22ND ANNUAL INTERNAL MEDICINE UPDATE
SEDONA 2019
Updates and practical information for use in everyday practice

$75 DISCOUNT IF YOU REGISTER ON OR BEFORE SEPT 3, 2019

HILTON SEDONA RESORT AT BELL ROCK
VILLAGE OF OAK CREEK, SEDONA, ARIZONA
OCTOBER 3–6, 2019 or OCTOBER 17–20, 2019

Register Now – Attendance is Limited!
COURSE HIGHLIGHTS

With two dates to choose from, this four-day course provides a practical update on a variety of subspecialty topics, including:

- Abnormal CBC
- Allergy
- Dementia
- Dermatology
- EKG
- ENT
- Esophageal Disorders
- Hematuria
- Integrative Medicine
- Lung Cancer
- Migraine
- NOACS
- Palliative Medicine
- Paraneoplastic Syndromes
- Peripheral Neuropathy
- Physician Burnout
- Pulmonary Update
- Geriatrics
- Rheumatology
- Sexual Dysfunction
- Sleep Medicine
- Valvular Heart Disease
- Women’s Health

Features two daily question-and-answer sessions using interactive keypads for enhanced audience participation and learning

TARGET AUDIENCE

This course is designed for primary care providers (physicians, nurse practitioners and physician assistants).

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Summarize the updated screening and treatment options for lung cancer
- Identify an approach to the workup of an abnormal CBC
- Detail an approach to management of migraine including new medical therapies
- Describe dermatological manifestations of systemic disease
- Cite treatments for vasomotor symptoms of menopause

REGISTRATION

To register online, visit [ce.mayo.edu/imupdate3oct2019](http://ce.mayo.edu/imupdate3oct2019) for the 1st Session and visit [ce.mayo.edu/imupdate17oct2019](http://ce.mayo.edu/imupdate17oct2019) for the 2nd Session. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments for registrants. Although it is not Mayo Clinic School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised.

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<tr>
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<th>On or Before Sept 3</th>
<th>After Sept 3</th>
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<tbody>
<tr>
<td>General Session (no discounts available)</td>
<td>$610 USD</td>
<td>$685 USD</td>
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<tr>
<td>Paper Syllabus</td>
<td>$65 USD</td>
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Please visit [ce.mayo.edu/cancellation](http://ce.mayo.edu/cancellation) for more information.
LOCATION AND ACCOMMODATIONS

Hilton Sedona Resort at Bell Rock
90 Ridge Trail Drive  |  Sedona, Arizona 86351
877-273-3762 (toll-free) or 928-284-4040

Important to note that the resort room block has sold out each year. You are encouraged to make your course and room registration early.

To ensure accommodations, reserve your room from the course website before the room block is filled or 30 days prior to the course date in order to receive a discounted rate of $279 per night plus applicable taxes. Discounted rates will apply three days prior to and after the course dates, based on availability.

Hotel cancellation policy applies.

Daily Resort Charge: $28.00 per room/per day has been waived and includes: Parking, WI-FI Internet Access in Guestrooms and Lobby Living Room, Access to Sedona Athletic Club, 15% discount on signature eforea Spa Services, 10% discount at Sedona Golf Resort on Pro Shop Purchases, Parking, use of guest laundry facilities, Unlimited local and 800 telephone access, In Room Coffee + Tea, Daily News Paper.

WELCOME RECEPTION

The course directors invite you to a casual welcome reception on Thursday evening for the course registrant and a guest (included in registration fee). This reception offers you the perfect opportunity to meet existing and new colleagues.

Pre-registration is required.

Each additional guest: Adults $60 / Children (ages 5-12) $40

Thursday, October 3, 2019 or Thursday, October 17, 2019 at 5:30 – 6:30 p.m.

CREDIT

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

AMA: Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 20 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AANP: This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 20.0 contact hours of accredited education.

Other Healthcare Professionals: A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

ABIM MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20.00 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
For a comprehensive program schedule, please visit our website.

1ST SESSION CE.MAYO.EDU/IMUPDATE3OCT2019
2ND SESSION CE.MAYO.EDU/IMUPDATE17OCT2019

- Abnormal CBC ... When to Phone a Hematology Friend
- Top 10 Allergy Topics
- Clinical Application for the Direct Oral Anticoagulants
- Dementia Update
- Dermatologic Manifestations of Systemic Diseases
- Tales of Telltale EKG's
- ENT Common Topics
- Esophageal Disorders
- Hematuria
  - Nephrology Perspective
  - Urology Perspective
- Practical Integrative Medicine Topics
- Update on Lung Cancer
  - Screening
  - Oncology
  - Radiation Oncology
- Migraine
- Palliative Medicine Top 10
- Paraneoplastic Syndromes
- Peripheral Neuropathy
- Physician Burnout
- Pulmonary Update
- Geriatrics
- Rheumatology for the PCP
- Sexual Dysfunction
  - Female Sexual Health
  - Male Sexual Health
- Sleep Medicine
- Valvular Heart Disease
- Women’s Health Top 10
Course Faculty

Mayo Clinic Faculty

Natalya Azadeh, M.D., M.P.H.
Richard J. Caselli, M.D.
Paru S. David, M.D.
Mark K. Edwin, M.D.
W. Leroy Griffing, M.D.
Richard A. Helmers, M.D.
Musab Hommos, M.B.B.S., FACP
Brittany E. Howard, M.D.
Jason J. Jameson, M.D.
Clinton E. Jokerst, M.D.
Allon Kahn, M.D.
Nina J. Karlin, M.D.
Aqsa A. Khan, M.D.
Julie A. Khoury, M.D.

Musab Hommos, M.B.B.S., FACP

Jewel M. Kling, M.D., M.P.H., NCMP, FACP
Helene R. Labonte, D.O.
Philip J. Lyng, M.D.
Charles J. Manak, M.D., FACP
Aaron R. Mangold, M.D.
Michael J. Marino, M.D.
Denise M. Millstine, M.D.
Farouk Mookadam, M.B., B. Ch.
Jeanne M. Palmer, M.D.
Matthew A. Rank, M.D.
Helen J. Ross, M.D.
Fadi E. Shamoun, M.D.
Terence T. Sio, M.D., M.S.
Amaal J. Starling, M.D.
Mark D. Tyson, II, M.D., M.P.H.
The Internal Medicine Update is one of our most popular conferences and registration will fill very quickly. Space is limited to 250 participants, so we encourage you to register as soon as possible and before you make your travel arrangements.