SUNDAY, January 25, 2015

PRE COURSE SESSIONS

Option 1
ABFM SAMs Module: Mental Health in the Community
Tara K. Kaufman, M.D. and Gabrielle J. Melin, M.D.

7:00 a.m.  Module
9:30 a.m.  Break
9:45 a.m.  Continue Module
12:15 p.m.  Adjourn

Option 2
ABIM SEP Modules

2014 Update in Internal Medicine (C0-P)
Nina M. Schwenk, M.D., Colin P. West, M.D., Ph.D., Denise M. Dupras, M.D., Ph.D.

7:00 a.m.  Module Begins
9:30 a.m.  Adjourn

2014 Update in Hospital Medicine (83-P)
William C. Mundell, M.D., Karna K. Sundsted, M.D., Anjali Bhagra, MBBS.

9:45 a.m.  Module Begins
12:15 p.m.  Adjourn

Option 3
Opioid Management for the Non-Pain Physician
Jason S. Eldrige, M.D., W. Michael Hooten, M.D., Joshua B. Murphy, J.D., and Richard H. Rho, M.D.

1:30 p.m.  Session Begins
3:30 p.m.  Break
3:45 p.m.  Session Continues
5:30 p.m.  Adjourn

REGULAR PROGRAM SESSIONS

MONDAY, January 26, 2015

6:00 a.m.  Registration and Continental Breakfast
7:00 a.m.  Welcome and Course Overview
Karen F. Mauck, M.D., M.Sc.
John B. Bundrick, M.D.
7:15 a.m. Cases in Lipid Management  
*M. W. Cullen, M.D.*  
- How do I use the new lipid guidelines to determine indication for statins and appropriate dosing and do I need to be treating to an LDL goal anymore?  
- Do triglycerides matter anymore?  
- Should I be treating low HDL?  
- What is the role of novel risk factor assessment?

7:45 a.m. Drug Update: 2015  
*C. M. Wittich, M.D., Pharm.D.*  
- What new drugs do I need to know about?  
- Which drugs will be available in generic preparations?  
- What are important new warnings I should be aware of?

8:15 a.m. Valvular Heart Disease Update  
*S. V. Mankad, M.D.*  
- What are the highlights of the 2014 ACC/AHA guidelines for valvular heart disease?  
- What is the right interval for echo surveillance in patients with valvular heart disease?  
- Which patients with valvular heart disease need to be referred to a cardiologist?

8:45 a.m. Anxiety Disorders: Diagnosis and Effective Treatment  
*B. A. Palmer, M.D.*  
- How do I differentiate the various anxiety disorders and is it important?  
- When is an SSRI/SNRI unlikely to be effective?  
- What is the role of cognitive behavioral therapy?  
- What is the role of benzodiazepines and in which situations should they be avoided?

9:15 a.m. Question & Answer Session  
*M. W. Cullen, M.D., C. M. Wittich, M.D., Pharm.D., S. V. Mankad, M.D., B. A. Palmer, M.D.*

9:30 a.m. Refreshment Break ................................................................. Ballroom Foyer  

9:45 a.m. Navigating Nutrition Issues in Your Practice  
*H. S. Abu-Lebdeh, M.D.*  
- Which patients should be referred for bariatric surgery?  
- What is the long term management of patients after bariatric surgery?  
- What is the efficacy of the implantable vagal nerve blocking device for weight loss?

10:15 a.m. Update in General Internal Medicine: Practice Changing Articles from 2015  
*J. H. Szostek, M.D.*  
- What are the take home messages from top practice changing articles published in the past year?

10:45 a.m. Tips and Tricks from the Expert: Chronic Abdominal Pain and Irritable Bowel Syndrome  
*C. G. Loftus, M.D.*  
- Which elements of the history and physical examination are of highest yield in the diagnosis of patients with chronic abdominal pain?  
- What dietary changes help patients with IBS?  
- Do antibiotics/probiotics have a role in IBS?

11:15 a.m. Cases in Chronic Migraine Headache  
*J. D. Bartleson, Jr., M.D.*  
- When should prophylaxis be considered in patients with migraines?  
- How does the clinician decide which medication to recommend for chronic migraine prevention?  
- What is the comparative efficacy among the recommended migraine prophylactic agents?  
- When should I refer to a headache specialist?
11:45 a.m.  Question & Answer Session  
H. S. Abu-Lebdeh, M.D., Jason H. Szostek, M.D., Conor G. Loftus, M.D., J. D. Bartleson, Jr., M.D.

