

18th Annual Women's Health Update

March 3-5, 2022

Thursday, March 3, 2022

6:45 a.m.	Registration and Continental Breakfast
7:20 a.m.	Welcome Announcements
SESSION:	Breast Health
MODERATORS:	Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.
7:30 a.m.	Interval Breast Cancers: What are They and How to Manage? Aparna S. Kaur, M.D.
8:00 a.m.	Ductal Carcinoma in Situ (DCIS) Lida A. Mina, M.D.
8:30 a.m.	Moving Toward a Personalized Genomic Approach to Breast Cancer Risk Assessment Sandhya Pruthi, M.D.
9:00 a.m.	Question and Answer Session
9:30 a.m.	Refreshment Break
SESSION:	Hormones and More
MODERATORS:	Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.
9:45 a.m.	Menopause 101: Menopausal Bodily Changes Suneela Vegunta, M.D.
10:15 a.m.	How to Advise of the Risks and Benefits of Menopausal Hormone Therapy Juliana (Jewel) M. Kling, M.D., M.P.H.
10:45 a.m.	Practical Tips for Prescribing Hormone Therapy Ekta Kapoor, M.B.B.S.
11:15 a.m.	Question and Answer Session
11:45 a.m.	Lunch (provided)

Thursday, March 3, 2022 (continued)

SESSION:	General Medicine
MODERATORS:	Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.
12:30 pm.	Management of Diabetes Bithika M. Thompson, M.D.
1:00 p.m.	Gender Based Treatment of Hypertension in Women Mira T. Keddis, M.D.
1:30 p.m.	Can We Stop Cervical Cancer Screening at 65? When and Why to Continue? Margaret E. Long, M.D.
2:00 p.m.	Question and Answer Session
2:30 p.m.	Adjourn

Friday, March 4, 2022

6:45 a.m.	Continental Breakfast
6:45 a.m.	Roundtable Discussions: (Optional) 45 minutes each
	Menopause Julia A. Files, M.D.
	Osteoporosis Cases Krupa B. Doshi, M.D.
	COVID-19 Vaccination: All Your Questions Answered Mary Jo Kasten, M.D.
7:35 a.m.	Welcome Announcements
SESSION:	Gynecology
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
7:40 a.m.	Pelvic Organ Prolapse: General Overview of Treatment Johnny Yi, M.D.
8:10 a.m.	Fibroids Management Options in Women of Color? Michelle Y. Louie, M.D.
8:40 a.m.	All that Flashes is Not Menopause: All Other Causes for Flashes and Sweats Julia A. Files, M.D.
9:10 a.m.	Evaluation of Abnormal Uterine Bleeding Megan N. Wasson, D.O.
9:40 a.m.	Question and Answer Session
10:10 a.m.	Refreshment Break
SESSION:	Potpourri
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
10:30 a.m.	Osteoporosis Krupa B. Doshi, M.D.

Friday, March 4, 2022 (continued)

11:00 a.m. **Exercise for Mature Women**
 Augustine S. Chavez, M.D.

11:30 a.m. **Exercise Physiology**
 Robert Scales, Ph.D., M.S.

12:00 p.m. **COVID Trends, Treatment Options, Future Directions**
 Mary Jo Kasten, M.D.

12:30 p.m. **Question and Answer Session**

1:00 p.m. **Adjourn**

Saturday, March 5, 2022

6:15 a.m.	Continental Breakfast
6:30 a.m.	Tai Chi and Yoga Class - Optional (No Charge: Must Pre-register)
7:35 a.m.	Announcements
SESSION:	Sexual Health
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
7:40 a.m.	Is Your Contraceptive Influencing Your Sex Life? An Overview Paru S. David, M.D.
8:10 a.m.	Oncosexology: Sex after Cancer Carol L. Kuhle, D.O., M.P.H.
8:40 a.m.	Sex Therapy: Who and When to Refer Jennifer A. Vencill, Ph.D., ABPP
9:10 a.m.	Empowered Against Ovarian Cancer Kristina A. Butler, M.D., M.S.
9:40 a.m.	Question and Answer Session
10:10 a.m.	Refreshment Break
SESSION:	General Women's Health Topics
MODERATORS:	Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
10:30 a.m.	Human Trafficking Arne H. Graff, M.D.
11:00 a.m.	Acupuncture in Women's Health: When to Refer and What to Expect Denise M. Millstine, M.D. and Deborah E. Elam, L.Ac.
11:30 a.m.	Obesity and Weight Loss Medications Aoife M. Egan, M.B., B.Ch., Ph.D.

Saturday, March 5, 2022 (continued)

12:00 p.m. **Microbiome Vaginal and Gut**
 Mashal J. Batheja, M.D.

12:30 p.m. **Question and Answer Session**

1:00 p.m. **Adjourn**