




# Internal Medicine Review for Nurse Practitioners, Physician Assistants & Primary Care Physicians

September 28-30, 2016

## Program Schedule

### Wednesday, September 28, 2016

- 7:00 a.m. Registration - Phillips Hall  
Continental Breakfast & Exhibits – Rochester Marriott Hotel Ballroom Foyer
- 7:30 a.m. Welcome, Introductions, and Course Overview  
*Jane A. Linderbaum, APRN, CNP, David A. Foley, MD, Jody A. Weckwerth, PA-C*
- 7:45 a.m.  'Be still my heart'...Atrial Fibrillation in the Office Practice  
*David A. Foley, MD*
- 8:35 a.m.  Heart Failure Management: Options for Care in 2016  
*Jean A. Wagner, APRN, CNP*
- 9:25 a.m. Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer
- 9:55 a.m.  Challenges in Prescribing New Medications for Weight Loss  
*Daniel L. Hurley, MD*
- 10:45 a.m. Bariatric Surgery in 2016--Why, Who, and How?  
*Travis J. McKenzie, MD*
- 11:35 a.m. Lunch & Exhibits - Marriott Hotel Ballroom Foyer
- 12:35 p.m.  Depression—Empowering the Primary Care Provider to Treat  
*Kurt B. Angstman, MD*
- 1:25 p.m.  Co-management of Chronic Kidney Disease in the Real World  
*Robert C. Albright, Jr., DO*
- 2:15 p.m. Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer
- 2:45 p.m.  Pulmonary Pearls  
*Ashokakumar M. Patel, MD*
- 3:35 p.m.  Does This Child Need Surgery?  
*Christopher Moir, MD*
- 4:25 p.m.  Bugs and Bites: Zika and Other Infectious Diseases  
*Joyce L. Sanchez, MD*




\*\*Lectures broadcast to alternate meeting locations.



Presentations designated pharmacology content.



- 5:15 p.m. Closing Comments
- 5:30 p.m. Welcome Reception and Poster Viewing *(Optional, Pre-Registration Requested)*  
Marriott Hotel Ballroom Foyer

## **Thursday, September 29, 2016**

- 7:00 a.m. Registration - Phillips Hall  
Continental Breakfast & Exhibits – Marriott Hotel Ballroom Foyer
- 7:30 a.m. Welcome Back, Overview of the Day  
*Jane A. Linderbaum, APRN, CNP, David A. Foley, MD, Jody A. Weckwerth, PA-C*
- 7:45 a.m. Hypertrophic Cardiomyopathy for Primary Care Providers  
 *Jeffrey B. Geske, MD*
- 8:35 a.m. Getting More out of the CBC  
 *Carrie A. Thompson, MD*
- 9:25 a.m. Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer
- 9:55 a.m. Abdominal Pain: Observation, Investigation, Operation?  
*David R. Farley, MD*
- 10:45 a.m. Hypertension in 2016 for Primary Care  
 *Sandra J. Taler, MD*
- 11:35 a.m. Lunch & Exhibits - Marriott Hotel Ballroom Foyer

Lunch- PA Self-Assessment Credit Session, Siebens Building 4<sup>th</sup> Floor, Room 4-02



*\*Please Note, if you have attended another Mayo Clinic PA Self-Assessment Credit session in 2016, you will only receive the credits for one session\**

<b>Concurrent Sessions – Choose one to attend</b>			
	<b>Phillips Hall **</b>	<b>Leighton Auditorium</b>	<b>Siebens 4-05</b>
12:35 p.m.	<b>Medical Marijuana/ Medical Cannabis Panel</b>  <b>** CME not offered for this session**</b>  <i>Laura Bultman, MD</i> <i>Christopher J. Arendt, PharMD, RPh</i>	 <b>How's it going? ... An update on diarrhea and constipation (RX)</b>  <i>Stephanie L. Hansel, MD, MS</i>	<b>Basic Suturing Workshop</b> <i>(Pre-Registered Attendees Only, Additional Fee to Attend) (45 max)</i>  <i>Jennifer A. Bold, APRN, CNP</i> <i>Marcia K. Britain, DNP, APRN, CNP</i> <i>Nicole Callahan, APRN, CNP</i> <i>Amelia Dudakovic, PA-C</i> <i>Sam A. Radke, PA-C</i> <i>Chelsey A. Recker, PA-C</i> <i>Nicole A. Holmberg, PA-C</i> <i>Barrett A. Fellows, PA-C</i> <i>Kari L. Seegmiller, PA-C</i> <i>Jeffrey (Jeff) A. Fierstine, PA-C</i> <i>Anthony J. Michalik, Jr., PA-C</i>
	<b>Rotate – 1:20 p.m.</b>	<b>Rotate – 1:20 p.m.</b>	
1:25 p.m.	 <b>Management of the Painful Shoulder in Primary Care: A Case Based Approach</b>  <i>Lori J. McGowan, PA-C</i>	<b>Small Town ER: What to do with Minimal Resources</b>  <i>Kyle J. Burkhamer, PA-C</i>	

\*\*Lectures broadcast to alternate meeting locations.



