

Pain and Palliative Medicine 2020

The Ritz-Carlton, Half Moon Bay, CA

Palliative Medicine in Clinical Practice		
Monday, March 2, 2020		
6:00 AM	Registration & Continental Breakfast	
6:50 AM	Welcome, Course Introduction, & Overview	
7:00 AM	Recent Updates in Nausea, Dyspnea, & Fatigue - Nausea – Maisha T. Robinson, M.D. - Dyspnea – Emily Olson, APRN, C.N.P., M.S.N. - Fatigue – Deirdre R. Pachman, M.D.	
8:00 AM	Recent Updates in Anxiety, Depression, & Delirium - Anxiety – Emily A. Olson, APRN, C.N.P., M.S.N. - Depression – Deirdre R. Pachman, M.D. - Delirium – Alisha A. Morgan, D.O.	
9:00 AM	Panel Discussion / Q & A	
9:15 AM	Break	
9:30 AM	Teamwork Across the Continuum in Palliative Care, Oncology, & Primary Care Case Based Panel Discussion / Q & A Andrea E. Wahner Hendrickson, M.D.; Jacob J. Strand, M.D.; Brandon P. Verdoorn, M.D.	
10:30 AM	Hot Topics: Palliative Care & Hospice in Era of the Opioid Epidemic Molly A. Feely, M.D.	
11:00 AM	Hot Topics: Cannabis in Palliative Care and Hospice Care April R. Christensen, M.D., M.S.	
11:30 AM	Panel Discussion / Q & A	
11:45 AM	Transition to Breakouts	
11:50 AM - 12:50 PM Concurrent Breakout Sessions - Choose One		
Option 1: Practical Updates in Hospice Care Alisha A. Morgan, D.O. Mark K. Edwin, M.D.	Option 2: Advanced Symptom Management for the Palliative Care Specialist Kelly L. Wu, M.D. Sharene Hollenbach, APRN, AGNP-C, M.S.N.	Option 3: Dying from Two Diseases: Addiction in Serious Illness Mei (Mei-Ean) E. Yeow, B.M.B.Ch. Kelly J. Christensen, P.A.-C. Casey L. Smith, L.I.C.S.W.
12:50 PM	Adjourn	

Palliative Medicine in Clinical Practice		
Tuesday, March 3, 2020		
6:30 AM	Continental Breakfast	
7:00 AM	Deciding to Address Goals of Care in a Patient with Serious Illness Gregory J. Hanson, M.D.	
7:30 AM	The Serious Illness Conversation Guide: A How To Gregory J. Hanson, M.D.	
8:00 AM	Interstitial Skills: What You Need to be Successful in Hard Conversations Rachel D. Havyer, M.D.	
8:30 AM	FISHBOWL: Demonstration and Debrief Rachel D. Havyer, M.D.	
9:00 AM	Panel Discussion / Q&A	
9:15 AM	Break	
9:30 AM	Navigating Cultural and Religious Differences in Tough Conversations Maisha T. Robinson, M.D.	
10:00 AM	The Patient and Family Who Wants Everything Christopher A. Collura, M.D.	
10:30 AM	Responding to Requests for Hastened Death Kelly L. Wu, M.D.	
11:00 AM	Terminal Illness: In Pain, but Not following the Rules Mihir Kamdar, M.D.	
11:30 AM	Panel Discussion / Q&A	
11:45 AM	Transition to Breakouts	
11:50 AM - 12:50 PM Concurrent Breakout Sessions - Choose One		
Option 1: Practical Updates in Hospice Care Alisha A. Morgan, D.O. Mark K. Edwin, M.D.		Option 2: Advanced Symptom Management for the Palliative Care Specialist Kelly L. Wu, M.D. Sharene Hollenbach, APRN, AGNP-C, M.S.N.
		Option 3: Dying from Two Diseases: Addiction in Serious Illness Mei (Mei-Ean) E. Yeow, B.M.B.Ch. Kelly J. Christensen, P.A.-C. Casey L. Smith, L.I.C.S.W.
12:50 PM	Adjourn	

