SUNDAY, January 28, 2018

Optional PRE COURSE SESSIONS – Additional Fees apply

**Option 1**
**ABFM Knowledge Self-Assessment Module: Preventive Care**
Clayton T. Cowl, M.D., M.S. and Elizabeth W. Cozine, M.D.

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<tr>
<td>7:00 a.m.</td>
<td>Module Begins</td>
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<td>9:30 a.m.</td>
<td>Break</td>
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<td>9:45 a.m.</td>
<td>Continue Module</td>
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<td>12:15 p.m.</td>
<td>Adjourn</td>
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**Option 2**
**ABIM SEP Modules**

**2017 - 2018 Update in Internal Medicine**
Brian M. Dougan, M.D., Nina M. Schwenk, M.D., and Colin P. West, M.D., Ph.D.

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**2017 - 2018 Update in Hospital Medicine**
Thomas J. Beckman, M.D., William C. Mundell, M.D., and Dennis W. Regan, M.D.

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**Option 3**
**Palliative Care: Treating Common Symptoms in Late Stage Disease**
Frank (Andy) A. Bock, D.O., Elise C. Carey, M.D., Molly A. Feely, M.D., and Jacob J. Strand, M.D.

<table>
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<tr>
<td>1:30 p.m.</td>
<td>Session Begins</td>
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<td>3:30 p.m.</td>
<td>Break</td>
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<td>3:45 p.m.</td>
<td>Session Continues</td>
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<td>5:30 p.m.</td>
<td>Adjourn</td>
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6:00 a.m. Registration and Continental Breakfast

7:00 a.m. Welcome and Course Overview
Karen F. Mauck, M.D., M.Sc.
John B. Bundrick, M.D.

7:15 a.m. Antibiotic Stewardship: Selection and Duration of Therapy for Common Infectious Diseases
Pritish K. Tosh, M.D.
- Which antibiotics should be my first choice for treatment of common outpatient infections?
- What duration of therapy is recommended for particular infections seen commonly in the outpatient practice?

7:45 a.m. Managing my Patients with Somatic Symptom Disorder and Illness Anxiety
Brian A. Palmer, M.D., M.P.H.
- How do I best identify a patient with somatic symptom disorder or illness anxiety?
- What are some tips in communicating this diagnosis to my patients?
- What are effective strategies to manage patients with somatic symptom disorder?
- What are important pitfalls to avoid in the diagnosis and management of these patients?

8:30 a.m. Heart Failure Update
Alfredo L. Clavell, M.D.
- What are the key tests in the initial evaluation of patients with heart failure?
- How do I medically manage patients who have elements of both HfPEF heart failure and HfREF heart failure?
- What new therapies are available for heart failure and when should I use them?
- How should anemia be managed in heart failure patients?
- When should I refer patients with heart failure for device therapy?

9:00 a.m. Update in Lipids: Statins and Beyond
Michael W. Cullen, M.D.
- When should I be starting statins and which statin and dose should I choose?
- Do I need to change statin medication or switch to a high intensity statin if a patient is controlled on a low intensity statin?
- Is there still a role for LDL targets?
- What options do I have if my patient does not tolerate the statin medication I prescribe?
- When should I consider PSCK-9 inhibitors? What do I tell my patients about these medications?

9:45 a.m. Question & Answer Session
Alfredo L. Clavell, M.D., Michael W. Cullen, M.D., Brian A. Palmer, M.D., M.P.H., and Pritish K. Tosh, M.D.

10:00 a.m. Refreshment Break

10:15 a.m. Commonly Asked Questions in Cerebrovascular Disease
Robert D. Brown, Jr., M.D., M.P.H.
- What is a cost effective approach to determining the mechanism of transient ischemic attack/stroke?
- What are the important components of secondary stroke prevention?
- Which antithrombotic should be used in stroke prevention? What is the role of carotid surgery, and of angioplasty?
- Which patients with cerebral aneurysms should have family members screened?

10:45 a.m. Proton Pump Inhibitors: What are the Risks?
Jeffrey A. Alexander, M.D.
- Which PPI associated complications should I be worried about?
- What is the role of PPI therapy in long term management of gastrointestinal disease?
- What is the appropriate testing for patients on long term PPIs?
- When should I consider step down therapy?
11:15 a.m.  Updates From the Endocrine Clinic
Pankaj Shah, M.D.
- What is the best management in patients with subclinical hypothyroidism?
- Which patients are the best candidates for new medications and devices for diabetes?
- What are the latest recommendations for monitoring and intervening upon patients with primary hyperparathyroidism?

11:45 a.m.  An Approach to the Patient with Orthostatic Symptoms
Jeremy K. Cutsforth-Gregory, M.D.
- How do I determine which patients with orthostatic symptoms have POTS, autonomic insufficiency or another cause?
- What is the most efficient initial testing strategy?
- How do treatments differ based on etiology?

