### Optional PRE COURSE SESSIONS – Additional Fees apply

#### Option 1
**ABFM SAM Module: Heart Failure**  
*Elizabeth W. Cozine, M.D. and Paul M. McKie, M.D.*

<table>
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<tr>
<td>7:00 a.m.</td>
<td>Module</td>
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<tr>
<td>9:30 a.m.</td>
<td>Break</td>
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<td>9:45 a.m.</td>
<td>Continue Module</td>
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<td>12:15 p.m.</td>
<td>Adjourn</td>
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#### Option 2
**ABIM SEP Modules**

- **2016 Update in Internal Medicine**  
  *Nina M. Schwenk, M.D., Colin P. West, M.D., Ph.D., and Brian M. Dougan, M.D.*

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<tr>
<td>7:00 a.m.</td>
<td>Module Begins</td>
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<td>9:30 a.m.</td>
<td>Adjourn</td>
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- **2016 Update in Hospital Medicine**  
  *William C. Mundell, M.D., Dennis W. Regan, M.D., and Thomas J. Beckman, M.D.*

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<tr>
<td>9:45 a.m.</td>
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<td>Adjourn</td>
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#### Option 3
**Palliative Care: Treating Common Symptoms in End Stage Disease**  
*Jacob J. Strand, M.D., Molly A. Feely, M.D., Elise C. Carey, M.D., and Frank (Andy) A. Bock, D.O.*

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<tr>
<th>Time</th>
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<tr>
<td>1:30 p.m.</td>
<td>Session Begins</td>
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<td>3:30 p.m.</td>
<td>Break</td>
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<td>3:45 p.m.</td>
<td>Session Continues</td>
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<td>5:30 p.m.</td>
<td>Adjourn</td>
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### REGULAR PROGRAM SESSIONS

#### MONDAY, January 23, 2017

- **6:00 a.m.**  
  Registration and Continental Breakfast

- **7:00 a.m.**  
  Welcome and Course Overview  
  *Karen F. Mauck, M.D., M.Sc.*  
  *John B. Bundrick, M.D.*
7:15 a.m. Updates in Atrial Fibrillation (45)
Michael W. Cullen, M.D.
• Which patients should receive anticoagulation for atrial fibrillation?
• How do I choose which anticoagulant to use?
• What should be done when atrial fibrillation is detected incidentally?
• Do patients with transient atrial fibrillation after non-cardiac surgery need long term anticoagulation?
• Do patients need chronic anticoagulation after ablation?

8:00 a.m. Trouble Sleeping? Tips on Managing Insomnia
Michael H. Silber, M.B., Ch.B.
• What are the key elements of effective sleep hygiene?
• How effective are over the counter agents in treating insomnia?
• How do I choose which pharmacologic therapy to recommend?
• For patients who require long-term pharmacologic therapy, what are the most appropriate options?

8:30 a.m. Cases from the Endocrine Clinic
Neena Natt, M.D.
• How do I distinguish true adrenal insufficiency from “adrenal fatigue”?
• Which men with “Low T” need testosterone replacement?
• How do I manage an incidental thyroid nodule?

9:00 a.m. Clinical Pearls in Gastroenterology (45)

9:45 a.m. Question & Answer Session
Michael W. Cullen, M.D., Michael H. Silber, M.B., Ch.B., and Neena Natt, M.D.

10:00 a.m. Refreshment Break ................................................................. Ballroom Foyer

10:15 a.m. Lipid Treatment 2017: Reading Between the (Guide) Lines
Stephen L. Kopecky, M.D.
• What are the effects of diet and lifestyle management?
• When should familial hypercholesterolemia be suspected?
• What is the role of a coronary calcium score?
• Which cardiovascular risk calculator should I use?
• When should non-statin medications be considered?

10:45 a.m. Cases in Skin and Soft Tissue Infection
Aaron J. Tande, M.D.
• Which patients need to be covered for MRSA skin infection?
• What new drugs are available to treat SSTIs and how do they compare to existing agents?
• Which patients with recurrent skin infections are candidates for long-term prophylaxis?

