

2019 Humanities in Medicine Symposium The Humanities (ities) Connection: meeting people where they are

October 24-26, 2019 | Mayo Clinic | Phoenix, AZ

THURSDAY, OCTOBER 24

6:00 pm WELCOME RECEPTION

Franke Education Center

Featuring:

Notes From Neptune

Scott Worstell, guitar and vocals Thomas Love, saxophone and vocals

REMARKS 6:30 pm

Welcome

Katherine Kough, MA

Program Director, Mayo Clinic Center for Humanities in Medicine

Renee Caswell, MD

Chair, Mayo Clinic Center for Humanities in Medicine

United Art of Arizona

Richard Retter, Founding President

Prescribing Nature and Connecting Patients through the Humanities

Nina Stoyan-Rosenzweig

Director, Medical Humanities, University of Florida College of Medicine

8:00 pm **RECEPTION CONCLUDES**

FRIDAY, OCTOBER 25

7:30 am CHECK-IN, BREAKFAST

Franke Eduation Center Foyer

MOVEMENT: FLAMENCO

Waugh Auditorium

Olivia Rojas

Flamenco Por La Vida, Artist in Residence, Mayo Clinic

8:15 am WELCOME

Waugh Auditorium

Katherine Kough, MA

Program Director, Mayo Clinic Center for Humanities in Medicine

Renee Caswell, MD

Chair, Mayo Clinic Center for Humanities in Medicine

KEYNOTE

Why Day One of Medical School is Too Late to Make a Good Doctor

Lauren Barron, MD

Director, Medical Humanities, Baylor University

9:30 am POSTER INTRODUCTIONS

Waugh Auditorium

A Sherlockian Diagnostician of the Early 20th Century: The Contributions of Emanuel Libman and his relationship with Sir William Osler

Priya Dave, BA

MD Candidate, Icahn School of Medicine at Mount Sinai

Bringing Joy and Belonging to Pediatric Patients Through Group Art

Sarah Merrill

MD Candidate, Mayo Clinic Alix School of Medicine

Uffizi on Wheels – Mayo Clinic Florida Virtual Art Tour Reaching Patients With Restricted Mobility Elizabeth Mattson, MT-BC

Education Administration Coordinator, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine

Chrys Yates

Program Director, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine

A Person is a Person No Matter What

David Beyda, MD

Chair and Professor, Dept. Bioethics and Medical Humanism, The University of Arizona College of Medicine-Phoenix

Motivations, Expectations, and Ethical Perceptions of Medical Students on Global Health Trips Priya Dave, BA

Silencing Medical Activism

Zainab Mabizari, BS, MSc

MD candidate, Baylor College of Medicine

The Literature, Arts, and Medicine Database: A Worldwide Collaboration in Humanistic Study

Shawn Thomas

MD candidate, New York University School of Medicine

Implementation of a New Health Literacy Selective for Medical Students

Cynthia Beeler, MLS, AHIP

Academic Medical Librarian IV, Mayo Clinic Libraries

Lisa Marks, MLS, AHIP

Director and Assistant Professor of Medical Education, Mayo Clinic Libraries

POSTER VIEWING/BREAK 9:55 am

10:05 am PLENARY SESSION - PECHA KUCHA PRESENTATIONS

Waugh Auditorium

Close Contact for Couples with Parkinsons: Moving together for better verbal and physical communication

Judith Sachs, Founder and Director, ANYONE CAN DANCE®

Mayo Medical Students' Perception of the Value of a Humanities-Based Reading Selective

Anthony Smith, MD

Professor of Plastic Surgery, Director, Selectives, Mayo Clinic

Robert Bernard, MD

Adjunct Professor of Surgery, Mayo Clinic, Associate Professor of Surgery, University of Arizona College of Medicine

Victoria Edmonds

MD Candidate, Mayo Clinic Alix School of Medicine

The Creative or Empathy Project as Part of an Introductory Course in Medical Humanities

Steven Gellman, MD, MFA, FAAFP

Senior Lecturer in Medical Humanities and Pre-Med Consultant, University of Texas at Arlington

Transformational Seeing

Jennifer Ewing

Teaching Artist, Museum Educator - Contemporary Jewish Museum and Fine Arts Museums of San Francisco, CA

10:55 am **POSTER VIEWING/BREAK**

11:05 am PLENARY SESSION - PAPER PRESENTATIONS

Waugh Auditorium

Gimme Shelter: How Architecture Provides a Blueprint for Medicine

Paul Solomon, MFA

Associate Professor, Gwen Frostic School of Art; Adjuct Community Associate Professor, Program in Medical Ethics, Humanities, and Law, Homer Stryker MD, School of Medicine, Western Michigan University

Enhanced Interrogation the Hospital Way

Ken Mishark, MD

Hospitalist, Assistant Professor of Medicine, College of Medicine, Mayo Clinic

What makes a monster - and what makes a medical monster?

