



# Principles of Pain Management and Palliative Care: Essential Tools for the Clinician

**Pre-Course Workshop: Sunday, March 17, 2019**  
**General Session: Monday-Friday, March 18-22, 2019**

Sunday, March 17, 2019	
Optional Workshops – Pre-Registration and Payment Required	
1:00 p.m.	<p><b>Addiction Workshop</b></p> <p>Marvin Seppala, M.D.            Hazelden Betty Ford Foundation Faculty</p> <p>Location: Springs Salons A &amp; B</p>
4:00 p.m.	Adjourn

Monday, March 18, 2019	
<b>6:00 AM</b>	<p><b>Registration and Continental Breakfast</b>            Location: Salon 1 Foyer/Ballroom Courtyard</p>
<b>7:00 AM</b>	<p><b>General Session Begins</b>            Location: Springs Salon F</p>
<b>7:00 AM</b>	<p><b>Welcome and Course Introduction / Overview : Course Directors</b>            Jacob J. Strand, M.D. and Thomas P. Pittelkow, D.O., M.P.H.</p>
<b>7:30 AM</b>	<p><b>The Concept of Total Pain</b>            Daniel K. Partain, M.D.</p>
<b>8:00 AM</b>	<p><b>The One-Minute Office Functional Assessments for Pain</b>            Jason P. Dauffenbach, D.O.</p>
<b>8:30 AM</b>	<p><b>Initial Assessment of Pain Patient – Standardized approach</b>            Jason P. Dauffenbach, D.O.</p>
<b>9:00 AM</b>	<p><b>Panel Discussion / Q&amp;A</b>            Moderator: Elizabeth W. Cozine, M.D.</p>
<b>9:15 AM</b>	<b>Break</b>
<b>9:30 AM</b>	<p><b>Opioids: Basic Pharmacology and Indications</b>            Bryan C. Hoelzer, M.D.</p>
<b>10:00 AM</b>	<p><b>Clinical Cases: Opioid I</b>            Terry L. Hunt, II, M.D.</p>
<b>10:30 AM</b>	<p><b>Opioids: Appropriate Use, Management and Current Guidelines</b>            Bryan C. Hoelzer, M.D.</p>
<b>11:00 AM</b>	<p><b>Clinical Cases: Opioid II</b>            Terry L. Hunt, II, M.D.</p>
<b>11:30 AM</b>	<p><b>Panel Discussion / Q&amp;A</b>            Moderator: Elizabeth W. Cozine, M.D.</p>

11:45 AM	Transition to Breakouts	
<b>Concurrent Breakout Sessions</b>		
11:50 AM – 12:50 PM - Choose One		
<p><b>Option 1:</b>  <b>Symptom Management Pearls: Nausea, Dyspnea, Cough, Constipation</b>  Regina M. Mackey, M.D., Daniel K. Partain, M.D.,  Macaila C. Eick, APRN, C.N.P.</p> <ul style="list-style-type: none"> <li>• Case based pearls for the management of intractable symptoms such as nausea, dyspnea, cough and constipation</li> </ul>	<p><b>Option 2:</b>  <b>Advanced/Implantable Interventions</b>  Markus A. Bendel, M.D.</p>	

**Tuesday, March 19, 2019**

<b>6:30 AM</b>	<b>Breakfast</b> Location: Salon 1 Foyer/Ballroom Courtyard
<b>7:00 AM</b>	<b>Identifying Unique Spine Conditions in Clinic – A Case Based Approach</b> Stephen J. Wisniewski, M.D.
<b>7:30 AM</b>	<b>Spine: Physical Examination Pearls</b> Edward R. Laskowski, M.D.
<b>8:15 AM</b>	<b>The Surgeon is Your Friend: When to Call a Spine Surgeon</b> Meghan E. Murphy, M.D.
<b>8:45 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>9:00 AM</b>	<b>Break</b>
<b>9:15 AM</b>	<b>Managing Acute or Perioperative Pain</b> Susan M. Moeschler, M.D.
<b>9:45 AM</b>	<b>Pediatric Pain – Most common conditions</b> Tracy E. Harrison, M.D.
<b>10:15 AM</b>	<b>Symptomatic Management of Neuropathic Pain</b> James C. Watson, M.D.
<b>11:00 AM</b>	<b>Basic Approach to Headache</b> Christopher J. Boes, M.D.
<b>11:30 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>11:45 AM</b>	<b>Transition to Breakouts</b>

**Concurrent Breakout Sessions**

**11:50 AM – 12:50 PM - Choose One**

**Option 1:**

**Advanced Care Planning**

April R. Christensen, M.D., M.S., Andy A. Bock, D.O.,  
Emily A. Olson, APRN, C.N.P., M.S.N.  
Difficult Cases in Advance Care Planning  
Bring your toughest cases in advance care planning or  
goals of care conversations and we'll work through  
potential approaches to the situations that are the  
most challenging

**Option 2:**

**Advanced/Implantable Interventions**

Markus A. Bendel, M.D.

