Endocrine Update 2022

Live (in-person) attendance
January 24-28, 2022

Livestream (virtual) attendance
January 24-25 and 27-28, 2022

Course Directors:
Maria L. Collazo-Clavell, M.D.
Travis J. McKenzie, M.D.
Mabel Ryder, M.D.

MONDAY, January 24, 2022

7:00 a.m. Registration & Continental Breakfast

7:45 a.m. Welcome and Course Overview
Maria L. Collazo-Clavell, M.D.

Diabetes
Moderator: Maria L. Collazo Clavell, M.D.

8:00 a.m. CKD and Diabetes
Aleksandra Kukla, M.D.

8:25 a.m. Repurposing metformin
K. Sreekumaran Nair, M.D., Ph.D.

8:50 a.m. Hypoglycemia in the Management of Diabetes
Rozalina G. McCoy, M.D., M.S.

9:15 a.m. Shared Decision Making for the Busy Clinician
Victor M. Montori, M.D.

9:40 a.m. Questions and Answer Session

10:10 a.m. Refreshment Break

Cushing’s Syndrome
Moderator: Dana Erickson, M.D.

10:30 a.m. Mild autonomous cortisol secretion in adrenal incidentalomas: Why should we care?
Irina Bancos, M.D.

10:55 a.m. Glucocorticoid Withdrawal Syndrome after Curative Surgery: Who suffers and Why?
Trenton R. Foster, M.D.

11:20 a.m. Case Discussions
Presenter: Dana Erickson, M.D.
Panelists: Irina Bancos, M.D.
Trenton R. Foster, M.D.

12:20 p.m. Question and Answer Session

12:50 p.m. Adjourn
7:15 a.m.  Continental Breakfast

7:15 a.m.  Breakfast Roundtable Discussions *(Onsite attendance only)*
Aleskandra Kukla, M.D. / Tayyab (Ty) Diwan, M.D. ...........................................Nephrology/Transplantation
K. Sreekumaran Nair, M.D., Ph.D. .................................................................Diabetes
Irina Bancos, M.D. ............................................................................................Adrenal
Dana Erickson, M.D. .....................................................................................Pituitary
Trenton R. Foster, M.D. ...............................................................................Endocrine Surgery

**Pregnancy**
Moderator: Mabel Ryder, M.D.

8:00 a.m.  What’s new with diabetes and pregnancy?
Aoife M. Egan, M.B.B.Ch., Ph.D.

8:25 a.m.  Thyroid dysfunction and pregnancy
M. Regina Castro, M.D.

8:50 a.m.  Calcium and Bone Metabolism during pregnancy and lactation
Ann E. Kearns, M.D., Ph.D.

9:15 a.m.  Pregnancy after Bariatric Surgery
Meera Shah, M.B., Ch.B.

9:40 a.m.  Questions & Answer Session

10:10 a.m.  Refreshment Break

**Crossroads in Endocrinology**
Moderator: Maria L. Collazo-Clavell, M.D.

10:30 a.m.  Post-menopausal Osteoporosis and Breast Cancer
Endocrinology perspective
Ann E. Kearns, M.D., Ph.D.

10:55 a.m.  Oncology Perspective
Kathryn J. Ruddy, M.D.

11:20 a.m.  Obesity and Solid Organ Transplantation
Transplantation perspective
Tayyab (Ty) S. Diwan, M.D.

11:45 a.m.  Endocrinology/Obesity perspective
Meera Shah, M.B., Ch.B.

12:10 p.m.  Question & Answer Session

12:40 p.m.  Adjourn
WEDNESDAY, January 26, 2022  (This day is available for onsite attendance only)

7:15 a.m.  Continental Breakfast

7:15 a.m.  Breakfast Roundtable Discussions
Aoiife M. Egan, M.B., B.Ch, Ph.D. ............................................................. Diabetes and Pregnancy
Ann E. Kearns, M.D., Ph.D. ................................................................. Calcium/Bone
M. Regina Castro, M.D. ................................................................. Thyroid
Meera Shah, M.B., Ch.B. ................................................................. Bariatric Surgery
Tayyab (Ty) S. Diwan, M.D. .............................................................. Renal/Pancreas Transplantation
Kathryn J. Ruddy, M.D. ................................................................. Breast Oncology
Travis J. McKenzie, M.D. ............................................................ Endocrine Surgery

8:00 am  F. John Service Memorial Lecture
Daniel J. Drucker, M.D.

