

## Endocrine Update 2022

Live (in-person) attendance  
January 24-28, 2022

Livestream (virtual) attendance  
January 24-25 and 27-28, 2022

Course Directors:  
**Maria L. Collazo-Clavell, M.D.**  
**Travis J. McKenzie, M.D.**  
**Mabel Ryder, M.D.**

### MONDAY, January 24, 2022

**7:00 a.m. Registration & Continental Breakfast**

**7:45 a.m. Welcome and Course Overview**  
Maria L. Collazo-Clavell, M.D.

#### Diabetes

Moderator: Maria L. Collazo Clavell, M.D.

**8:00 a.m. CKD and Diabetes**  
Aleksandra Kukla, M.D.

**8:25 a.m. Repurposing metformin**  
K. Sreekumaran Nair, M.D., Ph.D.

**8:50 a.m. Hypoglycemia in the Management of Diabetes**  
Rozalina G. McCoy, M.D., M.S.

**9:15 a.m. Shared Decision Making for the Busy Clinician**  
Victor M. Montori, M.D.

**9:40 a.m. Questions and Answer Session**

**10:10 a.m. Refreshment Break**

#### Cushing's Syndrome

Moderator: Dana Erickson, M.D.

**10:30 a.m. Mild autonomous cortisol secretion in adrenal incidentalomas: Why should we care?**  
Irina Bancos, M.D.

**10:55 a.m. Glucocorticoid Withdrawal Syndrome after Curative Surgery: Who suffers and Why?**  
Trenton R. Foster, M.D.

**11:20 a.m. Case Discussions**  
Presenter: Dana Erickson, M.D.  
Panelists: Irina Bancos, M.D.  
Trenton R. Foster, M.D.

**12:20 p.m. Question and Answer Session**

**12:50 p.m. Adjourn**

**7:15 a.m. Continental Breakfast**

**7:15 a.m. Breakfast Roundtable Discussions** (*Onsite attendance only*)

Aleksandra Kukla, M.D. / Tayyab (Ty) Diwan, M.D.. .....Nephrology/Transplantation  
K. Sreekumaran Nair, M.D., Ph.D. ....Diabetes  
Irina Bancos, M.D.....Adrenal  
Dana Erickson, M.D... ..Pituitary  
Trenton R. Foster, M.D... ..Endocrine Surgery

**Pregnancy**

Moderator: Mabel Ryder, M.D.

**8:00 a.m. What's new with diabetes and pregnancy?**

Aoife M. Egan, M.B.B.Ch., Ph.D.

**8:25 a.m. Thyroid dysfunction and pregnancy**

M. Regina Castro, M.D.

**8:50 a.m. Calcium and Bone Metabolism during pregnancy and lactation**

Ann E. Kearns, M.D., Ph.D.

**9:15 a.m. Pregnancy after Bariatric Surgery**

Meera Shah, M.B., Ch.B.

**9:40 a.m. Questions & Answer Session**

**10:10 a.m. Refreshment Break**

**Crossroads in Endocrinology**

Moderator: Maria L. Collazo-Clavell, M.D.

**10:30 a.m. Post-menopausal Osteoporosis and Breast Cancer  
Endocrinology perspective**

Ann E. Kearns, M.D., Ph.D.

**10:55 a.m. Oncology Perspective**

Kathryn J. Ruddy, M.D.

**11:20 a.m. Obesity and Solid Organ Transplantation  
Transplantation perspective**

Tayyab (Ty) S. Diwan, M.D.

**11:45 a.m. Endocrinology/Obesity perspective**

Meera Shah, M.B., Ch.B.

**12:10 p.m. Question & Answer Session**

**12:40 p.m. Adjourn**

**7:15 a.m. Continental Breakfast**

**7:15 a.m. Breakfast Roundtable Discussions**

Aoife M. Egan, M.B., B.Ch, Ph.D. .... Diabetes and Pregnancy  
 Ann E. Kearns, M.D., Ph.D. .... Calcium/Bone  
 M. Regina Castro, M.D. .... Thyroid  
 Meera Shah, M.B., Ch.B. .... Bariatric Surgery  
 Tayyab (Ty) S. Diwan, M.D. .... Renal/Pancreas Transplantation  
 Kathryn J. Ruddy, M.D. .... Breast Oncology  
 Travis J. McKenzie, M.D. .... Endocrine Surgery

**8:00 am F. John Service Memorial Lecture**  
 Daniel J. Drucker, M.D.

**8:30 a.m. Travel to Small Group Session**

**CONCURRENT SMALL GROUP SESSIONS – I**

Session Times (Choose 2 out of 3 topics below):

**8:35 a.m. – 9:35 a.m.**

**9:40 a.m. – 10:40 a.m.**

<b>Topic</b>	<b>Presenter</b>	<b>Location</b>
Intensifying Therapy in DM 2	Rozalina G. McCoy, M.D., M.S.	Maui Suite One
Getting Your Patients Moving	Carmen M. Terzic, M.D., Ph.D.	Maui Suite Two
Thyroid Cancer	Regina M. Castro, M.D. Mabel Ryder, M.D. Michael Rivera, M.D.	Maui Suite Three