11:15 a.m. Updates in Hypertension: What the Generalist Needs to Know
Stephen C. Textor, M.D.
• How do I apply the SPRINT trial findings to my patients?
• What is the role of ambulatory blood pressure for diagnosis and monitoring hypertension?
• Is there a role for aldosterone antagonists in primary (essential) hypertension?

11:45 a.m. Menopause Management Tips from the Women’s Health Clinic
Stephanie S. Faubion, M.D.
• For which patients do the benefits of menopausal hormone therapy outweigh the potential risks?
• How do I treat hot flashes in patients who cannot take menopausal hormone therapy?
• Why, when and how should menopausal hormone therapy be stopped?

12:15 p.m. Question & Answer Session
Stephen L. Kopecky, M.D., Aaron J. Tande, M.D., Stephen C. Textor, M.D.,
and Stephanie S. Faubion, M.D.

12:30 p.m. Complete Evaluations/ Adjourn
6:00 a.m. Continental Breakfast ................................................................. Ballroom Foyer

6:30 a.m. Breakfast Roundtable Discussion with the Professor (Optional Session)
Michael W. Cullen, M.D. ......................................................................... Cardiology/ Atrial Fibrillation
Michael H. Silber, M.B., Ch.B. .................................................................. Sleep Medicine
Neena Natt, M.D. ........................................................................................ Endocrine
Stephen L. Kopecky, M.D. ........................................................................... Cardiology/ Lipids
Aaron J. Tande, M.D. .................................................................................. Infectious Diseases
Stephen C. Textor, M.D. ............................................................................. Hypertension
Stephanie S. Faubion, M.D. ....................................................................... Women’s Health

7:00 a.m. 10 Drug Interactions You Need to Know About
Denise M. Dupras, M.D., Ph.D.
- What are the most common and dangerous drug interactions in clinical practice?

7:30 a.m. How to Assess Memory Complaints in the Office
Ericka E. Tung, M.D.
- What is the most efficient strategy for determining who needs further evaluation?
- What are the most common medical conditions that present with memory loss?
- For those patients who need further evaluation, what is the most cost-effective strategy?

8:00 a.m. Chronic Cough: A Practical Approach to the Patient
Vivek N. Iyer, M.D.
- What are the best testing or empiric treatment strategies for the three major etiologies of chronic cough?
- When should I suspect eosinophilic bronchitis?
- What options are there for patients who do not respond to usual therapies?

8:30 a.m. A Practical Approach to Low Back Pain
Richard H. Rho, M.D.
- What clinical clues from the history and physical exam point to specific etiologies of low back pain?
- Which patients need imaging, and what are the risks associated with diagnostic testing?
- What are the best management options for specific patterns of low back pain?

9:00 a.m. Question & Answer Session
Denise M. Dupras, M.D., Ph.D., Ericka E. Tung, M.D., Vivek N. Iyer, M.D., and Richard H. Rho, M.D.

9:15 a.m. Refreshment Break ................................................................. Ballroom Foyer

9:30 a.m. Burning Tingling Feet/ Sore Muscles: An Approach to Common Patient Complaints
James C. Watson, M.D.
- What is a practical diagnostic and treatment approach to the patient with burning feet?
- How do I discern concerning neuromuscular causes of myalgias from myofascial pain syndromes?
- What is the role of diagnostic testing in patients presenting with burning skin and/or myalgias?

10:00 a.m. Updates from the ACCP Guideline: Antithrombotic Therapy for VTE Disease
Paul R. Daniels, M.D.
- What is the recommended anticoagulant for the long term treatment of DVT of the leg or PE in patients without cancer?
- What is the recommended anticoagulant for the long term treatment of DVT of the leg or PE in patients with cancer?
- Should I recommend aspirin to prevent recurrent VTE to patients with an unprovoked proximal DVT or PE who are stopping anticoagulation?
- Should I recommend compression stockings to prevent post-thrombotic syndrome to patients with acute DVT of the leg?
- Which patients with PE can I treat at home or dismiss early from the hospital?
10:30 a.m. Question & Answer Session  
James C. Watson, M.D. and Paul R. Daniels, M.D.

