Mayo Clinic COVID-19: Updates for 2021 – Online CME Course

Going Viral: The Role of Remdesivir in COVID-19
Recorded 01/26/2021

**Activity Description**
In the past year multiple different medications have been evaluated for use in COVID-19. Remdesivir is an antiviral that showed promise in SARS-CoV-2 infections early in 2020 then was subsequently FDA-approved for its use in COVID-19 in late 2020. This presentation will review the data behind remdesivir’s use and describe an ideal patient population for remdesivir.

**Target Audience**
Healthcare providers in all specialties who are being impacted by COVID-19, including physicians, research scientists, physician assistants, nurse practitioners, nurses, and caregivers with a particular interest in prevention, treatment, and patient care.

**Learning Objectives**
Upon conclusion of this program, participants should be able to:

- Describe remdesivir's mechanism of action against SARS-CoV-2
- Identify optimal adult patient populations for remdesivir
- Outline future directions for remdesivir in COVID-19 treatment

Utilization of this Mayo Clinic online (enduring materials) course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be in this course. Attendance at any Mayo Clinic course does not indicate or guarantee competence or proficiency in the skills, knowledge or performance of any care or procedure(s) which may be discussed or taught in this course.

**Accreditation Statement**
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.
Credit Statement(s)

**AMA**
The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of .50 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ANCC**
Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of .50 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**AOA**
The American Osteopathic Association designates this program for a maximum of .50 AOA Category 2-A credits.

Disclosure Summary
As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

*Financial relationship(s):*
None

*No Financial relationship(s):*
Devyani Lal, M.D., Course Director
Jennifer L. Adema, Pharm.D., R.Ph.

*Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:*

- Lily USA LLC: Olumiant (Baricitinib)
- EMD Serono: Rebif (Interferon Beta-1a)

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) and staff, please go here to review disclosures.
**Mayo Disclaimer**
Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

**Prerequisites for Participation**
There are no prerequisites needed prior to participating in this education activity.

**How to Obtain Credit**
Register for course, watch video, complete evaluation, assessment and claim credit.

**Method of Participation**
Participation in this activity consists of reviewing the online course and completing the course evaluation, and post-assessment.

**Release and Expiration Dates**
Release Date: February 12, 2021  
Expiration Date: February 12, 2023

**Faculty and Course Director Listing and Credentials**

*Course Director(s)*
Devyni Lal, M.D.

*Faculty:*
Jennifer L. Adema, Pharm.D., R.Ph.

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