Nina Stoyan-Rosenzweig

Director, Medical Humanities, University of Florida College of Medicine, Archivist and Senior Associate in Libraries, Health Science Center Library

Improving Humanistic and Empathic Communication Skills: Video, Simulation, and Experiential **Learning Opportunities**

Ellen Meltzer, MD, MSc, FACP

Senior Associate Consultant, General Internal Medicine, Mayo Clinic

12:30 pm LUNCH Franke Eduation Center Foyer 1:00 pm **KEYNOTE Waugh Auditorium** Senator Tom Harkin, (Ret.)

Councilor, The Harkin Institute for Public Policy & Citizen Engagement

2:05 pm POSTER VIEWING/BREAK

PLENARY SESSION – PANEL DISCUSSION 2:15 pm

Waugh Auditorium

Health, Wellness, Public, and Policy

Senator Tom Harkin, (Ret.)

Councilor, The Harkin Institute for Public Policy & Citizen Engagement

Joseph Jones, MPA

Executive Director, The Harkin Institute for Public Policy & Citizen Engagement

Kainoa Spenser

Ambassador, K2 Adventures Foundation; Mayo Clinic Simulation Center Standardized **Patient**

Russell Heigh, MD, FACP, FACG, AGAF, FASGE

Associate Professor of Medicine, College of Medicine, Mayo Clinic

3:15 pm ART TOUR, ARTMAKING, OR MUSIC-MAKING

Various

Art Tour

Betsy Aguirre

Loaned Artwork Program, Mayo Clinic Center for Humanities in Medicine

Artmaking

Richard Retter

Artist in Residence, Mayo Clinic Center for Humanities in Medicine

Music-Making

Elizabeth Mattson, MT-BC

Education Administration Coordinator, Mayo Clinic Lyndra P. Daniel Center for Humanities in Medicine

3:45 pm **POSTER VIEWING/BREAK**

4:00 pm **INTERACTIVE SESSIONS**

Gold Mining Waugh Auditorium

Designing an award-winning Arts in Health course

Ferol Carytsas, MM

Lecturer and Undergraduate Advisor, University of Florida Center for Arts in Medicine

Implementing Music Therapy within the VA Telehealth Model: Going the Distance for Our Veterans

Diane Garrison Langston, MM, MT-BC

Music Therapist, Malcom Randall VA, Gainesville, Florida; Creative Arts Therapist, Creative

Forces: NEA Military Healing Arts Network

Building the Shakespeare in Health Network

Cora Fox, PhD

Associate Professor of English, Arizona State University

Christine Gottlieb, PhD

Assistant Professor of English, California State University, East Bay

Programming the Monkey Mind: Yoga for Individual Resiliency

Uma Anand, Ph.D.

Assistant Professor of Psychology, Mental Health Clinician, Student Services, Mayo Clinic

College of Medicine and Science

Workshop MH-212

Learning How to Use Magic and Illusions to Enhance Clinical Interactions

Lalit Chawla, MD, CCFP, FCFP

Adjunct Professor, Schulich School of Medicine, University of Western Ontario

5:45 pm **RECEPTION**

Franke Eduation Center Foyer

7:00 pm **DAY ONE CONCLUDES**

SATURDAY, OCTOBER 26

7:30 am CHECK-IN, BREAKFAST

Franke Eduation Center Foyer

MOVEMENT:YOGA

Waugh Auditorium

Uma Anand, Ph.D.