10:45 a.m. Move to Concurrent Sessions/Workshops

11:00 a.m. Concurrent Sessions/Workshops

Option #1 Chest X-ray and PFT Interpretation for the Clinician  
David E. Midthun, M.D. and Megan M. Dulohery, M.D.

Option #2 Updates in Pneumonia, Pulmonary Embolism and Sepsis  
Craig E. Daniels, M.D. and Darlene R. Nelson, M.D.

Option #3 Challenging Cases in Diabetes Pharmacologic Management  
Sumit Bhagra, M.B.B.S. and Vinaya Simha, M.B.B.S., M.D.

Option #4 Cases from the Breast Clinic  
Lonzetta (Loni) Neal, M.D. and Christina A. Dilaveri, M.D.

Option #5 Overworked? Developing Resiliency Skills  
Anjali Bhagra, M.B.B.S. and Brianna E. Vaa, M.D.

Option #6 Cases in Anticoagulation Management  
Scott C. Litin, M.D. and Geno J. Merli, M.D.

Option #7 An Approach to the Patient with Fibromyalgia: Effective Strategies  
Arya B. Mohabbat, M.D. and Kevin C. Fleming, M.D.

Option #8 Cases in Perioperative Medicine  
Howard H. Weitz, M.D. and Karna K. Sundsted, M.D.

Option #9 Cases in Chronic Pain Management  
William D. Mauck, M.D. and Jason S. Eldrige, M.D.

12:15 p.m. Complete Evaluations/Adjourn

WEDNESDAY, January 25, 2017

6:00 a.m. Continental Breakfast ................................................................. Ballroom Foyer

6:30 a.m. Breakfast Roundtable Discussion with the Professor (Optional Session)  
Denise M. Dupras, M.D., Ph.D. ............................................................... Pharmacology/Drug Interactions  
Ericka E. Tung, M.D. ........................................................................ General Internal Medicine/Geriatrics  
Vivek N. Iyer, M.D. ................................................................................... Pulmonary/Cough  
Richard H. Rho, M.D. ................................................................. Pain Medicine/Low Back Pain  
James C. Watson, M.D. ................................................................. Neurology  
Paul R. Daniels, M.D. ......................................................................... General Internal Medicine/VTE Disease

7:00 a.m. Structural and Valvular Heart Disease Update (45)  
Sunil V. Mankad, M.D.  
• What do I need to know about TAVR, MitraClip and LAA Occlusion?  
• What updates in valvular heart disease do I need to know about?  
• How do I decide when intervention is indicated for common valvular lesions?
7:45 a.m.  
**Hepatitis C: What the Clinician Needs to Know**  
*John J. Poterucha, M.D.*
- Who should be screened for hepatitis C and how should I interpret the results?
- Which patients should be offered treatment?
- How efficacious are the currently available hepatitis C treatments?
- What are the challenges of prescribing HCV therapy?

8:15 a.m.  
**Frequently Asked Questions in Diabetes**  
*Pankaj Shah, M.D.*
- When should I consider metformin in patients with impaired fasting glucose?
- What are the different types of insulin available and how do I choose the best agent for my patient with DM2?
- Which commonly used performance measures are least supported by evidence?
- What are some key take home points from the new guidelines?

8:45 a.m.  
**Common Curbsides from the Infectious Disease Clinic**  
*Pritish K. Tosh, M.D.*
- What are some tips for interpreting common infectious diseases tests (Syphilis, Hepatitis B, Lyme, Quantiferon, etc.)?
- How do I treat common infections in patients with antimicrobial allergies?
- What are the major emerging infectious disease concerns that I need to be aware of?

9:15 a.m.  
**Question & Answer Session**  
*Sunil V. Mankad, M.D., John J. Poterucha, M.D., Pankaj Shah, M.D., and Pritish K. Tosh, M.D.*

9:30 a.m.  
Refreshment Break ........................................................................................................ Ballroom Foyer

9:45 a.m.  
**Preventing Falls in the Elderly**  
*Jeffrey M. Thompson, M.D.*
- What is an efficient way to screen for risk of falling?
- How do I manage common gait abnormalities?

