

## Mayo Clinic Talks Podcast: Opioid Edition

### **Activity Description**

This is a three-hour long podcast series – (10) episodes – that are interviews recorded for self-paced listening. Mayo Clinic physicians discuss the new opioid prescribing guidelines and share real-life examples from their practice. The topics include assessing the patient’s candidacy for opioid therapy, and when deemed appropriate, what drug, duration and dose is recommended. Addiction and opioid use disorder are also discussed.

### **Target Audience**

This course is appropriate for physicians, nurse practitioners, physicians’ assistants, nurses and pharmacists; and particularly relevant for primary care physicians who maintain and monitor patients on chronic opioid therapy.

### **Learning Objectives**

Upon completion of this online course, learners should be able to:

- Identify when it is appropriate to initiate or continue opioid therapy for a patient.
- Select the best opioid medication, dosage and duration for a patient identified as a good candidate for opioid therapy.
- Recognize the risks of opioid therapy and recommend treatment options for opioid use disorder.
- Recall non-pharmacological and implantable device alternatives for treatment of pain and ongoing pain management.

### **Accreditation Statement**



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### **Credit Statement(s)**

#### **AMA**

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 3.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Disclosure Summary**

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

*Financial relationship(s):*

None

*No Financial relationship(s):*

#### **Name**

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Holly L. Geyer, M.D.

Casey M. Clements, M.D., Ph.D.

Halena M. Gazelka, M.D.

David P. Patchett, D.O.

Theresa Malin

Emily Gammell

*Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:*

<b>Name</b>	<b>Manufacturer/Provider</b>	<b>Product/Device</b>
Molly A. Feely, M.D.	Haldol Methylnaltrexone Ondansetron Naloxone Modafinil Methylphenidate	

**Mayo Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

**How to Obtain Credit**

In order to request CME Credit, the learner will need to register for the course, successfully pass an 8-question assessment (80% pass rate with 2 attempts) and complete the course evaluation form.

**Method of Participation**

Learners will listen to the 3-hour podcast series, which is freely available via podcast applications. Upon completing the podcast series, learners will be directed to the course website where they will take a post-course assessment and claim credit.

**Release and Expiration Dates**

Release Date: January 1, 2018  
Renewal Date: December 21, 2020  
Expiration Date: December 31, 2023

**Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

**Faculty and Course Director Listing and Credentials**

**Course Co-Directors**

Holly L. Geyer, M.D.  
Casey M. Clements, M.D., Ph.D.

**Faculty**

Holly L. Geyer, M.D.  
Casey M. Clements, M.D., Ph.D.  
Halena M. Gazelka, M.D.  
David P. Patchett, D.O.  
Molly A. Feely, M.D.

## **Program Schedule**

The Opioid Crisis and Pain Management	Halena M. Gazelka, M.D.	0:10:07
Managing Acute and Chronic Pain	Halena M. Gazelka, M.D.	0:19:21
Family Practitioners: Assessing the Patient	David P. Patchett, D.O.	0:09:54
Treating Special Populations & Situations	David P. Patchett, D.O.	0:11:49
Acute Prescribing: Emergency Room Prescribing	Casey M. Clements, M.D., Ph.D.	0:23:13
Assessing & Treating Opioid Misuse in the ED	Casey M. Clements, M.D., Ph.D.	0:17:36
Treating Opioid Addiction	Holly L. Geyer, M.D.	0:15:00
Family & Patient Counseling	Holly L. Geyer, M.D.	0:09:58
Opioid Monitoring and Considerations for Tapering	Halena M. Gazelka, M.D.	0:31:48
Management of Opioid Side Effects	Molly A. Feely, M.D.	0:26:14

## **Bibliographic Resources**

Bibliographic resources are provided within the activity.

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