Mayo School of Continuous Professional Development

Psychiatry Clinical Reviews

October 15-17, 2015
Intercontinental Chicago Magnificent Mile
Chicago, IL

Course Directors
Mark A. Frye, M.D.
Brian A. Palmer, M.D.
Kristin Vickers Douglas, Ph.D., L.P.

"Featuring an ABPN Approved Self-Assessment Activity"

REGISTER NOW!
Registration and additional course information can be found on our NEW course website: https://ce.mayo.edu/psychiatry-and-psychology/node/1587
COURSE DESCRIPTION
Our flagship course, Psychiatry Clinical Reviews (formerly known as Acute Care Psychiatry Clinical Reviews), is aimed at providing clinically relevant updates for management of psychiatric problems across all care settings. Topics to be covered include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders, and a neurology update. The course, winner of the 2009 Mayo Clinic CME Innovation Award, is enjoyable and fast-paced. All participants surveyed over the past four years have found it to be a positive learning experience.

The course will be led by Drs. Mark A. Frye, M.D., Brian Palmer, M.D., and Kristin Vickers Douglas, Ph.D., L.P. of Mayo Clinic. The course will utilize brief lectures organized into clinical blocks for the morning sessions. Most lectures will be 20 minutes long with question and answer sessions ranging from 20-30 minutes. Video case examples will engage learners and a robust offering of breakout sessions will be included, based on participant feedback and hot topics in the field.

COURSE LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:

- Analyze and apply treatment strategies (medication, psychotherapy, combination) for major mood and anxiety disorders
- Describe evidence based options for the treatment of bipolar depression
- Describe strategies for management and treatment of psychotic disorders

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE
This multidisciplinary course is intended for health care providers who see patients with psychiatric indications. Specialties include neurologists, psychiatrists, primary care physicians including internists and family care practitioners, allied health personnel including nurse practitioners, physician assistants and nurses.

CREDIT
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mayo Clinic College of Medicine designates this Self-Assessment for up to 2.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APA - The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

AAFP - This Live activity, Psychiatry Clinical Reviews 2015, with a beginning date of 10/15/2015, has been reviewed and is acceptable for up to 20.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA - This program has been accredited by the American Osteopathic Association for 20.75 credits of AOA Category 2-A.

Other Health Care Professionals
A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

GRANTS AND EXHIBITS
At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting. Exhibits will be available for viewing at all scheduled breaks.

DATE AND LOCATION
The Psychiatry Clinical Reviews is held October 15-17, 2015. Course headquarters are located at the Intercontinental Chicago Magnificent Mile, Chicago, Illinois.

REGISTRATION
Register online at https://ce.mayo.edu/psychiatry-and-psychology/node/1587
The registration fee includes tuition, electronic course syllabus, continental breakfasts and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.
**FACULTY**


**TRAVEL AND LODGING ACCOMODATIONS**

Intercontinental Chicago Magnificent Mile
505 North Michigan Avenue
Chicago, IL 60611
800-628-2112

Special room rates are available until the block is sold out or September 24, 2015, whichever comes first. The discounted rate is $279 plus tax.

To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-628-2112 (toll-free) by September 24, 2015. Please indicate that you are a participant of the Mayo Clinic Psychiatry Clinical Reviews Course when making your reservation. The standard hotel reservations cancellation policy will apply to all reservations. Attendees are responsible for their own reservations.

You may also wish to view [www.choosechicago.com](http://www.choosechicago.com) for additional accommodations as well as recreation and leisure activities.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Chicago O’Hare International Airport (ORD) is located 45 minutes from the Intercontinental Chicago Magnificent Mile.

