Mayo School of Continuous Professional Development

Mayo Clinic

Headache Symposium

Park Central Hotel
San Francisco, California
Friday – Sunday
August 7-9, 2015

INTERACTIVE SYMPOSIUM:

• Expert Panel Discussions
  › Skill Stations in Nerve Blocks and Neurotoxin Injection
  › Special Topics in Headache Treatment
• Post-traumatic Headache from Sports-related Concussion
• Discussion on Challenging Headache Cases
• Featuring a Self-Assessment Activity

Featuring an ABPN Approved MOC Self-Assessment Activity

Discounted rooms are limited so book your accommodations now!

Register Now!
SYMPOSIUM DESCRIPTION
This course provides attendees with an update on the diagnosis and management of primary and secondary headache disorders. The format will include lectures from internationally renowned experts, panel discussions, interactive question and answer sessions, and optional small-group breakout sessions on special topics in headache.

ABPN APPROVED MOC SELF-ASSESSMENT ACTIVITY
Self-Assessment activities are required for the American Board of Psychiatry and Neurology (ABPN) Maintenance of Certification (MOC) program. This self-assessment covers core competencies in medical knowledge, patient care, systems-based practice and practice-based learning and improvement. This self-assessment includes 100 multiple choice questions on diagnosis and management of primary and secondary headache disorders. The self-assessment must be completed and submitted by Thursday, July 30, 2015 and will be used to guide the CME activity. After completing the self-assessment, participants will be provided a report with their selected answers, the correct answers, and comparative performance of all participants on each question. This report will include recommended literature resources for each question. This is an optional activity with a separate registration fee. Self-assessments are sent to the email address noted in your registration profile.

SYMPOSIUM LEARNING OBJECTIVES
Upon completion of this course, participants should be able to:
• Distinguish between primary headache disorders and headaches symptomatic of other disease.
• Differentiate episodic and chronic primary headache disorders to formulate diagnosis.
• Formulate treatment plans for primary headache disorders frequently encountered in both the primary care setting and general neurological practice.
• Manage headaches due to sports-related concussion.
• Apply techniques for the administration of Botox and nerve blocks in migraine and other headache disorders.
• Identify interactions and contraindications with medications used for the treatment of headaches.
• Explain AAN guidelines regarding appropriate dosage for acute or preventative medication treatment of migraines.

CREDIT
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
Mayo Clinic College of Medicine designates this live activity for a maximum of 17.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
The American Board of Psychiatry and Neurology has reviewed the Mayo Clinic Headache Symposium, August 7-9, 2015, (awarding 17.0 AMA PRA Category 1 Credits™) and has approved this program as part of a comprehensive self-assessment program, which is mandated by the ABMS as a necessary component of Maintenance of Certification. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
This program has been accredited by the American Osteopathic Association for 17.0 credits of AOA Category 2-A.
This program is pending approval with AANP.
A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

INTENDED AUDIENCE
All practitioners who evaluate and treat headache patients including internists, family medicine practitioners and neurologists.

DISCLAIMER
Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.
Program

Friday, August 7, 2015

7:00 a.m.  Breakfast / Registration
7:45  Welcome Announcements
8:00  Pathophysiology of Migraine  .................... Fred (Michael) M. Cutrer, M.D.
8:30  Approach to the Headache Patient  ............... Rashmi B. Halker Singh, M.D.
9:00  Acute and Preventive Treatment of Migraine  ........ Jerry W. Swanson, M.D.
9:30  Questions & Answer
10:00  Break
10:15  Treatment of Status Migrainosus and Headache in the Emergency Department  ........ Carrie (Beth) E. Robertson, M.D.
10:45   Learning Through Headaches Cases.................Carrie (Beth) E. Roberson, M.D.
11:15   Concussion and its Relevance to Providers
Who Treat Headache........................................Bert B. Vargas, M.D.
11:45   Question & Answer
12:15 p.m.  Lunch
12:30   Lunch Debate: Controversial Topics in Concussion
Bert B. Vargas, M.D., Amaal Starling, M.D., Rodolfo Savica, M.D., Ph.D., Jennifer V. Wethe, Ph.D.
1:15   Breakout A
1.  Practical Tips for Assessing Concussion and Neuropsychological Function that All Providers Should Know
   Amaal J. Starling, M.D. and Jennifer V. Wethe, Ph.D.
   Rashmi B. Halker Singh, M.D. and Carrie (Beth) E. Robertson, M.D.
2:45   Break
3:00   Breakout B
1.  Practical Tips for Assessing Concussion and Neuropsychological Function that All Providers Should Know
   Amaal J. Starling, M.D. and Jennifer V. Wethe, Ph.D.
   Rashmi B. Halker Singh, M.D. and Carrie (Beth) E. Robertson, M.D.
4:30   Adjourn