12:00 p.m.  
Complete Evaluations/ Adjourn

TUESDAY, January 27, 2015

6:00 a.m.  
Continental Breakfast ................................................................. Ballroom Foyer

6:30 a.m.  
Breakfast Curbside the Professor ............................................... Ballroom Foyer
Cardiology, Lipids: Michael W. Cullen, M.D.
General Medicine, Pharmacology: Christopher M. Wittich, M.D., Pharm.D.
Cardiology, Valvular Disease: Sunil V. Mankad, M.D.
Psychiatry, Anxiety: Brian A. Palmer, M.D.
Endocrinology, Nutrition: H. S. Abu-Lebdeh, M.D.
General Medicine, Practice Changing Articles: Jason H. Szostek, M.D.
Gastroenterology: Conor G. Loftus, M.D.
Neurology, Headache: J. D. Bartleson, Jr., M.D.

7:00 a.m.  Management of the Menopausal Woman: Cases from the Women’s Health Clinic
Stephanie S. Faubion, M.D.
- Which contraception methods are preferred for perimenopausal women?
- In which menopausal women should hormone replacement therapy be recommended?
- What are the options for formulations and routes of delivery for postmenopausal HRT?

7:30 a.m.  What’s new in Colon Cancer Screening?
Seth R. Sweetser, M.D.
- At what age is colon cancer screening no longer indicated?
- What is the role of stool DNA testing?
- When can the surveillance interval be extended beyond 5 years (or stopped) for patients with a history of colon polyps?

8:00 a.m.  Restless Legs Syndrome
Michael H. Silber, M.B., Ch.B.
- What are the diagnostic criteria and recommend tests for RLS?
- What treatment options are preferred?
- What management strategies are recommended to treat refractory RLS?

8:30 a.m.  Nicotine Dependence Update
J. Taylor Hays, M.D.
- Do E-cigarettes have a role in smoking cessation treatment and what are the risks?
- Which patients with mental illness may still be candidates for varenicline?
- What is the comparative effectiveness of combination therapy versus monotherapy?

9:00 a.m.  Question & Answer Session
Stephanie S. Faubion, M.D., Seth R. Sweetser, M.D., Michael H. Silber, M.B., Ch.B., J. Taylor Hays, M.D.

9:15 a.m.  
Refreshment Break ..................................................................... Ballroom Foyer

9:30 a.m.  Low Back Pain: Determining the Cause and When to Image
Edward R. Laskowski, M.D.
- What are the elements of the history and physical examination that are of highest diagnostic yield?
- When is imaging indicated?
- Do I need plain films when I plan to get an MRI?
10:15 a.m.  Question and Answer Session
Edward R. Laskowski, M.D.

10:30 a.m.
Move to Concurrent Sessions

10:45 a.m.  Concurrent Sessions/Workshops

Option #1
Lumbar Spine Exam: Hands on Workshop (Limited Attendance)
Shawn C. Oxentenko, M.D., Susan M. Moeschler, M.D., and William D. Mauck, M.D.

Option #2
Cases in Hospital Medicine
Deanne T. Kashiwagi, M.D. and Roger C. Yu, M.D.

Option #3
Cases in Gastroenterology
Mark V. Larson, M.D. and William Sanchez, M.D.

Option #4
The Abnormal CBC
Morie A. Gertz, M.D. and Carrie A. Thompson, M.D.

Option #5
Basic Office Dermatology Procedures: Hands on Workshop (Limited Attendance)
(Shave & Punch Biopsy, Cryotherapy, Basic Suturing)
Christopher J. Arpey, M.D., Nerissa M. Collins, M.D., C. Scott Collins, M.D., and Carilyn N. Wieland, M.D.

Option #6
Cases in Anticoagulation
Scott C. Litin, M.D. and Geno J. Merli, M.D.

Option #7
Fibromyalgia: Successfully Manage your Patients
Kevin C. Fleming, M.D., Arya B. Mohabbat, M.D., and Mary C. Mc Dermott, D.N.P., R.N., C.N.P.

Option #8
Hospice Medicine for the Generalist
Molly A. Feely, M.D. and Timothy J. Moynihan, M.D.

Option #9
Commonly Encountered Psychiatric Cases
Kathryn M. Schak, M.D. and Kristin J. Somers, M.D.

Option #10
Cases from the Infectious Disease and Travel Clinic
Pritish K. Tosh, M.D. and Mary J. Kasten, M.D.

