

Sports Medicine for the Primary Care Clinician 2018  
February 23-25, 2018  
Disney Yacht & Beach Club Resorts

<b>Friday, February 23, 2018</b>	
7:15 a.m.	<b>Room: Asbury C</b> - Registration/Continental Breakfast/Exhibit Hall
7:15	<b>Room: General Session: Asbury AB</b> Electronic Poster Presentations
7:45	<b>Room: General Session: Asbury AB</b> Introduction/Pretest
	<b>Moderator:</b> Daniel P. Montero, M.D., C.A.Q.S.M. <b>Demystifying the Magic: What Happens in Therapy</b>
8:00	Common Sports-Related Shoulder Conditions in Primary Care <i>George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M.</i>
8:30	Shoulder Rehab: The Magic Behind the Curtain <i>Irvin (Scott) Haak, P.T., D.P.T.</i>
9:00	Common Knee Conditions in Primary Care <i>Sara E. Filmalter, M.D., C.A.Q.S.M.</i>
9:30	Basic Physical Therapy for Common Knee Conditions <i>Edsel B. Bittencourt, P.T.</i>
10:00	Q&A Panel
10:20	Break/Exhibit Hall
10:30	Elbow Conditions: It's Not All "Tennis Elbow" <i>George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M.</i>
11:00	Physical Therapy Approaches to Common Elbow Conditions <i>Thomas G. Berger, P.T., C.H.T., D.P.T.</i>
11:30	Hand and Wrist Conditions in Primary Care <i>Walter C. Taylor, III, M.D., C.A.Q.S.M.</i>
Noon	Basic Occupational Therapy for the Hand and Wrist <i>James Braxton, M.A., O.T., C.H.T.</i>
12:30	Posttest/Q&A Panel
12:50 p.m.	Adjourn
<b>Workshops – Additional Fee</b>	
1:30–2:30	<b>Room: General Session: Asbury AB</b> The Upper Extremity Exam of Athletes and Active Individuals <i>Walter C. Taylor, III, M.D., C.A.Q.S.M., Daniel P. Montero, M.D., C.A.Q.S.M. and George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M.</i>
1:30–2:30	<b>Room: Salon V</b> Basic Osteopathic Manipulation Therapy for Primary Care <i>Kristina F. DeMatas, D.O., C.A.Q.S.M.</i>
2:30-3:30	<b>Room: Salon V</b> The Physical Exam of the Knee, Ankle, and Foot <i>Sara E. Filmalter, M.D., C.A.Q.S.M.; Daniel P. Montero, M.D., C.A.Q.S.M. and George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M.</i>
2:30–3:30	<b>Room: Asbury D</b> The Evaluation, Physical Examination, and Treatment Options of the Concussed Athlete <i>Jennifer R. Maynard, M.D., C.A.Q.S.M.</i>
3:30 p.m.	Adjourn

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<b>Saturday, February 24, 2018</b>	
7:30 a.m.	<b>Room: Asbury C</b> - Continental Breakfast/Exhibit Hall
7:30	<b>Room: General Session: Asbury AB</b> Electronic Poster Presentations
7:55	<b>Room: General Session: Asbury AB</b> Introduction/Pretest
<b>Moderator:</b> George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M. <b>Sports-Specific Care: Helping Your Patients Continue Playing The Sports They Love</b>	
8:00	Back to the Swing of Things: the Basics of Golf Medicine <i>Stephan M. Esser, M.D.</i>
8:50	Get a Grip: How to Treat Your Injured Tennis Players <i>Walter C. Taylor, III, M.D., C.A.Q.S.M.</i>
9:40	Q&A Panel
9:50	Break/ Exhibit Hall
10:00	Football Sports Medicine: Beyond the Simple Bumps and Bruises <i>Scott T. Marberry, M.D.</i>
10:50	Play Ball! Baseball Injuries and How to Treat Them <i>Jennifer R. Maynard, M.D., C.A.Q.S.M.</i>
11:40	Post-Test/Q&A Panel
Noon	Adjourn
<b>Workshops – Additional Fee</b>	
1:00–3:00 p.m.	<b>Room: Asbury AB</b> Musculoskeletal Injections Hands-On <i>Daniel P. Montero, M.D., C.A.Q.S.M.; Kristina F. DeMatas, D.O., C.A.Q.S.M. and Sara E. Filmalter, M.D., C.A.Q.S.M.</i>
1:00-3:00	<b>Room: Salon V</b> Basic MSK Ultrasound for Primary Care <i>James C. Presley, M.D.</i>
1:00–2:00	<b>Room: Asbury D</b> The Lower Back Exam of Athletes and Active Individuals <i>Stephan M. Esser, M.D., George G.A. Pujalte, M.D., F.A.C.S.M., C.A.Q.S.M.</i>
3:00 p.m.	Adjourn

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<b>Sunday, February 25, 2018</b>	
7:30 a.m.	<b>Room: Asbury C</b> - Continental Breakfast/Exhibit Hall
7:30	<b>Room: General Session: Asbury AB</b> Electronic Poster Presentations
7:55	<b>Room: General Session: Asbury AB</b> Introduction/Pretest
<b>Moderator:</b> Kristina F. DeMatas, D.O., C.A.Q.S.M. <b>Reasons for Referral: Appropriate Referrals To The Specialists</b>	
8:00	When Aches and Pains Are No Longer Just Sports-Related <i>Ronald R. Butendieck, Jr., M.D.</i>
8:50	When and How Spine Injections May Help <i>Mark Friedrich B. Hurdle, M.D.</i>
9:40	Q&A Panel
9:50	Break/Exhibit Hall
10:00	Regenerative Medicine: What The Evidence Shows It Could Do For Athletes and Active Individuals: <i>Shane A. Shapiro, M.D., C.A.Q.S.M.</i>
10:50	Athletes and Active Individuals with Hip Pain and When to Refer to Orthopedic Surgery <i>Matthew Crowe, M.D.</i>
11:40	Post-Test/ Q&A Panel
Noon	Adjourn

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