12:15 p.m.  Question & Answer Session
Jeffrey A. Alexander, M.D., Robert D. Brown, Jr., M.D., M.P.H., Jeremy K. Cutsforth-Gregory, M.D., and Pankaj Shah, M.D.

12:30 p.m.  Adjourn

TUESDAY, January 30, 2018

6:00 a.m.  Continental Breakfast

6:30 a.m.  Breakfast Roundtable Discussion with the Professor
Jeffrey A. Alexander, M.D. ............................................... Gastroenterology/Proton Pump Inhibitors
Robert D. Brown, Jr., M.D., M.P.H. ............................................. Stroke/Cerebrovascular Neurology
Alfredo L. Clavell, M.D. ............................................................................... Cardiology/Heart Failure
Michael W. Cullen, M.D.......................................................................................... Cardiology/Lipids
Jeremy K. Cutsforth-Gregory, M.D ................................................................. Neurology
Brian A. Palmer, M.D., M.P.H. ......................................................................................... Psychiatry
Pankaj Shah, M.D. ..................................................................................................... Endocrinology
Pritish K. Tosh, M.D. ........................................................................................... Infectious Diseases

7:00 a.m.  Twitches, Spells, Jerks, and Zingers: An Approach to Unexplained, Transient, Paroxysmal Neurologic Symptoms
James C. Watson, M.D.
- How do I differentiate between benign from pathologic fasciculations?
- How do I distinguish functional spells from epilepsy and spells due to cardiac and autonomic etiologies?
- What are the most common causes of myoclonus and how do I recognize them?
- What are the key characteristics of serotonin syndrome and how should it be treated?

7:30 a.m.  Common Cardiology Consult Questions
Sunil V. Mankad, M.D.
- What do I do with an elevated troponin in patients without ECG changes or symptoms?
- How should I use the high-sensitivity troponin T assay?
- What do I do with my patient who has stress induced cardiomyopathy?
- In patients with CAD preparing for noncardiac surgery, how do I stratify and reduce their risk?

8:00 a.m.  Constipation: When Fiber and Laxatives are Not Enough
Amy E. Foxx-Orenstein, D.O.
- What features of the history and physical examination help to determine which diagnostic strategies to consider?
- What diagnostic workup strategy is most helpful in determining the etiology of refractory constipation?
- What is the best treatment approach?
8:30 a.m.  A Practical Approach to Syncope
Peter A. Noseworthy, M.D.
• How is syncope classified in the current guidelines?
• What key pieces of information from the history and physical examination do I need when approaching a patient with syncope?
• What basic testing is necessary in the evaluation of syncope?
• When is a tilt table test, autonomic testing or invasive EP testing indicated?

9:00 a.m.  Question & Answer Session
Amy E. Foxx-Orenstein, D.O., Sunil V. Mankad, M.D., Peter A. Noseworthy, M.D., and James C. Watson, M.D.

9:15 a.m.  Refreshment Break

9:30 a.m.  Musculoskeletal Regenerative Medicine: What Will Patients Ask Me About?
Jacob L. Sellon, M.D.
• What clinical aspects of regenerative medicine do I need to be aware of?
• What is the role of regenerative medicine in treating common musculoskeletal problems?

10:00 a.m.  Physical Therapy Demystified
Jeffrey M. Thompson, M.D.
• When is it appropriate to refer a patient for physical therapy?
• When is physical therapy not likely to be helpful or likely to cause harm?
• What modalities and techniques are available beyond stretching and strengthening exercises?
• What are some physical therapy options that I might not be aware of?

10:30 a.m.  Question & Answer Session
Jacob L. Sellon, M.D. and Jeffrey M. Thompson, M.D.

10:45 a.m.  Move to Concurrent Sessions/ Workshops

11:00 a.m.  Concurrent Sessions/Workshops
Option #1  Cases in Back Pain: From Diagnosis to Management
Jason S. Eldrige, M.D. and William D. Mauck, M.D.

Option #2  Navigating Difficult Conversations with Your Patients Regarding Controlled Substance Use
Emily L. Leasure, M.D. and William J. Ward, M.D.

Option #3  Serious Illness in the Inpatient Setting: Pulmonary and Infectious Disease Cases
Craig E. Daniels, M.D. and Aaron J. Tande, M.D.

Option #4  Cases in Liver Disease
William Sanchez, M.D. and Douglas A. Simonetto, M.D.

Option #5  Cases in Perioperative Medicine
Arya B. Mohabbat, M.D. and Karna K. Sundsted, M.D.

Option #6  Tips for the non-neurologist: How to perform the 6 minute neurologic exam
Scott D. Eggers, M.D. and Andrea N. Leep Hunderfund, M.D., MHPE

Option #7  Medication Assisted Treatment for Substance Abuse
Charlie Reznikoff, M.D. and Terry D. Schneekloth, M.D.

