

Internal Medicine Pathways to MOC
March 11-13, 2019
Fairmont Grand Del Mar, San Diego, CA

Monday, March 11, 2019

6:30 a.m. Registration and Continental Breakfast

8:00 a.m. Welcome and Course Overview

8:15 a.m. Session 1: Geriatrics

Ericka E. Tung, M.D.

- Dementia diagnosis and management (distinguishing features of various types of dementia)
- Delirium (recognize, manage, prevent)
- Wounds (pressure ulcers, venous stasis ulcers)
- Decision making capacity—ethical dilemmas
- Urinary incontinence
- Depression
- No-no medications

9:00 a.m. Session 2: Cardiology Part A

Jeffrey B. Geske, M.D.

- ACS diagnosis and management
- Murmurs (ones to recognize as concerning, like a sports physical)
- Valvular heart disease (AS, MR, MS, prosthetic valves)

9:45 a.m. Question and Answer

10:00 a.m. Break

10:15 a.m. Session 3: Cardiology Part B

Jeffrey B. Geske, M.D.

- Heart failure
- Cardiogenic shock (tamponade or something)
- Arrhythmias (common or deadly)

11:00 a.m. Session 4: Infectious Disease Part A

Elena Beam, M.D.

- Endocarditis (diagnosis and initial management) and current guidelines of endocarditis prophylaxis
- Skin and soft tissue infections (eg., when to give abx for abscess treatment)
- Pneumonia (CAP, HAP, post obstructive pneumonia)

11:45 a.m. Question and Answer

12:00 p.m. Lunch

1:00 p.m. Session 5: Infectious Disease Part B

Elena Beam, M.D.

- Travel related illness
- HIV
 - Diagnose acute disease and know what early testing to get
 - PrEP and PEP
 - Complications of untreated HIV/AIDS
 - Complications of ARV treatment : ex, tenofovir RTA, abacavir hypersensitivity , etc

1:45 p.m. Session 6: Palliative Care and Ethics

Amanda K. Lorenz, M.D.

2:30 p.m. Question and Answer

- 2:45 p.m. Break**
- 3:00 p.m. Concurrent Sessions (Choose one)**
- **ECG's and Stress Testing**
Tyler J. Peterson, M.D. and Jeremy J. Thaden, M.D.
 - **Women's Health**
Susan N. Kok, M.D. and Christine L. Klassen, M.D.
 - **Dermatology**
Rachel Y. N. Miest, M.D. and Julio C. Sartori Valinotti, M.D.
- 4:30 p.m. Adjourn**

Tuesday, March 12, 2019

- 7:00 a.m. Registration and Continental Breakfast**
- 8:00 a.m. Morning Announcements and Key Summary Review**
- 8:15 a.m. Session 7: Oncology**
Joseph S. Chan, M.D.
- Complications of newer targeted therapies
 - Radiation for mets
 - Cancer survivorship
 - Neutropenic fever
 - Fever and pulmonary infiltrates
- 9:00 a.m. Session 8: Endocrine Part A**
Timothy Hsieh, M.D.
- Thyroid disease
 - Adrenal incidentaloma evaluation
 - Pituitary disorder evaluation (eg, secondary hypogonadism, etc)
 - Bariatric surgery indications, possible nutritional deficiencies, advised supplements post gastric bypass
- 9:45 a.m. Question and Answer**
- 10:00 a.m. Break**
- 10:15 a.m. Session 9: Endocrine Part B**
Timothy Hsieh, M.D.
- DM
 - Hypercalcemia/hyperparathyroidism/osteomalacia
 - Osteopenia/osteoporosis
- 11:00 a.m. Session 10: Rheumatology**
Steven Lee, D.O.
- Crystalline arthropathy
 - GCA/PMR
 - Infectious arthritis
 - Rheumatoid Arthritis
 - Spondyloarthropathy (AS, PS)
 - Connective tissue disease (SLE, Scleroderma, undifferentiated)
- 11:45 a.m. Question and Answer**
- 12:00 p.m. Lunch**

