### 39th Practice of Internal Medicine

**May 6-10, 2019**  
**Hilton Rochester Mayo Clinic Area**  
**Rochester, MN**

**Monday, May 6, 2019**

<table>
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<tr>
<th>Time</th>
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<tr>
<td>6:30 a.m.</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:50 a.m.</td>
<td>Introduction and Course Overview</td>
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| **Specialty:** Cardiology  
**Moderator:** Stephen L. Kopecky, M.D. | 8:00 a.m. Management of Chronic CAD  
*Michael W. Cullen, M.D.*  
8:30 a.m. A Practical Approach to Syncope  
*Peter A. Noseworthy, M.D.*  
9:00 a.m. Treatment Strategies in Atrial Fibrillation -- How to Choose  
*TBD*  
9:30 a.m. Update in Preventive Cardiology  
*Stephen L. Kopecky, M.D.*  
10:00 a.m. Refreshment Break                        |
| 10:30 a.m. | Clinical Pearls: Infectious Diseases  
*Randall S. Edson, M.D.*  
11:30 a.m. Lunch (on your own)                                       |
| **Specialty:** General Internal Medicine  
**Moderator:** John B. Bundrick, M.D. | 1:15 p.m. Antibiotic Stewardship: Selection and Duration of Therapy for Common Infectious Diseases  
*Pritish K. Tosh, M.D.*  
1:45 p.m. Proton Pump Inhibitors: What are the Risks?  
*Jeffrey A. Alexander, M.D.*  
2:15 p.m. Cases from the Travel Medicine Clinic  
*Mary J. Kasten, M.D.*  
2:45 p.m. Dyspepsia and Functional Bowel Symptoms: A Practical Approach  
*Madhusudan (Madhu) Grover, M.B.B.S.*  
3:15 p.m. Refreshment Break                        |
| 3:45 p.m. | **Concurrent Sessions**  
*Please note, these sessions are on a first come, first serve basis. No registration is required.*  
#1 Clinical Pearls: Oncology (for the Internist)  
*Andrea E. Wahner Hendrickson, M.D.*  
#2 Musculoskeletal Injection Workshop  
*Laura S. Greenlund, M.D., Ph.D., Stephen P. Merry, M.D. and William J. Ward, M.D.* |
#3 Surviving Burnout: Solutions for Clinicians and the Systems They Work In  
*Colin P. West, M.D., Ph.D.*

5:00 p.m.   Adjourn

**Tuesday, May 7, 2019**

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| **Specialty:** | **General Internal Medicine**  
**Moderator:** | **John B. Bundrick, M.D.** |
| 8:00 a.m. | New Endobariatric Procedures  
*Mark V. Larson, M.D.* |
| 8:30 a.m. | Keeping Abreast of Breast Cancer Screening  
*Karthik Ghosh, M.D.* |
| 9:00 a.m. | Detection and Management of OSA in Patients Undergoing Surgery  
*Eric J. Olson, M.D.* |
| 9:30 a.m. | Clinical Management of Fractures while on Osteoporosis Treatment  
*Robert A. Wermers, M.D.* |
| 10:00 a.m. | Refreshment Break                                                                                   |
| 10:30 a.m. | Clinical Pearls: Dermatology  
*Mark Denis P. Davis, M.D.* |
| 11:30 a.m. | Break/Travel time to Lunch with the Professor                                                   |
| 12:00 p.m. | Lunch with the Professor  
Group I - Gastroenterology  
Group II - Psychiatry  
Group II - Musculoskeletal and Sports Medicine  
Group IV - Urology |
| 12:45 p.m. | Break/Travel time from Lunch                                                                       |
| **Specialty:** | **General Internal Medicine**  
**Moderator:** | **John B. Bundrick** |
| 1:15 p.m. | Colon Polyps: Surveillance Cases  
*Robert E. Kraichely, M.D.* |
| 1:45 p.m. | Managing Opioid Side Effects -- A Practical Guide  
*Molly A. Feely, M.D.* |
| 2:15 p.m. | Practical Tips for Managing the Poorly Controlled Diabetic  
*Vinaya Simha, M.B.B.S., M.D.* |
| 2:45 p.m. | ADHD in Adults: Diagnosis and Management  
*William B. Leasure, M.D.* |
| 3:15 p.m. | Refreshment Break                                                                                   |
| 3:45 p.m. | **Concurrent Sessions**  
*Please note, these sessions are on a first come, first serve basis. No registration is required.* |

#1 Navigating Difficult Conversations with Your Patients Regarding Controlled Substance Use  
*Emily L. Leasure, M.D. and William J. Ward, M.D.*
#2 Cases in Liver Disease  
*William Sanchez, M.D. and Douglas (Doug) A. Simonetto, M.D.*

#3 Cases in Perioperative Medicine  
*Karna K. Sundsted, M.D. and Dennis (Mike) M. Bierle, M.D.*

