



# 14<sup>th</sup> Annual ACL Workshop

Program Schedule

May 20-21, 2016

Friday, May 20, 2016	
12:15 p.m.	Registration
12:50 p.m.	Introduction to Workshop Timothy Hewett, Ph.D.
1:00 p.m.	Mechanisms of ACL Injuries: What 20 Years Has Taught Us Timothy Hewett, Ph.D.
1:30 p.m.	Current State of Art & Controversies in ACL Reconstruction Michael J. Stuart, M.D.
2:00 p.m.	Imaging of the Native and Injured ACL Mark Collins, M.D.
2:30 p.m.	Primary ACL Injury Prevention Approaches Timothy Hewett, Ph.D.
3:00 p.m.	Break/Move to Breakout Sessions
<b>Breakout Sessions</b> <b>Participants will attend all three sessions.</b> <ul style="list-style-type: none"> <li>• Session 1: 3:30 PM</li> <li>• Session 2: 4:00 PM</li> <li>• Session 3: 4:30 PM</li> </ul>	
<b>Session 1 - Lab (Mondo Corner or Turf)</b>	
<b>Injury Prevention Screening: 3-D Motion/2D Motion</b> Timothy Hewett, Ph.D. and Christopher V. Nagelli	
<b>Session 2 - Larger Mondo</b>	
<b>Individualized Neuromuscular Training to Target Deficits</b> Nathaniel (Nate) A. Bates, Ph.D. and Wendy J. Hurd, Ph.D.	
<b>Session 3 - Theatre</b>	
<b>Team Approaches to ACL Prevention</b> Eric M. Crowley, A.T.C., Kathleen (Kate) M. Taber, A.T.R., A.T.C., and Jennifer Noiles	
5:00 p.m.	Adjourn
5:00 p.m. – 7:00 p.m.	Tours for participants and faculty

<b>Saturday, May 21, 2016</b>	
7:15 a.m.	Breakfast (check in and continental breakfast)
8:00 a.m.	Prevention of Re-Injury after ACL Reconstruction: When and How Should We Intervene? Timothy Hewett, Ph.D.
8:25 a.m.	ACL Reconstruction Outcomes as a Function of Age Kate Webster, Ph.D.
8:50 a.m.	Late Sequelae after Athletic Knee Injury at a Young Age Aaron J. Krych, M.D.
9:10 a.m.	ACL Recon in the Skeletally Immature Patient Diane L. Dahm, M.D.
9:30 a.m.	Management of ACL Injuries in the Female Athlete Nancy M. Cummings, M.D.
9:50 a.m.	Post-Operative Rehabilitation and Return to Sports Decisions Following ACL Reconstruction Wendy J. Hurd, Ph.D.
10:10 a.m.	Management of ACL Rehabilitation in Hockey Players Joe Eischen, PT
10:30 a.m.	Break/ Move to Breakout Sessions
<b>Breakout Sessions</b> <b>Participants will attend all three sessions.</b> <ul style="list-style-type: none"> <li>• <b>Session 1: 10:30 AM</b></li> <li>• <b>Session 2: 11:10 AM</b></li> <li>• <b>Session 3: 11:50 AM</b></li> </ul>	
<b>Session 1 - Turf</b>	
<b>Knee Exam &amp; Injury Diagnosis</b> Michael J. Stuart, M.D., Diane L. Dahm, M.D. and Kathleen (Kate) M. Taber, A.T.R., A.T.C.	
<b>Session 2 - Theatre</b>	
<b>Post-ACL Return to Sport Evaluation</b> Eric M. Crowley, A.T.C., and Emily B. Beyer, P.T., D.P.T., SCS	
<b>Session 3 - Mondo</b>	
<b>Rehabilitation to Target Return to Sports</b> Wendy J. Hurd, Ph.D. and Joe Eischen, TP	
12:30 p.m.	Panel Discussion Moderator: Timothy Hewett, Ph.D.
1:00 p.m.	Adjourn Regular Course
<b>Certification Course*- Coaches Conference Room set for 15, Theatre as back up</b>	
1:00 p.m.	Lunch (provided)
1:30 p.m.- 3:30 p.m.	Didactic Review of Primary and Secondary Concepts
3:30 p.m.- 5:30 p.m.	Course Examination
5:30 p.m.	Adjourn Certification Course

\*Additional Registration Fee Applies