

Internal Medicine Pathways to MOC - March 16-18, 2020

All times noted are Central Standard Time (CST)

Monday, March 16, 2020

8:00 a.m. **Welcome and Course Overview**

8:15 a.m. **Session 1: Geriatrics**

Ericka E. Tung, M.D.

- Dementia diagnosis and management (distinguishing features of various types of dementia)
- Delirium (recognize, manage, prevent)
- Wounds (pressure ulcers, venous stasis ulcers)
- Frailty
- Urinary incontinence
- Depression
- No-no medications

9:00 a.m. **Question and Answer**

9:05 a.m. **Session 2: Cardiology Part A**

Jeffrey B. Geske, M.D.

- Heart failure
- Ischemic heart disease
- Cardiac exam pearls

9:50 a.m. **Question and Answer**

9:55 a.m. **Break**

10:10 a.m. **Session 3: Cardiology Part B**

Jeffrey B. Geske, M.D.

- Valvular heart disease
- Hypertrophic cardiomyopathy
- Arrhythmias

10:55 a.m. **Question and Answer**

11:00 a.m. **Session 4: Infectious Disease Part A**

Maryam Mahmood, M.B., Ch.B.

- Endocarditis (diagnosis and initial management) and current guidelines of endocarditis prophylaxis
- Skin and soft tissue infections (eg., when to give abx for abscess treatment)
- Pneumonia (CAP, HAP, post obstructive pneumonia)

11:45 a.m. **Question and Answer**

11:50 a.m. **Lunch**

12:35 p.m. **Session 5: Infectious Disease Part B**

Maryam Mahmood, M.B., Ch.B.

- Travel related illness
- HIV
 - Diagnose acute disease and know what early testing to get
 - PrEP and PEP
 - Complications of untreated HIV/AIDS
 - Complications of ARV treatment : ex, tenofovir RTA, abacavir hypersensitivity , etc

1:20 p.m. **Question and Answer**

- 1:25 p.m.** **Session 6: Hyperlipidemia**
Christopher (Chris) R. Stephenson, M.D.
- 2:10 p.m.** **Question and Answer**
- 2:15 p.m.** **Break**
- 2:30 p.m.** **Common MSK Injuries, Evaluation and Treatment**
Edward R. Laskowski, M.D.
- 3:30 p.m.** **Question and Answer**
- 3:35 p.m.** **Perioperative Medicine**
Matthew A. Bartlett, M.B., B.Ch., B.A.O. and Carina (Preskill) P. Himes, M.D.
- 4:35 p.m.** **Question and Answer**
- 4:40 p.m.** **Adjourn**

Tuesday, March 17, 2020

- 8:00 a.m.** **Session 7: Oncology**
Joseph S. Chan, M.D.
- Complications of newer targeted therapies
 - Radiation for mets
 - Cancer survivorship
 - Neutropenic fever
 - Fever and pulmonary infiltrates
- 8:45 a.m.** **Question and Answer**
- 8:50 a.m.** **Session 8: Endocrine Part A**
Timothy Hsieh, M.D.
- Thyroid disease
 - Adrenal incidentaloma evaluation
 - Pituitary disorder evaluation (eg, secondary hypogonadism, etc)
 - Bariatric surgery indications, possible nutritional deficiencies, advised supplements post gastric bypass
- 9:35 a.m.** **Question and Answer**
- 9:40 a.m.** **Session 9: Endocrine Part B**
Timothy Hsieh, M.D.
- DM
 - Hypercalcemia/hyperparathyroidism/osteomalacia
 - Osteopenia/osteoporosis
- 10:25 a.m.** **Question and Answer**
- 10:30 a.m.** **Break**

10:45 a.m. Session 10: Rheumatology
Steven Lee, D.O.

- Crystalline arthropathy
- GCA/PMR
- Infectious arthritis
- Rheumatoid Arthritis
- Spondyloarthropathy (AS, PS)
- Connective tissue disease (SLE, Scleroderma, undifferentiated)

11:30 a.m. Question and Answer

11:35 a.m. Session 11: Pulmonary
Darlene R. Nelson, M.D.