Option #8  Cases in Cognitive Impairment and Dementia Management
Gabrielle J. Melin, M.D., M.S. and Ericka E. Tung, M.D.

12:15 p.m.  Adjourn
6:00 a.m.  Continental Breakfast

6:30 a.m.  Breakfast Roundtable Discussion with the Professor
Amy E. Foxx-Orenstein, D.O. ........................................................ Gastroenterology/Constipation
Sunil V. Mankad, M.D. .................................................................. Cardiology
Peter A. Noseworthy, M.D. ...................................................... Cardiology/Syncope
Jacob L. Sellon, M.D. ........................................ Physical Medicine and Rehabilitation/Regenerative
Jeffrey M. Thompson, M.D. ........................................... Physical Medicine and Rehabilitation/Physical Therapy
James C. Watson, M.D. ............................................................. Neurology

7:00 a.m.  Cardiac Stress Testing 2018
Atta Behfar, M.D., Ph.D.
- When should I order an exercise stress test vs. a pharmacological stress test?
- What are the main advantages or disadvantages of stress echo vs stress nuclear testing?
- Which findings on stress testing necessitate referral to cardiology and which can be managed conservatively?

7:30 a.m.  New Endobariatric Procedures
Mark V. Larson, M.D.
- Which patients are best suited for endobariatric procedures?
- What is the long term efficacy of these procedures?
- What are the main complications and what is the appropriate follow-up?
- Are these procedures covered by insurance?

8:00 a.m.  Update in Gastroenterology
Amy S. Oxentenko, M.D.
- What are the important updates in gastroenterology that I need to know about?

8:45 a.m.  Keeping Abreast of Breast Cancer Screening
Karthik Ghosh, M.D.
- How do I identify women who are high risk for breast cancer and what additional screening is recommended?
- How do I manage a patient whose mammogram reports increased breast density?
- How do we use the evidence/guidelines to guide decisions on mammographic screening intervals?

9:15 a.m.  Question & Answer Session
Atta Behfar, M.D., Ph.D., Karthik Ghosh, M.D., Mark V. Larson, M.D., and Amy S. Oxentenko, M.D.

9:30 a.m.  Refreshment Break

9:45 a.m.  The Abnormal Urinalysis
Robert C. Albright, D.O.
- When do I need to pay attention to the urine pH?
- How do I manage a patient with microscopic hematuria?
- Outside of infection, when is the presence of pyuria significant?
- What level of urinary protein requires further evaluation or change in management?

10:15 a.m.  Detection and Management of Obstructive Sleep Apnea in Patients Undergoing Surgery
Eric J. Olson, M.D.
- How should patients be screened for OSA?
- Which patients need to be tested prior to surgery to decrease the risk of potential complications?
- Which patients can be treated as “presumed” OSA and proceed with surgery with additional precautions?
- Are there guidelines available to help guide management of patients with OSA in the perioperative period?
- What postoperative monitoring is recommended for patients with suspected or confirmed OSA?
10:45 a.m.  Question & Answer Session  
Robert C. Albright, D.O. and Eric J. Olson, M.D.

11:00 a.m.  Medical Quiz Show  
Jason A. Post, M.D. and Mark L. Wieland, M.D.

12:00 p.m.  Adjourn

THURSDAY, February 1, 2018

6:00 a.m.  Continental Breakfast

6:30 a.m.  Breakfast Roundtable Discussion with the Professor  
Robert C. Albright, D.O. ................................................................. Nephrology/Urinalysis  
Atta Behfar, M.D., Ph.D. ................................................................ Cardiology/Stress Testing  
Karthik Ghosh, M.D. ................................................................. Women’s Health/Breast Cancer  
Mark V. Larson, M.D. ....................................................... Gastroenterology/Endobariatric  
Eric J. Olson, M.D.. ................................................. Pulmonary and Critical Care/Sleep Apnea  
Amy S. Oxentenko, M.D................................................................ Gastroenterology

7:00 a.m.  Update in Valvular Heart Disease  
Vuyisile T. Nkomo, M.D., M.P.H

• What are the new recommendations for SBE prophylaxis?
• Can DOACs be used in valvular afib in addition to non-valvular afib?
• When is the best time to intervene in asymptomatic mitral regurgitation and what interventions are available?
• What is the appropriate duration/intensity of anticoagulation following valve replacement surgery?

7:30 a.m.  Osteoporosis Update 2018  
Robert A. Wermers, M.D.

• Which patients on steroids need monitoring and/or treatment to prevent osteoporosis?
• Which groups are commonly under-screened or over-screened for osteoporosis?
• When is denosumab or teriparitide preferred over bisphosphonates for treatment of osteoporosis?