Assistant Professor of Psychology, Mental Health Clinician, Student Services, Mayo Clinic College of Medicine and Science

8:15 am OPENING REMARKS

Waugh Auditorium

KEYNOTE

Elvis Francois, MD

Chief Resident, Orthopedic Surgery, Mayo Clinic

POSTER VIEWING/BREAK 9:00 am

9:15 am **BREAKOUT SESSIONS**

Paper Presentations Waugh Auditorium

Comics and Medicine: What Graphic Medicine Can Teach Us About the Experience of Illness

Brian Callender, MD

Assistant Professor of Medicine, University of Chicago; Core faculty, Stevanovich Institute on the Formation of Knowledge; Faculty, MacLean Center for Clinical Medical Ethics

Graphic Medicine and the Art of Self-Reflection: Using Comics to Tell Our Stories

Kathryn West, MA, LSW

Project Coordinator, ECHO-Chicago, University of Chicago Medicine

Brian Callender, MD

Assistant Professor of Medicine, University of Chicago; Core faculty, Stevanovich Institute on the Formation of Knowledge; Faculty, MacLean Center for Clinical Medical Ethics

Pushing the Envelope: Featuring Graphic Medicine and Storytelling in the Traditional Medical **Publishing World**

Darren Taichman, MD, PhD

Executive Editor, Annals of Internal Medicine, Vice President, American College of Physicians, Adjunct Associate Professor of Medicine, University of Pennsylvania

Panel Discussion MH-212

Humanizing Cancer

Elizabeth Langland, PhD

Director, Institute for Humanities Research, Arizona State University

Pamela Winfrey, MA, MFA

Scientific Research Curator for the Aktipis Cooperation and Conflict Lab and the Maley Cancer Lab, Biodesign and Psychology, ASU

Cristina Baciu, MA

Research Specialist, Psychology, Interdisciplinary Cooperation Institute, Biodesign Center for Biocomputing, Security, and Society, ASU

Pauline Davies, BSc

Professor, Hugh Downs School of Human Communication, Institute for Social Science Research, and The Beyond Center, ASU

Paper/Interactive Discussion

MH-115

My way, your way, or our way: choosing the best physician-patient relationship

David Beyda, MD

Chair and Professor, Dept. Bioethics and Medical Humanism, The University of Arizona College of Medicine-Phoenix

Creative Health Collaborations at Arizona State University

Cora Fox, PhD

Associate Professor of English, Arizona State University

Tamara Underiner, PhD

Associate Dean for Academic Affairs, Graduate College; Asociate Professor, School of Film, Dance and Theatre, Arizona State University

10:20 am POSTER VIEWING/BREAK

10:30 am BREAKOUT SESSIONS

Paper Presentations

Waugh Auditorium

Creative Arts Therapies: Bridging Consumer to Community

Deirdre Cogan, ATR-BC, ATCS, LPC, CTP

Director of Creative Arts Therapies Program, DC Department of Behavioral Health

Laryssa Creswell, Ed.D, MT-BC, LPC

Humanities and Artificial Intelligence in Healthcare

Rahul Kashyap, MBBS, MBA

Assistant Professor of Anesthesiology, College of Medicine, Mayo Clinic

Daniel Hall-Flavin, MD, MS

Associate Professor of Psychiatry, College of Medicine; Chair, Dolores Jean Lavins Center for Humanities in Medicine, Mayo Clinic

The Vital Transformation: From Homo scientificans to Homo humanitas

John Demenkoff, MD, PhD

Instructor in Medicine, College of Medicine; Consultant, Medallion Program, Mayo Clinic

Paper Presentations

MH-212

The Importance of Effective Perioperative Communication

Lopa Misra, DO

Assistant Professor, Department of Anesthesiology and Perioperative Medicine, Mayo Clinic Styron's Clarity: How Darkness Visible Critically Reframed Suicide and Depression

Jon Sussman, BA

MD Candidate, Mayo Clinic Alix School of Medicine

Storytelling in health professions education: A professional development program for Health **Professions faculty**

Eve Krahe Billings, PhD, EDAC

Associate Dean, College of Doctoral Studies and College of Health Professions, University of Phoenix

Liz Warren

Director, Storytelling Institute, South Mountain Community College

Cultivating Resilience through Verse: Poetry as a Vehicle for Mental Stability

Mark Lussier, PhD

Professor, Department of English & Senior Sustainability Scholar, Global Institute of Sustainability, Arizona State University

Paula Byrne, PhD

Founder and Lead Practitioner, ReLit: The Bibliotherapy Foundation

Paper Presentation/Performances

MH-115

Paying Tribute to Willed Body Donors: Artworks and Narratives

Rebecca Fisher, PhD

Associate Professor, Department of Basic Medicine Sciences, University of Arizona College of Medicine-Phoenix