- Asthma
- COPD
- Solitary pulmonary nodule evaluation
- obesity hypoventilation
- Chronic cough
- Parapneumonic effusion/empyema

12:20 p.m. Question and Answer

12:25 p.m. Lunch

1:10 p.m. Session 12: Critical Care
Diana J. Kelm, M.D.

- Pneumothorax treatment (needles, small catheters, etc)
- Sepsis and shock/DIC
- ARDS
- Indications and complications of transfusions
- Toxidrome

1:55 p.m. Question and Answer

2:00 p.m. Dermatology
Rachel Y. N. Miest, M.D. and Julio C. Sartori Valinotti, M.D.

3:00 p.m. Question and Answer

3:05 p.m. Break

3:20 p.m. PFT's and Images
Darlene R. Nelson, M.D. and Diana J. Kelm, M.D.

4:20 p.m. Question and Answer

4:25 p.m. Adjourn

Wednesday, March 18, 2020

8:00 a.m. Session 13: Potpourri of GIM
C. Scott Collins, M.D. and Nerissa M. Collins, M.D.

- Age appropriate screening and immunizations in adults
- Headaches (Migraine and tension and other HA syndromes)
- Lower urinary tract symptoms (BPH, obstructive and irrigative systems)
- ED

8:45 a.m. Question and Answer

8:50 a.m. Session 14: Gastroenterology Part A

Stephanie L. Hansel, M.D., M.S.

- GERD/Barrett's/Esophageal carcinoma (dx/testing)
- Esophageal motility disorders
- PUD/h pylori/gastritis/non-ulcer dyspepsia
- Celiac disease diagnosis
- Diagnosis of IBD, extraintestinal manifestations, cancer surveillance
- IBS
- C. diff

9:35 a.m. Question and Answer

9:40 a.m. Session 15: Gastroenterology Part B

Stephanie L. Hansel, M.D., M.S.

- Acute pancreatitis (when to take out the gallbladder if gallstone pancreatitis suspected)
- Hepatitis C diagnosis/extrahepatic manifestations
- cirrhosis/portal hypertension
- NAFLD
- Alcoholic hepatitis
- Undiagnosed/obscure GI bleed evaluation

10:25 a.m. Question and Answer

10:30 a.m. Break

10:45 a.m. Session 16: Nephrology

Andrea G. Kattah, M.D.

- AKI – toxic, Rhabdomyolysis, hepatorenal, shock, obstructive, etc.
- CKD (Anemia, Electrolytes, etc. per guidelines)
- Nephrolithiasis (types, Rx, prevention)
- Electrolyte disturbances (hyponatremia, hypernatremia, hypo and hyperkalemia)
- Acid/base disturbance

11:30 a.m. Question and Answer

11:35 a.m. Session 17: Hematology

Carrie A. Thompson, M.D.

- Diagnosis of acute leukemia/urgent situations (ie blast crisis)
- Diagnosis of Hodgkin's lymphoma (pruritus, mediastinal mass)
- Diagnosis of chronic leukemia and polycythemia vera
- Platelet disorders: ITP, HIT, TTP/HUS
- Dysproteinemias: Multiple Myeloma, Amyloidosis

12:20 p.m. Question and Answer

12:25 p.m. Lunch

1:10 p.m. Session 18: Hypertension

Christopher (Chris) R. Stephenson, M.D.

- Current guidelines
- Undifferentiated hypertension
- Hypertensive urgency/emergency
- Secondary hypertension

1:55 p.m. Question and Answer

- 2:00 p.m.** **Fibromyalgia**
Dennis (Mike) M. Bierle, M.D. and Arya B. Mohabbat, M.D.
- 3:00 p.m.** **Question and Answer**
- 3:05 p.m.** **Break**
- 3:20 p.m.** **ECG's and Stress Testing**
Tyler J. Peterson, M.D. and Jeremy J. Thaden, M.D.
- 4:20 p.m.** **Question and Answer**
- 4:25 p.m.** **Adjourn**