5:00 p.m.  Adjourn

**Wednesday, May 8, 2019**

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| 8:00 a.m. | FAQ in Venous Disease  
*Charles (Charlie) A. Lenz, M.D.*                                     |
| 8:30 a.m. | Alcohol Use Disorders: Chronic Management and Medication Assisted Treatments in Primary Care  
*Terry D. Schneekloth, M.D.*                                                                                   |
| 9:00 a.m. | Dermatologic Symptoms without Clinical Findings  
*Rochelle R. Torgerson, M.D., Ph.D.*                               |
| 9:30 a.m. | Mythbusting Diagnoses from Dr. Google  
*Ravindra Ganesh, M.B.B.S., M.D.*                                    |
| 10:00 a.m. | Refreshment Break                                                     |
| 10:30 a.m. | Clinical Pearls: Pulmonary  
*Megan M. Dulohery Scrodin, M.D.*                                     |
| 11:30 a.m. | Lunch (on your own)                                                   |
| **Specialty:** General Internal Medicine                                  |
| **Moderator:** John B. Bundrick, M.D.                                       |
| 1:15 p.m. | Primary Care for the Transplant Patient  
*Carrie A. Schinstock, M.D.*                                         |
| 1:45 p.m. | Lung Cancer Screening and Pulmonary Nodules  
*Craig E. Daniels, M.D.*                                             |
| 2:15 p.m. | Hypertension: Practical Application of Divergent Guideline Recommendations  
*Gary L. Schwartz, M.D.*                                            |
| 2:45 p.m. | Bacteria That Infect the Gut: Highlights From Recent Guideline Updates  
*Sahil Khanna, M.B.B.S.*                                             |
| 3:15 p.m. | Refreshment Break                                                     |
| 3:45 p.m. | **Concurrent Sessions**                                               |
| *Please note, these sessions are on a first come, first serve basis. No registration is required.* |
| 3:45 p.m. | #1 A Practical Approach to the Chronically Dizzy Patient  
*Scott D. Eggers, M.D.*                                               |
| 3:45 p.m. | #2 Cases in Management of Cognitive Impairment and Dementia  
*Gabrielle J. Melin, M.D., M.S. and Ericka E. Tung, M.D.*               |
Thursday, May 9, 2019

6:45 a.m. Registration and Continental Breakfast

**Specialty:** General Internal Medicine  
**Moderator:** John B. Bundrick

8:00 a.m. Sexuality in the Older Woman  
*Carol L. Kuhle, D.O., M.P.H.*

8:30 a.m. Medical Cannabis: Weeding Through the Options  
*Jon O. Ebert, M.D.*

9:00 a.m. Symptom Management in Palliative Care  
*Jacob J. Strand, M.D.*

9:30 a.m. Fibromyalgia: Finding Your Way Through the Fog  
*Jeffrey M. Thompson, M.D.*

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: General Internal Medicine  
*John B. Bundrick, M.D.*

11:30 a.m. Break/Travel time to Lunch with the Professor

12:00 p.m. Lunch with the Professor

12:45 p.m. Break/Travel time from Lunch

**Specialty:** General Internal Medicine  
**Moderator:** John B. Bundrick, M.D.

1:15 p.m. Beyond OSA: A Practical Approach to the Sleepy Patient  
*Michael H. Silber, M.B.Ch.B.*

1:45 p.m. Alcohol Withdrawal: Assessment and Treatment Strategies  
*John T. Ratelle, M.D.*

2:15 p.m. What Do I Do with This? Unexpected Findings on Neurologic Tests  
*Nathan P. Young, D.O.*

2:45 p.m. Treating the Pain Patient with Anxiety or Depression  
*Kristin J. Somers, M.D.*

3:15 p.m. Refreshment Break

3:45 p.m. **Concurrent Sessions**  
*Please note, these sessions are on a first come, first serve basis. No registration is required.*

* #1 Clinical Pearls: Cardiology  
*Paul M. McKie, M.D.*
**#2 Physical Examination of the Neck and Shoulder With Clinical Correlates**  
*Edward R. Laskowski, M.D.*

**#3 Interpretations of Chest Imaging and PFTs**  
*Eric S. Edell, M.D. and Darlene R. Nelson, M.D.*

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<td>5:00 p.m.</td>
<td>Adjourn</td>
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**Friday, May 10, 2019**

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<td><strong>Moderator:</strong> John B. Bundrick, M.D.</td>
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| 8:00 a.m.  | A “Bump” in Creatinine: Do This, Not That  
*Suzanne M. Norby, M.D.* |
| 8:30 a.m.  | A Simplified Approach to Prescribing Oxygen  
*Clayton T. Cowl, M.D., M.S.* |
| 9:00 a.m.  | Polycystic Kidney Disease -- Recognition and Current Management  
*Fouad T. Chebib, M.D.* |
| 9:30 a.m.  | A Practical Approach to Evaluating the Patient with Lymphadenopathy  
*Carrie A. Thompson, M.D.* |
| 10:00 a.m. | Meet the Professor/Refreshment Break                                                                           |
| 10:30 a.m. | **Specialty:** General Internal Medicine                                                                      |
|            | **Moderator:** Scott C. Litin, M.D.                                                                          |
| 10:30 a.m. | Clinical Pearls: Neurology  
*Jeremy K. Cutsforth-Gregory, M.D.* |
| 11:30 a.m. | Q & A and Discussion                                                                                          |
| 12:00 p.m. | Adjourn                                                                                                      |