



**8<sup>th</sup> Annual**  
**Comprehensive Sports Medicine Update and Board Review Course**  
**June 19-22, 2019**

<b>Wednesday, June 19, 2019</b>	
7:00 AM	Registration and Continental Breakfast
8:00 AM	Introduction <i>Jonathan Finnoff, D.O.</i>
8:15 AM	Role of the Team Physician <i>Nancy Cummings, M.D.</i>
8:30 AM	Exercise Physiology <i>Jonathan Finnoff, D.O.</i>
9:05 AM	Biomechanics <i>Aaron Hellem, D.P.T.</i>
9:30 AM	Pharmacology and Doping in Sports Medicine <i>Jeff Tanji, M.D.</i>
10:00 AM	Questions and Answers <i>Jonathan Finnoff, D.O., Jeff Tanji, M.D., Nancy Cummings, M.D., Aaron Hellem, D.P.T.</i>
10:15 AM	Break
10:30 AM	Principles of Musculoskeletal Rehabilitation <i>Jacob Sellon, M.D.</i>
10:50 AM	Sports Medicine Procedures <i>Jonathan Finnoff, D.O.</i>
11:10 AM	Event Administration <i>Jacob Sellon, M.D.</i>
11:40 AM	Braces and Protective Equipment <i>Jonathan Finnoff, D.O.</i>
12:00 PM	Questions and Answers <i>Jonathan Finnoff, D.O., Jacob Sellon, M.D., Edward Laskowski, M.D.</i>
12:10 PM	Lunch
1:00 PM	Pre-Participation Examination <i>Jeff Tanji, M.D.</i>
1:50 PM	Conditioning and Training Techniques <i>Jonathan Finnoff, D.O.</i>
2:20 PM	Exercise Screening, Testing and Prescription <i>Jeff Tanji, M.D.</i>
2:45 PM	Bone Injuries and Conditions <i>Jason De Luigi, M.D.</i>
3:05 PM	Question and Answer <i>Jonathan Finnoff, D.O., Jeff Tanji, M.D. &amp; Jason De Luigi, M.D.</i>
3:20 PM	Break
3:30 PM	Muscle and Tendon Injuries and Conditions <i>Jacob Sellon, M.D.</i>
3:55 PM	Cartilage and Joint Injuries and Conditions <i>Jason De Luigi, M.D.</i>
4:15 PM	Sports Psychology <i>Justin Anderson</i>
4:45 PM	Fractures and Dislocation Management <i>Jason De Luigi, M.D.</i>
5:05 PM	Question and Answer <i>Jake Sellon, M.D., Jason De Luigi, M.D., Justin Anderson</i>
5:10 PM	Adjourn
5:30 PM	Tour

Thursday, June 20, 2019	
7:00 AM	Registration and Continental Breakfast
8:00 AM	Exercise Associated Collapse <i>David Soma, M.D.</i>
8:35 AM	Shoulder Injuries and Conditions <i>Mederic Hall, M.D.</i>
9:30 AM	Elbow and Forearm Injuries and Conditions <i>David Soma, M.D.</i>
10:05 AM	Question and Answer <i>David Soma, M.D. &amp; Mederic Hall, M.D.</i>
10:20 AM	Break
10:30 AM	Wrist and Hand Injuries and Conditions <i>Mederic Hall, M.D.</i>
11:20 AM	Pediatric Musculoskeletal Injuries and Conditions <i>David Soma, M.D.</i>
11:55 AM	Question and Answer <i>Mederic Hall, M.D. &amp; David Soma, M.D.</i>
12:10 PM	Lunch
1:00 PM	Pelvis, Hip and Thigh Injuries and Conditions <i>Mederic Hall, M.D.</i>
1:55 PM	Knee Injuries and Conditions <i>Michael Stuart, M.D.</i>
2:45 PM	Question and Answer <i>Mederic Hall, M.D. &amp; Michael Stuart, M.D.</i>
3:00 PM	Break
3:15 PM	Eye Injuries and Conditions <i>Kristi Colbenson, M. D.</i>
3:45 PM	Leg, Ankle, and Foot Injuries and Conditions <i>Mederic Hall, M.D.</i>
4:50 PM	Head, Ears, Nose and Throat Injuries and Conditions <i>Kristi Colbenson, M. D.</i>
5:20 PM	Question and Answer <i>Mederic Hall, M.D., &amp; Kristi Colbenson, M. D.</i>
5:30 PM	Adjourn

