

Enhanced Recovery After Surgery

Avoiding Complications, Avoiding Opiates

Friday, February 2, 2018

7:00 a.m. **Registration/Continental Breakfast**

7:50 **Welcome Announcements**

WHY SHOULD WE DO THIS?

Moderators: Dionisios Vrochides, M.D., Ph.D. and Tonia M. Young-Fadok, M.D., M.S.

8:00 **The Big Picture: What Happens When Dogma is Wrong?**
Tonia M. Young-Fadok, M.D., M.S.

8:15 **Improved Patient Outcomes**
Jamie Murphy, M.D., Ph.D.

8:30 **Improved Financial Outcomes**
Dionisios Vrochides, M.D., Ph.D.

8:45 **Q & A Panel Discussion**
Session Faculty

WHAT DOGMA NEEDS CHANGING?

Moderators: David A. Etzioni, M.D. and Ryan C. Craner, M.D.

9:00 **Pre-op Medical Optimization**
John H. Demenkoff, M.D.

9:20 **Patient Education**
Megan N. Wasson, D.O.

9:40 **Break**

10:00 **Bowel prep → no bowel prep → bowel prep: I'm confused.....**
David A. Etzioni, M.D.

10:20 **Pre-op Nutrition and Early Post-op Feeding are Safe.....**
Shreya Shetty, M.D.

10:40 **Surgeons and Anesthesiologists Don't Talk**
Ryan C. Craner, M.D.

11:00 **Breaking Down Barriers in Nursing Communication.....**
Jacque A. Crosson, MSN, RN, CPAN

11:20 **Q & A Panel Discussion**
Session Faculty

11:40 **Lunch**

Friday, February 2, 2018 (continued)

ANESTHESIA – INTRA-OP CHOICES IMPACT POST-OP OUTCOMES

Moderators: Andrew W. Gorlin, M.D. and Chris J. Jankowski, M.D.

12:50	PONV– Prophylaxis Starts Pre-op David P. Seamans, M.D.
1:10	Fluid Management for ERAS – Rationale and Basics Andrew W. Gorlin, M.D.
1:30	Fluid Management for ERAS – Advanced Monitoring..... Michael J. Scott, M.D.
1:50	Anesthesia Medications – Cost Considerations..... Ryan C. Craner, M.D.
2:10	Physiology of Pneumoperitoneum – New Medications and Devices Michael J. Scott, M.D.
2:30	Q & A Panel Discussion Session Faculty
2:55	Break

AVOIDING PAIN, AVOIDING OPIATES

Moderators: Tonia M. Young-Fadok, M.D., M.S. and Andrew W. Gorlin, M.D.

3:10	The Role Surgery Plays in the Opioid Epidemic..... Holly L. Geyer, M.D.
3:30	Rationale and Mechanisms of Multi-Modal Pain Management..... David P. Seamans, M.D.
3:50	Multi-Modal Analgesia – What Are the Options? Chris J. Jankowski, M.D.
4:10	TAP and QL blocks for the Anesthesiologist and the Surgeon Veerandra Koyyalamudi, M.B.B.S. and Tonia M. Young-Fadok, M.D., M.S.
4:30	Post-Operative Low-Dose Ketamine Infusion Melania K. Flores, MSN, RN
4:50	Q & A Panel Discussion Materials for work-groups tomorrow
5:10	Adjourn

Saturday, February 3, 2018

7:00 a.m. **Registration/Continental Breakfast**

7:50 **Welcome Announcements**

GETTING YOUR PROTOCOL TOGETHER AND IMPLEMENTING IT: WORK-GROUPS

Moderators: Course Faculty

8:00 – 10:00 **ERAS Works for Simple and Complex Cases**
Dionisios Vrochides, M.D., Ph.D. and Megan N. Wasson, D.O.

8:00 – 10:00 **Nursing – Communicating Across Multiple Areas.....**
Jacque A. Crosson, MSN, RN, CPAN and Melania K. Flores, MSN, RN

8:00 – 10:00 **Surgery – Taking Charge of the Protocol.....**
Jamie Murphy, M.D., Ph.D. and Tonia M. Young-Fadok, M.D., M.S.

8:00 – 10:00 **Anesthesia – Communicating Across the Blood-Brain Barrier**
Andrew W. Gorlin, M.D. and Chris J. Jankowski, M.D.

10:00 **Q & A Panel Discussion**
Session Faculty

10:30 **Break**

ERAS IMPLEMENTATION PROGRAMS

Moderators: Andrew W. Gorlin, M.D. and Tonia M. Young-Fadok, M.D., M.S.

10:50 **Experience with ERAS Implementation –**
Anesthesiologist Perspective
Michael J. Scott, M.D.

11:10 **Experience with ERAS Implementation –**
Surgeon Perspective and Business Plan
Dionisios Vrochides, M.D., Ph.D.

QUICK SPECIALTY UPDATES

Moderators: Tonia M. Young-Fadok, M.D., M.S. and Michael J. Scott, M.D.

11:30 **Anesthesia.....**
Chris J. Jankowski, M.D.

11:40 **Colon and Rectal Surgery.....**
Jamie Murphy, M.D., Ph.D.

11:50 **Pancreas Surgery**
TBD

12:00 p.m. **Nursing.....**
Jacque A. Crosson, MSN, RN, CPAN

Saturday, February 3, 2018 *(continued)*

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| 12:10 | GYN Surgery
Megan N. Wasson, D.O. |
| 12:20 | Q & A Panel Discussion
Session Faculty |
| 12:30 | Adjourn |