Saturday, August 8, 2015

7:00 a.m.  Morning Tai Chi with Robert Sheeler, MD
7:45   Announcements
8:00   High and Low Pressure Headaches......................Ivan Garza, M.D.
8:30   Diagnosis and Treatment of the Trigeminal Autonomic Cephalalgias (TACs).................Rashmi B. Halker Singh, M.D.
9:00   Neurosurgical Management of Trigeminal Neuralgia: When to Refer and What Can Be Done............Richard S. Zimmerman, M.D.
9:30   Question and Answer
10:00   Break
10:15   Breakout C
1.  Women and Migraine
   Amaal J. Starling, M.D. and Paru S. David, M.D.
2.  Complementary and Alternative Treatments for Headache and Fostering Resilience in Ourselves and Our Patients
   Robert D. Sheeler, M.D. and Cynthia M. Stonnington, M.D.
11:45   Break
Noon   Breakout D
1.  Women and Migraine
   Amaal J. Starling, M.D. and Paru S. David, M.D.
2.  Complementary and Alternative Treatments for Headache and Fostering Resilience in Ourselves and Our Patients
   Robert D. Sheeler, M.D. and Cynthia M. Stonnington, M.D.
1:30 p.m.  Adjourn

Program schedule is subject to change without notice.
Program

Sunday, August 9, 2015

7:00 a.m.  Breakfast with the Faculty
7:45     Announcements
8:00     The What, When, and Why of Ordering Imaging Studies for Evaluation of Headache  . . . . . . . . Joseph M. Hoxworth, M.D.
8:30     Research Imaging of Headache: Pathophysiologic and Clinical Implications  . . . . . . . . Todd J. Schwedt, M.D.
9:00     Identifying and Treating Autonomic Issues in Headache  . . . . . . . . . . . . . . . . . . . . . . . . . . . Brent P. Goodman, M.D.
9:30     Question and Answer
10:00    Break
10:15    Highlights in the Field: The Most Notable Science Presented at Recent Headache Meetings  . . . . . . . . Todd J. Schwedt, M.D.
10:45    Historical Perspectives in Headache  . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Christopher J. Boes, M.D.
11:15    Stump the Experts: Live Presentation and Discussion of Challenging Headache Cases  
          Peter Goadsby, M.D., Ph.D. and Mayo Clinic Faculty
12:30 p.m. Adjourn

Registration Information

$75 DISCOUNT FOR EARLY REGISTRATION!
Go to ce.mayo.edu – Search Headache Symposium 2015 (Offer expires July 10, 2015)
Note: When registering online, please be sure to “check-out” after your profile is completed/updated.

An email confirmation will be sent upon receipt of payment and completed registration. If you do not receive your confirmation, or if you have any questions, please email us at mca.cme@mayo.edu or call (480) 301-4580.

Although it is not Mayo Clinic’s policy to limit the number of registrants for a course, conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended.

Mayo Clinic will not be responsible for expenses incurred by individuals who are not confirmed for courses with a closed registration status. Costs incurred by the registrant such as airline/ hotel fees or penalties are the responsibility of the registrant.

CANCELLATION POLICY: No refund will be granted unless a written notice of cancellation is received. If registration must be canceled, tuition less a $75 administrative fee will be refunded when written notification is received on or before July 24, 2015. No refunds will be made after this date.

ONLINE SYLLABUS: Your registration fee includes access to an electronic syllabus that will be emailed prior to the course. This allows you to view, save, or print the syllabus before attending the course. If you want to order a paper copy (additional fee), check the box at the bottom of this registration form.

REGISTRATION

Physicians Active in Practice $800
Other (resident, retired and allied health) $775
Maintenance of Certification (pre-symposium activity) $100
Paper copy of the syllabus $75

Note: Due to printing deadlines, this option will not be available after July 17, 2015
SYMPOSIUM DIRECTORS
Rashmi B. Halker Singh, M.D. Bert B. Vargas, M.D.

MAYO FACULTY
Christopher J. Boes, M.D. Todd J. Schwedt, M.D.
Fred (Michael) M. Cutrer, M.D. Robert D. Sheeler, M.D.
Paru S. David, M.D. Amaal J. Starling, M.D.
Ivan Garza, M.D. Cynthia M. Stonnington, M.D.
Brent P. Goodman, M.D. Jerry W. Swanson, M.D.
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Carrie (Beth) E. Robertson, M.D. Richard S. Zimmerman, M.D.
Rodolfo Savica, M.D., Ph.D.

GUEST FACULTY
Peter J. Goadsby, M.D., Ph.D.
UCSF Medical Center
San Francisco, California

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM
Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

FACULTY DISCLOSURE: As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.