Friday, June 21, 2019	
7:00 AM	Registration and Continental Breakfast
7:30 AM	The Pediatric Athlete <i>Francis O'Connor, M.D.</i>
7:55 AM	Lumbar Spine Injuries and Conditions <i>Edward R. Laskowski, M.D.</i>
8:25 AM	Environmental Illness <i>Francis O'Connor, M.D.</i>
9:25 AM	Question and Answer <i>Edward R. Laskowski, M.D., Francis O'Connor, M.D.</i>
9:40 AM	Break
9:55 AM	Sports Rheumatology <i>Francis O'Connor, M.D.</i>
10:30 AM	Cervical Spine Injuries and Conditions <i>Edward R. Laskowski, M.D.</i>
11:10 AM	Sports Infectious Disease <i>Francis O'Connor, M.D.</i>
11:45 AM	Question and Answer <i>Francis O'Connor, M.D., Edward R. Laskowski, M.D.</i>
12:00 PM	Lunch
1:00 PM	Sports Cardiology <i>Cindy Chang, M.D.</i>
1:55 PM	The Disabled Athlete <i>Cara Prideaux, M.D.</i>
2:25 PM	Sports Gastroenterology <i>Cindy Chang, M.D.</i>
2:45 PM	Question and Answer <i>Cara Prideaux, M.D., Cindy Chang, M.D.</i>
3:00 PM	Break
3:15 PM	Abdominal Injuries and Conditions <i>Cindy Chang, M.D.</i>
3:45 PM	Neurovascular Injuries of the Upper and Lower Extremities <i>Cara Prideaux, M.D.</i>
4:45 PM	Thoracic Injuries and Conditions <i>Cindy Chang, M.D.</i>
5:15 PM	Question and Answer <i>Cara Prideaux, M.D., Cindy Chang, M.D.</i>
5:30 PM	Adjourn

Saturday, June 22, 2019	
7:00 AM	Registration and Continental Breakfast
7:30 AM	Sports Pulmonology <i>Chad Asplund, M.D.</i>
8:00 AM	Sports Hematology <i>Amy Powell, M.D.</i>
8:25 AM	Sports Dermatology <i>Chad Asplund, M.D.</i>
8:50 AM	Sports Obstetrics and Gynecology <i>Amy Powell, M.D.</i>
9:15 AM	Nutrition <i>Luke Corey</i>
9:50 AM	Question and Answer <i>Amy Powell, M.D., Chad Asplund, M.D., Luke Corey</i>
10:00 AM	Break
10:15 AM	Sports Allergy and Immunology <i>Amy Powell, M.D.</i>
10:35 AM	Sports Neurology <i>Chad Asplund, M.D.</i>
11:15 AM	The Master's Athlete <i>Amy Powell, M.D.</i>
11:40 AM	Question and Answer <i>Amy Powell, M.D. &amp; Chad Asplund, M.D.</i>
11:55 AM	Lunch
12:50 PM	Sports Nephrology and Urology <i>Chad Asplund, M.D.</i>
1:20 PM	The Female Athlete <i>Amy Powell, M.D.</i>
2:00 PM	Sports Endocrinology <i>Chad Asplund, M.D.</i>
2:30 PM	Question and Answer <i>Amy Powell, M.D. &amp; Chad Asplund, M.D.</i>
2:45 PM	Closing Comments <i>Jonathan Finnoff, D.O., Edward R. Laskowski, M.D.</i>
3:00 PM	Adjourn