

International Dementia with Lewy Bodies Conference  
**Patient and Care Partner Track**  
**December 2-3**

**Tuesday, December 1**  
**Pre-Conference: Scientific DLB Review and Update**

Patients and Care Partners are invited to attend any or all of the scientific sessions on this day. The content will be complex and highly scientific. A special evening session provides an opportunity to ask questions and discuss key messages of the day. This is an optional day and separate registration is required.

Time		Speaker
7:30 AM - 4:45 PM	Please refer to the Scientific Program for session details	National and International Scientists.
5:30-6:45 PM	<b>The Day Decoded</b> <i>A special Q &amp; A for patients and care partners who registered for and attended any of the Scientific Track Sessions. Dinner provided.</i>	Tanis Ferman, PhD Mayo Clinic  Gregory Jicha, MD, PhD Univ. of Kentucky

**Wednesday, December 2**  
**Day 1: Patient and Care Partner Track**

Time		Speaker
8:00-8:50 AM	Breakfast, Registration, Check-in	
8:50	Welcome	Paul Primakoff Living with DLB  Angela Taylor Lewy Body Dementia Association (LBDA)  Angela Lunde Mayo Clinic

**Session 1: THE SCIENCE**

9:20-10:20	Setting the Stage: A DLB Primer	Erin Golden, MD Mayo Clinic
	DLB Clinical Distinctions	Gregory Jicha, MD, PhD Univ. of Kentucky
	DLB Neurological Causes	Jennifer Molano, MD Univ. of Cincinnati

## Session 2: THE DIAGNOSIS & MANAGEMENT

10:35 -12:15 PM	Making the Diagnosis	Jonathan Graff-Radford, MD Mayo Clinic
	Symptom Management	Gregory Jicha, MD, PhD Univ. of Kentucky
	The Patient and the Family	James Galvin, MD, MPH Florida Atlantic University
	Q&A Sessions 1 & 2	James Galvin Erin Golden Jonathan Graff-Radford Gregory Jicha Jennifer Molano

**12:15-1:30  
PM**

**Lunch**

## Session 3: THE STRUGGLES AND THE STRATEGIES

1:30-3:00	Separate gatherings for education, support and peer to peer discussion. <ul style="list-style-type: none"> <li>• Persons living with Lewy body dementia</li> <li>• Care Partners</li> </ul>	
3:10-3:30	Reflections	Ashley Bayston The Lewy Body Society, UK  Debbie Richman Alzheimer's Association and Related Dementias

## CONNECTING

3:30- 4:30	Rest, Relax, Mingle
4:30-5:00	Research Posters Guided Tour
5:00-6:30	Wine and Cheese Reception with the Scientists

## Thursday, December 3 Day 2: Patient and Care Partner Track

Time		Speakers
7:30-9:00 AM	Registration, Check-in	
7:45-8:45	Optional –Critical Conversations over Breakfast	
9:00-9:25	Welcome	Diana Myles Care Partner  Ian McKeith, MD, F Med Sci Newcastle University, UK  Angela Lunde Mayo Clinic

<b>Session 4: THE EXPERIENCE</b>		
9:25-10:10		Alexander Dreier Living with DLB  Olivia Dreier Care Partner  Paul Smith Care Partner
<b>Session 5: THE RESEARCH</b>		
10:25-11:35	Steps Forward in Research	Brad Boeve, MD Mayo Clinic
	Featured Poster Presentations <ul style="list-style-type: none"> <li>Principles for managing Lewy body dementia: patient and carer perspectives from the DIAMOND-Lewy study</li> <li>The effect of exercise on individuals with Dementia with Lewy Bodies: A systematic review</li> </ul>	
	Q & A Sessions 4 & 5	Brad Boeve, MD plus poster presentation presenters
<b>11:35 -12:35 PM</b>	<b>Lunch</b>	
<b>Session 6: THE THERAPIES</b>		
12:35-2:45	Evidence Based Therapies for Caregivers & Patients	Steven Zarit, PhD Penn State University & Jonkoping University, Sweden
	Team Based Care	James Galvin, MD, MPH Florida Atlantic University
	Healthy Actions to Benefit Independence and Thinking	Julie Fields, PhD Mayo Clinic
	Cultural Arts as an Intervention in Dementia Care	Kate DeMedeiros, PhD University of Miami
	Therapies Q & A Panel	Steven Zarit, James Galvin Julie Fields Kate DeMedeiros
<b>Session 7: THE HOPE</b>		
3:00-4:20	A Mindful Journey	Marguerite Manteau-Rao, LCSW Presence Care Project
	A Call to Action	Angela Taylor
	Closing Remarks	Paul Primakoff
6:30-10:30	Optional Evening Activities	