Monday, October 22 & November 5, 2018

**6:30 a.m.**  Registration and Continental Breakfast

**7:45 a.m.** Welcome & Course Overview

**8:00 a.m.**  Stroke/Cerebrovascular Disease Update  
Robert D. Brown, Jr., M.D., M.P.H.

**8:30 a.m.**  Orthostatic Intolerance: POTS and Other Neurologic Consequences of Gravity (October)  
Jeremy K. Cutsforth-Gregory, M.D.  
A Poopouri of Gut Stuff (November)  
John A. Schaffner, M.D.

**9:00 a.m.**  High-sensitivity Cardiac Troponin T: Friend, Foe, or Frenemy?  
J. Wells Askew, M.D.

**9:20 a.m.**  Question and Answer Session

**9:40 a.m.**  Break

**9:55 a.m.**  Completing Evaluations and Claiming Credit

**10:00 a.m.**  Compliance Monitoring Using Urine Drug Screening  
Loralie J. Langman, Ph.D.

**10:30 a.m.**  Initiating Insulin in the Clinic  
Elizabeth D. Nelson, APRN, C.N.P.

**11:00 a.m.**  A “Bump” in Creatinine: Do This, Not That  
Suzanne M. Norby, M.D.

**11:30 a.m.**  Question and Answer Session

**11:45 a.m.**  Grab & Go Lunch in Auditorium / Travel to Roundtable Sessions

**12:00 p.m.**  Roundtable Sessions

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<thead>
<tr>
<th>Topic</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>Type 2 Diabetes</td>
<td>Elizabeth D. Nelson, APRN, C.N.P.</td>
<td>Suite 107</td>
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<tr>
<td>Skills-Based Session on Lifestyle Medicine</td>
<td>Suzette L. Barakat, M.D.</td>
<td>Suite 108</td>
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<tr>
<td>Diagnosing and Treating Four Common Patient Concerns</td>
<td>Lisa A. Drage, M.D.</td>
<td>Suite 109</td>
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<tr>
<td>Urine Drug Screening</td>
<td>Loralie J. Langman, Ph.D.</td>
<td>Suite 110</td>
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<tr>
<td>How to Approach the Pediatric Patient with Functional Symptoms</td>
<td>Phil R. Fischer, M.D.</td>
<td>Suite 111</td>
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<tr>
<td>The Shoulder Exam: Makes it Easy, Keep it Effective</td>
<td>Christopher L. Camp, M.D.</td>
<td>Suites 112-13</td>
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<tr>
<td>Headaches in Primary Care</td>
<td>Derek W. Stitt, M.D.</td>
<td>Suite 114</td>
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</tbody>
</table>
1:15 p.m.  Travel to Exhibit Hall

1:30 p.m.  A Poopouri of Gut Stuff (October)  
           John A. Schaffner, M.D.  

           Cases in Colorectal Cancer Screening and Surveillance (November)  
           Seth R. Sweetser, M.D.  

2:00 p.m.  Update in COPD Management  
           Megan M. Dulohery Scrodin, M.D.  

2:30 p.m.  Clinical Quandaries in Cervical Cancer Screening  
           Kathy L. MacLaughlin, M.D.  

2:50 p.m.  Question and Answer Session  

3:10 p.m.  Break  

3:30 p.m.  Pediatric Minor Head Injury 2.0 (October)  
           James L. Homme, M.D.  

           Orthostatic Intolerance: POTS and Other Neurologic Consequences of Gravity (November)  
           Jeremy K. Cutsforth-Gregory, M.D.  

4:00 p.m.  Cardiac Risk Stratification and Preventive Treatment  
           Stephen L. Kopecky, M.D.  

4:30 p.m.  Breast Cancer Screening: Options and Decision Making  
           Karthik Ghosh, M.D.  

4:50 p.m.  Question and Answer Session  

5:05 p.m.  Reception  

Tuesday, October 23 and November 6, 2018  

6:30 a.m.  Registration and Continental Breakfast  

7:45 a.m.  Welcome & Course Overview  

8:00 a.m.  Preoperative Cardiac Testing  
           Paul M. McKie, M.D.  

8:30 a.m.  Challenges in the Care of the Patient with Hypertension  
           James R. Gregoire, M.D.  

9:00 a.m.  Outpatient Antimicrobial Stewardship  
           Pritish K. Tosh, M.D.  

9:20 a.m.  Question and Answer Session  

9:40 a.m.  Break  

10:00 a.m.  Pulmonary Embolism: Management After the Hospital  
           Vivek N. Iyer, M.D. (October)  
           Hemang Yadav, M.B.B.S. (November)  

10:30 a.m.  Twitches, Spells, Jerks and Zingers  
           James C. Watson, M.D.
11:00 a.m. Geriatric De-prescribing
Sarah J. Crane, M.D.