8:00 a.m.  Colon Cancer Screening for the Primary Care Clinician  
Sidna M. Tulledge-Scheitel, M.D., M.P.H

• What are important updates in colon cancer screening?
• How do I decide when to stop screening? What tools are available to help with this decision?
• What is the role of stool DNA testing?
• How does adequacy of the colon prep influence subsequent screening intervals for colonoscopy?

8:30 a.m.  Colon Polyps: Surveillance Cases  
Robert E. Kraichely, M.D.

• When the initial surveillance colonoscopy is negative, how do I determine the timing of the next surveillance interval?
• Which polyp findings need more aggressive surveillance?
• When is appropriate to adopt a less aggressive surveillance strategy or stop surveillance altogether?

9:00 a.m.  Question & Answer Session  

9:15 a.m.  Refreshment Break

9:30 a.m.  Chronic Kidney Disease: Clinical Management Tips  
Amy W. Williams, M.D.

• How do I manage common complications of CKD?
• How does the presence of CKD impact the management of other common clinical conditions?
10:00 a.m. **Hospital Medicine Update**  
Deanne T. Kashiwagi, M.D.  
• What were the most important practice changes in hospital medicine in 2017?

10:30 a.m. **Question & Answer Session**  
Deanne T. Kashiwagi, M.D. and Amy W. Williams, M.D.

10:45 a.m. Move to Concurrent Sessions

11:00 a.m. **Concurrent Sessions/Workshops**

Option #1 **Cases in Back Pain: From Diagnosis to Management**  
Jason S. Eldridge, M.D. and William D. Mauck, M.D.

Option #2 **Navigating Difficult Conversations with Your Patients Regarding Controlled Substance Use**  
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Option #3 **Serious Illness in the Inpatient Setting: Pulmonary and Infectious Disease Cases**  
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Option #6 **Tips for the non-neurologist: How to perform the 6 minute neurologic exam**  
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Option #8 **Cases in Cognitive Impairment and Dementia Management**  
Gabrielle J. Melin, M.D., M.S. and Ericka E. Tung, M.D.

12:15 p.m. Adjourn

**FRIDAY, February 2, 2018**

6:00 a.m. Continental Breakfast

6:30 a.m. **Breakfast Roundtable Discussion with the Professor**  
Deanne T. Kashiwagi, M.D. .............................................................. Hospital Medicine  
Robert E. Kraichely, M.D. .................................................................................................................. Gastroenterology/Colon Polyps  
Vuyisile T. Nkomo, M.D., M.P.H. ................................................................................................. Cardiology/Valvular  
Sidna M. Tulledge-Scheitel, M.D., M.P.H. .............................................. Primary Care Internal Medicine/Colon Cancer  
Robert A. Wermers, M.D. ............................................................................................................ Endocrinology/Osteoporosis  
Amy W. Williams, M.D. ................................................................................................................. Nephrology/Chronic Kidney Disease

7:00 a.m. **Pharmacogenomics and Your Practice: What Clinicians Need to Know**  
Eric T. Matey, Pharm.D., R.Ph.  
• What is the impact of pharmacogenetic testing in clinical practice?  
• When might I consider pharmacogenetic testing in a patient?  
• How do I interpret the test report and what resources are available to assist with point of care recommendations?

7:45 a.m. **Updated COPD Management Recommendations**  
Megan M. Dulohery, M.D.  
• What important updates on the management of COPD do I need to know about as a primary care physician?
8:15 a.m.  Clinical Pearls in Oncology
Andrea E. Wahner Hendrickson, M.D.

9:00 a.m.  Medication Update 2018
Denise M. Dupras, M.D., Ph.D.
• What new drugs do I need to know about and how do they compare to currently available therapies?

9:30 a.m.  Question & Answer Session
Megan M. Dulohery, M.D., Denise M. Dupras, M.D., Ph.D., Eric T. Matey, Pharm.D., R.Ph., and Andrea E. Wahner Hendrickson, M.D.

9:45 a.m.  Refreshment Break with the Professor

10:15 a.m.  The Patient with Swallowing Difficulties: An Approach to Dysphagia
Amindra S. Arora, M.B., B.Chir.
• How do I determine the likely mechanism of dysphagia from the history?
• How does this influence the choice of initial and subsequent testing?
• What are the typical features of common causes of dysphagia?

10:45 a.m.  Helping Your Patients Achieve Their Goals: Tips on Motivational Interviewing
Kristin S. Vickers Douglas, Ph.D., L.P.
• What are some important tips on communicating with patients about behavior change?
• How can I incorporate motivational interviewing into brief encounters?
• What are some specific communication strategies for expressing a concern, providing education, and enhancing patient motivation?

11:15 a.m.  Question & Answer Session

11:30 a.m.  Adjourn

Mahalo!