Presentations designated pharmacology content.

2:15 p.m.	Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer		
	<b>Concurrent Sessions – Choose one to attend</b>		
	<b>Phillips Hall **</b>	<b>Leighton Auditorium</b>	<b>Siebens 4-02</b>
2:45 p.m.	 <b>Aspirin for Primary Prevention- Tips for Busy Clinicians</b> <i>Jane A. Linderbaum, APRN, CNP</i>	 <b>Palliative Care: Communication and Advance Care Planning</b> <i>Lynn S. Borkenhagen, APRN, CNP, DNP</i>	<b>Eenie, Meanie, Minie, Moe. How to Care for Feet and Toes</b> <i>(Pre-Registered Attendees Only, Additional Fee to Attend)</i>  Polly Noll, RN., CNP, Nicole K. Callahan, APRN, CNP Martha A. Murray, APRN, CNP, Laure A. Maki, APRN, CN, Richard A. Mokuia, APRN, CNP
3:35 p.m.	<b>Cardiology 911</b> <i>David A. Foley, MD</i> <i>Jane A. Linderbaum, APRN, CNP</i>	<b>Assessing a Patient for Food Insecurity</b> <i>Rachel S. Beldo, APRN, CNP, DNP</i>	
5:15 p.m.	Closing Comments		

5:30 p.m. **Tour (Optional, Pre-Registration Required)**  
*Meet in front of Phillips Hall, Siebens Building*

## **Friday, September 30, 2016**

7:00 a.m. Registration - Phillips Hall  
 Continental Breakfast & Exhibits – Marriott Ballroom

7:30 a.m. Welcome and Introductions  
*Jane A. Linderbaum, APRN, CNP, David A. Foley, MD, Jody A. Weckwerth, PA-C*

7:45 a.m. **\*Featured Content**  
**Resilience and Tips for Success**  
*Amit Sood, MD*  
  
*Author of complimentary book.*

8:35 a.m. Clinical Quandaries in Cervical Cancer Screening  
*Kathy L. MacLaughlin, MD*

9:25 a.m. Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer

9:55 a.m. HPV in Head and Neck Cancer  
*Eliot J. Martin, PA-C*



10:45 a.m. General Internal Medicine Update: Seven Recent Practice-Changing Articles  
*Paul S. Mueller, MD*

11:35 a.m. Lunch & Exhibits - Marriott Hotel Ballroom Foyer

\*\*Lectures broadcast to alternate meeting locations.



Presentations designated pharmacology content.

Concurrent Sessions – Choose one to attend at each time slot			
	Phillips Hall **	Leighton Auditorium	
12:35 p.m.	 <b>Otitis Media: Do What I Say and Not What You Do</b> <i>Jason (Jay) H. Homme, MD</i>	<b>Cardiac Exam and Auscultation</b> <i>Abdallah El Sabbagh, MD</i> <i>William R. Miranda, MD</i>	
1:25 p.m.	<b>Abnormal Liver Tests—What Now?</b> <i>Andrea A. Gossard, APRN, CNP</i>	 <b>Insomnia and Sleep Disturbance</b> <i>Timothy J. Young, MD</i>	
2:15 p.m.	Refreshment Break & Exhibits - Marriott Hotel Ballroom Foyer		
Concurrent Sessions – Choose one to attend at each time slot			
	Phillips Hall **	Leighton Auditorium	Siebens 4-05
2:45 p.m.	<b>Cardiac Conundrums and Cool Cases</b> <i>David A. Foley, MD</i> <i>Jane A. Linderbaum, APRN, CNP</i>	<b>Breast Lumps and Baby Bumps: Management of Breast Masses During and After Pregnancy</b> <i>Lonzetta (Loni) Neal, MD</i>	<b>Biopsy Workshop (45)</b> <i>(Pre-Registered Attendees Only, Additional Fee to Attend)</i>  <i>Jason S. O'Grady, MD,</i> <i>Jennifer A. Bold, APRN, CNP</i> <i>Nicole Callahan, APRN, CNP</i> <i>Sam A. Radke, PA-C</i> <i>Chelsey A. Recker, PA-C</i> <i>Chad D. Rasmussen, APRN, CNP</i> <i>Jane F. Myers, APRN, CNP</i>
3:35 p.m.	<b>Chest Imaging – CXR and CT</b> <i>Christian W. Cox, MD</i>	<b>Common Neurology Challenges</b> <i>Nathan P. Young, DO</i>	
4:25 p.m.	Closing Comments & Adjourn		



**Pharmacology Content:**

*Selected presentations will contain pharmacology content as noted in the program. Identified presentations represent approximately 13.25 hours of pharmacology content.*

\*\*Lectures broadcast to alternate meeting locations.



Presentations designated pharmacology content.