**Wednesday, March 20, 2019**

<b>6:30 AM</b>	<b>Breakfast</b> Location: Salon 1 Foyer/Ballroom Courtyard
<b>7:00 AM</b>	<b>When Pain Gets Old: Pain Management in the Geriatric Population</b> Brandon P. Verdoorn, M.D.
<b>7:30 AM</b>	<b>Pain and Cancer, Cancer and Pain</b> Mihir Kamdar, M.D.
<b>8:00 AM</b>	<b>Dying in Pain</b> April R. Christensen, M.D.
<b>8:30 AM</b>	<b>Pain Mimics</b> Sara E. Wordingham, M.D.
<b>9:00 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>9:15 AM</b>	<b>Break</b>
<b>9:30 AM</b>	<b>Behavioral Comorbidities</b> Christopher D. Sletten, Ph.D., L.P.
<b>10:00 AM</b>	<b>Comorbid Management of Depression &amp; Anxiety</b> Kristin J. Somers, M.D.
<b>10:30 AM</b>	<b>Musculoskeletal Pain: Common Sports-related Injuries</b> Jacob L. Sellon, M.D.
<b>11:00 AM</b>	<b>Myofascial Pain &amp; Fibromyalgia</b> Arya B. Mohabbat, M.D.
<b>11:30 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>11:45 AM</b>	<b>Transition to Breakouts</b>

**Concurrent Breakout Sessions**

**11:50 AM – 12:50 PM - Choose One**

**Option 1:**

**Symptom Management Pearls: Nausea, Dyspnea, Cough, Constipation**

Regina M. Mackey, M.D., Daniel K. Partain, M.D.,  
Macaila C. Eick, APRN, C.N.P

Case based pearls for the management of intractable symptoms such as nausea, dyspnea, cough and constipation

**Option 2:**

**Meet the Faculty**

Bring specific cases and discuss with select course directors and faculty

**Thursday, March 21, 2019**

<b>6:30 AM</b>	<b>Breakfast</b> Location: Salon 1 Foyer/Ballroom Courtyard
<b>7:00 AM</b>	<b>Practical Approaches to Cognitive Behavioral Therapy</b> Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.
<b>7:30 AM</b>	<b>CBT Simulation</b> Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.
<b>8:00 AM</b>	<b>Addressing Emotion</b> Gordon J. Wood, M.D.
<b>8:30 AM</b>	<b>Addressing Emotion Simulation</b> Faculty to be named
<b>9:00 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>9:15 AM</b>	<b>Break</b>
<b>9:30 AM</b>	<b>Challenging Patient and Families</b> Christopher D. Sletten, Ph.D. L.P.
<b>10:00 AM</b>	<b>Cancer Pain and Not Following the Rules</b> Mihir Kamdar, M.D.
<b>10:30 AM</b>	<b>Novel Analgesics: Who, What, Why, Where, When?</b> Nafisseh S. Warner, M.D.
<b>11:00 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>11:15 AM</b>	<b>Course Director Panel</b>
<b>11:45 AM</b>	<b>Transition to Breakouts</b>

**Concurrent Breakout Sessions**

**11:50 AM – 12:50 PM - Choose One**

**Option 1:**

**Advanced Care Planning**

April R. Christensen, M.D., M.S., Andy A. Bock, D.O., Emily A. Olson, APRN, C.N.P., M.S.N.  
Bring your toughest cases in advance care planning or goals of care conversations and we'll work through potential approaches to the situations that are the most challenging

**Option 2:**

**Recipe for Creating a Pain Program-Ingredients for Success**

Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.

- Patient selection
- Cbt as part of pain rehab
- Patient buy-in?

**Friday, March 22, 2019**

<b>6:30 AM</b>	<b>Breakfast</b> Location: Salon 1 Foyer/Ballroom Courtyard
<b>7:00 AM</b>	<b>Agreements/PDMP/Surveillance</b> Jennifer L. Goins, M.D.
<b>7:30 AM</b>	<b>The Art of Medicine: Tapering</b> Jennifer L. Goins, M.D.
<b>8:00 AM</b>	<b>Clinical Cases: Cancer and Serious Medical Illness</b> Kelly J. Christensen, P.A.-C.
<b>8:40 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>8:55 AM</b>	Break
<b>9:10 AM</b>	<b>A Patient Walks into the Clinic on Methadone</b> Maisha T. Robinson, M.D.
<b>9:40 AM</b>	<b>Integrative Medicine Principles and Pain Management Techniques</b> Anjali Bhagra, M.D.
<b>10:10 AM</b>	<b>Buprenorphine: Yes, You Do Need to Know About this</b> Nafiseh S. Warner, M.D.
<b>10:30 AM</b>	<b>Medical Cannabis: An Evidence Based Lifeline in a Sea of Hyperbole?</b> Christopher S. Wie, M.D.
<b>11:00 AM</b>	<b>Panel Discussion / Q&amp;A</b> Moderator: Elizabeth W. Cozine, M.D.
<b>11:15 AM</b>	<b>Wrap-Up/Course Closure</b>
<b>11:30 AM</b>	<b>Adjourn</b>