10:15 a.m.  
**Tips for Managing Chronic Migraine**  
*David W. Dodick, M.D.*
- How do I choose a medication for preventing chronic migraine headaches?
- What are some practice tips/tricks that you recommend?
- Which patients need imaging?
- Which patients need referral to a neurologist?

10:45 a.m.  
**Question & Answer Session**  
*Jeffrey M. Thompson, M.D. and David W. Dodick, M.D.*

11:00 a.m.  
**Medical Quiz Show**  
*Jason A. Post, M.D. and Mark L. Wieland, M.D.*

12:00 p.m.  
Complete Evaluations/Adjourn

**THURSDAY, January 26, 2017**

6:00 a.m.  
Continental Breakfast ........................................................................................................ Ballroom Foyer

6:30 a.m.  
**Breakfast Roundtable Discussion with the Professor** *(Optional Session)*  
*Sunil V. Mankad, M.D.* .................................................................................................. Cardiology/ Valvular Heart Disease  
*John J. Poterucha, M.D.* ............................................................................................... Gastroenterology/ Hepatitis C  
*Pankaj Shah, M.D.* ........................................................................................................... Endocrinology/ Diabetes  
*Pritish K. Tosh, M.D.* ........................................................................................................ Infectious Diseases  
*Jeffrey M. Thompson, M.D.* .......................................................................................... Physical Medicine and Rehabilitation/ Falls  
*David W. Dodick, M.D.* ............................................................................................... Neurology/ Migraines
7:00 a.m.  **Asthma Update**  
*Gerald W. Volcheck, M.D.*  
- What is the best diagnostic strategy for asthma?  
- What new treatment options are available and how do they compare with currently available agents?  
- What are some key take home points from the new guidelines?

7:30 a.m.  **GERD: Tips on Diagnosis and Treatment**  
*David A. Katzka, M.D.*  
- What is the role of EGD and esophageal pH monitoring in making the diagnosis?  
- What are the real risks of long term proton pump inhibitors?  
- Which patients should be screened for Barrett’s?  
- When should surgical treatment options be considered?

8:00 a.m.  **HIV for the Generalist**  
*Stacey A. Rizza, M.D.*  
- Who should be screened for HIV and how often?  
- When should antiretroviral therapy be initiated?  
- How should antiretroviral medication interruptions be managed?  
- What comorbid diseases are patients with HIV at greater risk for?

8:30 a.m.  **Topical Steroids: How to Choose**  
*Mark Denis P. Davis, M.D.*  
- How do I decide which topical steroid potency to use?  
- What vehicles are suitable for different clinical situations?  
- What quantity should be prescribed?

9:00 a.m.  **Question & Answer Session**  
*Gerald W. Volcheck, M.D., David A. Katzka, M.D., Stacey A. Rizza, M.D., and Mark Denis P. Davis, M.D.*

9:15 a.m.  Refreshment Break ......................................................... Ballroom Foyer

9:30 a.m.  **Chronic Kidney Disease: Clinical Considerations for the Internist**  
*Suzanne M. Norby, M.D.*  
- How can I predict CKD progression?  
- What is the role of uric acid lowering therapy?  
- Who should be tested and treated for iron deficiency in CKD?  
- When should I consider using the newer agents for treating hyperkalemia?

10:00 a.m.  **Hospital Medicine Update**  
*Deanne T. Kashiwagi, M.D.*  
- What are the important recent practice changes in hospital medicine?

10:30 a.m.  **Question & Answer Session**  
*Suzanne M. Norby, M.D. and Deanne T. Kashiwagi, M.D.*

10:45 a.m.  Move to Concurrent Sessions

11:00 a.m.  **Concurrent Sessions/Workshops**

  **Option #1**  **Chest X-ray and PFT Interpretation for the Clinician**  
*David E. Midthun, M.D. and Megan M. Dulohery, M.D.*

  **Option #2**  **Updates in Pneumonia, Pulmonary Embolism and Sepsis**  
*Craig E. Daniels, M.D. and Darlene R. Nelson, M.D.*

  **Option #3**  **Challenging Cases in Diabetes Pharmacologic Management**  
*Sumit Bhagra, M.B.B.S. and Vinaya Simha, M.B.B.S., M.D.*

  **Option #4**  **Cases from the Breast Clinic**
Lonzetta (Loni) Neal, M.D. and Christina A. Dilaveri, M.D.

Option #5 Overworked? Developing Resiliency Skills
Anjali Bhagra, M.B.B.S. and Brianna E. Vaa, M.D.