- 1:00 p.m. Session 11: Pulmonary**
Darlene R. Nelson, M.D.
- Asthma
 - COPD
 - Solitary pulmonary nodule evaluation
 - obesity hypoventilation
 - Chronic cough
 - Parapneumonic effusion/empyema
- 1:45 p.m. Session 12: Critical Care**
Diana J. Kelm, M.D.
- Pneumothorax treatment (needles, small catheters, etc)
 - Sepsis and shock/DIC
 - ARDS
 - Indications and complications of transfusions
 - Toxidrome
- 2:30 p.m. Question and Answer**
- 2:45 p.m. Break**
- 3:00 p.m. Concurrent Sessions (Choose one)**
- **Common MSK Injuries, Evaluation and Treatment**
Edward R. Laskowski, M.D.
 - **PFT's and Images**
Darlene R. Nelson, M.D.
 - **Perioperative Medicine**
Matthew A. Bartlett, M.B., B.Ch., B.A.O. and Carina (Preskill) P. Himes, M.D.
- 4:30 p.m. Adjourn**

Wednesday, March 13, 2019

- 7:00 a.m. Registration and Continental Breakfast**
- 8:00 a.m. Morning Announcements and Key Summary Review**
- 8:15 a.m. Session 13: Potpourri of GIM**
Christopher (Chris) A. Aakre, M.D.
- Age appropriate screening and immunizations in adults
 - Insomnia
 - Fatigue and Systemic Exertion Intolerance Disease (evaluation and management)
 - Fibromyalgia (diagnosis and management)
 - The Dizzy Patient
- 9:00 a.m. Session 14: Gastroenterology Part A**
Stephanie L. Hansel, M.D., M.S.
- GERD/Barrett's/Esoophageal carcinoma (dx/testing)
 - Esoophageal motility disorders
 - PUD/h pylori/gastritis/non-ulcer dyspepsia
 - Celiac disease diagnosis
 - Diagnosis of IBD, extraintestinal manifestations, cancer surveillance
 - IBS
 - C. diff
- 9:45 a.m. Question and Answer**

10:00 a.m.	Break
10:15 a.m.	Session 15: Gastroenterology Part B <i>Stephanie L. Hansel, M.D., M.S.</i> <ul style="list-style-type: none"> ➤ Acute pancreatitis (when to take out the gallbladder if gallstone pancreatitis suspected) ➤ Hepatitis C diagnosis/extrahepatic manifestations ➤ cirrhosis/portal hypertension ➤ NAFLD ➤ Alcoholic hepatitis ➤ Undiagnosed/obscure GI bleed evaluation
11:00 a.m.	Session 16: Nephrology and Hypertension <i>Ladan Zand, M.D.</i> <ul style="list-style-type: none"> ➤ Acute GN ➤ Evaluate resistant hypertension ➤ Renal manifestations of gammopathies ➤ CKD ➤ Nephrolithiasis
11:45 a.m.	Question and Answer
12:00 p.m.	Lunch
1:00 p.m.	Session 17: Hematology <i>Carrie A. Thompson, M.D.</i> <ul style="list-style-type: none"> ➤ Diagnosis of acute leukemia/urgent situations (ie blast crisis) ➤ Diagnosis of Hodgkin's lymphoma (pruritus, mediastinal mass) ➤ Diagnosis of chronic leukemia and polycythemia vera ➤ Platelet disorders: ITP, HIT, TTP/HUS ➤ Dysproteinemias: Multiple Myeloma, Amyloidosis
1:45 p.m.	Session 18: Neurology <i>Michel Toledano, M.D.</i> <ul style="list-style-type: none"> ➤ Carotid disease/TIA/Stroke ➤ Spells/seizure/syncope eval ➤ Migraine/tension/MOH ➤ Diagnose MS
2:30 p.m.	Question and Answer
2:45 p.m.	Break
3:00 p.m.	Concurrent Sessions (Choose one) <ul style="list-style-type: none"> • Neurology Cases <i>Michel Toledano, M.D. and David B. Burkholder, M.D.</i> • Nephrology and Hypertension: Acid-Base, Electrolytes, the Urinalysis, and Controversies in Hypertension Management <i>Ladan Zand, M.D. and Andrea G. Kattah, M.D.</i> • Psychology Cases <i>Kristin S. Vickers, Ph.D., L.P.</i>
4:30 p.m.	Adjourn