8:30 a.m.  Travel to Small Group Session

CONCURRENT SMALL GROUP SESSIONS – I
Session Times (Choose 2 out of 3 topics below):

8:35 a.m. – 9:35 a.m.
9:40 a.m. – 10:40 a.m.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>Intensifying Therapy in DM 2</td>
<td>Rozalina G. McCoy, M.D., M.S.</td>
<td>Maui Suite One</td>
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<tr>
<td>Getting Your Patients Moving</td>
<td>Carmen M. Terzic, M.D., Ph.D.</td>
<td>Maui Suite Two</td>
</tr>
<tr>
<td>Thyroid Cancer</td>
<td>Regina M. Castro, M.D. Mabel Ryder, M.D.</td>
<td>Maui Suite Three</td>
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<td>Michael Rivera, M.D.</td>
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8:35 a.m.  Concurrent Small Group Session (refer to above table)

9:35 a.m.  Travel to next Concurrent Small Group Session

9:40 a.m.  Concurrent Small Group Session (refer to above table)

10:40 a.m. Refreshment Break

10:50 a.m.  Travel to Concurrent Small Group Sessions

CONCURRENT SMALL GROUP SESSIONS – II
Session Times (Choose 2 out of 3 topics below):

10:55 a.m. – 11:55 a.m.
12:00 p.m. – 1:00 p.m.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition for the hospitalized patient</td>
<td>M. Molly McMahon, M.D.</td>
<td>Maui Suite One</td>
</tr>
<tr>
<td>Challenging Cases of Primary HPT</td>
<td>Melanie L. Lyden, M.D.</td>
<td>Maui Suite Two</td>
</tr>
<tr>
<td>Management of Post-menopausal symptoms in Breast Cancer Patients</td>
<td>Kathryn J. Ruddy, M.D.</td>
<td>Maui Suite Three</td>
</tr>
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10:55 a.m.  Concurrent Small Group Sessions (refer to above table)

11:55 a.m.  Travel to next Concurrent Small Group Session

12:00 p.m.  Concurrent Small Group Sessions (refer to above table)

1:00 p.m.  Adjourn
7:15 a.m.  Continental Breakfast

7:15 a.m.  Breakfast Roundtable Discussions  *(Onsite attendance only)*

Jamie J. Van Gompel, M.D. .......................................................... Pituitary Surgery
Neena Natt, M.D. .......................................................................... Pituitary/Adrenal/Gonad
Daniel L. Hurley, M.D. / Ahmad Nassr, M.D. ................................. Bone
Peter J. Tebben, M.D. .................................................................. Pediatric Endocrinology/Calcium
Juan P. Brito Campana, M.B.B.S. .................................................. Thyroid
M. Regina Castro, M.D. / John J. Schmitz, M.D. ............................. Thyroid/Ultrasound

**Pituitary**

Moderator:  Neena Natt, M.D.

8:00 a.m.  Laboratory Testing in Pituitary Disorders
Neena Natt, M.D.

8:25 a.m.  Surgical Therapies for Prolactinomas: When? Why?
Jamie J. Van Gompel, M.D.

8:50 a.m.  Neuroendocrine consequences of Intracranial tumors
Dana Erickson, M.D.

9:15 a.m.  Case Discussions
Presenter:  Neena Natt, M.D.
Panelists:  Dana Erickson, M.D.
           Jamie J. Van Gompel, M.D.

9:50 a.m.  Question and Answer Session

10:10 a.m.  Refreshment Break

**Bone**

Moderator:  Ann E. Kearns, M.D., Ph.D.

10:30 a.m.  Hypoparathyroidism
Peter J. Tebben, M.D.

10:55 a.m.  Predicting Fracture/Failure After Orthopedic Instrumentation
Ahmad Nassr, M.D.

11:20 a.m.  Therapeutic Options to Improve Outcomes after Orthopedic procedures
Daniel L. Hurley, M.D.

11:45 a.m.  Case Discussions versus Topics
Presenter:  Ann E. Kearns, M.D.
Panelists:  Peter J. Tebben, M.D.
           Daniel L. Hurley, M.D.
           Ahmad Nassr, M.D.

12:20 p.m.  Question and Answer Session

12:40 p.m.  Adjourn
FRIDAY, January 28, 2022

7:15 a.m.  Continental Breakfast

From the Bench to Patient Care
Moderator: Maria L. Collazo-Clavell, M.D.

8:00 a.m.  Skeletal muscle atrophy: Mechanisms and investigational therapies
Christopher M. Adams, M.D., Ph.D.

8:25 a.m.  Novel therapeutic approaches for osteoporosis: Modulating the SNS and aging mechanisms
Sundeep Khosla, M.D.

8:50 a.m.  Obesity and Inflammation
Elena Anna O. De Filippis, M.D., Ph.D.

9:15 a.m.  Is Aging reversible? Conclusions based on human and animal data
K. Sreekumaran Nair, M.D., Ph.D.

9:40 a.m.  Question and Answer Session

10:10 a.m. Refreshment Break

Non-Surgical Treatments for Nodular Thyroid Disease
Moderator: Mabel Ryder, M.D.

10:30 a.m.  Individualized Therapy for Hypothyroidism
Juan P. Brito Campana, M.B.B.S.

10:55 a.m.  Evolving use of RFA for thyroid nodular disease
John J. Schmitz, M.D.

11:20 a.m.  Case Presentations
Presenter: Mabel Ryder, M.D.
Panelists: M. Regina Castro, M.D.
          Melanie Lyden, M.D.
          John J. Schmitz, M.D.

12:20 p.m.  Question and Answer Session

12:50 p.m.  Adjourn