Option #6 Cases in Anticoagulation Management
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Arya B. Mohabbat, M.D. and Kevin C. Fleming, M.D.

Option #8 Cases in Perioperative Medicine
Howard H. Weitz, M.D. and Karna K. Sundsted, M.D.

Option #9 Cases in Chronic Pain Management
William D. Mauck, M.D. and Jason S. Eldrige, M.D.

12:15 p.m. Complete Evaluations/ Adjourn

FRIDAY, January 27, 2017

6:00 a.m. Continental Breakfast ........................................................................................................ Ballroom Foyer

6:30 a.m. Breakfast Roundtable Discussion with the Professor (Optional Session)
Gerald W. Volcheck, M.D. ......................................................................................... Allergy/ Asthma
David A. Katzka, M.D. ...................................................................... Gastroenterology/ GERD
Stacey A. Rizza, M.D. ........................................................................ Infectious Diseases/ HIV
Mark Denis P. Davis, M.D......................................................................... Dermatology/ Topical Steroids
Suzanne M. Norby, M.D. ....................................................................... Nephrology/ Chronic Kidney Disease
Deanne T. Kashiwagi, M.D. ........................................................................ Hospital Medicine

7:00 a.m. Managing Antiplatelet Therapy in Stable Coronary Artery Disease (45)
Mackram F. Eleid, M.D.
• How long should I continue dual anti-platelet therapy after coronary intervention?
• Is the duration of anti-platelet therapy the same for patients who receive stents in the setting of acute MI versus those who have not had myocardial injury?
• When is it ok to interrupt dual anti-platelet therapy for non-cardiac procedures; what is the best strategy?
• How do I decide when to use an agent other than clopidogrel with aspirin; what is the absolute net benefit of these other agents?
• How should I manage anti-platelet therapy in patients who need anticoagulation in addition to antiplatelet therapy?

7:45 a.m. Managing Long Term Complications in Cancer Survivors
Carrie A. Thompson, M.D.
• What unique cancer screening is required for cancer survivors?
• How do I manage the common side effects of radiation and chemotherapy?

8:15 a.m. Clinical Pearls in Psychiatry (45)
Brian A. Palmer, M.D., M.P.H.
• What is the recommended approach to the treatment of anxiety?
• How do I recognize and treat patients with bipolar disorder?
• What are some tips for choosing and switching antidepressant medications?

9:00 a.m. Management of Abnormal Pap Smear and HPV Results
Emily L. Leasure, M.D.
• How do I manage findings which indicate suboptimal specimen adequacy?
• What is the recommended followup for patients with ASCUS, normal smear but positive HPV, and LSIL?
• Which patients warrant screening after the age of 65 or after hysterectomy?
9:30 a.m.  Question & Answer Session  
*Mackram F. Eleid, M.D., Carrie A. Thompson, M.D., Brian A. Palmer, M.D., M.P.H., and Emily L. Leasure, M.D.*

9:45 a.m.  Refreshment Break .................................................................Ballroom Foyer

10:00 a.m. Acne and Rosacea Management in Primary Care  
*Rochelle R. Torgerson, M.D., Ph.D.*  
- How do I individualize the approach to acne treatment?  
- What are the different subtypes of rosacea and how are they treated?  
- What new agents are available for treating acne and rosacea?

10:30 a.m. Commonly Asked Questions in Transient Ischemic Attack  
*Josephine F. Huang, M.D.*  
- How do I determine the urgency of diagnosis and management for patients with TIA symptoms?  
- What is a cost effective approach to the outpatient diagnosis of TIA?  
- What is the recommended treatment and followup for these patients?

11:00 a.m. Question & Answer Session  
*Rochelle R. Torgerson, M.D., Ph.D. and Josephine F. Huang, M.D.*

11:15 a.m. Post-Test

11:45 a.m. Complete Evaluations/Adjourn

Mahalo!