Cross Content - Palliative Care & Pain Management		
Wednesday, March 4, 2020		
6:30 AM	Continental Breakfast	
7:00 AM	Opioid 1 Bryan C. Hoelzer, M.D.	
7:30 AM	Opioid 2 Bryan C. Hoelzer, M.D.	
8:00 AM	Opioid: Side Effects and Morbidity Molly A. Feely, M.D.	
8:30 AM	Opioid Clinical Cases Terry L. Hunt, II M.D.	
9:00 AM	Panel Discussion / Q & A	
9:15 AM	Break	
9:30 AM	Neuropathic Pain James C. Watson, M.D.	
10:00 AM	Geriatric Pain Brandon P. Verdoorn, M.D.	
10:30 AM	Cancer Pain Mihir Kamdar, M.D.	
11:00 AM	Clinical Cases in Pain with Serious Illness Jacob J. Strand, M.D.	
11:30 AM	Panel Discussion / Q & A	
11:45 AM	Transition to Breakouts	
11:50 AM - 12:50 PM Concurrent Breakout Sessions - Choose One		
Option 1: Practical Tips for Successful Opioid Conversions Mei (Mei-Ean) E. Yeow, B.M.B.Ch. Kelly J. Christensen, P.A.-C.		Option 2: Pediatric Pain Update Lezlie H. Andersen, M.D. Christopher A. Collura, M.D.
		Option 3: Stump the Professors Bryan C. Hoelzer, M.D. Terry L. Hunt, II M.D. James C. Watson, M.D.
12:50 PM	Adjourn – General Session	
Hazelden Betty Ford Foundation Workshop on Addictions		
Optional Workshop: Pre-Registration and Payment Required		
1:00 PM	Current Topics in Addiction for Primary Care Providers Primary care is the most likely situation in which providers will be faced with patients suffering from addiction. Pain and palliative care results in regular use of opioids, increasing the likelihood of addiction related interactions with patients. This course will provide a focused examination of addiction issues common to primary care practice. The course will provide tools to improve your ability to identify and appropriately care for your patients with substance use disorders.	
4:00 PM	Adjourn - Workshop	

Pain Medicine for the Non-Pain Specialist

Thursday, March 5, 2020

6:30 AM	Continental Breakfast		
7:00 AM	Initial Assessment of the Pain Patient Jason P. Dauffenbach, D.O.		
7:30 AM	Unique Spine Conditions in Clinic: Cases Stephen J. Wisniewski, M.D.		
8:00 AM	Physical Exam PEARLs and Demonstration Edward R. Laskowski, M.D.		
8:30 AM	The Surgeon is Your Friend Meghan E. Murphy, M.D.		
9:00 AM	Panel Discussion / Q & A		
9:15 AM	Break		
9:30 AM	Behavioral Comorbidities Christopher D. Sletten, Ph.D., L.P.		
10:00 AM	Comorbid Depression & Anxiety Kristin J. Somers, M.D.		
10:30 AM	Challenging Patients & Family Christopher D. Sletten, Ph.D., L.P.		
11:00 AM	Integrative Medicine Therapies Adam I. Perlman, M.D.		
11:30 AM	Panel Discussion / Q & A		
11:45 AM	Transition to Breakouts		
11:50 AM - 12:50 PM Concurrent Breakout Sessions - Choose One			
Option 1: Essential Ultrasound Mark Friedrich B. Hurdle, M.D. Matthew J. Pingree, M.D. Jacob L. Sellon, M.D.		Option 2: Implantable Devices (IDDS, SCS, PNS) Markus (Mark) A. Bendel, M.D.	
		Option 3: CBT Workshop: Practical Tools & Patient Simulation Joan B. Cronin, APRN, CNS, M.S. Debra S. Coy, APRN, C.N.P.	
12:50 PM	Adjourn		

Pain Medicine for the Non-Pain Specialist

Friday, March 6, 2020

6:30 AM	Continental Breakfast		
7:00 AM	Headache Overview Christopher J. Boes, M.D.		
7:30 AM	Novel Analgesics: Ketamine / Dexamethasone / IV Lidocaine Nafisseh S. Warner, M.D.		
8:00 AM	Perioperative & Inpatient Pain PEARLS Susan M. Moeschler, M.D.		
8:30 AM	Buprenorphine & Methadone Nafisseh S. Warner, M.D.		
9:00 AM	Panel Discussion / Q & A		
9:15 AM	Break		
9:30 AM	Opioid Tapering Principles Jennifer L. Goins, M.D.		
10:00 AM	Myofascial Pain & Fibromyalgia Karna K. Sundsted, M.D.		
10:30 AM	Medical Cannabis Christopher S. Wie, M.D.		
11:00 AM	Patient Agreements, PDMP, & Surveillance Jennifer L. Goins, M.D.		
11:30 AM	Panel Discussion / Q & A		
11:45 AM	Transition to Breakouts		
11:50 AM - 12:50 PM Concurrent Breakout Sessions - Choose One			
Option 1: Painful Sports Injuries Jacob L. Sellon, M.D.		Option 2: Stem Cell Update: Pain Indications Shane A. Shapiro, M.D.	
		Option 3: Lawsuits & Litigation: How to Protect Your License + Panel Discussion / Q & A Sally (Sally Anne) A. Brown, J.D.	
12:50 PM	Adjourn		