, M.D.
- Lois E Krahn, M.D.
- Steven S. Krotzer, M.D.
- Mark V. Larson, M.D.
- Steven J. Lester, M.D.
- James A. Levine, M.D., Ph.D.
- Joseph R. Mikhail, M.D.
- Denise M. Millstein, M.D.
- Martina Mookadam, M.D.
- Thomas K. Nelson, M.D.
- Robert L. Scott, M.D.
- Luis R. Scott, M.D.
- M. Teresa Seville, M.D.
- Fadi E. Shamoun, M.D.
- Benn E. Smith, M.D.
- Jan Stepanek, M.D.
- David L. Swanson M.D.
- John P. Sweeney, M.D.
- Hugo E. Vargas, M.D.
- Lewis J. Wesselius, M.D.
- Sydney A. Westphal, M.D.
- Michael D. Whitaker, M.D.
- Christopher S. Wie, M.D.
- Johnny Yi, M.D.
- Eric J. Zeidman, M.D.

**GUEST FACULTY**

- Cindy Salm Bauer, M.D.
  Phoenix Children’s Hospital – Phoenix, Arizona
- Veenod L. Chulani, M.D., MSED
  Phoenix Children’s Hospital – Phoenix, Arizona

FACULTY DISCLOSURE: As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM: Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).
$75 DISCOUNT when you register by February 16, 2016 at: www.ce.mayo.edu/node/4985

For more information, contact Mayo School of Continuous Professional Development
Website: https://ce.mayo.edu • E-mail: mca.cme@mayo.edu • Phone: 480-301-4580

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