11:20 a.m. Question and Answer Session

11:40 a.m. Grab & Go Lunch / Travel to Roundtable Sessions

12:00 p.m. Roundtable Sessions

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<tr>
<td>Latest (Time-saving) Changes/Enhancements at ABFM to Assist Your Board Certification</td>
<td>Joseph Tollison, M.D.</td>
<td>Suite 107</td>
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<tr>
<td>High-Yield Community Neurology Curbsides, Images, and Examination</td>
<td>Nathan P. Young, D.O.</td>
<td>Suite 108</td>
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<tr>
<td>Thyroid Clinical Pearls</td>
<td>Diana S. Dean, M.D.</td>
<td>Suite 109</td>
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<td>Travel Medicine</td>
<td>Abinash Virk, M.D.</td>
<td>Suite 110</td>
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<td>Novel Oral Anticoagulants</td>
<td>Robert D. McBane, II, M.D. (Oct)</td>
<td>Suite 111</td>
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<td>Waldemar E. Wysokinski, M.D., Ph.D. (Nov)</td>
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<td>Yoga as Medicine</td>
<td>Tej K. Khalsa, M.D. (Oct)</td>
<td>Suites 112-13</td>
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<td>Natalie E. Gentile, M.D. (Nov)</td>
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<td>Working with Public Health to Improve Your Patients’ Health</td>
<td>Shari L. Bornstein, M.D.</td>
<td>Suite 114</td>
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<td>Robin G. Molella, M.D., M.P.H.</td>
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1:15 p.m. Travel to Exhibit Hall

1:30 p.m. Wound Care / Hyperbaric Oxygen
Gary N. Toups, M.D.

2:00 p.m. Helping Patients Stay at Work During Illness and Injury: Tips for the Primary Care Provider
Laura E. Breeher, M.D., M.P.H.

2:30 p.m. Attention-Deficit/Hyperactivity Disorder (ADHD) in Adults: Diagnosis and Treatment
William B. Leasure, M.D.

2:50 p.m. Question and Answer Session

3:10 p.m. Break

3:30 p.m. Healthcare Equity, Diversity
John M. Knudsen, M.D.

4:00 p.m. Lumps and Bumps: Evaluation of Lymphadenopathy
Carrie A. Thompson, M.D.

4:30 p.m. Vitamin D: Sunshine in a Pill
Manpreet S. Mundi, M.D.

4:50 p.m. Question and Answer Session

5:05 p.m. Travel to Tuesday Evening Sessions

5:15 p.m. Tuesday Evening Sessions

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<tr>
<th>Topic</th>
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<tr>
<td>Selected Topics in Pediatrics</td>
<td>Patricio C. Gargollo, M.D.</td>
<td>Suite 109</td>
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<td>Asma J. Chattha, M.B.B.S.(October)</td>
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<td>David J. Sas, D.O.</td>
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<tr>
<td>Update in Perioperative Medicine VTE Prophylaxis in Surgical and Medical Patients:</td>
<td>Michael A. Mikhail, M.D.</td>
<td>Suite 110</td>
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<td>David Raslau, M.D., M.P.H.</td>
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Practical Application of the Literature

| Selected Topics in Women’s Health | Ekta Kapoor, M.B.B.S.  
|                                  | Carol L. Kuhle, D.O., M.P.H.  
|                                  | Alice Y. Chang, M.D. (October)  
|                                  | Neena Natt, M.D. (November)  
|                                  | Suite 111 |

6:30 p.m. Adjourn

Wednesday, October 24 and November 7, 2018

6:30 a.m. Registration and Continental Breakfast

7:45 a.m. Announcements

8:00 a.m. Varicose Vein
Randall R. DeMartino, M.D. (October)
Jill K. Johnstone, M.D. (November)

8:30 a.m. Management of Atrial Fibrillation: The Times are a Changin’
Sunil V. Mankad, M.D.

9:00 a.m. FDA Update on New Generic Drugs to Use and Avoid
Christopher M. Wittich, M.D.

9:20 a.m. Question and Answer Session

9:40 a.m. Break

10:00 a.m. How to Evaluate and Manage Common Hand and Wrist Problems
Peter C. Rhee, D.O.

10:30 a.m. Alcohol Use Disorders: Management and Medication Assisted Treatments in Primary Care
Terry D. Schneekloth, M.D.

11:00 a.m. East Meets West: Complementary and Integrative Medicine in Primary Care
Christina Y. Chen, M.D.

11:20 a.m. Question and Answer Session

11:40 a.m. Travel to Luncheon Session in Auditorium

12:00 p.m. Luncheon:
The Pandemic of Physician Burnout: Solutions to go the Distance (October)
Edward T. Creagan, M.D., FAAHPM

TBD (November)
Michele A. Hanson, M.D.

1:00 p.m. Travel to Exhibit Hall

1:15 p.m. What’s New in the Hospital?
Deanne T. Kashiwagi, M.D.

1:45 p.m. The Suicidal Patient
J. Michael Bostwick, M.D.
Alastair J. McKean, M.D.

2:15 p.m. Question and Answer Session

2:25 p.m. 2018 Vaccine Update
Robert M. Jacobson, M.D., F.A.A.P.
2:55 p.m.  Cases in Colorectal Cancer Screening and Surveillance (October)
Seth R. Sweetser, M.D.

Pediatric Minor Head Injury 2.0 (November)
James L. Homme, M.D.

3:25 p.m.  Question and Answer Session

3:35 p.m.  Adjourn