Jennifer Rebekah Hartmark-Hill, MD, FAAFP

Director, The Program for Narrative Medicine & Health Humanities; Associate Professor, Dept. of Bioethics & Medical Humanism and Dept. of Family, Community & Preventative Medicine, University of Arizona College of Medicine-Phoenix

Journeys End, Journeys Begin

Shapir Rosenberg, MD

Psychiatry Resident, University of Maryland

Alison Hartman, MFA

Acupuncturist, Private Practice

From the Bedside

Zainab Mabizari, BS, MSc

MD Candidate, Baylor College of Medicine

11:50 am POSTER VIEWING/BREAK

12:00 pm LUNCH

12:30 pm **KEYNOTE**

Waugh Auditorium

Tionne Watkins

Singer, Songwriter, Actress, Author, Patient Advocate

1:35 pm POSTER VIEWING/BREAK

1:50 PM **BREAKOUT SESSIONS**

Waugh Auditorium Workshop

Yes, And... Be Here Now: Improvisation to Facilitate Mindfulness

Robyn Cassel, PhD

Licensed Clinical Psychologist, Whole Health Psychology Center

Julie Cotton

Founder, Next Level Improv

Panel Discussion MH-212

At the peripheries of care: centering the humanities and community engagement through participatory programming in health science curricula

Mary Catherine Lockmiller, MLIS, AHIP

Health Science Librarian, Northern Arizona University - Phoenix Biomedical Campus

Meher Rakkar

Program for Narrative Medicine & Health Humanities, University of Arizona College of Medicine-Phoenix

Jennifer Rebekah Hartmark-Hill, MD, FAAFP

Director, The Program for Narrative Medicine & Health Humanities; Associate Professor, Dept. of Bioethics & Medical Humanism and Dept. of Family, Community & Preventative Medicine, University of Arizona College of Medicine-Phoenix

Workshop MH-115

What's Art Got to Do With It: Using art and art interpretation with health care professionals

Hope Torrents

School Programs Coordinator, Lowe Art Museum, University of Miami

Gauri Agarwal, M.D., F.A.C.P.

Associate Regional Dean for Medical Curriculum, University of Miami Miller School of Medicine

2:50 pm **POSTER VIEWING/BREAK**

3:05 pm **BREAKOUT SESSIONS**

Panel Discussion Waugh Auditorium

Creativity Throughout Medical Careers

Kate Hagen

MD Candidate, Mayo Clinic Alix School of Medicine

Lopa Misra, D.O.

Assistant Professor, Department of Anesthesiology and Perioperative Medicine, Mayo Clinic Jacques Heppell, MD

Professor of Surgery, College of Medicine, Mayo Clinic

Paper Presentations

MH-212

Authentic stories as curricular tools promoting wellness: preliminary results from a pilot study

Jon Sussman, BA

MD Candidate, Mayo Clinic Alix School of Medicine

Christian Rosenow, BS

MD Candidate, Mayo Clinic Alix School of Medicine

Cynthia Stonnington, MD

Associate Professor of Psychiatry, College of Medicine, Mayo Clinic

Utilization of Poetry in a Physical Therapy Education Program to Explore Pain and Develop Empathy Stacia Troshynski Brown, PT, DPT

Clinical Assistant Professor, Physical Therapy and Rehabilitation Science, University of Kansas **Medical Center**

Integration of actor training methods and improvisation into an appreciation of patient centered communication for Physical Therapy students

Salome Brooks, PT, EdD, MBA, MA

Associate Professor, Physical Therapy Department, Springfield College

Martin Shell, MFA

Chair and Professor of Theatre Arts, Department of Visual and Performing Arts, Springfield College

Paper/Workshop

MH-115

Navigating Uncertainty: Tools creative engagement can offer patients, caregivers and healthcare providers

Tessa Windt, MFA

Teaching Artist

The Healer's Journey: Re-envisioning Why We Became Healers

David Kopacz, MD

Staff Psychiatrist, Whole Health Education Champion, National VA Office of Patient Centered Care & Cultural Transformation; Clinical Assistant Professor, University of Washington

POSTER VIEWING/BREAK 4:15 pm

4:30 pm **CLOSING**

Featuring:

Lyra

Allen Ames, violin, violyra

Maryanne Kremer-Ames, guitar

5:00 pm **ADJOURN**