



15th Annual ACL Workshop

May 19-20, 2017
Mayo Clinic Square

Friday, May 19, 2017	
12:15 p.m.	Registration
12:50 p.m.	Introduction to Workshop Timothy Hewett, Ph.D.
1:00 p.m.	Mechanisms of ACL Injuries: What 20 Years Has Taught Us Timothy Hewett, Ph.D.
1:30 p.m.	Measuring Psychological Effects of ACL Injury Kate Webster, PhD
2:00 p.m.	Imaging of the Mature and Injured ACL Mark Collins, M.D
2:30 p.m.	Modeling ACL Injury Biomechanics Nate Schilaty, Ph.D./Nate Bates Ph.D.
3:00 p.m.	Break/Move to Breakout Sessions
<p style="text-align: center;">Breakout Sessions Participants will attend all three sessions.</p> <ul style="list-style-type: none"> • Session 1: 3:10 PM • Session 2: 3:50 PM • Session 3: 4:30 PM 	
<p style="text-align: center;">Session 1 - Lab (Mondo Corner or Turf)</p>	
<p>Injury Prevention Screening Timothy Hewett, Ph.D. and Christopher Nagelli</p>	
<p style="text-align: center;">Session 2 - Larger Mondo</p>	
<p>Individualized Neuromuscular Training to Target Deficits Nathaniel (Nate) A. Bates, Ph.D., Allison Mumbleau, P.T., and Emily Beyer, P.T., D.P.T., S.C.S.</p>	
<p style="text-align: center;">Session 3 - Theatre</p>	
<p>Team Approaches to ACL Prevention Eric M. Crowley, A.T.C., Chace Donathan, A.T.R., A.T.C., and Jennifer Noiles, B.S.c., B.A.H., B.P.H.E., S.F.G.1 Instructor, C.S.C.S.</p>	
5:00 p.m.	Adjourn
5:00 p.m. – 7:00 p.m.	Tours for participants and faculty

Saturday, May 20, 2017	
7:15 a.m.	Breakfast (check in and continental breakfast)
8:00 a.m.	Prevention of Re-Injury after ACL Reconstruction: When and How Should We Intervene? Timothy Hewett, Ph.D.
8:25 a.m.	ACL Reconstruction Outcomes as a Function of Age Kate Webster, Ph.D.
8:50 a.m.	Cartilage Injuries and their treatment in Athletes Aaron Krych, M.D.
9:10 a.m.	Performance after ACL injury and Reconstruction in Professional Sports Robby Sikka, M.D.
9:30 a.m.	Revision ACL Nancy M. Cummings, M.D.
9:50 a.m.	Post-Operative Rehabilitation and Return to Sports Decisions Following ACL Reconstruction Jeff Strauss, P.T., D.P.T., S.C.S.
10:10 a.m.	Neuroplastic Changes Following ACL Reconstruction <i>Addressing the Athlete's Software</i> Corey Kunzer and residents
10:30 a.m.	Break/ Move to Breakout Sessions
Breakout Sessions Participants will attend all three sessions.	
<ul style="list-style-type: none"> • Session 1: 10:40 AM • Session 2: 11:20 AM • Session 3: 12:00 PM 	
Session 1 - Turf	
Knee Exam & Injury Diagnosis Chace Donathan, A.T.R., A.T.C.	
Session 2 - Theatre	
Post-ACL Return to Sport Evaluation Eric M. Crowley, A.T.C., and Emily B. Beyer, P.T., D.P.T., S.C.S.	
Session 3 - Mondo	
Rehabilitation to Target Return to Sports Joe Eischen, P.T., S.C.S., A.T.C.	
12:40 p.m.	Panel Discussion Moderator: Timothy Hewett, Ph.D.
1:00 p.m.	Adjourn Regular Course
Certification Course*- Coaches Conference Room set for 15, Theatre as back up	
1:00 p.m.	Lunch (provided)
1:30 p.m.- 3:30 p.m.	Didactic Review of Primary and Secondary Concepts
3:30 p.m.- 5:30 p.m.	Course Examination/certification
5:30 p.m.	Adjourn Certification Course

*Additional Course Examination Fee Applies