

# Mayo Clinic 14<sup>th</sup> Annual Women's Health Update *Program Schedule*

**Thursday, March 1, 2018**

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6:45 a.m.                    **Registration & Continental Breakfast**

7:20 a.m.                    **Welcome Announcements**

## **CARDIOLOGY**

**MODERATOR: Marcia G. Ko, M.D.**

7:30 a.m.                    **CHADS-VASc Calculator for Atrial Fibrillation**  
Fadi E. Shamoun, M.D.

8:00 a.m.                    **Left Atrial Appendage Occlusion in Patients with Atrial Fibrillation:  
Who Should Be Considered?**  
Eric H. Yang, M.D.

8:30 a.m.                    **Weak and Dizzy**  
Dan Sorajja, M.D.

9:00 a.m.                    **Question and Answer Session**

9:20 a.m.                    **Refreshment Break**

## **PAINMANAGEMENT**

**MODERATOR: Marcia G. Ko, M.D.**

9:40 a.m.                    **Opioid Epidemic - History**  
Maura M. Scanlon, M.D.

10:10 a.m.                    **Evolving and Current Requirements**  
David C. Patchett, D.O.

10:40 a.m.                    **Non-Opioid Pain Management**  
Christopher S. Wie, M.D.

11:10 a.m.                    **Question and Answer Session**

## **PULMONARY**

**MODERATOR: Marcia G. Ko, M.D.**

11:30 a.m.                    **Lunch (*Provided*)**

12:15 p.m.                    **COPD/ Asthma in Women**  
Karen L. Swanson, D.O.

12:45 p.m.                    **Chronic Infections/MAC/Bronchiectasis**  
Ramachandra R. Sista, M.D.

1:15 p.m.                    **Questions and Answer Session**

# Mayo Clinic 14<sup>th</sup> Annual Women's Health Update

**Thursday, March 1, 2018** (*continued*)

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## **SLEEP**

**MODERATOR: Marcia G. Ko, M.D.**

- 1:30 p.m.            **Insomnia Sleep Through the Ages**  
Yasemin S. Tashman, M.D.
- 2:00 p.m.            **Sleep Apnea**  
Ann M. Petersen, APRN, C.N.P.
- 2:30 p.m.            **CPAP Equipment**  
Bernie W. Miller
- 3:00 p.m.            **Question and Answer Session**
- 3:20 p.m.            **Five-Minute Break**

## **PSYCHIATRY/NEUROLOGY**

**MODERATOR: Marcia G. Ko, M.D.**

- 3:25 p.m.            **Pearls to Understand, Treat and Empower Women with  
Depression and Somatic Symptoms**  
Cynthia M. Stonnington, M.D.
- 3:55 p.m.            **Update in Anti-Depressants**  
Robert P. Bright, M.D.
- 4:25 p.m.            **Update on Tremor**  
Erika D. Driver-Dunckley, M.D.
- 4:55 p.m.            **Question and Answer Session**
- 5:10 p.m.            **Adjourn**

**510 minutes/60 = 8.5 Credits**

# Mayo Clinic 14<sup>th</sup> Annual Women's Health Update

**Friday, March 2, 2018**

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6:45 a.m.                    **Continental Breakfast**

7:20 a.m.                    **Announcements**

## **BREAST HEALTH**

**MODERATOR: Anita P. Mayer, M.D.**

7:30 a.m.                    **Nipple Abnormalities**  
Barbara A. Pockaj, M.D., F.A.C.S.

8:00 a.m.                    **Breast Cancer Prevention**  
Donald W. Northfelt, M.D.

8:30 a.m.                    **Breast Reconstruction in Post-Cancer Patients**  
Alanna M. Rebecca, M.D.

9:00 a.m.                    **Advanced Breast Imaging Update**  
Roxanne Lorans, M.D.

9:30 a.m.                    **Question and Answer Session**

9:50 a.m.                    **Refreshment Break**

## **GYN/ MENOPAUSE/HORMONES**

**MODERATOR: Anita P. Mayer, M.D.**

10:10 a.m.                    **Guidelines for Hormone Use**  
Juliana M. Kling, M.D.

10:40 a.m.                    **Taking a Sexual History**  
Suneela Vegunta, M.D.

11:10 a.m.                    **Cervical Cancer Screening in High-Risk Women**  
Megan N. Wasson, D.O.

11:40 a.m.                    **Sexually-Transmitted Diseases**  
Janis E. Blair, M.D.

12:10 p.m.                    **Question and Answer Session**

12:30 p.m.                    **Lunch** (*Provided*)

# Mayo Clinic 14<sup>th</sup> Annual Women's Health Update

**Friday, March 2, 2018** (*continued*)

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## ENDOCRINOLOGY

**MODERATOR: Anita P. Mayer, M.D.**

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| 1:15 p.m. | <b>Diabetes Update – Nuts and Bolts</b><br>Bithika M. Thompson, M.D.                       |
| 1:45 p.m. | <b>Team Approach – Creating a Program to Manage Diabetes</b><br>Mary E. Boyle, FNP-BC, CDE |
| 2:15 p.m. | <b>Technology for New Insulin Pumps and Prescribing Them</b><br>Bithika M. Thompson, M.D.  |
| 2:45 p.m. | <b>Osteoporosis</b><br>Michael J. Maricic, M.D.  |
| 3:15 p.m. | <b>Question and Answer Session</b>   |
| 3:35 p.m. | <b>Adjourn</b>   |

**420 minutes/60 = 7.0 Credits**

# Mayo Clinic 14<sup>th</sup> Annual Women's Health Update

**Saturday, March 3, 2018**

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7:15 a.m.                    **Continental Breakfast**

7:50 a.m.                    **Announcements**

## **PELVIC FLOOR DYSFUNCTION**

**MODERATOR: Marcia G. Ko, M.D.**

8:00 a.m.                    **Don't Ask, Don't Tell: Identifying Urinary Incontinence and Initiating Treatment**

Johnny Yi, M.D.

8:30 a.m.                    **Physical Therapy**

Lubayna Fawcett, Ph.D.

9:00 a.m.                    **Accidental Bowel Leakage: The Other Pelvic Floor Disorder**

Anita P. Mayer, M.D.

9:30 a.m.                    **Surgical Options for ABL**

Tonia Young-Fadok, M.D., M.S.

10:00 a.m.                    **Question and Answer Session**

10:20 a.m.                    **Refreshment Break**

## **DERMATOLOGY SESSION**

**MODERATOR: Marcia G. Ko, M.D.**

10:40 a.m.                    **Melanoma/Dermoscopy Practicum**

David L. Swanson, M.D.

11:40 a.m.                    **Hair Loss**

Rashmi Unwala, M.D.

12:10 p.m.                    **Q & A Session**

12:20 p.m.                    **Meeting Adjourns**

**240 minutes/60 = 4.0 Credits**

**Total = 8.5 + 7.0 + 4.0 = 19.5**