



Mayo Clinic Talks: Opioid Edition 17R05876-1

Course Description and Target Audience

This is a three-hour long podcast series – (10) 15 minute episodes – that are interviews recorded for self-paced listening. Mayo Clinic physicians discuss the new opioid prescribing guidelines and share real-life examples from their practice. The topics include assessing the patient’s candidacy for opioid therapy, and when deemed appropriate, what drug, duration and dose is recommended. Addiction and opioid use disorder are also discussed. This course is appropriate for physicians, nurse practitioners, physicians’ assistants, nurses and pharmacists; and particularly relevant for primary care physicians who maintain and monitor patients on chronic opioid therapy.

Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Identify when it is appropriate to initiate or continue opioid therapy for a patient.
- Select the best opioid medication, dosage and duration for a patient identified as a good candidate for opioid therapy.
- Recognize the risks of opioid therapy and recommend treatment options for opioid use disorder.

Accreditation Statement



JOINT ACCREDITATION™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement

AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 3 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Release and Expiration Dates

Release Date: January 1, 2018
Credit Expiration Date: December 31, 2020

Program Schedule (video/audio length min/sec)

	Title	Physician	Runtime
1.1	The Opioid Crisis and Pain Management	Gazelka	09:56
1.2	Managing Acute and Chronic Pain	Gazelka	17:27
1.3	Family Practitioners: Assessing the Patient	Patchett	09:42
1.4	Treating Special Populations & Situations	Patchett	11:38
2.1	Acute Prescribing: Emergency Room Prescribing	Clements	23:04
2.2	Assessing & Treating Opioid Misuse in the ED	Clements	17:40
2.3	Treating Opioid Addiction	Geyer	15:09
2.4	Family & Patient Counseling	Geyer	10:09
3.1	Opioid Monitoring and Considerations for Tapering	Gazelka	32:00
3.2	Management of Opioid Side Effects	Feeley	26:15

Faculty

Course Co-Directors

Holly L. Geyer, M.D.

Casey M. Clements, M.D., Ph.D.

Mayo Clinic Faculty

Holly L. Geyer, M.D.

Casey M. Clements, M.D., Ph.D.

Halena M. Gazelka, M.D.

David P. Patchett, D.O.

Molly A. Feely, M.D.

Disclosures

As a provider accredited by ACCME, Mayo Clinic College of Medicine and Science (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments that are described within this book. Disclosures of these relevant financial relationships are published so that participants may formulate their own judgments regarding the material.

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine and Science complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

Faculty, Planning Committee and Provider Disclosure Summary

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Listed below are individuals with control of the content of this program who have disclosed.

Relevant financial relationship(s) with industry:

Name	Nature of Relationship	Company
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Listed below are individuals with control of the content of this program who have no reported disclosures

Name

Holly L. Geyer, M.D.
Casey M. Clements, M.D., Ph.D.
Halena M. Gazelka, M.D.
David P. Patchett, D.O.

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacturer/Provider	Product/Device
Molley A. Feely, M.D.	Haldol Methylnaltrexone Ondansetron Naloxone Modafinil Methylphenidate	

Method of Physician Participation in Learning Process

Learners will listen to the 3-hour podcast series, which is freely available via podcast applications. Upon completing the podcast series, learners will be directed to the course website where they will take a post-course assessment and claim credit.

Prerequisites for Participation

There are no prerequisites for physicians needed prior to participating in this education activity.

How to Request/Obtain Credit

In order to request CME Credit, the learner will need to register for the course, successfully pass an 8-question assessment (80% pass rate with 2 attempts) and complete the course evaluation form.

Acknowledgement of Commercial Support

No commercial support was received in the production of this CME activity.

Mayo Clinic Disclaimer

Participation in the Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

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Distribution of Enduring Material

Learners participating in this activity can access the podcast on Apple iTunes, Google Play, Stitcher and other popular podcast catchers. Additional resources, assessment, and certificate are available at the course website: <https://ce.mayo.edu/node/49357>.

The podcast apps will have a description of the podcast and will include links to the course website where the front matter will be displayed, as well as instructions on how to claim CME credit. The audio outro for each podcast episode will also verbally direct healthcare providers looking to claim CME credit to go to ce.mayo.edu/opioidpc.

Questions?

For assistance with obtaining CME credits, contact:

Mayo School of Continuous Professional Development
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E-mail: cme@mayo.edu