12:15 p.m.
Complete Evaluations/ Adjourn

WEDNESDAY, January 28, 2015

6:00 a.m.
Continental Breakfast .......................................................... Ballroom Foyer
6:30 a.m.  Breakfast Curbside the Professor ................................................................. Ballroom Foyer
General Medicine, Women's Health: Stephanie S. Faubion, M.D.
Gastroenterology: Seth R. Sweetser, M.D.
Neurology, Sleep Medicine: Michael H. Silber, M.B. Ch.B.
General Medicine, Nicotine Dependence: J. Taylor Hays, M.D.
Physical Medicine & Rehabilitation: Edward R. Laskowski, M.D.

7:00 a.m.  Heart Failure for the Non-Cardiologist
R Scott Wright, M.D.
• How do I sequence beta-blockers, ACEI and Diuretics in patients with systolic failure?
• What is the magnitude of reduction in hospitalizations and mortality for particular classes of heart failure medications?
• Which patients need to be referred for a defibrillator or cardiac resynchronization therapy?

7:30 a.m.  Hooked: Cases in Addiction
Timothy W. Lineberry, M.D.
• How do I taper opiate containing medications?
• What is the best pharmacologic treatment for patients with alcohol abuse?
• What is the role of urine drug screening for monitoring patients on chronic opiate medications?
• When should patients with a substance abuse history be considered for opiate or other potentially addictive pain medications?

8:00 a.m.  Approach to the Patient with Dyspnea
Craig E. Daniels, M.D.
• What is a rational clinical approach and effective testing strategy for the evaluation of dyspnea?
• What is the role of cardiopulmonary exercise testing?
• What are the most commonly overlooked diagnoses?

8:30 a.m.  Geriatric Pearls
Ericka E. Tung, M.D.
• Identify UTI in the frail older patient.
• Recognize effective treatment options for dementia.
• Assess functional status of the older patient in less than 2 minutes.
• Assess the older driver with cognitive impairment.

9:00 a.m.  Question & Answer Session
R Scott Wright, M.D., Timothy W. Lineberry, M.D., Craig E. Daniels, M.D., Ericka E. Tung, M.D.

9:15 a.m.  Refreshment Break ................................................................................................. Ballroom Foyer

9:30 a.m.  Palliative Care: Managing Common Symptoms at the End of Life
Jacob J. Strand, M.D., Sara Wordingham, M.D., Elise C. Carey, M.D.
• Nausea and Constipation
• Dyspnea
• Fatigue and Anorexia

10:30 a.m.  Question and Answer Session
Jacob J. Strand, M.D., Sara Wordingham, M.D., Elise C. Carey, M.D.

10:45 a.m.  Medical Quiz Show
Jason A. Post, M.D. and Mark L. Wieland, M.D.

11:30 a.m.  Complete Evaluations/Adjourn
6:00 a.m.  
Continental Breakfast .................................................................Ballroom Foyer

6:30 a.m.  
Breakfast Curbside the Professor ................................................Ballroom Foyer
Cardiology, Heart Failure: R Scott Wright, M.D.
Psychiatry, Addiction Medicine: Timothy W. Lineberry, M.D.
Pulmonary: Craig E. Daniels, M.D.
General Medicine, Geriatrics: Erica E. Tung, M.D.
General Medicine, Palliative Care: Jacob J. Strand, M.D., Sara Wordingham, M.D., Elise C. Carey, M.D.

7:00 a.m.  
Diabetes 2015
Pankaj Shah, M.D.
- How do I manage patients with impaired fasting glucose? Monitoring, lifestyle and pharmacologic options
- Are ACE-I and ARB’s similarly efficacious in diabetic patients?
- How often should I be screening for retinopathy, neuropathy and nephropathy?

7:30 a.m.  
An Approach to a Patient with Tremor
J. Eric Ahlskog, M.D., Ph.D.
- What is the diagnostic approach to the most common types of tremor that present in the office?
- What are the most effective treatment options for essential tremor?

8:00 a.m.  
The Cost of Cure: Long-term Cancer Treatment Complications for Generalists
Michelle A. Neben-Wittich, M.D.
- What are common long term complications of cancer therapy that the internist needs to recognize and know how to manage?

8:30 a.m.  
Perioperative Medicine: 2015 Update
Howard H. Weitz, M.D.
- What new practice changes do I need to know about?
- How should antiplatelet agents be managed in the perioperative period?
- What is the optimal timing for elective surgery for patients after a myocardial infarction?

