Commercial Driver Medical Examiner Training: Improving Transportation Safety through Education and Certification

**2016 Courses**

7:30 a.m. Registration and Refreshments

8:00 a.m.

10:00 a.m.

Session 1: The Examiner’s Role in Enhancing Public Safety (includes 15-minute break) Session 2: Diagnostic Approaches in Assessing Medical Fitness of the Commercial Driver

12:00 p.m. Lunch – Boxed Lunch Provided

1:00 p.m. Session 3: Navigating Clinical Issues in Driver Medical Certification 2:30 p.m. Refreshment Break

2:45 p.m. Session 4: Making the Forensic Determination

4:00 p.m.

5:00 p.m.

Session 5: National Registry Signup & Exam Preparation Adjourn

# The Examiner’s Role in Enhancing Public Safety

* Overview of FMCSA Initiatives and Programmatic Structure
* Epidemiologic Data on Commercial Motor Vehicle Highway Safety
* Form Completion and Documentation (including Laboratory and Office Based Diagnostic Testing)
* Understanding Workplace Stressors in the Driving Environment
* Hands-on Primer on How a Truck Works (Parking Lot)

# Diagnostic Approaches in Assessing Medical Fitness of the Commercial Driver

* Strategies for Targeted History Taking and Efficient Physical Examinations
* Overview of Non-Discretionary Disqualifying Conditions
* Organ System Based Review of Commonly Encountered Medical Conditions
  + Vision
  + Auditory Acuity
  + Diabetes Mellitus and Endocrine Disorders
  + Hypertension

# Navigating Clinical Issues in Driver Medical Certification

* Organ System Based Review of Commonly Encountered Medical Conditions (Cont.)
  + Cardiovascular
  + Respiratory (Including Sleep-Related Disordered Breathing)
  + Neurological
  + Substance Abuse and Medication Use

# Making the Forensic Determination

* The Role of Prevention and Counseling in Driver Cohorts
* Judging Recertification Intervals
* Interactive Review of Case Examples
* Review of Electronic Resources for Course

# National Registry Signup & Exam Preparation

* Specific Directions on Registry Signup & Exam Preparation
* How to Register for the FMCSA Medical Examiner Test
* Review of Electronic Resources from Course to Use in Practice
* New FMCSA forms required for use by examiners