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**FACULTY**

**Mayo Faculty**


**Guest Faculty**

**Bhanu Prakash Kolla, M.D., MRCPsych**

Community Medical Centers
Department of Psychiatry and Sleep Medicine
Willmar, MN

**Katherine L. Wisner, M.D.**

Professor of Psychiatry
Northwestern University Feinberg School of Medicine
Chicago, IL

**Peter J. Weiden, M.D.**

University of Illinois at Chicago
Department of Psychiatry
Neuropsychiatric Institute
Chicago, IL

**John M. Zajecka, M.D.**

Professor of Psychiatry
Rush University Medical Center
Chicago, IL

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**PROGRAM AGENDA**

**Thursday, October 15, 2015**

6:45 a.m.  Continental Breakfast and Registration

7:30  Introduction, Schedule Review, and Pre-test

*Mark A. Frye, M.D., Brian A. Palmer, M.D. and Kristin Vickers Douglas, Ph.D., L.P.*

8:00  Clinical Pearls in Differential Diagnosis: Borderline Personality Disorder, Bipolar Disorder and Unipolar Depression

*Brian A. Palmer, M.D. and William V. Bobo, M.D.*
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tr>
<td>8:30</td>
<td>Core Concepts and Treatment of Unipolar Depression</td>
<td>John M. Zajecka, M.D.</td>
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<tr>
<td>9:10</td>
<td>Question &amp; Answer</td>
<td>Brian A. Palmer, M.D., William V. Bobo, M.D., John M. Zajecka, M.D.</td>
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<tr>
<td>9:35</td>
<td>Break</td>
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<tr>
<td>9:55</td>
<td>Treating Bipolar Depression</td>
<td>Mark A. Frye, M.D.</td>
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<tr>
<td>10:20</td>
<td>Borderline Personality Disorder</td>
<td>Brian A. Palmer, M.D.</td>
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<td>10:45</td>
<td>Treatment of Depression in Pregnancy/Women's Maternal Health</td>
<td>Katherine L. Wisner, M.D.</td>
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<td>11:20</td>
<td>Question &amp; Answer</td>
<td>Mark A. Frye, M.D., Brian A. Palmer, M.D., Katherine L. Wisner, M.D.</td>
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<td>Noon-1:15 p.m.</td>
<td>Lunch (on your own)</td>
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**Breakout 1**

1:15-2:45 p.m.

| A | Motivational Interviewing Skill Building | Kristin Vickers Douglas, Ph.D., L.P. |
| B | Masters in Depression                   | John M. Zajecka, M.D., Mark A. Frye, M.D., Katherine L. Wisner, M.D. |
| C | Borderline Personality Disorder – Mistakes and Opportunities         | Brian A. Palmer, M.D.                  |
| D | Obesity Treatment: Meds and Therapy                                         | Karen Grothe, Ph.D., L.P. and William V. Bobo, M.D. |
| E | Child and Adolescent Psychopharmacology                                    | Cosima C. Swintak, M.D.                |
| F | Anxiety Disorders                                                          | Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., L.P.  |

2:45 Break

**Breakout 2**

3:00-4:30 p.m.

| A | Motivational Interviewing Skill Building | Kristin Vickers Douglas, Ph.D., L.P. |
| B | Masters in Depression                   | John M. Zajecka, M.D., Mark A. Frye, M.D., Katherine L. Wisner, M.D. |
| C | Borderline Personality Disorder – Mistakes and Opportunities         | Brian A. Palmer, M.D.                  |
| D | Obesity Treatment: Meds and Therapy                                         | Karen Grothe, Ph.D., L.P. and William V. Bobo, M.D. |
| E | Child and Adolescent Psychopharmacology                                    | Cosima C. Swintak, M.D.                |
| F | Anxiety Disorders                                                          | Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., L.P.  |

4:30 p.m. Adjourn

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**Friday, October 16, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Continental Breakfast and Registration</td>
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<tr>
<td>7:30</td>
<td>Thursday Wrap-up, Review, and Questions</td>
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<tr>
<td>7:50</td>
<td>Schizophrenia – Acute Treatment and Long-term Outcome</td>
<td>Peter J. Weiden, M.D.</td>
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<tr>
<td>8:30</td>
<td>Mania – Acute Treatment and Long-term Outcome</td>
<td>William V. Bobo, M.D.</td>
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<td>9:10</td>
<td>Questions &amp; Answers</td>
<td>William V. Bobo, M.D., Peter J. Weiden, M.D.</td>
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<tr>
<td>9:35</td>
<td>Break</td>
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<tr>
<td>10:25</td>
<td>Update of Diabetes, Hypertension, Lipid Treatments for your psychiatric patient</td>
<td>Christopher M. Wittich, M.D.</td>
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<td>11:05</td>
<td>Addiction Treatment for the Generalist</td>
<td>Bhanu Prakash Kolla, M.D., MRCPsych</td>
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<tr>
<td>11:30</td>
<td>Questions &amp; Answers</td>
<td>Jonathan G. Leung, Pharm.D., R.Ph., Christopher M. Wittich, M.D., and Bhanu Prakash Kolla, M.D., MRCPsych</td>
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<tr>
<td>Noon-1:15 p.m.</td>
<td>Lunch (on your own)</td>
<td></td>
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Breakout 1
1:15-2:45 p.m.

