

# *Program Schedule*

## 17<sup>th</sup> Annual Women's Health Update

**Thursday, November 4, 2021**

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6:45 a.m.                    **Registration & Continental Breakfast**

7:10 a.m.                    **Livestream Login**

7:20 a.m.                    **Welcome Announcements**

**MODERATORS:**            **Juliana (Jewel) M. Kling, M.D., M.P.H. and Suneela Vegunta, M.D.**

### **Breast Health**

7:30 a.m.                    **Influence of Lifestyle on Breast Cancer Risk: “How to Improve Personal Risk with Lifestyle Modification”**  
Dawn M. Mussallem, D.O., DipACLM

8:00 a.m.                    **Atypical Hyperplasia of the Breast: What's New**  
Christine L. Klassen, M.D.

8:30 a.m.                    **Newer Modalities of Breast Cancer Screening**  
Elizabeth M. Valencia, M.D., J.D.

9:00 a.m.                    **Question and Answer Session**

9:30 a.m.                    **Refreshment Break**

### **Hormones and More**

9:45 a.m.                    **PCOS Update**  
Alice Y. Chang, M.D.

10:15 a.m.                    **“Androgen Deficiency in Women”: Does it Exist? Testing and Treating**  
Taryn L. Smith, M.D.

10:45 a.m.                    **Preconception Counseling and Preimplantation Genetic Testing**  
Zaraq Khan, M.B.B.S.

11:15 a.m.                    **Question and Answer Session**

11:45 a.m.                    **Lunch (provided)**

**Thursday, November 4, 2021** *(continued)*

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**General Medicine**

- 12:30 p.m.            **Geriatric Health Maintenance:  
“What and When to Stop Screening”**  
Amit A. Shah, M.D.
- 1:00 p.m.            **Sleep Apnea and Sleep Disorders:  
“Sex Specific Diagnosis and Management”**  
Robyn M. Lloyd, M.D.
- 1:30 p.m.            **Women and Heart Disease:  
AHA Updated Guidelines on MHT**  
Patricia J.M. Best, M.D.
- 2:00 p.m.            **Question and Answer Session**
- 2:30 p.m.            **Adjourn**

## **Friday, November 5, 2021**

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- 6:45 a.m. **Continental Breakfast**
- 6:35 a.m. **Roundtable Livestream Login**
- 6:45 a.m. **Roundtable Discussions: (Optional – registration req'd) 45 minutes each**
- Endometriosis from Diagnosis to Treatment**  
Megan N. Wasson, D.O.
- Integrative Therapies for Cancer Survivors**  
Heather E. Fields, M.D.
- Contraceptive Choices:  
“Fitting the Right Woman with the Right Contraceptive”**  
Paru S. David, M.D.
- 7:25 a.m. **General Session Livestream Login**
- 7:35 a.m. **Welcome Announcements**
- MODERATORS: Juliana (Jewel) M. Kling, M.D., M.P.H. and Suneela Vegunta, M.D.**

### **Gynecology**

- 7:40 a.m. **Management of Premature Menopause: The Unmet Need**  
Ekta Kapoor, M.B.B.S.
- 8:10 a.m. **Contraception Update: A Focus on Newer Contraceptive Options**  
Paru S. David, M.D.
- 8:40 a.m. **Anal Pap Smears: “How, When, Who and Why”**  
Suneela Vegunta, M.D.
- 9:10 a.m. **What’s New in Cervical Cancer Screening?  
“New Screening Recommendations”**  
Margaret E. (Peggy) Long, M.D.
- 9:40 a.m. **Question and Answer Session**
- 10:10 a.m. **Refreshment Break**

**Friday, November 5, 2021** *(continued)*

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**Menopause / Hormones**

- 10:30 a.m.            **Menopausal Hormone Therapy in Women with Chronic Disease**  
Stephanie S. Faubion, M.D., M.B.A.
- 11:00 a.m.            **Hormone Therapy Cognitive Aging and Dementia**  
Kejal Kantarci, M.D.
- 11:30 a.m.            **Nonhormonal Treatment for VMS of Menopause**  
Carol Kuhle, D.O., M.P.H.
- 12:00 p.m.            **Menopausal Hormone Therapy:  
Pearls for the Primary Care Practitioner**  
Juliana (Jewel) M. Kling, M.D., M.P.H.
- 12:30 p.m.            **Question and Answer Session**
- 1:00 p.m.             **Adjourn**

## **Saturday, November 6, 2021**

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- 6:30 a.m.            **Tai Chi and Yoga Class (Virtual):  
Optional (*No charge, but must pre-register*)**
- 7:15 a.m.            **Continental Breakfast**
- 7:25 a.m.            **Livestream Login**
- 7:35 a.m.            **Announcements**

### **Miscellaneous**

- 7:40 a.m.            **Forever Young: “Aesthetic Procedures that Actually Work”**  
Elika Hoss, M.D.
- 8:10 a.m.            **CBD and Women’s Health**  
Marci Farquhar-Snow, N.P.
- 8:40 a.m.            **COVID-19 and Impact on Women's Health**  
Mary J. Kasten, M.D.
- 9:10 a.m.            **Advances in Migraine Therapy: Newer Treatment Options**  
Rashmi B. Halker Singh, M.D.
- 9:40 a.m.            **Question and Answer Session**
- 10:10 a.m.           **Refreshment Break**

### **LGBT Health and Sexual Health**

- 10:30 a.m.           **Gender-Affirming Hormone Therapy**  
Caroline J. Davidge-Pitts, M.B., B.Ch.
- 11:00 a.m.           **Sexual Health Update**  
Richa Sood, M.D., M.S.
- 11:30 a.m.           **Sexual/Pelvic Pain Management: Non-surgical  
Treatment Options**  
Johnny Yi, M.D.
- 12:00 p.m.           **Transgender Health Management / Sex Therapy**  
Jennifer A. Vencill, Ph.D.
- 12:30 p.m.           **Question and Answer Session**
- 1:00 p.m.            **Adjourn**