

18th Annual Women's Health Update
March 3-5, 2022

Thursday, March 3, 2022

6:45 a.m. **Registration and Continental Breakfast**

7:20 a.m. **Welcome Announcements**

SESSION: Breast Health

MODERATORS: Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.

7:30 a.m. **Interval Breast Cancers:
What are They and How to Manage?**
Aparna S. Kaur, M.D.

8:00 a.m. **Ductal Carcinoma in Situ (DCIS)**
Lida A. Mina, M.D.

8:30 a.m. **Moving Toward a Personalized Genomic Approach to
Breast Cancer Risk Assessment**
Sandhya Pruthi, M.D.

9:00 a.m. **Question and Answer Session**

9:30 a.m. **Refreshment Break**

SESSION: Hormones and More

MODERATORS: Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.

9:45 a.m. **Menopause 101: Menopausal Bodily Changes**
Suneela Vegunta, M.D.

10:15 a.m. **How to Advise of the Risks and Benefits of
Menopausal Hormone Therapy**
Juliana (Jewel) M. Kling, M.D., M.P.H.

10:45 a.m. **Practical Tips for Prescribing Hormone Therapy**
Ekta Kapoor, M.B.B.S.

11:15 a.m. **Question and Answer Session**

11:45 a.m. **Lunch** (provided)

Thursday, March 3, 2022 *(continued)*

SESSION:	General Medicine
MODERATORS:	Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.
12:30 pm.	Management of Diabetes Bithika M. Thompson, M.D.
1:00 p.m.	Gender Based Treatment of Hypertension in Women Mira T. Keddis, M.D.
1:30 p.m.	Can We Stop Cervical Cancer Screening at 65? When and Why to Continue? Margaret E. Long, M.D.
2:00 p.m.	Question and Answer Session
2:30 p.m.	Adjourn

Friday, March 4, 2022

6:45 a.m.	Continental Breakfast
6:45 a.m.	Roundtable Discussions: (Optional) 45 minutes each
	Menopause Julia A. Files, M.D.
	Osteoporosis Cases Krupa B. Doshi, M.D.
	COVID-19 Vaccination: All Your Questions Answered Mary Jo Kasten, M.D.
7:35 a.m.	Welcome Announcements
SESSION:	Gynecology
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
7:40 a.m.	Pelvic Organ Prolapse: General Overview of Treatment Johnny Yi, M.D.
8:10 a.m.	Fibroids Management Options in Women of Color? Michelle Y. Louie, M.D.
8:40 a.m.	All that Flashes is Not Menopause: All Other Causes for Flashes and Sweats Julia A. Files, M.D.
9:10 a.m.	Evaluation of Abnormal Uterine Bleeding Megan N. Wasson, D.O.
9:40 a.m.	Question and Answer Session
10:10 a.m.	Refreshment Break
SESSION:	Potpourri
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
10:30 a.m.	Osteoporosis Krupa B. Doshi, M.D.

Friday, March 4, 2022 *(continued)*

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| 11:00 a.m. | Exercise for Mature Women
Augustine S. Chavez, M.D. |
| 11:30 a.m. | Exercise Physiology
Robert Scales, Ph.D., M.S. |
| 12:00 p.m. | COVID Trends, Treatment Options, Future Directions
Mary Jo Kasten, M.D. |
| 12:30 p.m. | Question and Answer Session |
| 1:00 p.m. | Adjourn |

Saturday, March 5, 2022

6:15 a.m. **Continental Breakfast**

6:30 a.m. **Tai Chi and Yoga Class - Optional**
(No Charge: Must Pre-register)

7:35 a.m. **Announcements**

SESSION: **Sexual Health**

MODERATORS: Suneela Vegunta, M.D. and Denise M. Millstine, M.D.

7:40 a.m. **Is Your Contraceptive Influencing Your Sex Life?**
An Overview
Paru S. David, M.D.

8:10 a.m. **Oncosexology: Sex after Cancer**
Carol L. Kuhle, D.O., M.P.H.

8:40 a.m. **Sex Therapy: Who and When to Refer**
Jennifer A. Vencill, Ph.D., ABPP

9:10 a.m. **Empowered Against Ovarian Cancer**
Kristina A. Butler, M.D., M.S.

9:40 a.m. **Question and Answer Session**

10:10 a.m. **Refreshment Break**

SESSION: **General Women's Health Topics**

MODERATORS: Suneela Vegunta, M.D. and Denise M. Millstine, M.D.

10:30 a.m. **Human Trafficking**
Arne H. Graff, M.D.

11:00 a.m. **Acupuncture in Women's Health: When to Refer and What to Expect**
Denise M. Millstine, M.D. and Deborah E. Elam, L.Ac.

11:30 a.m. **Obesity and Weight Loss Medications**
Aoife M. Egan, M.B., B.Ch., Ph.D.

Saturday, March 5, 2022 (*continued*)

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| 12:00 p.m. | Microbiome Vaginal and Gut
Mashal J. Batheja, M.D. |
| 12:30 p.m. | Question and Answer Session |
| 1:00 p.m. | Adjourn |