<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Welcome &amp; Course Overview</td>
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<tr>
<td>8:10 a.m.</td>
<td>Sleep Medicine Basics</td>
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<td><em>Natalia M. Rowe, APRN</em></td>
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<tr>
<td>8:40 a.m.</td>
<td>Speaker Q&amp;A</td>
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<td>8:45 a.m.</td>
<td>Sleep Disordered Breathing</td>
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<td><em>Christopher D. Williams, M.D.</em></td>
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<tr>
<td>9:15 a.m.</td>
<td>Speaker Q&amp;A</td>
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<td>9:20 a.m.</td>
<td>Sleep Testing</td>
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<td><em>Mithri Junna, M.D.</em></td>
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<td>9:50 a.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>9:55 a.m.</td>
<td>BREAK</td>
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<td>10:15 a.m.</td>
<td>OSA</td>
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<td><em>Julie A. Williams, P.A.-C.</em></td>
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<td>10:45 a.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>10:50 a.m.</td>
<td>CSA and Complex Sleep Apnea</td>
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<td><em>Hussam Z. Al-Sharif, M.D.</em></td>
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<td>11:20 a.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>11:25 a.m.</td>
<td>Treatment of Sleep Disordered Breathing</td>
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<td><em>Vichaya Arunthari, M.D.</em></td>
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<td>11:55 a.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>12:00 p.m.</td>
<td>LUNCH BREAK</td>
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<tr>
<td>1:15 p.m.</td>
<td>RBD Movement Disorders</td>
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<td><em>Brynn K. Dredla, M.D.</em></td>
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<td>1:45 p.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>1:50 p.m.</td>
<td>Insomnia Medications</td>
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<td><em>Bhanuprakash (Bhanu) Kolla, M.D.</em></td>
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<tr>
<td>2:20 p.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>2:25 p.m.</td>
<td>Cognitive Behavioral Therapy for Insomnia</td>
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<td><em>Brendon M. Colaco, M.B.B.S.</em></td>
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<tr>
<td>2:55 p.m.</td>
<td>Speaker Q&amp;A</td>
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<tr>
<td>3:00 p.m.</td>
<td>ADJOURN</td>
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8:00 a.m.  Announcements

8:10 a.m.  Hypersomnolence
          Brynn K. Dredla, M.D.

8:40 a.m.  Speaker Q&A

8:45 a.m.  Management of Chronic RLS: Introduction of Opioids in a Patient with Augmentation
          Michael H. Silber, M.B., Ch.B.

9:15 a.m.  Speaker Q&A

9:20 a.m.  Stroke and Sleep
          Melissa C. Lipford, M.D.

9:50 a.m.  Speaker Q&A

9:55 a.m.  BREAK

10:15 a.m. Management of Central Sleep Apnea in the Post SERV-HF World
          Timothy I. Morgenthaler, M.D.

10:45 a.m. Speaker Q&A

10:50 a.m. Non-PAP Treatments of Obstructive Sleep Apnea
          Michael D. Olson, M.D.

11:20 a.m. Speaker Q&A

11:25 a.m. Non-Surgical Treatment of Pediatric Sleep Apnea
          Julie M. Baughn, M.D.

11:55 a.m. Speaker Q&A

12:00 p.m. LUNCH BREAK

1:15 p.m.  Cases that Keep You Up at Night
          Peter C. Gay, M.D.

1:45 p.m.  Speaker Q&A

1:50 p.m.  Year in Review
          Kannan Ramar, M.B.B.S., M.D.

2:20 p.m.  Speaker Q&A

2:25 p.m.  Pediatric Sleep Disorders: An Update
          Robin M. Lloyd, M.D.

2:55 p.m.  Speaker Q&A

3:00 p.m.  ADJOURN
General Session – Day 2  
April 17, 2021

8:00 a.m.  
Announcements

8:10 a.m.  
Neurodegeneration and RBD  
Erik K. St Louis, M.D.

8:40 a.m.  
Speaker Q&A

8:45 a.m.  
Wearable Technology in Sleep  
Joseph Y. Cheung, M.D.

9:15 a.m.  
Speaker Q&A

9:20 a.m.  
Sleep Lab Operations in the COVID era  
Timothy I. Morgenthaler, M.D.

9:50 a.m.  
Speaker Q&A

9:55 a.m.  
BREAK

10:15 a.m.  
Hospital Sleep Medicine – A Mayo Clinic Experience  
Brendon M. Colaco, M.B.B.S.

10:45 a.m.  
Speaker Q&A

10:50 a.m.  
Optimizing EMR for Sleep Medicine Practice, Telemedicine in Sleep Medicine  
Muhammad (Adeel) A. Rishi, M.B.B.S.

11:20 a.m.  
Speaker Q&A

11:25 a.m.  
Use of Advance PAP Therapy for Neuromuscular Disease  
Emir Festic, M.D., M.S.

11:55 a.m.  
Speaker Q&A

12:00 p.m.  
LUNCH BREAK

1:15 p.m.  
Management of Childhood Narcolepsy  
Suresh Kotagal, M.D.

1:45 p.m.  
Speaker Q&A

1:50 p.m.  
Behavioral Treatment of Insomnia  
Steven I. Altchuler, M.D., Ph.D.

2:20 p.m.  
Speaker Q&A

2:25 p.m.  
Pharmacology of Insomnia and New Ideas in Insomnia  
Lois E. Krahn, M.D.

2:55 p.m.  
Speaker Q&A

3:00 p.m.  
ADJOURN