9:00 a.m.  
Question and Answer Session
Pankaj Shah, M.D., J. Eric Ahlskog, M.D., Ph.D., Michelle A. Neben-Wittich, M.D., and Howard H. Weitz, M.D.

9:15 a.m.  
Refreshment Break ..................................................................................Ballroom Foyer

9:30 a.m.  
Tickborne Illness: Who should be tested; who should be treated?
Joyce L. Sanchez, M.D.
- Which patients who report a tick exposure should be tested or treated?
- How should patients with persistent symptoms after treatment of Lyme disease be managed?
- How concerning are the new tickborne viruses?

10:00 a.m.  
Medical Marijuana: What Do I Need to Know?
J. Michael Bostwick, M.D.
- For which conditions has medical marijuana been found to be beneficial?
- In most states that have legalized it, what are the requirements and potential legal risks for the physician?
- What are the best ways to minimize the potential hazards associated with medical marijuana use?

10:30 a.m.  
Question and Answer Session
Joyce L. Sanchez, M.D. and J. Michael Bostwick, M.D.

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11:00 a.m. Concurrent Sessions/Workshops

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Kathryn M. Schak, M.D. and Kristin J. Somers, M.D.

Option #10
Cases from the Infectious Disease and Travel Clinic
Pritish K. Tosh, M.D. and Mary J. Kasten, M.D.

12:30 p.m.
Complete Evaluations/ Adjourn

FRIDAY, January 30, 2015

6:00 a.m.
Continental Breakfast .......................................................... Ballroom Foyer

6:30 a.m.  Breakfast Curbside the Professor................................. Ballroom Foyer
Endocrinology, Diabetes: Pankaj Shah, M.D.
Neurology, Tremor: J. Eric Ahlskog, M.D., Ph.D.
Radiation Oncology: Michelle A. Neben-Wittich, M.D.
Perioperative Medicine: Howard H. Weitz, M.D.
Infectious Disease, Tickborne Illness: Joyce L. Sanchez, M.D.
Medical Marijuana: J. Michael Bostwick, M.D.
7:00 a.m.  **Gyn-Oncology Update for the Generalist**  
*Andrea E. Wahner Hendrickson, M.D.*  
- What do I need to know about following patients on extended hormonal treatment for breast cancer?  
- Which women no longer need a pap smear?  
- Should women with BRCA mutation have a hysterectomy?  

7:30 a.m.  **Vulvar Dermatoses – What's Going on Down There?**  
*Rochelle R. Torgerson, M.D., Ph.D.*  
- How can common vulvar dermatoses be identified in the office?  
- What are the first line therapies for these conditions?  
- When should I consider referral?  

8:00 a.m.  **Cases in Resistant Hypertension**  
*Amy W. Williams, M.D.*  
- What is the recommended diagnostic evaluation for a patient with resistant hypertension?  
- Which treatment options are recommended for patients with resistant hypertension in the absence of an underlying secondary cause?  

8:30 a.m.  **Update in Men's Health**  
*Thomas J. Beckman, M.D.*  
- What is the magnitude of risk for heart disease, stroke and prostate cancer in patients who take testosterone supplementation?  
- How do I choose the appropriate phosphodiesterase type 5 (PDE5) inhibitor for my patient with erectile dysfunction (ED)?  
- What does the generalist need to know about prostate cancer survivorship care?  

9:00 a.m.  **Questions & Answer Session**  
*Andrea E. Wahner Hendrickson, M.D., Rochelle R. Torgerson, M.D., PhD., Amy W. Williams, M.D., Thomas J. Beckman, M.D.*  

9:15 a.m.  Refreshment Break ............................................................... Ballroom Foyer  

9:30 a.m.  **Just in Time Learning: Effective Use of Electronic Resources in Your Practice**  
*Bradley J. Benson, M.D.*  
- What are useful online resources to use in my clinical practice?  
- What are the APPs that I need to know about?  

10:00 a.m.  **Cases from the Pulmonary Clinic**  
*David E. Midthun, M.D.*  
- How should patients with chronic lung disease be advised regarding airplane travel?  
- What is the role of asthma phenotypes in clinical practice?  
- How do I approach lung cancer screening in my Medicare patient?  

10:30 a.m.  **Questions & Answer Session**  
*Bradley J. Benson, M.D. and David E. Midthun, M.D.*  

10:45 a.m.  Complete Evaluations/Adjourn  
Mahalo!