

30th Annual Mayo Clinic Symposium on Sports Medicine
 Livestream (Broadcast Live in Central Time)
 November 5-6, 2021

All times listed as Central Time

| Friday, November 5, 2021 | |
|---------------------------------|--|
| 8:00 AM | Welcome and Introduction <i>Jacob Sellon, MD</i> |
| 8:10 AM | Role of the Athletic Trainer during the Pandemic <i>Amanda Williams, MEd, LAT, ATC and Kaylan Groen, MS, LAT, ATC</i> |
| 8:30 AM | Questions and Discussion |
| 8:35 AM | Mastering the Virtual MSK Exam <i>Ed Laskowski, MD, FACSM</i> |
| 9:00 AM | Questions and Discussion |
| 9:05 AM | Return to Sport Post-COVID <i>Paul Yerhot, PT, DPT, SCS</i> |
| 9:25 AM | Long COVID in Athletes <i>Chad Asplund, MD</i> |
| 9:45 AM | Questions and Discussion |
| 9:55 AM | <i>Break</i> |
| 10:10 AM | Concussion Assessment and Management in Adaptive Sports <i>Kristin Garlanger, DO and Amy Rabatin, MD</i> |
| 10:30 AM | Keeping an Athlete's Shoulders in the Game During Adaptive Sports <i>Stephanie Lopez, PT, DPT, MS, ATC, LAT</i> |
| 10:50 AM | Questions and Discussion |
| 11:00 AM | KEYNOTE LECTURE Advances in the Care and Protection of the Throwing Athlete <i>Jason L. Zaremski, MD, CAQSM, FACSM, FAAPMR – University of Florida</i> |
| 11:45 AM | Questions and Discussion |
| 11:55 AM | Announcements |
| 12:00 PM | <i>Lunch Break</i> |

Schedule subject to change

All times listed as Central Time

| Elbow Mini-Symposium | |
|---------------------------------|--|
| Friday, November 5, 2021 | |
| 1:00 PM | Announcements and Introduction <i>Christopher Camp, MD</i> |
| 1:05 PM | Clinical Anatomy of the Elbow (live demo) <i>Mark Morrey, MD and Nirusha Lachman, PhD</i> |
| 1:25 PM | Questions and Discussion |
| 1:30 PM | Physical Exam of the Elbow (live demo) <i>Jonathan Barlow, MD</i> |
| 1:50 PM | Questions and Discussion |
| 1:55 PM | Rehabilitation Guidelines and Treatment Approaches for Elbow Injuries in the Overhead Athlete <i>John Zajac, DPT, OCS, SCS – Mayo Clinic Arizona</i> |
| 2:40 PM | Questions and Discussion |
| 2:50 PM | <i>Break</i> |
| 3:05 PM | Sports Elbow Injuries in Kids <i>David Soma, MD</i> |
| 3:25 PM | Capitellar OCD of the Elbow: Everything You Need to Know from Diagnosis to Treatment <i>Christopher Camp, MD</i> |
| 3:45 PM | Imaging of Common Sports-Related Elbow Injuries <i>Adam Johnson, MD</i> |
| 4:05 PM | Questions and Discussion |
| 4:20 PM | <i>Break</i> |
| 4:35 PM | Ultrasound-Guided Elbow Procedures (live demo) <i>Jacob Sellon, MD</i> |
| 5:00 PM | Medial Ulnar Collateral Ligament Repair and Reconstruction (live demo) <i>Christopher Camp, MD</i> |
| 5:25 PM | Announcements and Adjourn |

Schedule subject to change

All times listed as Central Time

| Saturday, November 6, 2021 | |
|-----------------------------------|---|
| 8:00 AM | Announcements and Introduction <i>Jacob Sellon, MD</i> |
| 8:05 AM | Calcific Tendinopathy of the Shoulder <i>Brennan Boettcher, DO</i> |
| 8:25 AM | Questions and Discussion |
| 8:30 AM | Endoscopic Gluteus Medius Repair <i>Kelechi Okoroha, MD</i> |
| 8:50 AM | Hip Arthroscopy Rehabilitation: Lessons in Controlled Loading <i>Jason Banks, PT, DPT, OCS</i> |
| 9:10 AM | Questions and Discussion |
| 9:20 AM | Approach to Dislocations on the Sideline <i>Kristi Colbenson, MD</i> |
| 9:40 AM | 5 Sideline Injuries That You Don't Want to Miss and How to Identify Them <i>Heather Verdick, LAT, ATC</i> |
| 10:00 AM | Questions and Discussion |
| 10:15 AM | Break |
| 10:30 AM | KEYNOTE LECTURE Navigating a Professional Sports Organization through the COVID Pandemic <i>Kathryn McElheny, MD – New York Mets, Hospital for Special Surgery</i> |
| 11:15 PM | Questions and Discussion |
| 11:25 AM | Women in Professional Sports Roundtable <i>Kate Taber, MEd, LAT, ATC (moderator)</i> <i>Kathryn McElheny, MD – New York Mets, Hospital for Special Surgery</i> <i>Erin Sierer, LAT, ATC, PT, DPT – Minnesota Timberwolves</i> <i>Maggie Bryant, PT, DPT, OCS, SCS, FAFS – Los Angeles Clippers</i> <i>Ciara Dargahi, MS, LAT, ATC – Colorado Rapids</i> |
| 11:55 PM | Questions and Discussion |
| 12:00 PM | Closing Remarks and Adjourn |

Schedule subject to change