

Program Schedule

17th Annual Women's Health Update

Thursday, November 4, 2021

6:30 a.m. **Registration & Continental Breakfast**

7:10 a.m. **Livestream Login**

7:20 a.m. **Welcome Announcements**

MODERATORS: **Juliana (Jewel) M. Kling, M.D., M.P.H. and Suneela Vegunta, M.D.**

Breast Health

7:30 a.m. **Influence of Lifestyle on Breast Cancer Risk: "How to Improve Personal Risk with Lifestyle Modification"**
Dawn M. Mussallem, D.O., DipACLM

8:00 a.m. **Atypical Hyperplasia of the Breast: What's New**
Christine L. Klassen, M.D.

8:30 a.m. **Newer Modalities of Breast Cancer Screening**
Suneela Vegunta, M.D.

9:00 a.m. **Question and Answer Session**

9:30 a.m. **Refreshment Break**

Hormones and More

9:45 a.m. **PCOS Update**
Alice Y. Chang, M.D.

10:15 a.m. **"Androgen Deficiency in Women": Does it Exist? Testing and Treating**
Taryn L. Smith, M.D.

10:45 a.m. **Preconception Counseling and Preimplantation Genetic Testing**
Zaraq Khan, M.B.B.S.

11:15 a.m. **Question and Answer Session**

11:45 a.m. **Lunch (provided)**

Thursday, November 4, 2021 *(continued)*

General Medicine

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| 12:30 p.m. | Geriatric Health Maintenance:
“What and When to Stop Screening”
Amit A. Shah, M.D. |
| 1:00 p.m. | Sleep Apnea and Sleep Disorders:
“Sex Specific Diagnosis and Management”
Robyn M. Lloyd, M.D. |
| 1:30 p.m. | Women and Heart Disease:
AHA Updated Guidelines on MHT
Patricia J.M. Best, M.D. |
| 2:00 p.m. | Question and Answer Session |
| 2:30 p.m. | Adjourn |

Friday, November 5, 2021

6:45 a.m. **Continental Breakfast**

6:35 a.m. **Roundtable Livestream Login**

6:45 a.m. **Roundtable Discussions: (Optional – registration req'd) 45 minutes each**

Endometriosis from Diagnosis to Treatment

Megan N. Wasson, D.O.

Integrative Therapies for Cancer Survivors

Heather E. Fields, M.D.

Contraceptive Choices:

“Fitting the Right Woman with the Right Contraceptive”

Paru S. David, M.D.

7:25 a.m. **General Session Livestream Login**

7:35 a.m. **Welcome Announcements**

MODERATORS: **Juliana (Jewel) M. Kling, M.D., M.P.H. and Suneela Vegunta, M.D.**

Gynecology

7:40 a.m. **Management of Premature Menopause: The Unmet Need**

Ekta Kapoor, M.B.B.S.

8:10 a.m. **Contraception Update: A Focus on Newer Contraceptive Options**

Paru S. David, M.D.

8:40 a.m. **Anal Pap Smears: “How, When, Who and Why”**

Suneela Vegunta, M.D.

9:10 a.m. **What’s New in Cervical Cancer Screening?**

“New Screening Recommendations”

Margaret E. (Peggy) Long, M.D.

9:40 a.m. **Question and Answer Session**

10:10 a.m. **Refreshment Break**

Friday, November 5, 2021 *(continued)*

Menopause / Hormones

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| 10:30 a.m. | Menopausal Hormone Therapy in Women with Chronic Disease
Stephanie S. Faubion, M.D., M.B.A. |
| 11:00 a.m. | Hormone Therapy Cognitive Aging and Dementia
Kejal Kantarci, M.D. |
| 11:30 a.m. | Nonhormonal Treatment for VMS of Menopause
Carol Kuhle, D.O., M.P.H. |
| 12:00 p.m. | Menopausal Hormone Therapy:
Pearls for the Primary Care Practitioner
Juliana (Jewel) M. Kling, M.D., M.P.H. |
| 12:30 p.m. | Question and Answer Session |
| 1:00 p.m. | Adjourn |

Saturday, November 6, 2021

- 6:30 a.m. **Tai Chi and Yoga Class (Virtual):
Optional (*No charge, but must pre-register*)**
- 7:15 a.m. **Continental Breakfast**
- 7:25 a.m. **Livestream Login**
- 7:35 a.m. **Announcements**

Miscellaneous

- 7:40 a.m. **Forever Young: “Aesthetic Procedures that Actually Work”**
Elika Hoss, M.D.
- 8:10 a.m. **CBD and Women’s Health**
Marci Farquhar-Snow, N.P.
- 8:40 a.m. **COVID-19 and Impact on Women's Health**
Mary J. Kasten, M.D.
- 9:10 a.m. **Advances in Migraine Therapy: Newer Treatment Options**
Rashmi B. Halker Singh, M.D.
- 9:40 a.m. **Question and Answer Session**
- 10:10 a.m. **Refreshment Break**

LGBT Health and Sexual Health

- 10:30 a.m. **Gender-Affirming Hormone Therapy**
Caroline J. Davidge-Pitts, M.B., B.Ch.
- 11:00 a.m. **Sexual Health Update**
Richa Sood, M.D., M.S.
- 11:30 a.m. **Sexual/Pelvic Pain Management: Non-surgical
Treatment Options**
Johnny Yi, M.D.
- 12:00 p.m. **Transgender Health Management / Sex Therapy**
Jennifer A. Vencill, Ph.D.
- 12:30 p.m. **Question and Answer Session**
- 1:00 p.m. **Adjourn**