A - High Yield Internal Medicine for Psychiatrists  
*Christopher M. Wittich, M.D. and Brian A. Palmer, M.D.*

B - High Yield Neurology for Psychiatrists  
*Scott D. Eggers, M.D. and J. Michael Bostwick, M.D.*

C - Geriatric Psychiatry Updates: Depression Dementia and Beyond  
*Christopher L. Sola, D.O. and Maria I. Lapid, M.D.*

D - Women's Mental Health  
*Katherine L. Wisner, M.D., William V. Bobo, M.D., Katherine M. Moore, M.D.*

E - Masters in Psychosis - Peter J. Weiden, M.D.  

F - Sleep Disorders - R. Robert Auger, M.D.

2:45
Break

Breakout 2
3:00-4:30 p.m.

A - High Yield Internal Medicine for Psychiatrists  
*Christopher M. Wittich, M.D. and Brian A. Palmer, M.D.*

B - High Yield Neurology for Psychiatrists  
*Scott D. Eggers, M.D. and J. Michael Bostwick, M.D.*

C - Geriatric Psychiatry Updates: Depression Dementia and Beyond  
*Christopher L. Sola, D.O. and Maria I. Lapid, M.D.*

D - Women's Mental Health  
*Katherine L. Wisner, M.D., William V. Bobo, M.D., Katherine M. Moore, M.D.*

E - Masters in Psychosis - Peter J. Weiden, M.D.  

F - Sleep Disorders - R. Robert Auger, M.D.

4:30
Adjourn

Saturday, October 17, 2015

7:00 a.m.  Continental Breakfast
7:45  Friday Wrap-Up & Review
8:00  The Suicidal Person - J. Michael Bostwick, M.D.
8:15  Suicide Assessment, Epidemiology, Phenomenology - William V. Bobo, M.D.
8:40  Suicide Pharmacology, Neurobiology, and Clinical/Legal Implications  
*Mark A. Frye, M.D.*
9:05  Brief Interventions for Suicidal Patients - Brian A. Palmer, M.D.
9:30  Questions & Answers - J. Michael Bostwick, M.D., William V. Bobo, M.D., 
*Mark A. Frye, M.D., Brian A. Palmer, M.D.*
9:55  Break
10:10  Post-Traumatic Stress Disorder - Jeffrey P. Staab, M.D.
10:40  Integrated Behavioral Health: Models for Population Interventions  
*Mark D. Williams, M.D.*
11:10  Questions & Answers (Jeffrey P. Staab, M.D., Mark D. Williams, M.D.)
11:40  Course Feedback and Post-test
Noon-1:15 p.m.  Lunch (on your own)

Breakout 1
1:15-3:45 p.m.

A - Dual Diagnosis Assessment and Treatment  
*Bhanu Prakash Kolla, M.D., MRCPsych*

B - Somatic Symptom Disorders-How, When What to Treat  
*Jeffrey P. Staab, M.D.*

C - Population Mental Health Strategies: In-Depth Approaches  
*Mark D. Williams, M.D. and Craig N. Sawchuk, Ph.D., L.P.*

3:45 p.m.  Adjourn

Program schedule is subject to change without notice.
FACULTY DISCLOSURE
As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM
Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

SAVE THE DATE
Psychiatry Clinical Reviews 2016
October 6-8, 2016
Intercontinental Chicago
Magnificent Mile
Chicago, IL