**8:35 a.m. Concurrent Small Group Session (refer to above table)**

**9:35 a.m. Travel to next Concurrent Small Group Session**

**9:40 a.m. Concurrent Small Group Session (refer to above table)**

**10:40 a.m. Refreshment Break**

**10:50 a.m. Travel to Concurrent Small Group Sessions**

**CONCURRENT SMALL GROUP SESSIONS – II**

Session Times (Choose 2 out of 3 topics below):

**10:55 a.m. – 11:55 a.m.**

**12:00 p.m. – 1:00 p.m.**

<b>Topic</b>	<b>Presenter</b>	<b>Location</b>
Nutrition for the hospitalized patient	M. Molly McMahon, M.D.	Maui Suite One
Challenging Cases of Primary HPT	Melanie L. Lyden, M.D.	Maui Suite Two
Management of Post-menopausal symptoms in Breast Cancer Patients	Kathryn J. Ruddy, M.D.	Maui Suite Three

**10:55 a.m. Concurrent Small Group Sessions (refer to above table)**

**11:55 a.m. Travel to next Concurrent Small Group Session**

**12:00 p.m. Concurrent Small Group Sessions (refer to above table)**

**1:00 p.m. Adjourn**

**7:15 a.m. Continental Breakfast**

**7:15 a.m. Breakfast Roundtable Discussions** (*Onsite attendance only*)

Jamie J. Van Gompel, M.D. .... Pituitary Surgery  
 Neena Natt, M.D. .... Pituitary/Adrenal/Gonad  
 Daniel L. Hurley, M.D. / Ahmad Nassr, M.D. .... Bone  
 Peter J. Tebben, M.D. .... Pediatric Endocrinology/Calcium  
 Juan P. Brito Campana, M.B.B.S. .... Thyroid  
 M. Regina Castro, M.D. / John J. Schmitz, M.D. .... Thyroid/Ultrasound

**Pituitary**

Moderator: Neena Natt, M.D.

**8:00 a.m. Laboratory Testing in Pituitary Disorders**  
 Neena Natt, M.D.

**8:25 a.m. Surgical Therapies for Prolactinomas: When? Why?**  
 Jamie J. Van Gompel, M.D.

**8:50 a.m. Neuroendocrine consequences of Intracranial tumors**  
 Dana Erickson, M.D.

**9:15 a.m. Case Discussions**  
 Presenter: Neena Natt, M.D.  
 Panelists: Dana Erickson, M.D.  
 Jamie J. Van Gompel, M.D.

**9:50 a.m. Question and Answer Session**

**10:10 a.m. Refreshment Break**

**Bone**

Moderator: Ann E. Kearns, M.D., Ph.D.

**10:30 a.m. Hypoparathyroidism**  
 Peter J. Tebben, M.D.

**10:55 a.m. Predicting Fracture/Failure After Orthopedic Instrumentation**  
 Ahmad Nassr, M.D.

**11:20 a.m. Therapeutic Options to Improve Outcomes after Orthopedic procedures**  
 Daniel L. Hurley, M.D.

**11:45 a.m. Case Discussions versus Topics**  
 Presenter: Ann E. Kearns, M.D.  
 Panelists: Peter J. Tebben, M.D.  
 Daniel L. Hurley, M.D.  
 Ahmad Nassr, M.D.

**12:20 p.m. Question and Answer Session**

**12:40 p.m. Adjourn**

**FRIDAY, January 28, 2022**

**7:15 a.m. Continental Breakfast**

**From the Bench to Patient Care**

Moderator: Maria L. Collazo-Clavell, M.D.

**8:00 a.m. Skeletal muscle atrophy: Mechanisms and investigational therapies**  
Christopher M. Adams, M.D., Ph.D.

**8:25 a.m. Novel therapeutic approaches for osteoporosis: Modulating the SNS and aging mechanisms**  
Sundeep Khosla, M.D.

**8:50 a.m. Obesity and Inflammation**  
Elena Anna O. De Filippis, M.D., Ph.D.

**9:15 a.m. Is Aging reversible? Conclusions based on human and animal data**  
K. Sreekumaran Nair, M.D., Ph.D.

**9:40 a.m. Question and Answer Session**

**10:10 a.m. Refreshment Break**

**Non-Surgical Treatments for Nodular Thyroid Disease**

Moderator: Mabel Ryder, M.D.

**10:30 a.m. Individualized Therapy for Hypothyroidism**  
Juan P. Brito Campana, M.B.B.S.

**10:55 a.m. Evolving use of RFA for thyroid nodular disease**  
John J. Schmitz, M.D.

**11:20 a.m. Case Presentations**  
Presenter: Mabel Ryder, M.D.  
Panelists: M. Regina Castro, M.D.  
Melanie Lyden, M.D.  
John J. Schmitz, M.D.

**12:20 p.m. Question and Answer Session**

**12:50 p.m. Adjourn**